



Lenterun Heers 5KM - Algemene rangschikking

Startuur : 29-03-2026 09:30:19

Uitslag is volledig

Rang	Borstnr	Achternaam	Voornaam	M/V	Cat	Club	Tijd	min/km
1	0127	Simons	Wouter	M1	M35-	4P	00:15:26	03:05
2	0233	Vitello	Laurent	M2	M35+	MJ SPORT	00:16:06	03:13
3	7025	Slegers	Jonas	M3	M35+	GS Running Tea	00:16:09	03:13
4	0116	Mouling	Stan	M4	M35-	Add	00:16:17	03:15
5	0191	Janssen	Bono	M5	M35-	Macd	00:16:25	03:17
6	0236	Provo	Sander	M6	M35-	BFC	00:16:39	03:19
7	7070	Jeuris	Jef	M7	M35+	JJ Happy Run Co	00:17:12	03:26
8	7000	De Rooy	Andy	M8	M45+	Coyote sports tea	00:17:30	03:30
9	7075	Gelade	Kobe	M9	M35-		00:17:34	03:30
10	0089	Jacobs	Xander	M10	M35-		00:17:37	03:31
11	7123	Koopmans	michaël	M11	M35-	ODB	00:17:39	03:31
12	7152	Decoster	Steven	M12	M55+		00:17:49	03:33
13	0197	Decoster	Jelle	M13	M35-		00:17:50	03:34
14	7072	Slegers	Peter	M14	M55+	JMT Mol	00:18:01	03:36
15	7096	Sonck	Ruth	V1	V35+	Sqm Running tea	00:18:08	03:37
16	0122	Paps	Bo	V2	V35-		00:18:09	03:37
17	0084	Arckens	Geert	M15	M35+	ADD Tongeren -	00:18:12	03:38
18	0093	Vanstraelen	Edouard	M16	M35-		00:18:20	03:40
19	0244	Ruth	David	M17	M45+		00:18:28	03:41
20	0074	De Doncker	Lukas	M18	M35-	ZLTC	00:18:30	03:42
21	0232	tosì	irene	V3	V35+	mj sport	00:18:42	03:44
22	0234	vitello	fabian	M19	M35+	les pasteques	00:18:43	03:44
23	0092	Houbrechts	Tom	M20	M35+	Hoeselt run	00:18:55	03:47
24	0095	Jans	Jorne	M21	M35-	Beweeg Meer	00:18:58	03:47
25	0102	Billen	Rutger	M22	M35+	JJ	00:19:02	03:48
26	7162	Verhemeldonck	Gino	M23	M45+	DCLA Halen	00:19:05	03:49
27	0101	Schoubben	Dries	M24	M35+	ACA BFC	00:19:10	03:50
28	7076	Gelade	Roeland	M25	M45+		00:19:11	03:50
29	0200	Jacobs	Jesse	M26	M35-	ZLTC	00:19:12	03:50
30	7067	Drion	Daniel	M27	M45+	DCLA Halen	00:19:22	03:52
31	0083	Rouvrois	Mats	M28	M35-		00:19:31	03:54
32	7141	Vrancken	Lucas	M29	M35-	Bokkerijderstear	00:19:33	03:54
33	7119	Wolfs	Michel	M30	M55+	Gs running team	00:19:34	03:54
34	0203	Pipeleers	Jasper	M31	M35-	Zltc	00:19:39	03:55
35	0091	Banken	Tijs	M32	M35-	ZLTC	00:19:51	03:58
36	0076	Lybeer	Jonathan	M33	M35-	RCT	00:20:12	04:02
37	0099	Scholts	Tibe	M34	M35-	AC Alken	00:20:17	04:03
38	7138	Vandermaesen	Ivo	M35	M65+	DCLA-Halen	00:20:21	04:04

Rang	Borstnr	Achternaam	Voornaam	M/V	Cat	Club	Tijd	min/km
39	7048	Vanschoonwinkel	Gwen	M36	M45+	Bokkerijderstean	00:20:23	04:04
40	7109	Foets	Olivier	M37	M35+		00:20:38	04:07
41	0085	Van Poucke	Ilja	M38	M35-		00:20:41	04:08
42	7024	Pirs	Erwin	M39	M45+		00:20:53	04:10
43	0090	Jacobs	Roel	M40	M45+	Seroto	00:21:01	04:12
44	7132	Finoulst	Marc	M41	M65+		00:21:03	04:12
45	7140	Biesmans	Jochen	M42	M45+		00:21:05	04:13
46	7020	Heeren	Egon	M43	M35+		00:21:06	04:13
47	0229	Pipeleers	Kevin	M44	M35+		00:21:11	04:14
48	7040	Royen	Fien	V4	V35-	ADD Tongeren	00:21:13	04:14
49	0104	Hollants	JP	M45	M45+	VACH	00:21:21	04:16
50	0075	doms	stijn	M46	M35+	Hogense loop	00:21:28	04:17
51	0096	Jooken	Axl	M47	M35-	AC Alken	00:21:36	04:19
52	7139	Sluysmans	Isabella	V5	V45+		00:21:41	04:20
53	7082	Croughs	An	V6	V45+		00:21:49	04:21
54	7129	RENAERS	Pieter	M48	M35+		00:21:59	04:23
55	0246	Lenaerts	Marc	M49	M35+		00:22:00	04:24
56	7031	Ruelens	Peter	M50	M55+	JMT	00:22:03	04:24
57	7049	Vanschoonwinkel	Kyra	V7	V35-	ADD	00:22:04	04:24
58	7074	Luts	Daniël	M51	M65+	DCLA Halen	00:22:09	04:25
59	7084	Wiertz	David	M52	M45+	Run TMC	00:22:15	04:27
60	7012	Verschueren	Frank	M53	M65+		00:22:22	04:28
61	0196	pelgrims	Edouard	M54	M65+	Aca alken	00:22:27	04:29
62	7124	Steegen	Kevin	M55	M35-		00:22:31	04:30
63	7036	Scheepers	Luk	M56	M45+	Hoeselt run	00:22:33	04:30
64	7068	broos	bruno	M57	M65+		00:22:35	04:31
65	0081	Stas	Anouk	V8	V45+	Jekkermeisters	00:22:38	04:31
66	7156	Vanschooren	Kristof	M58	M35+		00:22:55	04:35
67	7071	Swerts	Lennert	M59	M35-	Bokkerijderstean	00:22:57	04:35
68	0082	Lemmens	Amélie	V9	V35-		00:22:57	04:35
69	7055	Kuenen	Sagia	V10	V35+		00:23:07	04:37
70	0114	DEPRE	Jan	M60	M55+		00:23:12	04:38
71	0241	Courant	Ruben	M61	M35-		00:23:18	04:39
72	7091	Van den Rul	Veerle	V11	V35+		00:23:20	04:40
73	7005	Hasevoets	Hagen	M62	M35+	Champagne Squa	00:23:34	04:42
74	0117	Goris	Marc	M63	M55+	LGB	00:23:43	04:44
75	7094	Morhaye	Peter	M64	M55+		00:23:51	04:46
76	7054	Briers	Gerry	M65	M45+	Bokkerijderstean	00:23:53	04:46
77	0187	Beauduin	Ary	M66	M35-		00:24:11	04:50
78	0188	Beauduin	Arnaud	M67	M35+		00:24:11	04:50
79	7122	Dusart	Wesley	M68	M35+		00:24:13	04:50
80	7006	Beliën	Eline	V12	V35+	Champagne squa	00:24:18	04:51
81	7100	Sterken	Renata	V13	V55+	AVT	00:24:19	04:51
82	7080	Coenen	Wouter	M69	M35+		00:24:35	04:55
83	0186	Reyskens	Geert	M70	M55+	HSLC	00:24:50	04:58
84	7014	Scholts	Anneleen	V14	V35+	Champagne squa	00:25:12	05:02
85	0237	Goffin	Lore	V15	V35-	Hoeselt run	00:25:15	05:03

Rang	Borstnr	Achternaam	Voornaam	M/V	Cat	Club	Tijd	min/km
86	7116	Massonet	Marleen	V16	V45+	Bokkerijderstea	00:25:24	05:04
87	0111	Van Baelen	Gijs	M71	M35-		00:25:26	05:05
88	7013	Cambré	Sandra	V17	V45+	Coyote Sports Te	00:25:35	05:07
89	0192	Smets	Achilles	M72	M35-	KVV zepp bru	00:25:37	05:07
90	7062	Polders	Jos	M73	M65+	ACA	00:25:40	05:08
91	7053	Coenen	Kris	M74	M35+	Bokkerijderstea	00:25:52	05:10
92	0126	Boeykens	Merel	V18	V35-		00:25:59	05:11
93	0124	Vanacker	Carolien	V19	V45+		00:26:04	05:12
94	0123	Claes	Cedric	M75	M45+		00:26:05	05:13
95	0106	Heeren	Elias	M76	M35-	Tact	00:26:11	05:14
96	0125	Wouters	Ken	M77	M35-		00:26:28	05:17
97	0109	Van Thielen	Emile	M78	M35-		00:26:34	05:18
98	7018	Smet	Anthony	M79	M65+	Dcla Halen	00:26:40	05:20
99	7011	Tomsin	Ronny	M80	M45+	BFC Hoeselt Ru	00:27:03	05:24
100	0118	Clijmans	Mia	V20	V55+	LGB	00:27:40	05:32
101	7161	Vanschoonwinkel	Noa	V21	V35-	ADD	00:27:43	05:32
102	7046	Bodson	Dominique	V22	V55+	RRH	00:27:45	05:33
103	0108	Vandersmissen	Maxime	M81	M35-		00:27:48	05:33
104	0190	Smets	Guus	M82	M35-	KVV zepp bru	00:27:52	05:34
105	0115	Neven	Morris	M83	M35-	Add Tongeren	00:27:55	05:35
106	7008	Remans	Tom	M84	M35+	Bokkerijderstea	00:27:57	05:35
107	7028	Lenaers	Isa	V23	V45+		00:28:05	05:37
108	7113	Payne	Dimitri	M85	M35+		00:28:13	05:38
109	7029	Smets	Dominique	M86	M45+		00:28:18	05:39
110	0238	Hauspie	Tiffany	V24	V35+	nee	00:28:23	05:40
111	7150	Daniels	Robin	M87	M35+		00:28:32	05:42
112	0107	Willekens	Jordi	M88	M35+		00:28:39	05:43
113	0105	Ranselaar	Maartje	V25	V45+		00:29:01	05:48
114	0098	Stulens	Alex	M89	M65+		00:29:09	05:49
115	0100	Van Espen	Els	V26	V35+		00:29:14	05:50
116	0103	Biesmans	An-Sofie	V27	V35+	HoeseltRun	00:29:22	05:52
117	0120	Buntinx	August	M90	M35-		00:29:39	05:55
118	0242	Inge	Houben	V28	V35+		00:29:45	05:57
119	0071	Haesaerts	Sarah	V29	V45+		00:29:56	05:59
120	7043	Massot	Sens	M91	M35-		00:30:00	06:00
121	7032	Plevoets	Henriette	V30	V65+	Bokkerijders tea	00:30:14	06:02
122	7033	Vanschoonwinkel	Georges	M92	M65+	Bokkenrijders Te	00:30:14	06:02
123	0119	Buntinx	Peter	M93	M45+		00:30:26	06:05
124	0088	Delcour	Stefanie	V31	V35+		00:30:28	06:05
125	0225	Theunis	Lucy	V32	V35-		00:30:45	06:09
126	0227	Delcour	Pauline	V33	V35-	Geen	00:30:45	06:09
127	0195	bodson	walter	M94	M55+		00:30:48	06:09
128	0121	Jansen	Heidi	V34	V55+		00:31:01	06:12
129	7107	Houben	Wendy	V35	V65+	Atletiek Maastric	00:32:22	06:28
130	0240	Poelmans	Noella	V36	V45+	Hoeselt run	00:32:51	06:34
131	0078	Lijster	Isabella	V37	V35-		00:32:56	06:35
132	0086	Casters	Manon	V38	V35-		00:32:59	06:35

Rang	Borstnr	Achternaam	Voornaam	M/V	Cat	Club	Tijd	min/km
133	0087	Gregoire	Stien	V39	V35-		00:32:59	06:35
134	0110	Van Baelen	Geike	V40	V35-		00:33:05	06:37
135	0231	HAMERS	HARRIE	M95	M65+	NEEN	00:33:17	06:39
136	0077	Bikkembergs	Hanke	V41	V35-		00:33:24	06:40
137	7037	Maes	Nadine	V42	V65+	Bokkerijders We	00:33:42	06:44
138	7158	Put	Stefanie	V43	V35+		00:33:59	06:47
139	7001	Smets	Linda	V44	V55+	Jèls Leup - Elst I	00:34:55	06:59
140	0094	Gallace	Nicole	V45	V45+		00:37:04	07:24
141	7041	Cloosen	Liesbeth	V46	V45+		00:37:36	07:31
142	0113	Kwanten	Lucas	M96	M65+	geen	00:38:00	07:36
143	0070	Verheyen	Catherine	V47	V45+		00:38:12	07:38
144	7060	Roosen	Leo	M97	M65+	zac zonhoven	00:38:48	07:45
145	7009	Tielen	Wendy	V48	V35+	Bokkerijderstear	00:38:57	07:47
146	0228	asnong	indra	V49	V35+		00:41:33	08:18

Lenterun Heers 5KM - Mannen 35-

Rang	Borstnr	Achternaam	Voornaam	M/V	Cat	Club	Tijd	min/km
1	0127	Simons	Wouter	M1	M35-	4P	00:15:26	03:05
2	0116	Mouling	Stan	M2	M35-	Add	00:16:17	03:15
3	0191	Janssen	Bono	M3	M35-	Macd	00:16:25	03:17
4	0236	Provo	Sander	M4	M35-	BFC	00:16:39	03:19
5	7075	Gelade	Kobe	M5	M35-		00:17:34	03:30
6	0089	Jacobs	Xander	M6	M35-		00:17:37	03:31
7	7123	Koopmans	michaël	M7	M35-	ODB	00:17:39	03:31
8	0197	Decoster	Jelle	M8	M35-		00:17:50	03:34
9	0093	Vanstraelen	Edouard	M9	M35-		00:18:20	03:40
10	0074	De Doncker	Lukas	M10	M35-	ZLTC	00:18:30	03:42
11	0095	Jans	Jorne	M11	M35-	Beweeg Meer	00:18:58	03:47
12	0200	Jacobs	Jesse	M12	M35-	ZLTC	00:19:12	03:50
13	0083	Rouvrois	Mats	M13	M35-		00:19:31	03:54
14	7141	Vrancken	Lucas	M14	M35-	Bokkerijderstean	00:19:33	03:54
15	0203	Pipeleers	Jasper	M15	M35-	Zltc	00:19:39	03:55
16	0091	Banken	Tijs	M16	M35-	ZLTC	00:19:51	03:58
17	0076	Lybeer	Jonathan	M17	M35-	RCT	00:20:12	04:02
18	0099	Scholts	Tibe	M18	M35-	AC Alken	00:20:17	04:03
19	0085	Van Poucke	Ilja	M19	M35-		00:20:41	04:08
20	0096	Jooken	Axl	M20	M35-	AC Alken	00:21:36	04:19
21	7124	Steegen	Kevin	M21	M35-		00:22:31	04:30
22	7071	Swerts	Lennert	M22	M35-	Bokkerijderstean	00:22:57	04:35
23	0241	Courant	Ruben	M23	M35-		00:23:18	04:39
24	0187	Beauduin	Ary	M24	M35-		00:24:11	04:50
25	0111	Van Baelen	Gijs	M25	M35-		00:25:26	05:05
26	0192	Smets	Achilles	M26	M35-	KVV zepp bru	00:25:37	05:07
27	0106	Heeren	Elias	M27	M35-	Tact	00:26:11	05:14
28	0125	Wouters	Ken	M28	M35-		00:26:28	05:17
29	0109	Van Thielen	Emile	M29	M35-		00:26:34	05:18
30	0108	Vandersmissen	Maxime	M30	M35-		00:27:48	05:33
31	0190	Smets	Guus	M31	M35-	KVV zepp bru	00:27:52	05:34
32	0115	Neven	Morris	M32	M35-	Add Tongeren	00:27:55	05:35
33	0120	Buntinx	August	M33	M35-		00:29:39	05:55
34	7043	Massot	Sens	M34	M35-		00:30:00	06:00

Lenterun Heers 5KM - Mannen 35+

Rang	Borstnr	Achternaam	Voornaam	M/V	Cat	Club	Tijd	min/km
1	0233	Vitello	Laurent	M1	M35+	MJ SPORT	00:16:06	03:13
2	7025	Slegers	Jonas	M2	M35+	GS Running Tea	00:16:09	03:13
3	7070	Jeuris	Jef	M3	M35+	JJ Happy Run Co	00:17:12	03:26
4	0084	Arckens	Geert	M4	M35+	ADD Tongeren -	00:18:12	03:38
5	0234	vitello	fabian	M5	M35+	les pasteques	00:18:43	03:44
6	0092	Houbrechts	Tom	M6	M35+	Hoeselt run	00:18:55	03:47
7	0102	Billen	Rutger	M7	M35+	JJ	00:19:02	03:48
8	0101	Schoubben	Dries	M8	M35+	ACA BFC	00:19:10	03:50
9	7109	Foets	Olivier	M9	M35+		00:20:38	04:07
10	7020	Heeren	Egon	M10	M35+		00:21:06	04:13
11	0229	Pipeleers	Kevin	M11	M35+		00:21:11	04:14
12	0075	doms	stijn	M12	M35+	Hogense loop	00:21:28	04:17
13	7129	RENAERS	Pieter	M13	M35+		00:21:59	04:23
14	0246	Lenaerts	Marc	M14	M35+		00:22:00	04:24
15	7156	Vanschooren	Kristof	M15	M35+		00:22:55	04:35
16	7005	Hasevoets	Hagen	M16	M35+	Champagne Squa	00:23:34	04:42
17	0188	Beauduin	Arnaud	M17	M35+		00:24:11	04:50
18	7122	Dusart	Wesley	M18	M35+		00:24:13	04:50
19	7080	Coenen	Wouter	M19	M35+		00:24:35	04:55
20	7053	Coenen	Kris	M20	M35+	Bokkerijderstear	00:25:52	05:10
21	7008	Remans	Tom	M21	M35+	Bokkerijderstear	00:27:57	05:35
22	7113	Payne	Dimitri	M22	M35+		00:28:13	05:38
23	7150	Daniels	Robin	M23	M35+		00:28:32	05:42
24	0107	Willekens	Jordi	M24	M35+		00:28:39	05:43

Lenterun Heers 5KM - Mannen 45+

Rang	Borstnr	Achternaam	Voornaam	M/V	Cat	Club	Tijd	min/km
1	7000	De Rooy	Andy	M1	M45+	Coyote sports tea	00:17:30	03:30
2	0244	Ruth	David	M2	M45+		00:18:28	03:41
3	7162	Verhemeldonck	Gino	M3	M45+	DCLA Halen	00:19:05	03:49
4	7076	Gelade	Roeland	M4	M45+		00:19:11	03:50
5	7067	Drion	Daniel	M5	M45+	DCLA Halen	00:19:22	03:52
6	7048	Vanschoonwinkel	Gwen	M6	M45+	Bokkerijderstear	00:20:23	04:04
7	7024	Pirs	Erwin	M7	M45+		00:20:53	04:10
8	0090	Jacobs	Roel	M8	M45+	Seroto	00:21:01	04:12
9	7140	Biesmans	Jochen	M9	M45+		00:21:05	04:13
10	0104	Hollants	JP	M10	M45+	VACH	00:21:21	04:16
11	7084	Wiertz	David	M11	M45+	Run TMC	00:22:15	04:27
12	7036	Scheepers	Luk	M12	M45+	Hoeselt run	00:22:33	04:30
13	7054	Briers	Gerry	M13	M45+	Bokkerijderstear	00:23:53	04:46
14	0123	Claes	Cedric	M14	M45+		00:26:05	05:13
15	7011	Tomsin	Ronny	M15	M45+	BFC Hoeselt Ru	00:27:03	05:24
16	7029	Smets	Dominique	M16	M45+		00:28:18	05:39
17	0119	Buntinx	Peter	M17	M45+		00:30:26	06:05

Lenterun Heers 5KM - Mannen 55+

Rang	Borstnr	Achternaam	Voornaam	M/V	Cat	Club	Tijd	min/km
1	7152	Decoster	Steven	M1	M55+		00:17:49	03:33
2	7072	Slegers	Peter	M2	M55+	JMT Mol	00:18:01	03:36
3	7119	Wolfs	Michel	M3	M55+	Gs running team	00:19:34	03:54
4	7031	Ruelens	Peter	M4	M55+	JMT	00:22:03	04:24
5	0114	DEPRE	Jan	M5	M55+		00:23:12	04:38
6	0117	Goris	Marc	M6	M55+	LGB	00:23:43	04:44
7	7094	Morhaye	Peter	M7	M55+		00:23:51	04:46
8	0186	Reyskens	Geert	M8	M55+	HSLC	00:24:50	04:58
9	0195	bodson	walter	M9	M55+		00:30:48	06:09

Lenterun Heers 5KM - Mannen 65+

Rang	Borstnr	Achternaam	Voornaam	M/V	Cat	Club	Tijd	min/km
1	7138	Vandermaesen	Ivo	M1	M65+	DCLA-Halen	00:20:21	04:04
2	7132	Finoulst	Marc	M2	M65+		00:21:03	04:12
3	7074	Luts	Daniël	M3	M65+	DCLA Halen	00:22:09	04:25
4	7012	Verschueren	Frank	M4	M65+		00:22:22	04:28
5	0196	pelgrims	Edouard	M5	M65+	Aca alken	00:22:27	04:29
6	7068	broos	bruno	M6	M65+		00:22:35	04:31
7	7062	Polders	Jos	M7	M65+	ACA	00:25:40	05:08
8	7018	Smet	Anthony	M8	M65+	Dcla Halen	00:26:40	05:20
9	0098	Stulens	Alex	M9	M65+		00:29:09	05:49
10	7033	Vanschoonwinkel	Georges	M10	M65+	Bokkenrijders Te	00:30:14	06:02
11	0231	HAMERS	HARRIE	M11	M65+	NEEN	00:33:17	06:39
12	0113	Kwanten	Lucas	M12	M65+	geen	00:38:00	07:36
13	7060	Roosen	Leo	M13	M65+	zac zonhoven	00:38:48	07:45

Lenterun Heers 5KM - Vrouwen 35-

Rang	Borstnr	Achternaam	Voornaam	M/V	Cat	Club	Tijd	min/km
1	0122	Paps	Bo	V1	V35-		00:18:09	03:37
2	7040	Royen	Fien	V2	V35-	ADD Tongeren	00:21:13	04:14
3	7049	Vanschoonwinkel	Kyra	V3	V35-	ADD	00:22:04	04:24
4	0082	Lemmens	Amélie	V4	V35-		00:22:57	04:35
5	0237	Goffin	Lore	V5	V35-	Hoeselt run	00:25:15	05:03
6	0126	Boeykens	Merel	V6	V35-		00:25:59	05:11
7	7161	Vanschoonwinkel	Noa	V7	V35-	ADD	00:27:43	05:32
8	0225	Theunis	Lucy	V8	V35-		00:30:45	06:09
9	0227	Delcour	Pauline	V9	V35-	Geen	00:30:45	06:09
10	0078	Lijster	Isabella	V10	V35-		00:32:56	06:35
11	0086	Casters	Manon	V11	V35-		00:32:59	06:35
12	0087	Gregoire	Stien	V12	V35-		00:32:59	06:35
13	0110	Van Baelen	Geike	V13	V35-		00:33:05	06:37
14	0077	Bikkembergs	Hanke	V14	V35-		00:33:24	06:40

Lenterun Heers 5KM - Vrouwen 35+

Rang	Borstnr	Achternaam	Voornaam	M/V	Cat	Club	Tijd	min/km
1	7096	Sonck	Ruth	V1	V35+	Sqm Running tea	00:18:08	03:37
2	0232	tosi	irene	V2	V35+	mj sport	00:18:42	03:44
3	7055	Kuenen	Sagia	V3	V35+		00:23:07	04:37
4	7091	Van den Rul	Veerle	V4	V35+		00:23:20	04:40
5	7006	Beliën	Eline	V5	V35+	Champagne squa	00:24:18	04:51
6	7014	Scholts	Anneleen	V6	V35+	Champagne squa	00:25:12	05:02
7	0238	Hauspie	Tiffany	V7	V35+	nee	00:28:23	05:40
8	0100	Van Espen	Els	V8	V35+		00:29:14	05:50
9	0103	Biesmans	An-Sofie	V9	V35+	HoeseltRun	00:29:22	05:52
10	0242	Inge	Houben	V10	V35+		00:29:45	05:57
11	0088	Delcour	Stefanie	V11	V35+		00:30:28	06:05
12	7158	Put	Stefanie	V12	V35+		00:33:59	06:47
13	7009	Tielen	Wendy	V13	V35+	Bokkerijderstear	00:38:57	07:47
14	0228	asnong	indra	V14	V35+		00:41:33	08:18

Lenterun Heers 5KM - Vrouwen 45+

Rang	Borstnr	Achternaam	Voornaam	M/V	Cat	Club	Tijd	min/km
1	7139	Sluysmans	Isabella	V1	V45+		00:21:41	04:20
2	7082	Croughs	An	V2	V45+		00:21:49	04:21
3	0081	Stas	Anouk	V3	V45+	Jekkermeesters	00:22:38	04:31
4	7116	Massonet	Marleen	V4	V45+	Bokkerijderstear	00:25:24	05:04
5	7013	Cambré	Sandra	V5	V45+	Coyote Sports Te	00:25:35	05:07
6	0124	Vanacker	Carolien	V6	V45+		00:26:04	05:12
7	7028	Lenaers	Isa	V7	V45+		00:28:05	05:37
8	0105	Ranselaar	Maartje	V8	V45+		00:29:01	05:48
9	0071	Haesaerts	Sarah	V9	V45+		00:29:56	05:59
10	0240	Poelmans	Noella	V10	V45+	Hoeselt run	00:32:51	06:34
11	0094	Gallace	Nicole	V11	V45+		00:37:04	07:24
12	7041	Cloosen	Liesbeth	V12	V45+		00:37:36	07:31
13	0070	Verheyen	Catherine	V13	V45+		00:38:12	07:38

Lenterun Heers 5KM - Vrouwen 55+

Rang	Borstnr	Achternaam	Voornaam	M/V	Cat	Club	Tijd	min/km
1	7100	Sterken	Renata	V1	V55+	AVT	00:24:19	04:51
2	0118	Clijmans	Mia	V2	V55+	LGB	00:27:40	05:32
3	7046	Bodson	Dominique	V3	V55+	RRH	00:27:45	05:33
4	0121	Jansen	Heidi	V4	V55+		00:31:01	06:12
5	7001	Smets	Linda	V5	V55+	Jèls Leup - Elst I	00:34:55	06:59

Lenterun Heers 5KM - Vrouwen 65+

Rang	Borstnr	Achternaam	Voornaam	M/V	Cat	Club	Tijd	min/km
1	7032	Plevoets	Henriette	V1	V65+	Bokkerijders team	00:30:14	06:02
2	7107	Houben	Wendy	V2	V65+	Atletiek Maastricht	00:32:22	06:28
3	7037	Maes	Nadine	V3	V65+	Bokkerijders Weert	00:33:42	06:44