

Helpshopcup 10km - Gesamtwertung

Startzeit : 11-08-2025 20:31:52

Die Ergebnisse sind vollständig

Plats	Startnr	Nachname	Vorname	M/F	Kat	Club	Zeit	min/km
1	0065	Nulens	Sam	M1	M35+	Atla	00:35:32	03:21
2	0149	Theys	Kevin	M2	M35+	SQM runningtea	00:38:17	03:36
3	5075	Philippe	Patrick	M3	M55+	JiA	00:38:28	03:37
4	0166	Timmermans	Niky	M4	M35+	nee	00:38:32	03:38
5	0062	warnant	Leander	M5	M35+		00:38:36	03:38
6	5009	De Rooy	Andy	M6	M45+	Coyote sports tea	00:38:56	03:40
7	0154	maris	peter	M7	M55+	vach	00:39:05	03:41
8	0146	Minnart	Glenn	M8	M35-		00:39:15	03:42
9	5103	Vossius	Peter	M9	M45+	SQM RUNNINGC	00:39:19	03:42
10	0102	Visser	Sven	M10	M35-	Looise AV	00:39:44	03:44
11	5177	Ruymen	Wouter	M11	M35+	Ac Alken	00:39:52	03:45
12	5172	Wouters	Chriske	M12	M45+	SQM RUNNINGC	00:40:05	03:46
13	0171	Martens	Jonas	M13	M35-		00:40:16	03:47
14	0112	Sneyers	Jimmy	M14	M45+		00:40:32	03:49
15	0059	Hendrickx	Jens	M15	M35-		00:40:41	03:50
16	0068	Leunen	Jo	M16	M35+	Bokkerijderstea	00:41:33	03:55
17	0064	Etneo	Mario	M17	M45+	BFC Hoeselt run	00:41:47	03:56
18	0080	Timmermans	Sammy	M18	M55+	VACH	00:42:06	03:58
19	5041	Nguyen	Tien-Thanh	M19	M35+	Amsrunners	00:42:13	03:58
20	5102	Vanden Bempt	Hans	M20	M45+	SQMrunningtea	00:42:17	03:59
21	0043	Denekens	Yassine	M21	M35-		00:42:21	03:59
22	0066	Vanderleen	An-Katrien	F1	F35-		00:42:25	04:00
23	0164	santino	nicolas	M22	M35+		00:42:29	04:00
24	0128	Winnen	Jonas	M23	M35+		00:43:26	04:05
25	0162	Surkijn	Erik	M24	M55+	surkijn.erikgmai	00:43:29	04:06
26	0089	Ramaekers	Tim	M25	M35-	Bokkerijderstea	00:43:40	04:07
27	0050	D'AVELINO	MICHAEL	M26	M45+	SER ATHL	00:43:50	04:08
28	5053	Stijnen	David	M27	M45+	AC Alken	00:43:55	04:08
29	0078	Dekens	Danny	M28	M65+	Dcla Halen	00:44:02	04:09
30	5123	Santermans	Peter	M29	M45+		00:44:36	04:12
31	5028	Werckx	Ludo	M30	M65+	ACA	00:44:39	04:12
32	0070	Bart	Sampermans	M31	M35+	Dcla halen	00:44:48	04:13
33	5160	Schevenels	Jarno	M32	M35-	TACT	00:45:02	04:14
34	0079	Finoulst	Marc	M33	M55+		00:45:07	04:15
35	5014	Slegers	Werner	M34	M55+	GeTC	00:45:19	04:16
36	0121	Vanderstraeten	Wout	M35	M35-		00:45:20	04:16
37	0094	Boogaerts	Jens	M36	M35-		00:45:37	04:18
38	5124	Hiemeleers	Marc	M37	M65+	AC Alken	00:45:43	04:18

Plats	Startnr	Nachname	Vorname	M/F	Kat	Club	Zeit	min/km
39	0163	Jans	Bart	M38	M55+		00:45:51	04:19
40	5074	Philippe - Stoumont	Laure	F2	F35+	JiA	00:45:55	04:19
41	5153	Raskin	Lode	M39	M55+	GS Running Tea	00:46:12	04:21
42	5157	Thys	Ronny	M40	M55+	Vach	00:46:23	04:22
43	5104	Rubens	Glenn	M41	M35-		00:46:32	04:23
44	0057	Foerier	Jan	M42	M35+		00:46:39	04:24
45	5185	Pauwels	Jill	F3	F35+	GS Running Tea	00:47:01	04:26
46	0082	Hollants	JP	M43	M45+	VACH	00:47:04	04:26
47	5035	Wouters	Bart	M44	M45+	BFC	00:47:22	04:28
48	0167	Oeyen	Greet	F4	F45+	DCLA Halen	00:47:24	04:28
49	0077	Finoulst	Emilie	F5	F35-	RCT Team Joeri	00:47:29	04:28
50	0075	Heeren	Egon	M45	M35+		00:47:32	04:29
51	5056	Verschueren	Frank	M46	M65+	SACN	00:48:00	04:31
52	0159	Claes	Maxim	M47	M35-	Praktijk2Recover	00:48:05	04:32
53	0155	Vavedin	Jan	M48	M35+	Praktijk2Recover	00:48:10	04:32
54	0073	Botten	Xander	M49	M35-	Basket Nieuwerk	00:48:11	04:32
55	0111	Ruymen	Jo	M50	M35+	Beerrunners	00:48:17	04:33
56	0161	Wintmolders	Cindy	F6	F45+		00:48:32	04:34
57	5010	Slegers	Ayrton	M51	M35-		00:48:58	04:37
58	0137	Van de Velde	Anthony	M52	M45+		00:49:15	04:38
59	0169	vanderlinden	loes	F7	F35-		00:49:31	04:40
60	0072	Achten	Jeroen	M53	M35+		00:49:43	04:41
61	0081	Knapen	Griet	F8	F45+	VACH	00:49:53	04:42
62	0168	Appeltans	Jo	M54	M45+		00:50:10	04:43
63	0095	Torsin	Joren	M55	M35-		00:51:13	04:49
64	0041	Pirs	Erwin	M56	M45+		00:51:24	04:50
65	0093	Carlens	Stef	M57	M35-		00:51:34	04:51
66	0170	Maris	Evert	M58	M35+	Road runners Ha	00:51:46	04:53
67	5052	Moons	Lydia	F9	F55+		00:51:48	04:53
68	0156	Vranckx	Benoit	M59	M65+		00:51:57	04:54
69	0135	Rems	Geert	M60	M55+		00:52:03	04:54
70	5166	Diels	Lenny	M61	M35-		00:52:34	04:57
71	0049	Gressens	Rémy	M62	M35-		00:52:49	04:58
72	5125	Dasque	Roos	F10	F35+	Dcla Halen	00:53:29	05:02
73	0092	Boogaerts	Bo	M63	M35-		00:54:03	05:05
74	0122	Vanstraelen	Rudi	M64	M65+		00:55:11	05:12
75	0153	Polders	Kevin	M65	M45+	Road Runners	00:55:21	05:13
76	0147	Johan	Schepers	M66	M55+		00:55:39	05:15
77	0063	Doclot	Lesley	M67	M45+	Bende van U	00:55:39	05:15
78	0048	Graulius	Jelle	M68	M35-	TACT	00:56:24	05:19
79	5083	Grosemans	Michelle	F11	F45+		00:56:28	05:19
80	5051	Coenen	Wouter	M69	M35+		00:57:35	05:25
81	5088	Philippaerts	Greta	F12	F55+	ACAlken	00:58:07	05:28
82	5037	Cammaerts	Bart	M70	M45+		00:58:29	05:31
83	0165	Salamone	Calogero	M71	M55+		00:59:12	05:35
84	5013	Coenen	Kris	M72	M35+	bokkerijdersteam	01:00:57	05:45
85	0055	Vanheusden	Stany	M73	M55+		01:01:53	05:50

Plats	Startnr	Nachname	Vorname	M/F	Kat	Club	Zeit	min/km
86	5079	Hiemeleers	Sharon	F13	F35+	AC Alken	01:02:18	05:52
87	0076	Hiemeleers	Queeny	F14	F35-		01:02:18	05:52
88	5022	Coenen	David	M74	M45+		01:03:00	05:56
89	0157	Holtappels	Sofie	F15	F35-	Triathlon 4P	01:05:12	06:09
90	0158	Jans	Shana	F16	F35-		01:05:12	06:09
91	0069	Dupont	Jan	M75	M65+		01:05:53	06:12
92	5096	Swennen Groffils	Magali	F17	F45+		01:06:16	06:15
93	0051	Guedens	Toke	F18	F35-		01:07:54	06:24
94	0053	Croes	Wendy	F19	F35+		01:09:49	06:35
95	0052	Frare	Elena	F20	F35-		01:20:49	07:37

Helpshopcup 10km - Männer 35-

Plats	Startnr	Nachname	Vorname	M/F	Kat	Club	Zeit	min/km
1	0146	Minnart	Glenn	M1	M35-		00:39:15	03:42
2	0102	Vissers	Sven	M2	M35-	Looise AV	00:39:44	03:44
3	0171	Martens	Jonas	M3	M35-		00:40:16	03:47
4	0059	Hendrickx	Jens	M4	M35-		00:40:41	03:50
5	0043	Denekens	Yassine	M5	M35-		00:42:21	03:59
6	0089	Ramaekers	Tim	M6	M35-	Bokkerijderstea	00:43:40	04:07
7	5160	Schevenels	Jarno	M7	M35-	TACT	00:45:02	04:14
8	0121	Vanderstraeten	Wout	M8	M35-		00:45:20	04:16
9	0094	Boogaerts	Jens	M9	M35-		00:45:37	04:18
10	5104	Rubens	Glenn	M10	M35-		00:46:32	04:23
11	0159	Claes	Maxim	M11	M35-	Praktijk2Recover	00:48:05	04:32
12	0073	Botten	Xander	M12	M35-	Basket Nieuwerk	00:48:11	04:32
13	5010	Slegers	Ayrton	M13	M35-		00:48:58	04:37
14	0095	Torsin	Joren	M14	M35-		00:51:13	04:49
15	0093	Carlens	Stef	M15	M35-		00:51:34	04:51
16	5166	Diels	Lenny	M16	M35-		00:52:34	04:57
17	0049	Gressens	Rémy	M17	M35-		00:52:49	04:58
18	0092	Boogaerts	Bo	M18	M35-		00:54:03	05:05
19	0048	Graulius	Jelle	M19	M35-	TACT	00:56:24	05:19

Helpshopcup 10km - Männer 35+

Plats	Startnr	Nachname	Vorname	M/F	Kat	Club	Zeit	min/km
1	0065	Nulens	Sam	M1	M35+	Atla	00:35:32	03:21
2	0149	Theys	Kevin	M2	M35+	SQM runningtea	00:38:17	03:36
3	0166	Timmermans	Niky	M3	M35+	nee	00:38:32	03:38
4	0062	warnant	Leander	M4	M35+		00:38:36	03:38
5	5177	Ruymen	Wouter	M5	M35+	Ac Alken	00:39:52	03:45
6	0068	Leunen	Jo	M6	M35+	Bokkerijderstea	00:41:33	03:55
7	5041	Nguyen	Tien-Thanh	M7	M35+	Amsrunners	00:42:13	03:58
8	0164	santino	nicolas	M8	M35+		00:42:29	04:00
9	0128	Winnen	Jonas	M9	M35+		00:43:26	04:05
10	0070	Bart	Sampermans	M10	M35+	Dcla halen	00:44:48	04:13
11	0057	Foerier	Jan	M11	M35+		00:46:39	04:24
12	0075	Heeren	Egon	M12	M35+		00:47:32	04:29
13	0155	Vavedin	Jan	M13	M35+	Praktijk2Recover	00:48:10	04:32
14	0111	Ruymen	Jo	M14	M35+	Beerrunners	00:48:17	04:33
15	0072	Achten	Jeroen	M15	M35+		00:49:43	04:41
16	0170	Maris	Evert	M16	M35+	Road runners Ha	00:51:46	04:53
17	5051	Coenen	Wouter	M17	M35+		00:57:35	05:25
18	5013	Coenen	Kris	M18	M35+	bokkerijderstea	01:00:57	05:45

Helpshopcup 10km - Männer 45+

Plats	Startnr	Nachname	Vorname	M/F	Kat	Club	Zeit	min/km
1	5009	De Rooy	Andy	M1	M45+	Coyote sports tea	00:38:56	03:40
2	5103	Vossius	Peter	M2	M45+	SQM RUNNING	00:39:19	03:42
3	5172	Wouters	Chriske	M3	M45+	SQM RUNNING	00:40:05	03:46
4	0112	Sneyers	Jimmy	M4	M45+		00:40:32	03:49
5	0064	Etneo	Mario	M5	M45+	BFC Hoeselt run	00:41:47	03:56
6	5102	Vanden Bempt	Hans	M6	M45+	SQMrunningtear	00:42:17	03:59
7	0050	D'AVELINO	MICHAEL	M7	M45+	SER ATHL	00:43:50	04:08
8	5053	Stijnen	David	M8	M45+	AC Alken	00:43:55	04:08
9	5123	Santermans	Peter	M9	M45+		00:44:36	04:12
10	0082	Hollants	JP	M10	M45+	VACH	00:47:04	04:26
11	5035	Wouters	Bart	M11	M45+	BFC	00:47:22	04:28
12	0137	Van de Velde	Anthony	M12	M45+		00:49:15	04:38
13	0168	Appeltans	Jo	M13	M45+		00:50:10	04:43
14	0041	Pirs	Erwin	M14	M45+		00:51:24	04:50
15	0153	Polders	Kevin	M15	M45+	Road Runners	00:55:21	05:13
16	0063	Doclot	Lesley	M16	M45+	Bende van U	00:55:39	05:15
17	5037	Cammaerts	Bart	M17	M45+		00:58:29	05:31
18	5022	Coenen	David	M18	M45+		01:03:00	05:56

Helpshopcup 10km - Männer 55+

Plats	Startnr	Nachname	Vorname	M/F	Kat	Club	Zeit	min/km
1	5075	Philippe	Patrick	M1	M55+	JiA	00:38:28	03:37
2	0154	maris	peter	M2	M55+	vach	00:39:05	03:41
3	0080	Timmermans	Sammy	M3	M55+	VACH	00:42:06	03:58
4	0162	Surkijn	Erik	M4	M55+	surkijn.erikgmail	00:43:29	04:06
5	0079	Finoulst	Marc	M5	M55+		00:45:07	04:15
6	5014	Slegers	Werner	M6	M55+	GeTC	00:45:19	04:16
7	0163	Jans	Bart	M7	M55+		00:45:51	04:19
8	5153	Raskin	Lode	M8	M55+	GS Running Tea	00:46:12	04:21
9	5157	Thys	Ronny	M9	M55+	Vach	00:46:23	04:22
10	0135	Rems	Geert	M10	M55+		00:52:03	04:54
11	0147	Johan	Schepers	M11	M55+		00:55:39	05:15
12	0165	Salamone	Calogero	M12	M55+		00:59:12	05:35
13	0055	Vanheusden	Stany	M13	M55+		01:01:53	05:50

Helpshopcup 10km - Männer 65+

Plats	Startnr	Nachname	Vorname	M/F	Kat	Club	Zeit	min/km
1	0078	Dekens	Danny	M1	M65+	Dcla Halen	00:44:02	04:09
2	5028	Werckx	Ludo	M2	M65+	ACA	00:44:39	04:12
3	5124	Hiemeleers	Marc	M3	M65+	AC Alken	00:45:43	04:18
4	5056	Verschueren	Frank	M4	M65+	SACN	00:48:00	04:31
5	0156	Vranckx	Benoit	M5	M65+		00:51:57	04:54
6	0122	Vanstraelen	Rudi	M6	M65+		00:55:11	05:12
7	0069	Dupont	Jan	M7	M65+		01:05:53	06:12

Helpshopcup 10km - Frauen 35-

Plats	Startnr	Nachname	Vorname	M/F	Kat	Club	Zeit	min/km
1	0066	Vanderleen	An-Katrien	V1	V35-		00:42:25	04:00
2	0077	Finoulst	Emilie	V2	V35-	RCT Team Joeri	00:47:29	04:28
3	0169	vanderlinden	loes	V3	V35-		00:49:31	04:40
4	0076	Hiemeleers	Queeny	V4	V35-		01:02:18	05:52
5	0157	Holtappels	Sofie	V5	V35-	Triathlon 4P	01:05:12	06:09
6	0158	Jans	Shana	V6	V35-		01:05:12	06:09
7	0051	Guedens	Toke	V7	V35-		01:07:54	06:24
8	0052	Frare	Elena	V8	V35-		01:20:49	07:37

Helpshopcup 10km - Frauen 35+

Plats	Startnr	Nachname	Vorname	M/F	Kat	Club	Zeit	min/km
1	5074	Philippe - Stoumont	Laure	V1	V35+	JiA	00:45:55	04:19
2	5185	Pauwels	Jill	V2	V35+	GS Running Tea	00:47:01	04:26
3	5125	Dasque	Roos	V3	V35+	Dcla Halen	00:53:29	05:02
4	5079	Hiemeleers	Sharon	V4	V35+	AC Alken	01:02:18	05:52
5	0053	Croes	Wendy	V5	V35+		01:09:49	06:35

Helpshopcup 10km - Frauen 45+

Plats	Startnr	Nachname	Vorname	M/F	Kat	Club	Zeit	min/km
1	0167	Oeyen	Greet	V1	V45+	DCLA Halen	00:47:24	04:28
2	0161	Wintolders	Cindy	V2	V45+		00:48:32	04:34
3	0081	Knapen	Griet	V3	V45+	VACH	00:49:53	04:42
4	5083	Grosemans	Michelle	V4	V45+		00:56:28	05:19
5	5096	Swennen Groffils	Magali	V5	V45+		01:06:16	06:15

Helpshopcup 10km - Frauen 55+

Plats	Startnr	Nachname	Vorname	M/F	Kat	Club	Zeit	min/km
1	5052	Moons	Lydia	V1	V55+		00:51:48	04:53
2	5088	Philippaerts	Greta	V2	V55+	ACAAlken	00:58:07	05:28

Helpshopcup 10km - Frauen 65+

Plats	Startnr	Nachname	Vorname	M/F	Kat	Club	Zeit	min/km
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