



Helpshopcup - 13,5KM - Algemene rangschikking

Startuur : 16-10-2022 14:16:01

Uitslag is volledig

Rang	Borstnr	Achternaam	Voornaam	M/V	Cat	Club	Tijd	min/km
1	0455	Nulens	Sam	M1	M35-	Add	00:44:10	03:15
2	0384	Heemskerk	Steven	M2	M35+	MAES SQM Run	00:44:45	03:18
3	0489	Rasschaert	Bjarne	M3	M35-		00:46:40	03:26
4	0478	Bierinckx	Laurent	M4	M35-	ACHL	00:48:18	03:33
5	0477	Theunissen	Robert	M5	M35-	Maes SQM Run	00:48:44	03:35
6	0377	Jaspers	Gilles	M6	M35-		00:49:40	03:39
7	0398	Aerts	Andries	M7	M35+	GS Running tear	00:49:53	03:40
8	0361	Jacobs	Joris	M8	M35-	TTL	00:51:20	03:47
9	0436	Theys	Kevin	M9	M35+	RCT atletiek	00:51:30	03:48
10	0465	Van Marcke	Pascal	M10	M55+	MAES SQM Run	00:51:52	03:49
11	0460	Vanden Bempt	Hans	M11	M35+	MaesSQMrunnir	00:52:12	03:51
12	0325	Partoens	Ruud	M12	M35+	BFC	00:52:28	03:52
13	0344	Van Asselbergh	Jorden	M13	M35-	VACH	00:52:33	03:52
14	0483	Trappeniers	Philip	M14	M35+	Triathlonclub Lu	00:52:56	03:54
15	0395	Hellemans	Leentje	V1	V35+	ADDHoeselt Ru	00:53:01	03:54
16	0457	Machiels	Steven	M15	M35+	Hoeseltrun	00:53:08	03:55
17	0502	maris	peter	M16	M55+	vach	00:53:34	03:57
18	0518	Enkels	Wouter	M17	M45+	Looise	00:53:45	03:58
19	0320	Drijkoningen	Rune	M18	M35-		00:53:51	03:58
20	0345	Noelmans	Bram	M19	M35+		00:54:08	03:59
21	0307	Smyk	Ian	M20	M35-		00:54:20	04:00
22	0503	Decoster	Steven	M21	M45+		00:54:38	04:01
23	0303	Claes	Jasper	M22	M35-		00:54:43	04:02
24	0317	Geelen	Gertjan	M23	M35-		00:54:45	04:02
25	0446	Roos	Rudi	M24	M45+	Hoeselt Run	00:54:52	04:02
26	0521	Van den Eynde	Pieter	M25	M35-	hoeselt run	00:55:11	04:04
27	0313	Kockaerts	Yves	M26	M45+	GS Running Tea	00:55:23	04:05
28	0452	Hex	Pieter	M27	M35+		00:55:32	04:05
29	0524	Lodewijckx	Siebe	M28	M35-	Ironteam Hasselt	00:56:17	04:09
30	0458	D'Huys	Wouter	M29	M35+		00:56:27	04:09
31	0329	D'hondt	Herman	M30	M55+	WALO	00:56:43	04:11
32	0364	Konings	Kristof	M31	M35+		00:56:57	04:12
33	0525	Boonen	Joris	M32	M35+		00:57:32	04:14
34	0392	Neven	Ronny	M33	M35-	ADD Tongeren	00:57:43	04:15
35	0406	Gert	Moermans	M34	M35+	TRENARA	00:57:44	04:15
36	0523	Lodewijckx	Luc	M35	M55+	Roadrunners	00:57:51	04:16
37	0394	Wolfs	Levi	M36	M35-		00:57:52	04:16
38	0469	Van Cauwenberghe	Peter	M37	M35+		00:58:02	04:16

Rang	Borstnr	Achternaam	Voornaam	M/V	Cat	Club	Tijd	min/km
39	0424	Wouters	Alexander	M38	M35+	Lokaal Bestuur K	00:58:03	04:17
40	0504	leesen	erwin	M39	M45+	VACH	00:58:13	04:17
41	0459	Vanbergen	Lieven	M40	M35+	DCLA Halen	00:58:20	04:18
42	0485	Tars	Claesen	M41	M35-		00:58:26	04:18
43	0321	Baerts	Chris	M42	M45+		00:58:43	04:20
44	0514	NEVEN	JOHN	M43	M35+		00:58:44	04:20
45	0379	Brouwers	Joris	M44	M35+		00:58:46	04:20
46	0403	Vandeweyer	Kevin	M45	M35+		00:58:50	04:20
47	0500	Sools	Freddy Franois	M46	M55+		00:59:06	04:21
48	0442	Wiertz	David	M47	M45+	Run TMC	00:59:19	04:22
49	0448	Santermans	Peter	M48	M35+		00:59:21	04:22
50	0322	Stijnen	David	M49	M45+	Aca Alken	00:59:52	04:25
51	0507	Bosmans	Marc Victor	M50	M55+		01:00:23	04:27
52	0311	Macours	Dominique	M51	M35+		01:00:42	04:28
53	0319	Wygaerts	Ward	M52	M35+		01:01:02	04:30
54	0397	Luts	Daniël	M53	M65+	DCLA Halen	01:01:05	04:30
55	0356	Permentier	Gilbert	M54	M55+		01:01:24	04:31
56	0454	Jordens	Tim	M55	M35+		01:01:33	04:32
57	0473	Koninckx	Brecht	M56	M35-		01:01:36	04:32
58	0462	Putzeys	John	M57	M35+		01:01:41	04:33
59	0491	Menten	Joren	M58	M35-	BFC Run	01:01:51	04:33
60	0418	Geraerts	Brecht	M59	M35-		01:01:58	04:34
61	0453	Warnants	Tristan	M60	M35-		01:02:09	04:35
62	0435	Voncken	Steve	M61	M45+	BFC-Running	01:02:12	04:35
63	0486	willems	dirk	M62	M55+	Tact	01:02:34	04:37
64	0370	Etneo	Mario	M63	M35+	Hoeselt run	01:02:42	04:37
65	0426	Vanderstraeten	Kris	M64	M35+		01:02:48	04:38
66	0510	Gelade	Roeland Louis	M65	M35+		01:02:52	04:38
67	0479	Coemans	Dave	M66	M35-		01:02:55	04:38
68	0495	Pauls	Kevin	M67	M35-		01:02:56	04:38
69	0369	Vangeel	Julie	V2	V35-	GS Running Tea	01:02:57	04:38
70	0515	Voncken	Christophe	M68	M45+		01:03:04	04:39
71	0482	Hellinx	Wim	M69	M45+	Hoeselt Run	01:03:17	04:40
72	0326	Schroven	Hilde	V3	V45+	GS Running tear	01:03:40	04:41
73	0316	Jean-Marie	Vandooren	M70	M45+		01:03:54	04:42
74	0447	Nijs	Michael	M71	M35+	Hoeselt Run	01:04:16	04:44
75	0471	Gert	Wauters	M72	M35+		01:04:30	04:45
76	0363	Tomsin	Ronny	M73	M45+	Hoeselt Run	01:04:44	04:46
77	0347	Vankrunkelsven	Leen	V4	V55+		01:05:10	04:48
78	0501	Vandevoort	Detlef	M74	M35-		01:05:13	04:48
79	0318	Stryckers	Kristof	M75	M35+		01:05:17	04:49
80	0382	Vanherck	Bruno	M76	M45+	Bokkerijderstean	01:05:18	04:49
81	0335	Ally	Laurens	M77	M35-	WALO	01:05:38	04:50
82	0411	Lenaers	Gert	M78	M45+	Aca	01:05:40	04:50
83	0388	Diels	Olivier	M79	M35+		01:05:43	04:50
84	0405	Testelmans	Luc	M80	M55+		01:05:46	04:51
85	0464	Lambrechts	Davy	M81	M35+		01:05:49	04:51

Rang	Borstnr	Achternaam	Voornaam	M/V	Cat	Club	Tijd	min/km
86	0451	Somers	Johan	M82	M35+		01:05:53	04:51
87	0480	Bammens	Elisa	V5	V35-	Hoeselt Run	01:05:55	04:51
88	0463	Hellemans	Joke	V6	V35+	Hoeselt Run	01:06:03	04:52
89	0488	Maurissen	Jasper Yves	M83	M35-		01:06:07	04:52
90	0385	Wagemans	Jo	M84	M65+	Bilzen Beweegt	01:06:10	04:52
91	0496	Jaeken	Jean-Pierre	M85	M55+		01:06:12	04:53
92	0508	Vranckx	Benoit Roland	M86	M65+	TessChemie	01:06:12	04:53
93	0513	Balliauw	Christophe	M87	M35+		01:06:13	04:53
94	0339	Neven	Piet	M88	M65+	ADD Tongeren	01:06:27	04:54
95	0408	Mechelmans	Tamara	V7	V35+		01:06:33	04:54
96	0461	Knaepen	Kenneth	M89	M35-		01:06:35	04:54
97	0506	Vandenborne	Ilse Julia	V8	V45+	CLAVABO	01:07:44	04:59
98	0505	Claes	Michiel Gert-Jan	M90	M35-	CLAVABO	01:07:45	05:00
99	0439	Hermans	Martine	V9	V55+		01:07:54	05:00
100	0493	Sampermans	Bart Maurice	M91	M35+	DCLA HALEN	01:07:57	05:00
101	0429	Beckers	Lore	V10	V35-	Hoeselt Run	01:07:58	05:00
102	0481	Noelmans	Jan	M92	M35+		01:07:59	05:01
103	0413	Vankrunkelsven	Christel	V11	V45+		01:08:00	05:01
104	0365	Smet	Luc	M93	M55+	WALO	01:08:13	05:02
105	0522	Pirs	Erwin	M94	M45+		01:08:28	05:03
106	0304	Tack	Sven	M95	M35+	Ad demer	01:08:30	05:03
107	0520	vrijzen	valere	M96	M55+	zac	01:08:37	05:03
108	0516	luc	thijssen	M97	M55+	geen	01:08:43	05:04
109	0512	Willoqu	Katrien Maria	V12	V35+		01:08:53	05:05
110	0359	vandebroeck	Stefan	M98	M45+		01:08:56	05:05
111	0444	Jurgen	Slegers	M99	M45+		01:09:03	05:05
112	0346	Lodders	Glenn	M100	M35+	Hoeselt run	01:09:05	05:05
113	0355	Umans	Marcel	M101	M55+		01:09:07	05:06
114	0381	De Smet	Joeri	M102	M35-		01:09:15	05:06
115	0467	Geijssenbergh	Gert	M103	M35+		01:09:22	05:07
116	0305	HENEK	ALAIN	M104	M55+		01:09:24	05:07
117	0400	Akichjev	Romaan	M105	M35-		01:09:28	05:07
118	0375	Deville	Tom	M106	M35+		01:09:41	05:08
119	0487	Vanaken	Patrick	M107	M55+	Gemsjoggers	01:09:47	05:09
120	0475	Derison	Bart	M108	M45+		01:09:54	05:09
121	0466	Nolmans	Davy	M109	M35+	Hoeselt Run	01:10:02	05:10
122	0456	Daerden	Tom	M110	M35+	Hoeseltrun	01:10:04	05:10
123	0492	huybrehts	Stefan	M111	M45+	ACA	01:10:13	05:10
124	0323	Bielen	Benjamin	M112	M35+		01:10:26	05:11
125	0338	Senaeve	Walter	M113	M55+	WALO	01:10:34	05:12
126	0445	Slegers	Kilian	M114	M35-		01:10:46	05:13
127	0402	Moons	Lydia	V13	V55+		01:10:55	05:14
128	0353	Wirix	Heleen	V14	V35+		01:11:00	05:14
129	0376	Moors	Katleen	V15	V45+	Hoeselt Run	01:11:29	05:16
130	0387	Rappé	Linde	V16	V35+		01:11:39	05:17
131	0468	Baus	Carlo	M115	M45+	Bokkerijderstean	01:11:55	05:18
132	0419	Duchateau	Jan	M116	M35+	Presidentile Run	01:11:57	05:18

Rang	Borstnr	Achternaam	Voornaam	M/V	Cat	Club	Tijd	min/km
133	0348	Buekers	Marc	M117	M65+	Z.A.C.	01:12:13	05:19
134	0386	Vrancken	Linsey	V17	V35+		01:12:36	05:21
135	0367	Govaerts	Kris	M118	M65+	AC Alken	01:12:43	05:21
136	0519	Vanormelingen	Niels Gustaaf	M119	M35-		01:12:52	05:22
137	0404	Dasque	Roos	V18	V35+	Dcla halen	01:13:09	05:23
138	0449	Dirix	Dora	V19	V35-	Oeverlopers	01:13:55	05:27
139	0450	Proost	Kris	M120	M45+	JMT Mol	01:13:57	05:27
140	0368	Van Zand	Maja	V20	V65+	AC Alken	01:14:06	05:28
141	0474	Grouwels	Joseph	M121	M65+		01:14:07	05:28
142	0334	De Caluwe	Guy	M122	M55+	WALO	01:14:20	05:29
143	0330	Verplancke	Herman	M123	M65+	WALO	01:14:50	05:31
144	0401	Esch	Marij	V21	V35+	Earlybirds	01:15:02	05:32
145	0380	Michaux	Lennard	M124	M35-		01:15:11	05:32
146	0349	COENEN	DAVID	M125	M45+		01:15:23	05:33
147	0443	Cabuy	Paula	V22	V55+		01:15:26	05:34
148	0430	Philippaerts	Greta	V23	V55+	ACA Alken	01:15:39	05:34
149	0410	Vancampenhout	Guy	M126	M55+		01:15:49	05:35
150	0511	NYS	STEFAN	M127	M45+	HOESELT RUN	01:15:51	05:35
151	0420	Pauwels	Greet	V24	V45+	Lokaal Bestuur K	01:17:04	05:41
152	0476	Arnauts	El	V25	V35+		01:17:16	05:42
153	0509	Brepoels	Hanne	V26	V35-	Hoeselt Run	01:18:25	05:47
154	0432	Maessen	Sebastian	M128	M45+	Bolt	01:18:27	05:47
155	0484	Bouali	Idris	M129	M35-	Idris Bouali	01:18:40	05:48
156	0415	Heuts	Tamara	V27	V35+	Hoeselt Run	01:18:51	05:49
157	0407	Requilé	Katrien	V28	V35+	TRENARA	01:19:10	05:50
158	0498	Bauduin	Ianthe Jozefa	V29	V35-	Trenara	01:19:12	05:50
159	0374	Immerix	Jean Pierre	M130	M65+		01:19:20	05:51
160	0517	Coudyzer	Kenneth Andr	M131	M35+		01:19:52	05:53
161	0490	Vanheusden	Wim Guido	M132	M35+		01:20:04	05:54
162	0494	POTEMANS	ROGER	M133	M65+		01:20:34	05:56
163	0433	François	Cindy	V30	V45+	Bolt	01:20:46	05:57
164	0409	zwerts	danny	M134	M55+	aca alken	01:21:01	05:58
165	0437	Verstraete	Kirsten	V31	V35-	Hoeselt Run	01:22:13	06:04
166	0337	Dhollander	Rik	M135	M65+	WALO	01:22:18	06:04
167	0497	Jossart	Wim	M136	M45+	Neen	01:22:25	06:04
168	0327	Polders	Jos	M137	M65+	ACA	01:23:43	06:10
169	0373	huybrechts	kaylie	V32	V35-		01:24:23	06:13
170	0371	Fabry	Jan	M138	M35-		01:24:24	06:13
171	0309	Mercurio	Fabio	M139	M55+		01:24:25	06:13
172	0499	stroobants	herman	M140	M55+		01:26:35	06:23
173	0362	Hulsmans	Pierre	M141	M65+	ZAC Zonhoven e	01:36:12	07:05

	0315	Moonen	Chantal	V	V45+		00:00:00	00:00
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	0332	Vlaminck	Patrick	M	M65+	WALO	00:00:00	00:00
	0336	De Grande	Michel	M	M65+	WALO	00:00:00	00:00

Rang	Borstnr	Achternaam	Voornaam	M/V	Cat	Club	Tijd	min/km
	0358	roosen	leo	M	M65+	zac zonhoven	00:00:00	00:00



Helpshopcup - 13,5KM - Mannen 35-

Startuur : 16-10-2022 14:16:01

Uitslag is volledig

Rang	Borstnr	Achternaam	Voornaam	M/V	Cat	Club	Tijd	min/km
1	0455	Nulens	Sam	M1	M35-	Add	00:44:10	03:15
2	0489	Rasschaert	Bjarne	M2	M35-		00:46:40	03:26
3	0478	Bierinckx	Laurent	M3	M35-	ACHL	00:48:18	03:33
4	0477	Theunissen	Robert	M4	M35-	Maes SQM Runn	00:48:44	03:35
5	0377	Jaspers	Gilles	M5	M35-		00:49:40	03:39
6	0361	Jacobs	Joris	M6	M35-	TTL	00:51:20	03:47
7	0344	Van Asselbergh	Jorden	M7	M35-	VACH	00:52:33	03:52
8	0320	Drikkoningen	Rune	M8	M35-		00:53:51	03:58
9	0307	Smyk	Ian	M9	M35-		00:54:20	04:00
10	0303	Claes	Jasper	M10	M35-		00:54:43	04:02
11	0317	Geelen	Gertjan	M11	M35-		00:54:45	04:02
12	0521	Van den Eynde	Pieter	M12	M35-	hoeselt run	00:55:11	04:04
13	0524	Lodewijckx	Siebe	M13	M35-	Ironteam Hasselt	00:56:17	04:09
14	0392	Neven	Ronny	M14	M35-	ADD Tongeren	00:57:43	04:15
15	0394	Wolfs	Levi	M15	M35-		00:57:52	04:16
16	0485	Tars	Claesen	M16	M35-		00:58:26	04:18
17	0473	Koninckx	Brecht	M17	M35-		01:01:36	04:32
18	0491	Menten	Joren	M18	M35-	BFC Run	01:01:51	04:33
19	0418	Geraerts	Brecht	M19	M35-		01:01:58	04:34
20	0453	Warnants	Tristan	M20	M35-		01:02:09	04:35
21	0479	Coemans	Dave	M21	M35-		01:02:55	04:38
22	0495	Pauls	Kevin	M22	M35-		01:02:56	04:38
23	0501	Vandevoort	Detlef	M23	M35-		01:05:13	04:48
24	0335	Ally	Laurens	M24	M35-	WALO	01:05:38	04:50
25	0488	Maurissen	Jasper Yves	M25	M35-		01:06:07	04:52
26	0461	Knaepen	Kenneth	M26	M35-		01:06:35	04:54
27	0505	Claes	Michiel Gert-Jan	M27	M35-	CLAVABO	01:07:45	05:00
28	0381	De Smet	Joeri	M28	M35-		01:09:15	05:06
29	0400	Akichjev	Romaan	M29	M35-		01:09:28	05:07
30	0445	Slegers	Kilian	M30	M35-		01:10:46	05:13
31	0519	Vanormelingen	Niels Gustaaf	M31	M35-		01:12:52	05:22
32	0380	Michaux	Lennard	M32	M35-		01:15:11	05:32
33	0484	Bouali	Idris	M33	M35-	Idris Bouali	01:18:40	05:48
34	0371	Fabry	Jan	M34	M35-		01:24:24	06:13

Helpshopcup - 13,5KM - Mannen 35+

Startuur : Startuur : 16-10-2022 14:16:01

Uitslag is volledig

Rang	Borstnr	Achternaam	Voornaam	M/V	Cat	Club	Tijd	min/km
1	0384	Heemskerk	Steven	M1	M35+	MAES SQM Run	00:44:45	03:18
2	0398	Aerts	Andries	M2	M35+	GS Running tear	00:49:53	03:40
3	0436	Theys	Kevin	M3	M35+	RCT atletiek	00:51:30	03:48
4	0460	Vanden Bempt	Hans	M4	M35+	MaesSQMrunnir	00:52:12	03:51
5	0325	Partoens	Ruud	M5	M35+	BFC	00:52:28	03:52
6	0483	Trappeniers	Philip	M6	M35+	Triathlonclub Lu	00:52:56	03:54
7	0457	Machiels	Steven	M7	M35+	Hoeseltrun	00:53:08	03:55
8	0345	Noelmans	Bram	M8	M35+		00:54:08	03:59
9	0452	Hex	Pieter	M9	M35+		00:55:32	04:05
10	0458	D'Huys	Wouter	M10	M35+		00:56:27	04:09
11	0364	Konings	Kristof	M11	M35+		00:56:57	04:12
12	0525	Boonen	Joris	M12	M35+		00:57:32	04:14
13	0406	Gert	Moermans	M13	M35+	TRENARA	00:57:44	04:15
14	0469	Van Cauwenberghe	Peter	M14	M35+		00:58:02	04:16
15	0424	Wouters	Alexander	M15	M35+	Lokaal Bestuur K	00:58:03	04:17
16	0459	Vanbergen	Lieven	M16	M35+	DCLA Halen	00:58:20	04:18
17	0514	NEVEN	JOHN	M17	M35+		00:58:44	04:20
18	0379	Brouwers	Joris	M18	M35+		00:58:46	04:20
19	0403	Vandeweyer	Kevin	M19	M35+		00:58:50	04:20
20	0448	Santermans	Peter	M20	M35+		00:59:21	04:22
21	0311	Macours	Dominique	M21	M35+		01:00:42	04:28
22	0319	Wygaerts	Ward	M22	M35+		01:01:02	04:30
23	0454	Jordens	Tim	M23	M35+		01:01:33	04:32
24	0462	Putzeys	John	M24	M35+		01:01:41	04:33
25	0370	Etneo	Mario	M25	M35+	Hoeselt run	01:02:42	04:37
26	0426	Vanderstraeten	Kris	M26	M35+		01:02:48	04:38
27	0510	Gelade	Roeland Louis	M27	M35+		01:02:52	04:38
28	0447	Nijs	Michael	M28	M35+	Hoeselt Run	01:04:16	04:44
29	0471	Gert	Wauters	M29	M35+		01:04:30	04:45
30	0318	Stryckers	Kristof	M30	M35+		01:05:17	04:49
31	0388	Diels	Olivier	M31	M35+		01:05:43	04:50
32	0464	Lambrechts	Davy	M32	M35+		01:05:49	04:51
33	0451	Somers	Johan	M33	M35+		01:05:53	04:51
34	0513	Balliauw	Christophe	M34	M35+		01:06:13	04:53
35	0493	Sampermans	Bart Maurice	M35	M35+	DCLA HALEN	01:07:57	05:00
36	0481	Noelmans	Jan	M36	M35+		01:07:59	05:01
37	0304	Tack	Sven	M37	M35+	Ad demer	01:08:30	05:03
38	0346	Lodders	Glenn	M38	M35+	Hoeselt run	01:09:05	05:05

Rang	Borstnr	Achternaam	Voornaam	M/V	Cat	Club	Tijd	min/km
39	0467	Geijsenbergh	Gert	M39	M35+		01:09:22	05:07
40	0375	Deville	Tom	M40	M35+		01:09:41	05:08
41	0466	Nolmans	Davy	M41	M35+	Hoeselt Run	01:10:02	05:10
42	0456	Daerden	Tom	M42	M35+	Hoeseltrun	01:10:04	05:10
43	0323	Bielen	Benjamin	M43	M35+		01:10:26	05:11
44	0419	Duchateau	Jan	M44	M35+	Presidentile Run	01:11:57	05:18
45	0517	Coudyzer	Kenneth Andr	M45	M35+		01:19:52	05:53
46	0490	Vanheusden	Wim Guido	M46	M35+		01:20:04	05:54

Helpshopcup - 13,5KM - Mannen 45+

Startuur : Startuur : Startuur : 16-10-2022 14:16:01

Uitslag is volledig

Rang	Borstnr	Achternaam	Voornaam	M/V	Cat	Club	Tijd	min/km
1	0518	Enkels	Wouter	M1	M35+	Looise	00:53:45	03:58
2	0503	Decoster	Steven	M2	M35+		00:54:38	04:01
3	0446	Roos	Rudi	M3	M35+	Hoeselt Run	00:54:52	04:02
4	0313	Kockaerts	Yves	M4	M35+	GS Running Tea	00:55:23	04:05
5	0504	leesen	erwin	M5	M35+	VACH	00:58:13	04:17
6	0321	Baerts	Chris	M6	M35+		00:58:43	04:20
7	0442	Wiertz	David	M7	M35+	Run TMC	00:59:19	04:22
8	0322	Stijnen	David	M8	M35+	Aca Alken	00:59:52	04:25
9	0435	Voncken	Steve	M9	M35+	BFC-Running	01:02:12	04:35
10	0515	Voncken	Christophe	M10	M35+		01:03:04	04:39
11	0482	Hellinx	Wim	M11	M35+	Hoeselt Run	01:03:17	04:40
12	0316	Jean-Marie	Vandooren	M12	M35+		01:03:54	04:42
13	0363	Tomsin	Ronny	M13	M35+	Hoeselt Run	01:04:44	04:46
14	0382	Vanherck	Bruno	M14	M35+	Bokkerijderstear	01:05:18	04:49
15	0411	Lenaers	Gert	M15	M35+	Aca	01:05:40	04:50
16	0522	Pirs	Erwin	M16	M35+		01:08:28	05:03
17	0359	vandebroeck	Stefan	M17	M35+		01:08:56	05:05
18	0444	Jurgen	Slegers	M18	M35+		01:09:03	05:05
19	0475	Derison	Bart	M19	M35+		01:09:54	05:09
20	0492	huybrehts	Stefan	M20	M35+	ACA	01:10:13	05:10
21	0468	Baus	Carlo	M21	M35+	Bokkerijderstear	01:11:55	05:18
22	0450	Proost	Kris	M22	M35+	JMT Mol	01:13:57	05:27
23	0349	COENEN	DAVID	M23	M35+		01:15:23	05:33
24	0511	NYS	STEFAN	M24	M35+	HOESELT RUN	01:15:51	05:35
25	0432	Maessen	Sebastian	M25	M35+	Bolt	01:18:27	05:47
26	0497	Jossart	Wim	M26	M35+	Neen	01:22:25	06:04



Helpshopcup - 13,5KM - Mannen 55+

Startuur : Startuur : Startuur : Startuur : 16-10-2022 14:16:01

Uitslag is volledig

Rang	Borstnr	Achternaam	Voornaam	M/V	Cat	Club	Tijd	min/km
1	0465	Van Marcke	Pascal	M1	M55+	MAES SQM Ru	00:51:52	03:49
2	0502	maris	peter	M2	M55+	vach	00:53:34	03:57
3	0329	D'hondt	Herman	M3	M55+	WALO	00:56:43	04:11
4	0523	Lodewijckx	Luc	M4	M55+	Roadrunners	00:57:51	04:16
5	0500	Sools	Freddy Franois	M5	M55+		00:59:06	04:21
6	0507	Bosmans	Marc Victor	M6	M55+		01:00:23	04:27
7	0356	Permentier	Gilbert	M7	M55+		01:01:24	04:31
8	0486	willems	dirk	M8	M55+	Tact	01:02:34	04:37
9	0405	Testelmans	Luc	M9	M55+		01:05:46	04:51
10	0496	Jaeken	Jean-Pierre	M10	M55+		01:06:12	04:53
11	0365	Smet	Luc	M11	M55+	WALO	01:08:13	05:02
12	0520	vrijssen	valere	M12	M55+	zac	01:08:37	05:03
13	0516	luc	thijssen	M13	M55+	geen	01:08:43	05:04
14	0355	Umans	Marcel	M14	M55+		01:09:07	05:06
15	0305	HENEK	ALAIN	M15	M55+		01:09:24	05:07
16	0487	Vanaken	Patrick	M16	M55+	Gemsjoggers	01:09:47	05:09
17	0338	Senaeve	Walter	M17	M55+	WALO	01:10:34	05:12
18	0334	De Caluwe	Guy	M18	M55+	WALO	01:14:20	05:29
19	0410	Vancampenhout	Guy	M19	M55+		01:15:49	05:35
20	0409	zwerts	danny	M20	M55+	aca alken	01:21:01	05:58
21	0309	Mercurio	Fabio	M21	M55+		01:24:25	06:13
22	0499	stroobants	herman	M22	M55+		01:26:35	06:23

Helpshopcup - 13,5KM - Mannen 65+

Startuur : Startuur : Startuur : Startuur : Startuur : 16-10-2022 14:16:01

Uitslag is volledig

Rang	Borstnr	Achternaam	Voornaam	M/V	Cat	Club	Tijd	min/km
1	0397	Luts	Daniël	M1	M55+	DCLA Halen	01:01:05	04:30
2	0385	Wagemans	Jo	M2	M55+	Bilzen Beweegt	01:06:10	04:52
3	0508	Vranckx	Benoit Roland	M3	M55+	TessChemie	01:06:12	04:53
4	0339	Neven	Piet	M4	M55+	ADD Tongeren	01:06:27	04:54
5	0348	Buekers	Marc	M5	M55+	Z.A.C.	01:12:13	05:19
6	0367	Govaerts	Kris	M6	M55+	AC Alken	01:12:43	05:21
7	0474	Grouwels	Joseph	M7	M55+		01:14:07	05:28
8	0330	Verplancke	Herman	M8	M55+	WALO	01:14:50	05:31
9	0374	Immerix	Jean Pierre	M9	M55+		01:19:20	05:51
10	0494	POTEMANS	ROGER	M10	M55+		01:20:34	05:56
11	0337	Dhollander	Rik	M11	M55+	WALO	01:22:18	06:04
12	0327	Polders	Jos	M12	M55+	ACA	01:23:43	06:10
13	0362	Hulsmans	Pierre	M13	M55+	ZAC Zonhoven €	01:36:12	07:05

Helpshopcup - 13,5KM - Vrouwen 35-

Startuur : 16-10-2022 14:16:01

Uitslag is volledig

Rang	Borstnr	Achternaam	Voornaam	M/V	Cat	Club	Tijd	min/km
1	0369	Vangeel	Julie	V1	V35-	GS Running Tea	01:02:57	04:38
2	0480	Bammens	Elisa	V2	V35-	Hoeselt Run	01:05:55	04:51
3	0429	Beckers	Lore	V3	V35-	Hoeselt Run	01:07:58	05:00
4	0449	Dirix	Dora	V4	V35-	Oeverlopers	01:13:55	05:27
5	0509	Brepoels	Hanne	V5	V35-	Hoeselt Run	01:18:25	05:47
6	0498	Bauduin	Ianthe Jozefa	V6	V35-	Trenara	01:19:12	05:50
7	0437	Verstraete	Kirsten	V7	V35-	Hoeselt Run	01:22:13	06:04
8	0373	huybrechts	kaylie	V8	V35-		01:24:23	06:13

Helpshopcup - 13,5KM - Vrouwen 35+

Startuur : Startuur : 16-10-2022 14:16:01

Uitslag is volledig

Rang	Borstnr	Achternaam	Voornaam	M/V	Cat	Club	Tijd	min/km
1	0395	Hellemans	Leentje	V1	V35+	ADDHoeselt Ru	00:53:01	03:54
2	0463	Hellemans	Joke	V2	V35+	Hoeselt Run	01:06:03	04:52
3	0408	Mechelmans	Tamara	V3	V35+		01:06:33	04:54
4	0512	Willoqu	Katrien Maria	V4	V35+		01:08:53	05:05
5	0353	Wirix	Heleen	V5	V35+		01:11:00	05:14
6	0387	Rappé	Linde	V6	V35+		01:11:39	05:17
7	0386	Vrancken	Linsey	V7	V35+		01:12:36	05:21
8	0404	Dasque	Roos	V8	V35+	Dcla halen	01:13:09	05:23
9	0401	Esch	Marij	V9	V35+	Earlybirds	01:15:02	05:32
10	0476	Arnauts	El	V10	V35+		01:17:16	05:42
11	0415	Heuts	Tamara	V11	V35+	Hoeselt Run	01:18:51	05:49
12	0407	Requilé	Katrien	V12	V35+	TRENARA	01:19:10	05:50

Helpshopcup - 13,5KM - Vrouwen 45+

Startuur : Startuur : Startuur : 16-10-2022 14:16:01

Uitslag is volledig

Rang	Borstnr	Achternaam	Voornaam	M/V	Cat	Club	Tijd	min/km
1	0326	Schroven	Hilde	V1	V35+	GS Running tear	01:03:40	04:41
2	0506	Vandenborne	Ilse Julia	V2	V35+	CLAVABO	01:07:44	04:59
3	0413	Vankrunkelsven	Christel	V3	V35+		01:08:00	05:01
4	0376	Moors	Katleen	V4	V35+	Hoeselt Run	01:11:29	05:16
5	0420	Pauwels	Greet	V5	V35+	Lokaal Bestuur K	01:17:04	05:41
6	0433	François	Cindy	V6	V35+	Bolt	01:20:46	05:57

Helpshopcup - 13,5KM - Vrouwen 55+

Startuur : Startuur : Startuur : Startuur : 16-10-2022 14:16:01

Uitslag is volledig

Rang	Borstnr	Achternaam	Voornaam	M/V	Cat	Club	Tijd	min/km
1	0347	Vankrunkelsven	Leen	V1	V55+		01:05:10	04:48
2	0439	Hermans	Martine	V2	V55+		01:07:54	05:00
3	0402	Moons	Lydia	V3	V55+		01:10:55	05:14
4	0443	Cabuy	Paula	V4	V55+		01:15:26	05:34
5	0430	Philippaerts	Greta	V5	V55+	ACAAlken	01:15:39	05:34

Helpshopcup - 13,5KM - Vrouwen 65+

Startuur : Startuur : Startuur : Startuur : Startuur : 16-10-2022 14:16:01

Uitslag is volledig

Rang	Borstnr	Achternaam	Voornaam	M/V	Cat	Club	Tijd	min/km
1	0368	Van Zand	Maja	V1	V55+	AC Alken	01:14:06	05:28



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