

10KM - Helpshopcup - Gesamtwertung

Startzeit : 17-08-2024 18:30:04

Die Ergebnisse sind vollständig

| Plats | Startnr | Nachname | Vorname | M/F | Kat | Club | Zeit | min/km |
|-------|---------|-----------------|------------|-----|------|-------------------|----------|--------|
| 1 | 0218 | Boden | Niki | M1 | M35+ | SQM running tea | 00:35:49 | 03:26 |
| 2 | 6145 | Van Asselbergh | Jorden | M2 | M35- | GS running team | 00:36:40 | 03:31 |
| 3 | 6027 | De Rooy | Andy | M3 | M45+ | Coyote sports tea | 00:37:12 | 03:34 |
| 4 | 6091 | Vossius | Peter | M4 | M45+ | SQM RUNNINC | 00:37:18 | 03:35 |
| 5 | 0223 | Philippe | Patrick | M5 | M55+ | | 00:37:19 | 03:35 |
| 6 | 6084 | Scholts | Kylian | M6 | M35- | SQM running tea | 00:37:34 | 03:36 |
| 7 | 0233 | Host | Sandrine | F1 | F45+ | Absoluterun JOC | 00:37:57 | 03:38 |
| 8 | 6081 | Wouters | Chriske | M7 | M45+ | SQM RUNNINC | 00:38:03 | 03:39 |
| 9 | 6046 | Vanden Bempt | Hans | M8 | M45+ | SQMrunningtaer | 00:38:19 | 03:41 |
| 10 | 0240 | Lambotte | Manon | F2 | F35- | Ser Athl | 00:38:23 | 03:41 |
| 11 | 0239 | Demori | Julien | M9 | M35- | Dd team | 00:38:24 | 03:41 |
| 12 | 0255 | Tosi | Irene | F3 | F35+ | DD Team | 00:39:00 | 03:45 |
| 13 | 0235 | Rocks | Stephane | M10 | M35+ | DD team | 00:39:01 | 03:45 |
| 14 | 0266 | Noelmans | Bram | M11 | M35+ | | 00:39:18 | 03:46 |
| 15 | 0213 | Meyers | Wim | M12 | M35+ | | 00:39:23 | 03:47 |
| 16 | 0201 | Moermans | Gert | M13 | M45+ | Trenara | 00:40:12 | 03:51 |
| 17 | 0265 | SCHOLTS | BERT | M14 | M35+ | | 00:40:30 | 03:53 |
| 18 | 6173 | Stevens | Christophe | M15 | M35+ | ADD | 00:40:46 | 03:55 |
| 19 | 0264 | willems | dirk | M16 | M55+ | tact st.-Truiden | 00:40:50 | 03:55 |
| 20 | 0242 | Neven | John | M17 | M35- | | 00:42:18 | 04:04 |
| 21 | 0220 | Dekens | Danny | M18 | M55+ | Dcla Halen | 00:42:34 | 04:05 |
| 22 | 0260 | Schepers | Stijn | M19 | M45+ | | 00:42:41 | 04:06 |
| 23 | 6030 | Hendricx | Jeroen | M20 | M35+ | Burchtlopers | 00:43:03 | 04:08 |
| 24 | 0263 | Mellemans | Robrecht | M21 | M35- | | 00:43:33 | 04:11 |
| 25 | 0256 | vitello | fabian | M22 | M35+ | | 00:44:01 | 04:13 |
| 26 | 0236 | Dreessen | Jill | F4 | F35- | ADD rongeren | 00:44:17 | 04:15 |
| 27 | 0258 | Byloos | Michael | M23 | M35+ | ZLTC | 00:44:19 | 04:15 |
| 28 | 6028 | Baerts | Chris | M24 | M45+ | Geen | 00:44:29 | 04:16 |
| 29 | 6107 | Vanschoonwinkel | Gwen | M25 | M35+ | Bokkerijderstear | 00:44:31 | 04:16 |
| 30 | 0215 | Rouffa | Jos | M26 | M55+ | | 00:44:33 | 04:17 |
| 31 | 0252 | Sampermans | Bart | M27 | M35+ | Dcla halen | 00:44:39 | 04:17 |
| 32 | 6006 | Zlocki | Nadja | F5 | F35+ | | 00:44:46 | 04:18 |
| 33 | 6047 | Buntinx | Johan | M28 | M45+ | | 00:44:52 | 04:18 |
| 34 | 0254 | Bosmans | Marc | M29 | M55+ | Brandweerpost B | 00:44:58 | 04:19 |
| 35 | 0259 | Leroy | Fabienne | F6 | F45+ | | 00:44:59 | 04:19 |
| 36 | 6140 | Van laer | Wim | M30 | M55+ | DCLA Halen | 00:45:16 | 04:21 |
| 37 | 6144 | Requilé | Philippe | M31 | M55+ | Bokkerijderstear | 00:45:23 | 04:21 |
| 38 | 6114 | Hiemeleers | Marc | M32 | M65+ | Ac Alken | 00:45:32 | 04:22 |

| Plats | Startnr | Nachname | Vorname | M/F | Kat | Club | Zeit | min/km |
|-------|---------|-----------------|----------|-----|------|------------------|----------|--------|
| 39 | 0237 | Debrus | Gert-Jan | M33 | M35- | Zltc | 00:45:51 | 04:24 |
| 40 | 6060 | slegers | werner | M34 | M55+ | | 00:46:08 | 04:26 |
| 41 | 6129 | Schevenels | Jarno | M35 | M35- | TACT | 00:46:25 | 04:27 |
| 42 | 0225 | stoumont | laure | F7 | F35+ | | 00:46:31 | 04:28 |
| 43 | 0241 | Coemans | Dave | M36 | M35- | | 00:47:09 | 04:32 |
| 44 | 6148 | Stas | Katrien | F8 | F45+ | DCLA Halen | 00:47:12 | 04:32 |
| 45 | 0222 | Strauven | Rudi | M37 | M55+ | Bolt. | 00:47:41 | 04:35 |
| 46 | 6143 | Vankrunkelsven | Leen | F9 | F55+ | DCLA-Halen | 00:47:45 | 04:35 |
| 47 | 6051 | Permentier | Gilbert | M38 | M55+ | | 00:47:46 | 04:35 |
| 48 | 6094 | Mechelmans | Tamara | F10 | F35+ | | 00:48:03 | 04:37 |
| 49 | 0244 | Vrancken | Linsey | F11 | F35+ | ZLT | 00:48:17 | 04:38 |
| 50 | 0243 | Pirlet | Raf | M39 | M45+ | ZLTC | 00:48:19 | 04:38 |
| 51 | 0229 | Vankrunkelsven | Christel | F12 | F55+ | VACH | 00:48:32 | 04:40 |
| 52 | 6069 | Verschueren | Frank | M40 | M55+ | Sacn | 00:48:53 | 04:42 |
| 53 | 6092 | Croughs | An | F13 | F35+ | Run TMC | 00:49:17 | 04:44 |
| 54 | 0205 | Pirs | Erwin | M41 | M45+ | | 00:49:30 | 04:45 |
| 55 | 0217 | Hoogeboom | Ronald | M42 | M45+ | | 00:49:35 | 04:46 |
| 56 | 0268 | Reyskens | Geert | M43 | M55+ | HSLC | 00:50:14 | 04:49 |
| 57 | 6128 | Wiertz | David | M44 | M45+ | Run TMC | 00:50:15 | 04:49 |
| 58 | 6122 | Broos | Bruno | M45 | M65+ | | 00:50:34 | 04:51 |
| 59 | 6096 | Pauwels | Jill | F14 | F35+ | GS Running Tea | 00:50:56 | 04:53 |
| 60 | 0250 | Claes | Michiel | M46 | M35- | CLAVABO | 00:50:58 | 04:54 |
| 61 | 0251 | Vandenborne | Ilse | F15 | F55+ | | 00:50:59 | 04:54 |
| 62 | 0226 | Smeets | Ronald | M47 | M55+ | | 00:51:08 | 04:55 |
| 63 | 0267 | Sandoval Rivera | Rod | M48 | M35+ | | 00:51:33 | 04:57 |
| 64 | 6151 | Slegers | Ayrton | M49 | M35- | | 00:52:12 | 05:01 |
| 65 | 6056 | Bauduin | Ianthe | F16 | F35- | Trenara | 00:52:28 | 05:02 |
| 66 | 6106 | Stroobants | Herman | M50 | M55+ | | 00:54:01 | 05:11 |
| 67 | 6172 | Luykx | Laurens | M51 | M55+ | Cold Play Sharks | 00:54:26 | 05:14 |
| 68 | 6066 | Tomsin | Ronny | M52 | M45+ | BFC - Hoeselt R | 00:54:43 | 05:15 |
| 69 | 6008 | Polders | Jos | M53 | M65+ | ACA | 00:55:44 | 05:21 |
| 70 | 0211 | Schols | Carmen | F17 | F45+ | | 00:55:54 | 05:22 |
| 71 | 0228 | Coenen | Wouter | M54 | M35+ | | 00:55:58 | 05:22 |
| 72 | 6113 | Schyvens | Griet | F18 | F35- | | 00:56:00 | 05:23 |
| 73 | 0200 | Requilé | Katrien | F19 | F45+ | Trenara | 00:56:08 | 05:23 |
| 74 | 6059 | Coenen | Kris | M55 | M35+ | bokkerijderstear | 00:56:23 | 05:25 |
| 75 | 6111 | Frankenne | Linda | F20 | F45+ | GS-Running Tea | 00:56:28 | 05:25 |
| 76 | 6014 | Vanheusden | Wim | M56 | M45+ | | 00:57:02 | 05:29 |
| 77 | 0238 | Holans | Dirk | M57 | M55+ | Vitamove | 00:57:03 | 05:29 |
| 78 | 6022 | Coenen | David | M58 | M45+ | | 00:57:10 | 05:29 |
| 79 | 6168 | Cabuy | Paula | F21 | F55+ | | 00:57:13 | 05:30 |
| 80 | 0212 | Parmentier | Johan | M59 | M55+ | ADD Tongeren | 00:58:01 | 05:34 |
| 81 | 0249 | SMIT | jan | M60 | M65+ | sv FRIESLAND | 00:59:06 | 05:40 |
| 82 | 0208 | Arets | Tamara | F22 | F45+ | | 00:59:21 | 05:42 |
| 83 | 6160 | loix | johnny | M61 | M55+ | | 00:59:41 | 05:44 |
| 84 | 6038 | Van Zand | Maja | F23 | F65+ | AC Alken | 01:00:25 | 05:48 |
| 85 | 0248 | Eijckmans | Eric | M62 | M55+ | | 01:01:30 | 05:54 |

| Plats | Startnr | Nachname | Vorname | M/F | Kat | Club | Zeit | min/km |
|-------|---------|------------------|---------|-----|------|------|----------|--------|
| 86 | 6005 | Vandenberghe | Eddy | M63 | M45+ | | 01:01:38 | 05:55 |
| 87 | 6015 | Swennen Groffils | Magali | F24 | F35+ | | 01:02:44 | 06:01 |
| 88 | 0245 | KRYSHMARU | VIKTOR | M64 | M55+ | | 01:11:10 | 06:50 |
| 89 | 0206 | Latet | Lenny | F25 | F35- | | 01:12:40 | 06:59 |
| 90 | 0207 | Van Bael | Geert | M65 | M45+ | | 01:12:41 | 06:59 |

10KM - Helpshopcup - Männer 35-

| Plats | Startnr | Nachname | Vorname | M/F | Kat | Club | Zeit | min/km |
|-------|---------|----------------|----------|-----|------|-----------------|----------|--------|
| 1 | 6145 | Van Asselbergh | Jorden | M1 | M35- | GS running team | 00:36:40 | 03:31 |
| 2 | 6084 | Scholts | Kylian | M2 | M35- | SQM running tea | 00:37:34 | 03:36 |
| 3 | 0239 | Demori | Julien | M3 | M35- | Dd team | 00:38:24 | 03:41 |
| 4 | 0242 | Neven | John | M4 | M35- | | 00:42:18 | 04:04 |
| 5 | 0263 | Mellemans | Robrecht | M5 | M35- | | 00:43:33 | 04:11 |
| 6 | 0237 | Debrus | Gert-Jan | M6 | M35- | Zltc | 00:45:51 | 04:24 |
| 7 | 6129 | Schevenels | Jarno | M7 | M35- | TACT | 00:46:25 | 04:27 |
| 8 | 0241 | Coemans | Dave | M8 | M35- | | 00:47:09 | 04:32 |
| 9 | 0250 | Claes | Michiel | M9 | M35- | CLAVABO | 00:50:58 | 04:54 |
| 10 | 6151 | Slegers | Ayrton | M10 | M35- | | 00:52:12 | 05:01 |

10KM - Helpshopcup - Männer 35+

| Plats | Startnr | Nachname | Vorname | M/F | Kat | Club | Zeit | min/km |
|-------|---------|-----------------|------------|-----|------|------------------|----------|--------|
| 1 | 0218 | Boden | Niki | M1 | M35+ | SQM running tea | 00:35:49 | 03:26 |
| 2 | 0235 | Rocks | Stephane | M2 | M35+ | DD team | 00:39:01 | 03:45 |
| 3 | 0266 | Noelmans | Bram | M3 | M35+ | | 00:39:18 | 03:46 |
| 4 | 0213 | Meyers | Wim | M4 | M35+ | | 00:39:23 | 03:47 |
| 5 | 0265 | SCHOLTS | BERT | M5 | M35+ | | 00:40:30 | 03:53 |
| 6 | 6173 | Stevens | Christophe | M6 | M35+ | ADD | 00:40:46 | 03:55 |
| 7 | 6030 | Hendricx | Jeroen | M7 | M35+ | Burchtlopers | 00:43:03 | 04:08 |
| 8 | 0256 | vitello | fabian | M8 | M35+ | | 00:44:01 | 04:13 |
| 9 | 0258 | Byloos | Michael | M9 | M35+ | ZLTC | 00:44:19 | 04:15 |
| 10 | 6107 | Vanschoonwinkel | Gwen | M10 | M35+ | Bokkerijderstear | 00:44:31 | 04:16 |
| 11 | 0252 | Sampermans | Bart | M11 | M35+ | Dcla halen | 00:44:39 | 04:17 |
| 12 | 0267 | Sandoval Rivera | Rod | M12 | M35+ | | 00:51:33 | 04:57 |
| 13 | 0228 | Coenen | Wouter | M13 | M35+ | | 00:55:58 | 05:22 |
| 14 | 6059 | Coenen | Kris | M14 | M35+ | bokkerijderstear | 00:56:23 | 05:25 |

10KM - Helpshopcup - Männer 45+

| Plats | Startnr | Nachname | Vorname | M/F | Kat | Club | Zeit | min/km |
|-------|---------|--------------|---------|-----|------|-------------------|----------|--------|
| 1 | 6027 | De Rooy | Andy | M1 | M45+ | Coyote sports tea | 00:37:12 | 03:34 |
| 2 | 6091 | Vossius | Peter | M2 | M45+ | SQM RUNNINGC | 00:37:18 | 03:35 |
| 3 | 6081 | Wouters | Chriske | M3 | M45+ | SQM RUNNINGC | 00:38:03 | 03:39 |
| 4 | 6046 | Vanden Bempt | Hans | M4 | M45+ | SQMrunningtaer | 00:38:19 | 03:41 |
| 5 | 0201 | Moermans | Gert | M5 | M45+ | Trenara | 00:40:12 | 03:51 |
| 6 | 0260 | Schepers | Stijn | M6 | M45+ | | 00:42:41 | 04:06 |
| 7 | 6028 | Baerts | Chris | M7 | M45+ | Geen | 00:44:29 | 04:16 |
| 8 | 6047 | Buntinx | Johan | M8 | M45+ | | 00:44:52 | 04:18 |
| 9 | 0243 | Pirlet | Raf | M9 | M45+ | ZLTC | 00:48:19 | 04:38 |
| 10 | 0205 | Pirs | Erwin | M10 | M45+ | | 00:49:30 | 04:45 |
| 11 | 0217 | Hoogeboom | Ronald | M11 | M45+ | | 00:49:35 | 04:46 |
| 12 | 6128 | Wiertz | David | M12 | M45+ | Run TMC | 00:50:15 | 04:49 |
| 13 | 6066 | Tomsin | Ronny | M13 | M45+ | BFC - Hoeselt R | 00:54:43 | 05:15 |
| 14 | 6014 | Vanheusden | Wim | M14 | M45+ | | 00:57:02 | 05:29 |
| 15 | 6022 | Coenen | David | M15 | M45+ | | 00:57:10 | 05:29 |
| 16 | 6005 | Vandenbergh | Eddy | M16 | M45+ | | 01:01:38 | 05:55 |
| 17 | 0207 | Van Bael | Geert | M17 | M45+ | | 01:12:41 | 06:59 |

10KM - Helpshopcup - Männer 55+

| Plats | Startnr | Nachname | Vorname | M/F | Kat | Club | Zeit | min/km |
|-------|---------|-------------|----------|-----|------|------------------|----------|--------|
| 1 | 0223 | Philippe | Patrick | M1 | M55+ | | 00:37:19 | 03:35 |
| 2 | 0264 | willems | dirk | M2 | M55+ | tact st.-Truiden | 00:40:50 | 03:55 |
| 3 | 0220 | Dekens | Danny | M3 | M55+ | Dcla Halen | 00:42:34 | 04:05 |
| 4 | 0215 | Rouffa | Jos | M4 | M55+ | | 00:44:33 | 04:17 |
| 5 | 0254 | Bosmans | Marc | M5 | M55+ | Brandweerpost B | 00:44:58 | 04:19 |
| 6 | 6140 | Van laer | Wim | M6 | M55+ | DCLA Halen | 00:45:16 | 04:21 |
| 7 | 6144 | Requilé | Philippe | M7 | M55+ | Bokkerijderstear | 00:45:23 | 04:21 |
| 8 | 6060 | slegers | werner | M8 | M55+ | | 00:46:08 | 04:26 |
| 9 | 0222 | Strauven | Rudi | M9 | M55+ | Bolt. | 00:47:41 | 04:35 |
| 10 | 6051 | Permentier | Gilbert | M10 | M55+ | | 00:47:46 | 04:35 |
| 11 | 6069 | Verschueren | Frank | M11 | M55+ | Sacn | 00:48:53 | 04:42 |
| 12 | 0268 | Reyskens | Geert | M12 | M55+ | HSLC | 00:50:14 | 04:49 |
| 13 | 0226 | Smeets | Ronald | M13 | M55+ | | 00:51:08 | 04:55 |
| 14 | 6106 | Stroobants | Herman | M14 | M55+ | | 00:54:01 | 05:11 |
| 15 | 6172 | Luykx | Laurens | M15 | M55+ | Cold Play Sharks | 00:54:26 | 05:14 |
| 16 | 0238 | Holans | Dirk | M16 | M55+ | Vitamove | 00:57:03 | 05:29 |
| 17 | 0212 | Parmentier | Johan | M17 | M55+ | ADD Tongeren | 00:58:01 | 05:34 |
| 18 | 6160 | loix | johnny | M18 | M55+ | | 00:59:41 | 05:44 |
| 19 | 0248 | Eijckmans | Eric | M19 | M55+ | | 01:01:30 | 05:54 |
| 20 | 0245 | KRYSHMARU | VIKTOR | M20 | M55+ | | 01:11:10 | 06:50 |

10KM - Helpshopcup - Männer 65+

| Plats | Startnr | Nachname | Vorname | M/F | Kat | Club | Zeit | min/km |
|-------|---------|------------|---------|-----|------|--------------|----------|--------|
| 1 | 6114 | Hiemeleers | Marc | M1 | M65+ | Ac Alken | 00:45:32 | 04:22 |
| 2 | 6122 | Broos | Bruno | M2 | M65+ | | 00:50:34 | 04:51 |
| 3 | 6008 | Polders | Jos | M3 | M65+ | ACA | 00:55:44 | 05:21 |
| 4 | 0249 | SMIT | jan | M4 | M65+ | sv FRIESLAND | 00:59:06 | 05:40 |

10KM - Helpshopcup - Frauen 35-

| Plats | Startnr | Nachname | Vorname | M/F | Kat | Club | Zeit | min/km |
|-------|---------|----------|---------|-----|------|--------------|----------|--------|
| 1 | 0240 | Lambotte | Manon | V1 | V35- | Ser Athl | 00:38:23 | 03:41 |
| 2 | 0236 | Dreessen | Jill | V2 | V35- | ADD rongeren | 00:44:17 | 04:15 |
| 3 | 6056 | Bauduin | Ianthe | V3 | V35- | Trenara | 00:52:28 | 05:02 |
| 4 | 6113 | Schyvens | Griet | V4 | V35- | | 00:56:00 | 05:23 |
| 5 | 0206 | Latet | Lenny | V5 | V35- | | 01:12:40 | 06:59 |

10KM - Helpshopcup - Frauen 35+

| Plats | Startnr | Nachname | Vorname | M/F | Kat | Club | Zeit | min/km |
|-------|---------|------------------|---------|-----|------|----------------|----------|--------|
| 1 | 0255 | Tosi | Irene | V1 | V35+ | DD Team | 00:39:00 | 03:45 |
| 2 | 6006 | Zlocki | Nadja | V2 | V35+ | | 00:44:46 | 04:18 |
| 3 | 0225 | stoumont | laure | V3 | V35+ | | 00:46:31 | 04:28 |
| 4 | 6094 | Mechelmans | Tamara | V4 | V35+ | | 00:48:03 | 04:37 |
| 5 | 0244 | Vrancken | Linsey | V5 | V35+ | ZLT | 00:48:17 | 04:38 |
| 6 | 6092 | Croughs | An | V6 | V35+ | Run TMC | 00:49:17 | 04:44 |
| 7 | 6096 | Pauwels | Jill | V7 | V35+ | GS Running Tea | 00:50:56 | 04:53 |
| 8 | 6015 | Swennen Groffils | Magali | V8 | V35+ | | 01:02:44 | 06:01 |

10KM - Helpshopcup - Frauen 45+

| Plats | Startnr | Nachname | Vorname | M/F | Kat | Club | Zeit | min/km |
|-------|---------|-----------|----------|-----|------|-----------------|----------|--------|
| 1 | 0233 | Host | Sandrine | V1 | V45+ | Absoluterun JOC | 00:37:57 | 03:38 |
| 2 | 0259 | Leroy | Fabienne | V2 | V45+ | | 00:44:59 | 04:19 |
| 3 | 6148 | Stas | Katrien | V3 | V45+ | DCLA Halen | 00:47:12 | 04:32 |
| 4 | 0211 | Schols | Carmen | V4 | V45+ | | 00:55:54 | 05:22 |
| 5 | 0200 | Requilé | Katrien | V5 | V45+ | Trenara | 00:56:08 | 05:23 |
| 6 | 6111 | Frankenne | Linda | V6 | V45+ | GS-Running Tea | 00:56:28 | 05:25 |
| 7 | 0208 | Arets | Tamara | V7 | V45+ | | 00:59:21 | 05:42 |

10KM - Helpshopcup - Frauen 55+

| Plats | Startnr | Nachname | Vorname | M/F | Kat | Club | Zeit | min/km |
|-------|---------|----------------|----------|-----|------|------------|----------|--------|
| 1 | 6143 | Vankrunkelsven | Leen | V1 | V55+ | DCLA-Halen | 00:47:45 | 04:35 |
| 2 | 0229 | Vankrunkelsven | Christel | V2 | V55+ | VACH | 00:48:32 | 04:40 |
| 3 | 0251 | Vandenborne | Ilse | V3 | V55+ | | 00:50:59 | 04:54 |
| 4 | 6168 | Cabuy | Paula | V4 | V55+ | | 00:57:13 | 05:30 |

10KM - Helpshopcup - Frauen 65+

| Plats | Startnr | Nachname | Vorname | M/F | Kat | Club | Zeit | min/km |
|-------|---------|----------|---------|-----|------|----------|----------|--------|
| 1 | 6038 | Van Zand | Maja | V1 | V65+ | AC Alken | 01:00:25 | 05:48 |