

Vitaal gezondheidspraktijk 10 km - Gesamtwertung

Startzeit : 10-05-2025 15:16:36

Die Ergebnisse sind vollständig

Plats	Startnr	Nachname	Vorname	M/F	Kat	Club	Zeit	min/km
1	5161	Scholts	Kylian	M1	M35-	SQM Running T	00:32:42	03:16
2	0182	Boden	Niki	M2	M35+	Sqm Running tea	00:32:58	03:17
3	0303	Van de Gaer	Wesley	M3	M45+	Boothyvision	00:33:45	03:22
4	0289	Michielsens	Carlo	M4	M45+	VACH	00:34:44	03:28
5	0229	Scholts	Bert	M5	M35+	ACA	00:35:01	03:30
6	5172	Wouters	Chriske	M6	M45+	SQM RUNNING	00:35:04	03:30
7	0295	Valkeners	Boris	M7	M35-	VACH	00:35:17	03:31
8	0370	Vandebrouck	Geoffrey	M8	M35+	Triatlon Team Li	00:35:23	03:32
9	0168	Castro	Jules	M9	M35-		00:35:31	03:33
10	0172	Driesen	Jet	F1	F35-	SQM running tea	00:35:32	03:33
11	5075	Philippe	Patrick	M10	M55+	JiA	00:35:38	03:33
12	0188	Theys	Kevin	M11	M35+	SQM runningtea	00:35:47	03:34
13	5089	Jacobs	Joris	M12	M35+	TTL	00:35:57	03:35
14	5103	Vossius	Peter	M13	M45+	SQM RUNNING	00:36:03	03:36
15	5177	Ruymen	Wouter	M14	M35+	Ac Alken	00:36:16	03:37
16	5009	De Rooy	Andy	M15	M45+	Coyote sports tea	00:36:28	03:38
17	5102	Vanden Bempt	Hans	M16	M45+	SQMrunningtea	00:36:47	03:40
18	0326	Michielsens	Dries	M17	M35-		00:36:58	03:41
19	0403	Sneyers	Jimmy	M18	M45+		00:37:17	03:43
20	0308	Cools	Stefaan	M19	M55+	SACN	00:37:35	03:45
21	0310	Binnemans	Stijn	M20	M35+	SACN	00:37:43	03:46
22	0288	Maris	Peter	M21	M55+	VACH	00:37:51	03:47
23	0314	Jutten	Ward	M22	M35-	Looise	00:37:56	03:47
24	0212	Stevens	Linus	M23	M35-	AC Meylandt	00:38:01	03:48
25	0316	Vissers	Sven	M24	M35-	valentinavanruyr	00:38:07	03:48
26	0254	Meesters	Sven	M25	M35-		00:38:29	03:50
27	0312	Van Briel	Christophe	M26	M45+		00:38:41	03:52
28	5041	Nguyen	Tien-Thanh	M27	M35+	Amsrunners	00:38:50	03:53
29	0422	Machiels	Dieter	M28	M35-		00:38:51	03:53
30	0387	Hellemans	Leentje	F2	F35+	Hoeselt Run	00:38:52	03:53
31	0252	Van den Bussche	Ruben	M29	M35-		00:39:02	03:54
32	0343	Paps	Bo	F3	F35-		00:39:07	03:54
33	0416	Leunen	Jo	M30	M35+		00:39:13	03:55
34	0294	Timmermans	Sammy	M31	M55+	VACH	00:39:19	03:55
35	0402	Huysseune	Luc	M32	M55+	Swift Running cl	00:39:57	03:59
36	0222	Vanderleen	An-Katrien	F4	F35-		00:40:12	04:01
37	5123	Santermans	Peter	M33	M45+		00:40:32	04:03
38	0281	Bartok	Jules	M34	M35-	VACH	00:40:50	04:05

Plats	Startnr	Nachname	Vorname	M/F	Kat	Club	Zeit	min/km
39	5074	Stoumont	Laure	F5	F35+	JiA	00:40:59	04:05
40	5053	Stijnen	David	M35	M45+	AC Alken	00:41:08	04:06
41	5169	Redant	Tom	M36	M35+	AC Alken	00:41:10	04:07
42	0418	Luys	Daan	M37	M35-	Sporting Grote-E	00:41:12	04:07
43	0290	Oud	Carlo	M38	M45+	VACH	00:41:15	04:07
44	0174	Boonen	Dries	M39	M35-		00:41:24	04:08
45	0335	Ruymen	Jo	M40	M35+	Beerrunners	00:41:26	04:08
46	5028	Werckx	Ludo	M41	M65+	ACA	00:41:28	04:08
47	5153	Raskin	Lode	M42	M55+	GS Running Tea	00:41:35	04:09
48	5104	Rubens	Glenn	M43	M35-		00:41:37	04:09
49	0435	Corten	Maarten	M44	M35+		00:41:40	04:10
50	0301	Hendrickx	Jens	M45	M35-		00:41:49	04:10
51	0286	Hollants	JP	M46	M45+	VACH	00:41:52	04:11
52	0245	Jeroen	Put	M47	M35-		00:42:12	04:13
53	0477	huys	thomas	M48	M45+		00:42:18	04:13
54	0224	Hamaekers	Mats	M49	M35-		00:42:33	04:15
55	0211	Buijsse	David	M50	M35+		00:42:38	04:15
56	0365	Billen	Gert	M51	M45+		00:42:40	04:16
57	0291	Thys	Ronny	M52	M55+	VACH	00:42:44	04:16
58	0227	Theunissen	Cédric	M53	M35+		00:42:50	04:17
59	5035	Wouters	Bart	M54	M45+	BFC	00:42:57	04:17
60	5160	Schevenels	Jarno	M55	M35-	TACT	00:43:00	04:18
61	0490	Vangeel	Piet	M56	M55+	Hoeselt Run	00:43:03	04:18
62	5124	Hiemeleers	Marc	M57	M65+	AC Alken	00:43:07	04:18
63	0409	Steegmans	Stefan	M58	M45+	bokkerijdersteam	00:43:16	04:19
64	0328	Vanderbiesen	Tom	M59	M45+		00:43:17	04:19
65	5062	Wiertz	David	M60	M45+	Run TMC	00:43:20	04:20
66	0487	Vlekken	Kris	M61	M45+		00:43:22	04:20
67	0276	Vandormael	Rik	M62	M35+		00:43:29	04:20
68	5107	Vankrunkelsven	Leen	F6	F55+	VACH	00:43:45	04:22
69	0329	Herlitska	Bram	M63	M35-		00:43:55	04:23
70	0157	Debats	Joris	M64	M35-		00:44:04	04:24
71	0427	Robben	Thibaut	M65	M35-		00:44:09	04:24
72	0236	Bleux	Björn	M66	M45+	Road Runners H	00:44:12	04:25
73	0287	Knapen	Griet	F7	F45+	VACH	00:44:12	04:25
74	0205	Driesen	Sebastiaan	M67	M35-	N.v.t.individueel	00:44:22	04:26
75	0279	Coemans	Dave	M68	M35-		00:44:28	04:26
76	0381	Huys	Lise	F8	F35-		00:44:35	04:27
77	0361	Hellinx	Wim	M69	M45+	Hoeselt Run	00:44:47	04:28
78	0351	Heeren	Egon	M70	M35+		00:45:10	04:31
79	0492	Scheepers	Luk	M71	M45+	Hoeseltrun	00:45:11	04:31
80	0317	Roesems	Sebastiaan	M72	M35-		00:45:21	04:32
81	0278	Bodocka	Zuzana	F9	F35+		00:45:32	04:33
82	0284	Derison	Bart	M73	M45+	VACH	00:45:36	04:33
83	0208	Mondelaers	Sam	M74	M35+		00:45:41	04:34
84	0283	Carolan	Phil	M75	M35+	VACH	00:45:44	04:34
85	0385	Olefs	Philippe	M76	M45+		00:45:45	04:34

Plats	Startnr	Nachname	Vorname	M/F	Kat	Club	Zeit	min/km
86	0180	Aerts	Noah	M77	M35-		00:45:46	04:34
87	0234	Wagemans	Jo	M78	M65+	Hoeselt Run	00:45:46	04:34
88	0183	Jacobs	Stephen	M79	M35-	Hoeselt Run	00:45:48	04:34
89	0233	Baerts	Chris	M80	M45+		00:45:53	04:35
90	0244	Witkowski	Brecht	M81	M35-		00:45:58	04:35
91	5166	Diels	Lenny	M82	M35-		00:46:18	04:37
92	0307	Schepers	Stijn	M83	M35+		00:46:20	04:38
93	0255	Siebe	Hamaekers	M84	M35-	Meylandt Ac	00:46:28	04:38
94	0354	Vandoren	Bas	M85	M35-		00:46:29	04:38
95	0481	Vandebroeck	Peter	M86	M55+		00:46:32	04:39
96	0189	Kuipers	Leander	M87	M35-		00:46:36	04:39
97	0318	Neven	John	M88	M45+		00:46:39	04:39
98	0156	Ieven	Judith	F10	F35-		00:46:43	04:40
99	0136	Pirs	Erwin	M89	M45+		00:46:46	04:40
100	0323	Olefs	Kris	M90	M45+		00:47:17	04:43
101	0320	Depré	Jan	M91	M55+	TACT	00:47:21	04:44
102	0181	Detrez	Isabelle	F11	F35-	Geen	00:47:26	04:44
103	0258	Samoeey	Jeroen	M92	M35-	OptiRUN	00:47:32	04:45
104	5128	Stas	Katrien	F12	F45+	DCLA Halen	00:47:34	04:45
105	0273	Deneuker	Tony	M93	M55+	Hoeselerrun	00:47:35	04:45
106	0185	Cuyvers	Maarten	M94	M35-		00:47:39	04:45
107	0471	huysmans	francis	M95	M65+		00:47:42	04:46
108	0226	Minten	Niels	M96	M35+	Gezondheisprakt	00:47:47	04:46
109	0488	Thoonen	Gilles	M97	M35-	Herk Fc	00:47:57	04:47
110	5056	Verschueren	Frank	M98	M65+	SACN	00:47:59	04:47
111	5077	Vankrunkelsven	Christel	F13	F55+	VACH	00:48:00	04:48
112	0247	Vanbrabant	Gunter	M99	M45+		00:48:01	04:48
113	5014	Slegers	Werner	M100	M55+	Club speciaal	00:48:08	04:48
114	0170	Cleeren	Thomas	M101	M35-	Vitaal	00:48:10	04:49
115	0315	Vanaken	Patrick	M102	M55+	Gemsjoggers	00:48:18	04:49
116	0260	Souverijns	Bart	M103	M35+	OptiRUN	00:48:23	04:50
117	0282	Bijloos	Erik	M104	M55+	VACH	00:48:30	04:51
118	0266	Luykx	Johny	M105	M55+		00:48:32	04:51
119	5052	Moons	Lydia	F14	F55+		00:48:41	04:52
120	5114	Croughs	An	F15	F35+	Run TMC	00:48:44	04:52
121	0154	Maris	Evert	M106	M35+	Road Runners H	00:49:01	04:54
122	5125	Dasque	Roos	F16	F35+	Dcla Halen	00:49:02	04:54
123	0319	Thoonen	Erik	M107	M65+	Gemsjoggers	00:49:44	04:58
124	0197	Wolters	Petra	F17	F45+	Carmans G .Acco	00:49:49	04:58
125	0159	Creemers	Ken	M108	M35+		00:49:56	04:59
126	0257	Meykens	Michiel	M109	M35+	OptiRUN	00:50:02	05:00
127	0389	Vandenryt	Dries	M110	M35-		00:50:04	05:00
128	0489	Cools	Guy	M111	M45+		00:50:06	05:00
129	0178	Moors	Katleen	F18	F45+	Hoeselt Run	00:50:18	05:01
130	0428	van den Reek	Kayleigh	F19	F35-		00:50:28	05:02
131	0270	Willems	Simon	M112	M35-		00:50:34	05:03
132	5051	Coenen	Wouter	M113	M35+		00:50:39	05:03

Plats	Startnr	Nachname	Vorname	M/F	Kat	Club	Zeit	min/km
133	0195	Vranken	Annette	F20	F35-		00:50:48	05:04
134	0251	Oste	Thore	M114	M35-		00:50:49	05:04
135	0356	Vandoren	Miel	M115	M35-		00:50:53	05:05
136	5083	Grosemans	Michelle	F21	F45+		00:51:10	05:07
137	0337	Groeseneken	Robin	M116	M35-		00:51:17	05:07
138	0322	Engelen	Roy	M117	M35-		00:51:20	05:08
139	0228	Daniels	Reine	F22	F35-		00:51:20	05:08
140	0285	Gielkens	Marc	M118	M55+	VACH	00:51:26	05:08
141	5088	Philippaerts	Greta	F23	F55+	ACAlken	00:51:27	05:08
142	0485	Angelique	Vandebroek	F24	F35-		00:51:29	05:08
143	0484	Nico	Mullens	M119	M45+		00:51:33	05:09
144	0478	Peeters	Tom	M120	M35+		00:51:34	05:09
145	0306	Liesens	Karen	F25	F35+	Hoeselt Run	00:51:35	05:09
146	0225	Colin	Aldwin	M121	M35-		00:51:49	05:10
147	0384	Princen	Simon	M122	M35-		00:51:54	05:11
148	0382	Princen	Joeri	M123	M45+		00:51:57	05:11
149	0433	Saitta	Alfio	M124	M55+	ac genk	00:52:27	05:14
150	0345	Verstraete	Kirsten	F26	F35-	Hoeselt Run	00:52:31	05:15
151	0349	Pauly	Lars	M125	M35-		00:52:35	05:15
152	0194	Jans	Senne	M126	M35-		00:52:46	05:16
153	0219	Hardy	Sabine	F27	F45+		00:52:47	05:16
154	0217	Bils	Stijn	M127	M35+	Hoedelt Run	00:52:56	05:17
155	0305	Van Marcke	Jessy	F28	F35-		00:52:58	05:17
156	0261	Doupagne	Dennis	M128	M35-	OptiRUN	00:53:00	05:18
157	0304	Balette	Willem	M129	M35-		00:53:00	05:18
158	5043	Govaerts	Kris	M130	M65+	AC Alken	00:53:03	05:18
159	0231	Lindekens	Louisa	F29	F65+	AVKA	00:53:09	05:18
160	0207	Vangeel	Mieke	F30	F35+		00:53:29	05:20
161	0256	Buekers	Marc	M131	M65+	Z.A.C.	00:53:31	05:21
162	0302	Heymans	Erwin	M132	M65+	road runners has	00:53:49	05:22
163	0204	Beullens	Steven	M133	M45+		00:53:58	05:23
164	0448	peeters	gustaaf	M134	M55+	knoet	00:54:09	05:24
165	5044	Van Zand	Maja	F31	F65+	AC Alken	00:54:14	05:25
166	0423	Daenen	Leon	M135	M55+	Hoeselt Run	00:54:19	05:25
167	0440	Eygemans	Joeri	M136	M35-		00:54:23	05:26
168	0135	Machiels	Karolien	F32	F35+	Road Runners H	00:54:23	05:26
169	0163	Vermesen	Jonas	M137	M35-		00:54:38	05:27
170	0275	Frederix	Jos	M138	M55+	Road runners Ha	00:54:49	05:28
171	5106	Loix	Johnny	M139	M55+		00:55:07	05:30
172	5091	Luykx	Laurens	M140	M55+		00:55:15	05:31
173	0321	Sienicka	Anna	F33	F35+	Hoeselt Run	00:55:17	05:31
174	0140	Caufriez	Pascale	F34	F45+		00:55:28	05:32
175	0486	Metten	David	M141	M45+		00:55:29	05:32
176	0202	Baeten	Karel	M142	M55+	Roadrunners Has	00:55:35	05:33
177	0325	Dumbrill	Samuel	M143	M35+		00:55:43	05:34
178	0452	Vandoren	Erwin	M144	M45+		00:55:46	05:34
179	0297	Willemse	Agnes	F35	F65+	VACH	00:56:01	05:36

Plats	Startnr	Nachname	Vorname	M/F	Kat	Club	Zeit	min/km
180	0476	Wirix	Mathijs	M145	M35-		00:56:01	05:36
181	0473	Frederix	Valry	F36	F35-		00:56:02	05:36
182	0220	Vaesen	Mille	M146	M35-		00:56:05	05:36
183	5013	Coenen	Kris	M147	M35+	bokkerijdersteam	00:56:15	05:37
184	0262	bervoerts	Jonathan	M148	M35-	OptiRUN	00:56:16	05:37
185	0472	Housen	Hans	M149	M45+		00:56:19	05:37
186	0469	Vanheusden	Wim	M150	M45+		00:56:42	05:40
187	0482	Daniels	Cedric	M151	M35-		00:56:48	05:40
188	0483	Vertongen	Cedric	M152	M35-	Leap	00:56:48	05:40
189	0235	luysaert	dimitri	M153	M45+		00:56:49	05:40
190	0138	Luyssaert	Lotte	F37	F35-		00:56:50	05:41
191	0491	claes	virginie	F38	F35+		00:56:52	05:41
192	0259	van Hellemont	Sander	M154	M35-	OptiRUN	00:56:56	05:41
193	0179	Jans	Julie	F39	F35-		00:56:59	05:41
194	0367	Vanhentenryck	Maya	F40	F35-		00:57:34	05:45
195	0368	Demolder	Emma	F41	F35-		00:57:34	05:45
196	0238	Tom De Troyer	Tom	M155	M35+	Vitaal	00:57:40	05:46
197	0347	Pauly	Johan	M156	M45+		00:57:41	05:46
198	0142	Caufriez	Vanessa	F42	F45+		00:57:42	05:46
199	0232	Ooms	Karel	M157	M65+		00:57:43	05:46
200	0193	Wuyts	Mario	M158	M65+		00:57:49	05:46
201	0360	Hiemeleers	Queeny	F43	F35-		00:57:51	05:47
202	0299	Mathijs	Arne	M159	M35-		00:58:02	05:48
203	0300	Lambrichts	Dries	M160	M35-		00:58:03	05:48
204	0134	Meys	Leen	F44	F35+		00:58:04	05:48
205	0242	Vermesen	Kaat	F45	F35-		00:58:06	05:48
206	0206	Vliegen	Cis	M161	M35+		00:58:08	05:48
207	0171	Bruno	Anneleen	F46	F35-		00:58:10	05:49
208	0309	Van Ham	Laura	F47	F35+		00:58:12	05:49
209	0463	Somers	Brenda	F48	F35-		00:58:14	05:49
210	5022	Coenen	David	M162	M45+		00:58:15	05:49
211	5037	Cammaerts	Bart	M163	M45+	Loopcoach Bart	00:58:43	05:52
212	0377	Meerbergen	Veerle	F49	F55+	Road Runners H	00:58:46	05:52
213	0324	Vandyck	Marlies	F50	F35+		00:58:49	05:52
214	0344	Thomas	Stefan	M164	M55+		00:58:58	05:53
215	0390	Verbruggen	Tobias	M165	M35+		00:59:00	05:54
216	0373	Vlekken	Kris	M166	M45+		00:59:25	05:56
217	0462	Cox	Ilse	F51	F35-		00:59:26	05:56
218	0196	Carmans	Gert	M167	M45+	Carmans G. Acc	00:59:40	05:58
219	0221	DHONDT	CORINNE	F52	F55+	SVH KURINGE	00:59:59	05:59
220	0268	Brebels	Ilse	F53	F35+		00:59:59	05:59
221	0388	Luyckx	Kim	F54	F35+		01:00:00	06:00
222	0277	Vanderhenst	Kristel	F55	F35+		01:00:05	06:00
223	0479	Poelmans	Greet	F56	F35+	Hasselt Stix	01:00:06	06:00
224	0313	Bonneux	An	F57	F35+		01:00:10	06:01
225	0272	schoefs	steven	M168	M45+		01:00:16	06:01
226	0237	Ver Berne	Tine	F58	F35-		01:00:20	06:02

Plats	Startnr	Nachname	Vorname	M/F	Kat	Club	Zeit	min/km
227	0177	Vandevenne	Katrien	F59	F45+		01:00:44	06:04
228	0267	Ketelslegers	An	F60	F45+		01:00:46	06:04
229	0166	Boon	Benoit	M169	M35+		01:00:48	06:04
230	0139	Schepers	Sabrina	F61	F35+		01:00:50	06:05
231	0240	Merken	Lise	F62	F35+		01:00:56	06:05
232	0152	Verjans	Jannelien	F63	F35-		01:01:10	06:07
233	0184	Vaes	Sofie	F64	F35-		01:01:36	06:09
234	0210	Van Marcke	Sara	F65	F35-		01:01:36	06:09
235	0271	Bastiaens	Hanne	F66	F35+		01:01:52	06:11
236	0264	Creemers	Joke	F67	F35+		01:01:53	06:11
237	0338	Dupont	Jan	M170	M65+		01:01:58	06:11
238	0153	Stienen	Anke	F68	F35-		01:02:07	06:12
239	5015	Vandenberghe	Eddy	M171	M45+	Alleen luk t ouch	01:02:31	06:15
240	0263	Sfirtsis	Nathalie	F69	F35+	OptiRUN	01:02:41	06:16
241	0274	Somers	Hilde	F70	F55+	Road runners Ha	01:02:57	06:17
242	0265	Smets	Kurt	M172	M45+	optiRUN	01:03:19	06:19
243	0192	Donné	Greta	F71	F55+		01:03:24	06:20
244	0293	Timmerman	Leentje	F72	F55+	VACH	01:03:47	06:22
245	0199	Kuylen	Sabine	F73	F45+		01:04:46	06:28
246	0191	Theissen	Annechien	F74	F35-		01:05:31	06:33
247	0133	Marcoen	Petra	F75	F35+		01:05:39	06:33
248	0145	Mazzei	Chiara	F76	F35-		01:06:01	06:36
249	0331	Eijckmans	Eric	M173	M55+		01:06:07	06:36
250	0161	Asnong	Krista	F77	F55+		01:06:13	06:37
251	0186	Neven	Lotte	F78	F35-		01:06:14	06:37
252	0209	Moors	Hellen	F79	F35-		01:06:15	06:37
253	0311	Monten	Ine	F80	F35+		01:06:49	06:40
254	0216	Creemers	Jos	M174	M65+	Geen	01:06:58	06:41
255	0150	Boonen	Joke	F81	F35-		01:07:00	06:42
256	0162	Broux	Bart	M175	M35-		01:07:00	06:42
257	0243	Driessen	Danique	F82	F35-		01:07:13	06:43
258	0327	Stephanie Alen	Stephanie	F83	F35+	Stephanie Alen	01:07:16	06:43
259	0269	Timmermans	Christine	F84	F35+	Geen	01:08:15	06:49
260	0470	Vermeiren	Shana	F85	F35-		01:08:19	06:49
261	0218	Libert	Véronique	F86	F55+		01:08:35	06:51
262	0436	Claesen	Annelies	F87	F35+		01:08:49	06:52
263	0246	Vanheers	Ellen	F88	F35-		01:09:23	06:56
264	0253	Buntinx	Lien	F89	F35+		01:10:41	07:04
265	0164	Vangelooven	Eveline	F90	F35+		01:11:10	07:07
266	0250	Monten	Wendy	F91	F35+		01:12:27	07:14
267	0430	Hamers	Harrie	M176	M65+		01:14:05	07:24
268	0201	Bumrungkwan	Somsak	M177	M55+		01:14:06	07:24
269	0146	Bosmans	Elke	F92	F35+		01:14:22	07:26
270	0203	Orlandini	Willy	M178	M65+		01:15:14	07:31
271	0474	Martini	Patricia	F93	F55+	Replay	01:16:53	07:41
272	0249	Gielen	Jos	M179	M65+		01:18:16	07:49
273	0248	Verheyen	Peter	M180	M45+		01:18:17	07:49

Plats	Startnr	Nachname	Vorname	M/F	Kat	Club	Zeit	min/km
274	0393	Vandijck	Tawan	M181	M35-		01:22:29	08:14
275	0420	Bertram	Maria	F94	F65+		01:23:05	08:18
276	0419	Bertram	Petra	F95	F45+		01:23:06	08:18

Vitaal gezondheidspraktijk 10 km - Männer 35-

Plats	Startnr	Nachname	Vorname	M/F	Kat	Club	Zeit	min/km
1	5161	Scholts	Kylian	M1	M35-	SQM Running T	00:32:42	03:16
2	0295	Valkeners	Boris	M2	M35-	VACH	00:35:17	03:31
3	0168	Castro	Jules	M3	M35-		00:35:31	03:33
4	0326	Michielsens	Dries	M4	M35-		00:36:58	03:41
5	0314	Jutten	Ward	M5	M35-	Looise	00:37:56	03:47
6	0212	Stevens	Linus	M6	M35-	AC Meylandt	00:38:01	03:48
7	0316	Visser	Sven	M7	M35-	valentinavanruy	00:38:07	03:48
8	0254	Meesters	Sven	M8	M35-		00:38:29	03:50
9	0422	Machiels	Dieter	M9	M35-		00:38:51	03:53
10	0252	Van den Bussche	Ruben	M10	M35-		00:39:02	03:54
11	0281	Bartok	Jules	M11	M35-	VACH	00:40:50	04:05
12	0418	Luys	Daan	M12	M35-	Sporting Grote-B	00:41:12	04:07
13	0174	Boonen	Dries	M13	M35-		00:41:24	04:08
14	5104	Rubens	Glenn	M14	M35-		00:41:37	04:09
15	0301	Hendrickx	Jens	M15	M35-		00:41:49	04:10
16	0245	Jeroen	Put	M16	M35-		00:42:12	04:13
17	0224	Hamaekers	Mats	M17	M35-		00:42:33	04:15
18	5160	Schevenels	Jarno	M18	M35-	TACT	00:43:00	04:18
19	0329	Herlitska	Bram	M19	M35-		00:43:55	04:23
20	0157	Debats	Joris	M20	M35-		00:44:04	04:24
21	0427	Robben	Thibaut	M21	M35-		00:44:09	04:24
22	0205	Driesen	Sebastiaan	M22	M35-	N.v.t.individueel	00:44:22	04:26
23	0279	Coemans	Dave	M23	M35-		00:44:28	04:26
24	0317	Roesems	Sebastiaan	M24	M35-		00:45:21	04:32
25	0180	Aerts	Noah	M25	M35-		00:45:46	04:34
26	0183	Jacobs	Stephen	M26	M35-	Hoeselt Run	00:45:48	04:34
27	0244	Witkowski	Brecht	M27	M35-		00:45:58	04:35
28	5166	Diels	Lenny	M28	M35-		00:46:18	04:37
29	0255	Siebe	Hamaekers	M29	M35-	Meylandt Ac	00:46:28	04:38
30	0354	Vandoren	Bas	M30	M35-		00:46:29	04:38
31	0189	Kuipers	Leander	M31	M35-		00:46:36	04:39
32	0258	Samoe	Jeroen	M32	M35-	OptiRUN	00:47:32	04:45
33	0185	Cuyvers	Maarten	M33	M35-		00:47:39	04:45
34	0488	Thoonen	Gilles	M34	M35-	Herk Fc	00:47:57	04:47
35	0170	Cleeren	Thomas	M35	M35-	Vitaal	00:48:10	04:49
36	0389	Vandenryt	Dries	M36	M35-		00:50:04	05:00
37	0270	Willems	Simon	M37	M35-		00:50:34	05:03
38	0251	Oste	Thore	M38	M35-		00:50:49	05:04

Plats	Startnr	Nachname	Vorname	M/F	Kat	Club	Zeit	min/km
39	0356	Vandoren	Miel	M39	M35-		00:50:53	05:05
40	0337	Groeseneken	Robin	M40	M35-		00:51:17	05:07
41	0322	Engelen	Roy	M41	M35-		00:51:20	05:08
42	0225	Colin	Aldwin	M42	M35-		00:51:49	05:10
43	0384	Princen	Simon	M43	M35-		00:51:54	05:11
44	0349	Pauly	Lars	M44	M35-		00:52:35	05:15
45	0194	Jans	Senne	M45	M35-		00:52:46	05:16
46	0261	Doupagne	Dennis	M46	M35-	OptiRUN	00:53:00	05:18
47	0304	Balette	Willem	M47	M35-		00:53:00	05:18
48	0440	Eygemans	Joeri	M48	M35-		00:54:23	05:26
49	0163	Vermesen	Jonas	M49	M35-		00:54:38	05:27
50	0476	Wirix	Mathijs	M50	M35-		00:56:01	05:36
51	0220	Vaesen	Mille	M51	M35-		00:56:05	05:36
52	0262	bervoerts	Jonathan	M52	M35-	OptiRUN	00:56:16	05:37
53	0482	Daniels	Cedric	M53	M35-		00:56:48	05:40
54	0483	Vertongen	Cedric	M54	M35-	Leap	00:56:48	05:40
55	0259	van Hellemont	Sander	M55	M35-	OptiRUN	00:56:56	05:41
56	0299	Mathijs	Arne	M56	M35-		00:58:02	05:48
57	0300	Lambrichts	Dries	M57	M35-		00:58:03	05:48
58	0162	Broux	Bart	M58	M35-		01:07:00	06:42
59	0393	Vandijck	Tawan	M59	M35-		01:22:29	08:14

Vitaal gezondheidspraktijk 10 km - Männer 35+

Plats	Startnr	Nachname	Vorname	M/F	Kat	Club	Zeit	min/km
1	0182	Boden	Niki	M1	M35+	Sqm Running tea	00:32:58	03:17
2	0229	Scholts	Bert	M2	M35+	ACA	00:35:01	03:30
3	0370	Vandebrouck	Geoffrey	M3	M35+	Triatlon Team Li	00:35:23	03:32
4	0188	Theys	Kevin	M4	M35+	SQM runningtea	00:35:47	03:34
5	5089	Jacobs	Joris	M5	M35+	TTL	00:35:57	03:35
6	5177	Ruymen	Wouter	M6	M35+	Ac Alken	00:36:16	03:37
7	0310	Binnemans	Stijn	M7	M35+	SACN	00:37:43	03:46
8	5041	Nguyen	Tien-Thanh	M8	M35+	Amsrunners	00:38:50	03:53
9	0416	Leunen	Jo	M9	M35+		00:39:13	03:55
10	5169	Redant	Tom	M10	M35+	AC Alken	00:41:10	04:07
11	0335	Ruymen	Jo	M11	M35+	Beerrunners	00:41:26	04:08
12	0435	Corten	Maarten	M12	M35+		00:41:40	04:10
13	0211	Buijsse	David	M13	M35+		00:42:38	04:15
14	0227	Theunissen	Cédric	M14	M35+		00:42:50	04:17
15	0276	Vandormael	Rik	M15	M35+		00:43:29	04:20
16	0351	Heeren	Egon	M16	M35+		00:45:10	04:31
17	0208	Mondelaers	Sam	M17	M35+		00:45:41	04:34
18	0283	Carolan	Phil	M18	M35+	VACH	00:45:44	04:34
19	0307	Schepers	Stijn	M19	M35+		00:46:20	04:38
20	0226	Minten	Niels	M20	M35+	Gezondheidsprakt	00:47:47	04:46
21	0260	Souverijns	Bart	M21	M35+	OptiRUN	00:48:23	04:50
22	0154	Maris	Evert	M22	M35+	Road Runners H	00:49:01	04:54
23	0159	Creemers	Ken	M23	M35+		00:49:56	04:59
24	0257	Meykens	Michiel	M24	M35+	OptiRUN	00:50:02	05:00
25	5051	Coenen	Wouter	M25	M35+		00:50:39	05:03
26	0478	Peeters	Tom	M26	M35+		00:51:34	05:09
27	0217	Bils	Stijn	M27	M35+	Hoedelt Run	00:52:56	05:17
28	0325	Dumbrill	Samuel	M28	M35+		00:55:43	05:34
29	5013	Coenen	Kris	M29	M35+	bokkerijdersteam	00:56:15	05:37
30	0238	Tom De Troyer	Tom	M30	M35+	Vitaal	00:57:40	05:46
31	0206	Vliegen	Cis	M31	M35+		00:58:08	05:48
32	0390	Verbruggen	Tobias	M32	M35+		00:59:00	05:54
33	0166	Boon	Benoit	M33	M35+		01:00:48	06:04

Vitaal gezondheidspraktijk 10 km - Männer 45+

Plats	Startnr	Nachname	Vorname	M/F	Kat	Club	Zeit	min/km
1	0303	Van de Gaer	Wesley	M1	M45+	Boothyvision	00:33:45	03:22
2	0289	Michielsens	Carlo	M2	M45+	VACH	00:34:44	03:28
3	5172	Wouters	Chriske	M3	M45+	SQM RUNNING	00:35:04	03:30
4	5103	Vossius	Peter	M4	M45+	SQM RUNNING	00:36:03	03:36
5	5009	De Rooy	Andy	M5	M45+	Coyote sports tea	00:36:28	03:38
6	5102	Vanden Bempt	Hans	M6	M45+	SQMrunningtear	00:36:47	03:40
7	0403	Sneyers	Jimmy	M7	M45+		00:37:17	03:43
8	0312	Van Briel	Christophe	M8	M45+		00:38:41	03:52
9	5123	Santermans	Peter	M9	M45+		00:40:32	04:03
10	5053	Stijnen	David	M10	M45+	AC Alken	00:41:08	04:06
11	0290	Oud	Carlo	M11	M45+	VACH	00:41:15	04:07
12	0286	Hollants	JP	M12	M45+	VACH	00:41:52	04:11
13	0477	huys	thomas	M13	M45+		00:42:18	04:13
14	0365	Billen	Gert	M14	M45+		00:42:40	04:16
15	5035	Wouters	Bart	M15	M45+	BFC	00:42:57	04:17
16	0409	Steegmans	Stefan	M16	M45+	bokkerijdersteam	00:43:16	04:19
17	0328	Vanderbiesen	Tom	M17	M45+		00:43:17	04:19
18	5062	Wiertz	David	M18	M45+	Run TMC	00:43:20	04:20
19	0487	Vlekken	Kris	M19	M45+		00:43:22	04:20
20	0236	Bleux	Björn	M20	M45+	Road Runners H	00:44:12	04:25
21	0361	Hellinx	Wim	M21	M45+	Hoeselt Run	00:44:47	04:28
22	0492	Scheepers	Luk	M22	M45+	Hoeseltrun	00:45:11	04:31
23	0284	Derison	Bart	M23	M45+	VACH	00:45:36	04:33
24	0385	Olefs	Philippe	M24	M45+		00:45:45	04:34
25	0233	Baerts	Chris	M25	M45+		00:45:53	04:35
26	0318	Neven	John	M26	M45+		00:46:39	04:39
27	0136	Pirs	Erwin	M27	M45+		00:46:46	04:40
28	0323	Olefs	Kris	M28	M45+		00:47:17	04:43
29	0247	Vanbrabant	Gunter	M29	M45+		00:48:01	04:48
30	0489	Cools	Guy	M30	M45+		00:50:06	05:00
31	0484	Nico	Mullens	M31	M45+		00:51:33	05:09
32	0382	Princen	Joeri	M32	M45+		00:51:57	05:11
33	0204	Beullens	Steven	M33	M45+		00:53:58	05:23
34	0486	Metten	David	M34	M45+		00:55:29	05:32
35	0452	Vandoren	Erwin	M35	M45+		00:55:46	05:34
36	0472	Housen	Hans	M36	M45+		00:56:19	05:37
37	0469	Vanheusden	Wim	M37	M45+		00:56:42	05:40
38	0235	luysaert	dimitri	M38	M45+		00:56:49	05:40

Plats	Startnr	Nachname	Vorname	M/F	Kat	Club	Zeit	min/km
39	0347	Pauly	Johan	M39	M45+		00:57:41	05:46
40	5022	Coenen	David	M40	M45+		00:58:15	05:49
41	5037	Cammaerts	Bart	M41	M45+	Loopcoach Bart	00:58:43	05:52
42	0373	Vlekken	Kris	M42	M45+		00:59:25	05:56
43	0196	Carmans	Gert	M43	M45+	Carmans G. Acc	00:59:40	05:58
44	0272	schoefs	steven	M44	M45+		01:00:16	06:01
45	5015	Vandenberghe	Eddy	M45	M45+	Alleen luk t ouch	01:02:31	06:15
46	0265	Smets	Kurt	M46	M45+	optiRUN	01:03:19	06:19
47	0248	Verheyen	Peter	M47	M45+		01:18:17	07:49

Vitaal gezondheidspraktijk 10 km - Männer 55+

Plats	Startnr	Nachname	Vorname	M/F	Kat	Club	Zeit	min/km
1	5075	Philippe	Patrick	M1	M55+	JiA	00:35:38	03:33
2	0308	Cools	Stefaan	M2	M55+	SACN	00:37:35	03:45
3	0288	Maris	Peter	M3	M55+	VACH	00:37:51	03:47
4	0294	Timmermans	Sammy	M4	M55+	VACH	00:39:19	03:55
5	0402	Huysseune	Luc	M5	M55+	Swift Running cl	00:39:57	03:59
6	5153	Raskin	Lode	M6	M55+	GS Running Tea	00:41:35	04:09
7	0291	Thys	Ronny	M7	M55+	VACH	00:42:44	04:16
8	0490	Vangeel	Piet	M8	M55+	Hoeselt Run	00:43:03	04:18
9	0481	Vandebroeck	Peter	M9	M55+		00:46:32	04:39
10	0320	Depré	Jan	M10	M55+	TACT	00:47:21	04:44
11	0273	Deneuker	Tony	M11	M55+	Hoeselerrun	00:47:35	04:45
12	5014	Slegers	Werner	M12	M55+	Club speciaal	00:48:08	04:48
13	0315	Vanaken	Patrick	M13	M55+	Gemsjoggers	00:48:18	04:49
14	0282	Bijloos	Erik	M14	M55+	VACH	00:48:30	04:51
15	0266	Luykx	Johny	M15	M55+		00:48:32	04:51
16	0285	Gielkens	Marc	M16	M55+	VACH	00:51:26	05:08
17	0433	Saitta	Alfio	M17	M55+	ac genk	00:52:27	05:14
18	0448	peeters	gustaaf	M18	M55+	knoet	00:54:09	05:24
19	0423	Daenen	Leon	M19	M55+	Hoeselt Run	00:54:19	05:25
20	0275	Frederix	Jos	M20	M55+	Road runners Ha	00:54:49	05:28
21	5106	Loix	Johnny	M21	M55+		00:55:07	05:30
22	5091	Luykx	Laurens	M22	M55+		00:55:15	05:31
23	0202	Baeten	Karel	M23	M55+	Roadrunners Has	00:55:35	05:33
24	0344	Thomas	Stefan	M24	M55+		00:58:58	05:53
25	0331	Eijckmans	Eric	M25	M55+		01:06:07	06:36
26	0201	Bumrungkwan	Somsak	M26	M55+		01:14:06	07:24

Vitaal gezondheidspraktijk 10 km - Männer 65+

Plats	Startnr	Nachname	Vorname	M/F	Kat	Club	Zeit	min/km
1	5028	Werckx	Ludo	M1	M65+	ACA	00:41:28	04:08
2	5124	Hiemeleers	Marc	M2	M65+	AC Alken	00:43:07	04:18
3	0234	Wagemans	Jo	M3	M65+	Hoeselt Run	00:45:46	04:34
4	0471	huysmans	francis	M4	M65+		00:47:42	04:46
5	5056	Verschueren	Frank	M5	M65+	SACN	00:47:59	04:47
6	0319	Thoonen	Erik	M6	M65+	Gemsjoggers	00:49:44	04:58
7	5043	Govaerts	Kris	M7	M65+	AC Alken	00:53:03	05:18
8	0256	Buekers	Marc	M8	M65+	Z.A.C.	00:53:31	05:21
9	0302	Heymans	Erwin	M9	M65+	road runners has	00:53:49	05:22
10	0232	Ooms	Karel	M10	M65+		00:57:43	05:46
11	0193	Wuyts	Mario	M11	M65+		00:57:49	05:46
12	0338	Dupont	Jan	M12	M65+		01:01:58	06:11
13	0216	Creemers	Jos	M13	M65+	Geen	01:06:58	06:41
14	0430	Hamers	Harrie	M14	M65+		01:14:05	07:24
15	0203	Orlandini	Willy	M15	M65+		01:15:14	07:31
16	0249	Gielen	Jos	M16	M65+		01:18:16	07:49

Vitaal gezondheidspraktijk 10 km - Frauen 35-

Plats	Startnr	Nachname	Vorname	M/F	Kat	Club	Zeit	min/km
1	0172	Driesen	Jet	V1	V35-	SQM running tea	00:35:32	03:33
2	0343	Paps	Bo	V2	V35-		00:39:07	03:54
3	0222	Vanderleen	An-Katrien	V3	V35-		00:40:12	04:01
4	0381	Huys	Lise	V4	V35-		00:44:35	04:27
5	0156	Ieven	Judith	V5	V35-		00:46:43	04:40
6	0181	Detrez	Isabelle	V6	V35-	Geen	00:47:26	04:44
7	0428	van den Reek	Kayleigh	V7	V35-		00:50:28	05:02
8	0195	Vranken	Annette	V8	V35-		00:50:48	05:04
9	0228	Daniels	Reine	V9	V35-		00:51:20	05:08
10	0485	Angelique	Vandebroek	V10	V35-		00:51:29	05:08
11	0345	Verstraete	Kirsten	V11	V35-	Hoeselt Run	00:52:31	05:15
12	0305	Van Marcke	Jessy	V12	V35-		00:52:58	05:17
13	0473	Frederix	Valry	V13	V35-		00:56:02	05:36
14	0138	Luyssaert	Lotte	V14	V35-		00:56:50	05:41
15	0179	Jans	Julie	V15	V35-		00:56:59	05:41
16	0367	Vanhentenryck	Maya	V16	V35-		00:57:34	05:45
17	0368	Demolder	Emma	V17	V35-		00:57:34	05:45
18	0360	Hiemeleers	Queeny	V18	V35-		00:57:51	05:47
19	0242	Vermesen	Kaat	V19	V35-		00:58:06	05:48
20	0171	Bruno	Anneleen	V20	V35-		00:58:10	05:49
21	0463	Somers	Brenda	V21	V35-		00:58:14	05:49
22	0462	Cox	Ilse	V22	V35-		00:59:26	05:56
23	0237	Ver Berne	Tine	V23	V35-		01:00:20	06:02
24	0152	Verjans	Jannelien	V24	V35-		01:01:10	06:07
25	0184	Vaes	Sofie	V25	V35-		01:01:36	06:09
26	0210	Van Marcke	Sara	V26	V35-		01:01:36	06:09
27	0153	Stienen	Anke	V27	V35-		01:02:07	06:12
28	0191	Theissen	Annechien	V28	V35-		01:05:31	06:33
29	0145	Mazzei	Chiara	V29	V35-		01:06:01	06:36
30	0186	Neven	Lotte	V30	V35-		01:06:14	06:37
31	0209	Moors	Hellen	V31	V35-		01:06:15	06:37
32	0150	Boonen	Joke	V32	V35-		01:07:00	06:42
33	0243	Driessen	Danique	V33	V35-		01:07:13	06:43
34	0470	Vermeiren	Shana	V34	V35-		01:08:19	06:49
35	0246	Vanheers	Ellen	V35	V35-		01:09:23	06:56

Vitaal gezondheidspraktijk 10 km - Frauen 35+

Plats	Startnr	Nachname	Vorname	M/F	Kat	Club	Zeit	min/km
1	0387	Hellemans	Leentje	V1	V35+	Hoeselt Run	00:38:52	03:53
2	5074	Stoumont	Laure	V2	V35+	JiA	00:40:59	04:05
3	0278	Bodocka	Zuzana	V3	V35+		00:45:32	04:33
4	5114	Croughs	An	V4	V35+	Run TMC	00:48:44	04:52
5	5125	Dasque	Roos	V5	V35+	Dcla Halen	00:49:02	04:54
6	0306	Liesens	Karen	V6	V35+	Hoeselt Run	00:51:35	05:09
7	0207	Vangeel	Mieke	V7	V35+		00:53:29	05:20
8	0135	Machiels	Karolien	V8	V35+	Road Runners H	00:54:23	05:26
9	0321	Sienicka	Anna	V9	V35+	Hoeselt Run	00:55:17	05:31
10	0491	claes	virginie	V10	V35+		00:56:52	05:41
11	0134	Meys	Leen	V11	V35+		00:58:04	05:48
12	0309	Van Ham	Laura	V12	V35+		00:58:12	05:49
13	0324	Vandyck	Marlies	V13	V35+		00:58:49	05:52
14	0268	Brebels	Ilse	V14	V35+		00:59:59	05:59
15	0388	Luyckx	Kim	V15	V35+		01:00:00	06:00
16	0277	Vanderhenst	Kristel	V16	V35+		01:00:05	06:00
17	0479	Poelmans	Greet	V17	V35+	Hasselt Stix	01:00:06	06:00
18	0313	Bonneux	An	V18	V35+		01:00:10	06:01
19	0139	Schepers	Sabrina	V19	V35+		01:00:50	06:05
20	0240	Merken	Lise	V20	V35+		01:00:56	06:05
21	0271	Bastiaens	Hanne	V21	V35+		01:01:52	06:11
22	0264	Creemers	Joke	V22	V35+		01:01:53	06:11
23	0263	Sfirtsis	Nathalie	V23	V35+	OptiRUN	01:02:41	06:16
24	0133	Marcoen	Petra	V24	V35+		01:05:39	06:33
25	0311	Monten	Ine	V25	V35+		01:06:49	06:40
26	0327	Stephanie Alen	Stephanie	V26	V35+	Stephanie Alen	01:07:16	06:43
27	0269	Timmermans	Christine	V27	V35+	Geen	01:08:15	06:49
28	0436	Claesen	Annelies	V28	V35+		01:08:49	06:52
29	0253	Buntinx	Lien	V29	V35+		01:10:41	07:04
30	0164	Vangelooven	Eveline	V30	V35+		01:11:10	07:07
31	0250	Monten	Wendy	V31	V35+		01:12:27	07:14
32	0146	Bosmans	Elke	V32	V35+		01:14:22	07:26

Vitaal gezondheidspraktijk 10 km - Frauen 45+

Plats	Startnr	Nachname	Vorname	M/F	Kat	Club	Zeit	min/km
1	0287	Knapen	Griet	V1	V45+	VACH	00:44:12	04:25
2	5128	Stas	Katrien	V2	V45+	DCLA Halen	00:47:34	04:45
3	0197	Wolters	Petra	V3	V45+	Carmans G .Acco	00:49:49	04:58
4	0178	Moors	Katleen	V4	V45+	Hoeselt Run	00:50:18	05:01
5	5083	Grosemans	Michelle	V5	V45+		00:51:10	05:07
6	0219	Hardy	Sabine	V6	V45+		00:52:47	05:16
7	0140	Caufriez	Pascale	V7	V45+		00:55:28	05:32
8	0142	Caufriez	Vanessa	V8	V45+		00:57:42	05:46
9	0177	Vandevenne	Katrien	V9	V45+		01:00:44	06:04
10	0267	Ketelslegers	An	V10	V45+		01:00:46	06:04
11	0199	Kuylen	Sabine	V11	V45+		01:04:46	06:28
12	0419	Bertram	Petra	V12	V45+		01:23:06	08:18

Vitaal gezondheidspraktijk 10 km - Frauen 55+

Plats	Startnr	Nachname	Vorname	M/F	Kat	Club	Zeit	min/km
1	5107	Vankrunkelsven	Leen	V1	V55+	VACH	00:43:45	04:22
2	5077	Vankrunkelsven	Christel	V2	V55+	VACH	00:48:00	04:48
3	5052	Moons	Lydia	V3	V55+		00:48:41	04:52
4	5088	Philippaerts	Greta	V4	V55+	ACAiken	00:51:27	05:08
5	0377	Meerbergen	Veerle	V5	V55+	Road Runners H	00:58:46	05:52
6	0221	DHONDT	CORINNE	V6	V55+	SVH KURINGE	00:59:59	05:59
7	0274	Somers	Hilde	V7	V55+	Road runners Ha	01:02:57	06:17
8	0192	Donné	Greta	V8	V55+		01:03:24	06:20
9	0293	Timmerman	Leentje	V9	V55+	VACH	01:03:47	06:22
10	0161	Asnong	Krista	V10	V55+		01:06:13	06:37
11	0218	Libert	Véronique	V11	V55+		01:08:35	06:51
12	0474	Martini	Patricia	V12	V55+	Replay	01:16:53	07:41

Vitaal gezondheidspraktijk 10 km - Frauen 65+

Plats	Startnr	Nachname	Vorname	M/F	Kat	Club	Zeit	min/km
1	0231	Lindekens	Louisa	V1	V65+	AVKA	00:53:09	05:18
2	5044	Van Zand	Maja	V2	V65+	AC Alken	00:54:14	05:25
3	0297	Willemse	Agnes	V3	V65+	VACH	00:56:01	05:36
4	0420	Bertram	Maria	V4	V65+		01:23:05	08:18