



## Vitaal gezondheidspraktijk 10 km - Algemene rangschikking

Startuur : 09-05-2026 15:17:01

Uitslag is volledig

| Rang | Borstnr | Achternaam      | Voornaam   | M/V | Cat  | Club             | Tijd     | min/km |
|------|---------|-----------------|------------|-----|------|------------------|----------|--------|
| 1    | 0119    | Vanherck        | Jorne      | M1  | M35- | Meerhoutse Atle  | 00:32:07 | 03:16  |
| 2    | 0142    | Boden           | Niki       | M2  | M35+ | SQM Running te   | 00:32:54 | 03:21  |
| 3    | 7069    | Warnant         | Leander    | M3  | M35+ |                  | 00:33:39 | 03:26  |
| 4    | 7133    | Van Asselbergh  | Jorden     | M4  | M35- | GS Running tear  | 00:33:41 | 03:26  |
| 5    | 0141    | Vanvelthoven    | Rune       | M5  | M35- |                  | 00:34:11 | 03:29  |
| 6    | 7086    | Theys           | Kevin      | M6  | M45+ | SQM runningtea   | 00:34:26 | 03:30  |
| 7    | 0126    | Van de Gaer     | Wesley     | M7  | M45+ | SQM running tea  | 00:34:39 | 03:32  |
| 8    | 7070    | Jeuris          | Jef        | M8  | M35+ | JJ Happy Run C   | 00:34:58 | 03:34  |
| 9    | 7155    | Vroonen         | Brecht     | M9  | M35- | Atletiekclub Alk | 00:35:10 | 03:35  |
| 10   | 7090    | Philippe        | Patrick    | M10 | M55+ | JiA              | 00:35:11 | 03:35  |
| 11   | 7118    | Vossius         | Peter      | M11 | M45+ | Sqm runningtear  | 00:35:15 | 03:35  |
| 12   | 0317    | Trappeniers     | Philip     | M12 | M45+ |                  | 00:35:44 | 03:38  |
| 13   | 0382    | Hulsmans        | Micha      | M13 | M35- |                  | 00:36:44 | 03:44  |
| 14   | 0064    | Jutten          | Ward       | M14 | M35- | Looise           | 00:36:50 | 03:45  |
| 15   | 0128    | Verlinden       | Herwig     | M15 | M55+ | rsca             | 00:36:56 | 03:46  |
| 16   | 0324    | Sneyers         | Jimmy      | M16 | M45+ |                  | 00:36:58 | 03:46  |
| 17   | 0116    | Maris           | Peter      | M17 | M55+ | VACH             | 00:37:09 | 03:47  |
| 18   | 7087    | Nguyen          | Tien-Thanh | M18 | M35+ | AmsRunners       | 00:37:16 | 03:48  |
| 19   | 7047    | Leunen          | Jo         | M19 | M35+ | Bokkerijderstear | 00:37:24 | 03:48  |
| 20   | 0372    | Janssens        | Glenn      | M20 | M35- |                  | 00:37:29 | 03:49  |
| 21   | 7105    | Vanden Bempt    | Hans       | M21 | M45+ | SQMrunningtear   | 00:37:44 | 03:51  |
| 22   | 0310    | Van den Bussche | Ruben      | M22 | M35- |                  | 00:37:59 | 03:52  |
| 23   | 0092    | KUNNEN          | Gijs       | M23 | M35- | VACH             | 00:38:27 | 03:55  |
| 24   | 0345    | Vanhengel       | Maarten    | M24 | M35- | Gezondheidsprakt | 00:38:30 | 03:55  |
| 25   | 0067    | Gysemans        | Jordy      | M25 | M35- |                  | 00:38:43 | 03:57  |
| 26   | 0110    | Waterschoot     | Eric       | M26 | M55+ | DCLA HALEN       | 00:39:12 | 03:59  |
| 27   | 7106    | morhaye         | adger      | M27 | M35- | adger.morhayegr  | 00:39:26 | 04:01  |
| 28   | 0115    | D'AVELINO       | MICHAEL    | M28 | M55+ | MICHAEL D'AV     | 00:39:31 | 04:01  |
| 29   | 0096    | VANDERSTRICHT   | Jean-Marc  | M29 | M35+ | VACH             | 00:39:45 | 04:03  |
| 30   | 7153    | Wouters         | Chriske    | M30 | M55+ | SQM RUNNIN       | 00:39:53 | 04:04  |
| 31   | 7027    | Stijnen         | David      | M31 | M45+ | Ac Alken         | 00:39:54 | 04:04  |
| 32   | 0330    | Max             | Tom        | M32 | M35+ |                  | 00:40:01 | 04:04  |
| 33   | 7083    | Van Schelvergem | Gertjan    | M33 | M35- | Triathlon Vlaand | 00:40:20 | 04:06  |
| 34   | 0149    | Jouck           | Yannick    | M34 | M35+ |                  | 00:40:25 | 04:07  |
| 35   | 0387    | Luys            | Maarten    | M35 | M35+ |                  | 00:40:28 | 04:07  |
| 36   | 7030    | Werckx          | Ludo       | M36 | M65+ | ACA              | 00:40:34 | 04:08  |
| 37   | 0385    | Piet            | Vangeel    | M37 | M55+ | Hoeselt Run      | 00:40:47 | 04:09  |
| 38   | 0144    | De Prins        | Bruno      | M38 | M45+ |                  | 00:40:48 | 04:09  |

| Rang | Borstnr | Achternaam        | Voornaam   | M/V | Cat  | Club               | Tijd     | min/km |
|------|---------|-------------------|------------|-----|------|--------------------|----------|--------|
| 39   | 0322    | Jans              | Bert       | M39 | M35+ | ACA                | 00:40:55 | 04:10  |
| 40   | 0161    | Bart              | Sampermans | M40 | M35+ | Dcla halen         | 00:41:01 | 04:11  |
| 41   | 0066    | Ngaikpu           | Reimond    | M41 | M35- |                    | 00:41:08 | 04:11  |
| 42   | 7120    | Schevenels        | Jarno      | M42 | M35- | TACT               | 00:41:14 | 04:12  |
| 43   | 7125    | Hiemeleers        | Marc       | M43 | M65+ | AC Alken           | 00:41:18 | 04:12  |
| 44   | 7002    | Slegers           | Ayrton     | M44 | M35- |                    | 00:41:24 | 04:13  |
| 45   | 0383    | Pauly             | Ruben      | M45 | M35- |                    | 00:41:32 | 04:14  |
| 46   | 0139    | Neven             | John       | M46 | M45+ |                    | 00:41:34 | 04:14  |
| 47   | 0384    | Hengst            | Marco      | M47 | M45+ |                    | 00:41:36 | 04:14  |
| 48   | 0089    | Wiame             | Niels      | M48 | M35- |                    | 00:41:38 | 04:14  |
| 49   | 7089    | Philippe-Stoumont | Laure      | V1  | V35+ | JiA                | 00:42:00 | 04:17  |
| 50   | 0113    | tummillo          | daan       | M49 | M35- | UCLL Start To M    | 00:42:07 | 04:17  |
| 51   | 0137    | Olefs             | Kris       | M50 | M45+ |                    | 00:42:09 | 04:18  |
| 52   | 7039    | Requilé           | Philippe   | M51 | M55+ | Bokkerijderstean   | 00:42:11 | 04:18  |
| 53   | 0017    | Dewijngaert       | Nick       | M52 | M35- | Foederer           | 00:42:14 | 04:18  |
| 54   | 0160    | Dekens            | Danny      | M53 | M65+ | Dcla Halen         | 00:42:18 | 04:18  |
| 55   | 0102    | Vankrunkelsven    | Leen       | V2  | V55+ | VACH               | 00:42:32 | 04:20  |
| 56   | 0105    | Deprez            | Marco      | M54 | M45+ | Geen               | 00:42:33 | 04:20  |
| 57   | 7095    | Shaham            | Sarah      | V3  | V45+ |                    | 00:42:55 | 04:22  |
| 58   | 0374    | Verboven          | Juan       | M55 | M45+ |                    | 00:42:58 | 04:23  |
| 59   | 7154    | Slegers           | Werner     | M56 | M55+ | GeTC               | 00:43:28 | 04:26  |
| 60   | 0069    | Meesters          | Sven       | M57 | M35+ |                    | 00:43:30 | 04:26  |
| 61   | 7057    | Schroven          | Hilde      | V4  | V45+ | GS Running team    | 00:43:34 | 04:26  |
| 62   | 0005    | Declercq          | Pedro      | M58 | M45+ |                    | 00:43:55 | 04:28  |
| 63   | 0146    | Bodocka           | Zuzana     | V5  | V35+ |                    | 00:43:56 | 04:28  |
| 64   | 0344    | Moons             | Nele       | V6  | V35- | Gezondheidsprakt   | 00:43:58 | 04:29  |
| 65   | 0381    | Kinnaer           | Thijs      | M59 | M45+ |                    | 00:43:59 | 04:29  |
| 66   | 0095    | CAROLAN           | Phil       | M60 | M35+ | VACH               | 00:44:02 | 04:29  |
| 67   | 7145    | Jacobs            | Stephen    | M61 | M35- | Hoeselt Run        | 00:44:08 | 04:30  |
| 68   | 7065    | Knapen            | Griet      | V7  | V45+ | VACH               | 00:44:10 | 04:30  |
| 69   | 0090    | millen            | jurgen     | M62 | M45+ | fighters against c | 00:44:20 | 04:31  |
| 70   | 0376    | Van Kaert         | Inge       | V8  | V35+ | team hart          | 00:44:45 | 04:33  |
| 71   | 0162    | Geurts            | Joris      | M63 | M35+ |                    | 00:45:06 | 04:36  |
| 72   | 7021    | De Rouck          | Dave       | M64 | M45+ | LC De Rouckies     | 00:45:23 | 04:37  |
| 73   | 0027    | Ramaekers         | Yorben     | M65 | M35- | Foederer - Reyno   | 00:45:36 | 04:39  |
| 74   | 0098    | VANKRUNKELSVEN    | Christel   | V9  | V55+ | VACH               | 00:45:57 | 04:41  |
| 75   | 0122    | Bossens           | Jimmy      | M66 | M45+ |                    | 00:46:00 | 04:41  |
| 76   | 7012    | Verschueren       | Frank      | M67 | M65+ |                    | 00:46:04 | 04:42  |
| 77   | 0016    | Jansen            | Dieter     | M68 | M35- | Foederer           | 00:46:08 | 04:42  |
| 78   | 7137    | Deneuker          | Tony       | M69 | M55+ | Hoeselt run        | 00:46:11 | 04:42  |
| 79   | 0132    | Govaerts          | Siebe      | M70 | M35- |                    | 00:46:21 | 04:43  |
| 80   | 0121    | Michiels          | Domien     | M71 | M35+ |                    | 00:46:26 | 04:44  |
| 81   | 0101    | BIJLOOS           | Erik       | M72 | M55+ | VACH               | 00:46:39 | 04:45  |
| 82   | 0094    | ARDUI             | Johan      | M73 | M45+ | VACH               | 00:46:43 | 04:46  |
| 83   | 0012    | Jacobs            | Bram       | M74 | M35- | Foederer           | 00:46:49 | 04:46  |
| 84   | 0156    | Elia              | Tijmen     | M75 | M35- |                    | 00:47:01 | 04:47  |
| 85   | 7016    | Polders           | Kevin      | M76 | M45+ | Road Runners H     | 00:47:02 | 04:47  |

| Rang | Borstnr | Achternaam   | Voornaam | M/V  | Cat  | Club                 | Tijd     | min/km |
|------|---------|--------------|----------|------|------|----------------------|----------|--------|
| 86   | 7143    | Vandeweyer   | Kris     | M77  | M45+ |                      | 00:47:08 | 04:48  |
| 87   | 0087    | Mondelaers   | Sam      | M78  | M35+ |                      | 00:47:12 | 04:48  |
| 88   | 0380    | Thijs        | Koen     | M79  | M35+ |                      | 00:47:22 | 04:50  |
| 89   | 0088    | Schouteden   | Stef     | M80  | M35- |                      | 00:47:39 | 04:51  |
| 90   | 0332    | Van de Velde | Anthony  | M81  | M45+ |                      | 00:47:43 | 04:52  |
| 91   | 7081    | Moons        | Lydia    | V10  | V55+ |                      | 00:47:45 | 04:52  |
| 92   | 0124    | Smets        | Tom      | M82  | M45+ | Rugbyclub Hasselt    | 00:47:47 | 04:52  |
| 93   | 0058    | Langers      | Kevin    | M83  | M35+ |                      | 00:48:14 | 04:55  |
| 94   | 0079    | Samoey       | Jeroen   | M84  | M35- | OptiRun              | 00:48:20 | 04:55  |
| 95   | 0053    | Luykx        | Johnny   | M85  | M55+ |                      | 00:48:31 | 04:57  |
| 96   | 0074    | Vanparijs    | Steven   | M86  | M35+ | OptiRun              | 00:48:33 | 04:57  |
| 97   | 0013    | Ackermann    | Oscar    | M87  | M35- | Foederer             | 00:48:36 | 04:57  |
| 98   | 0379    | Duchateau    | Clemie   | V11  | V55+ | Atletiek Maastricht  | 00:49:23 | 05:02  |
| 99   | 0154    | Dumbrill     | Samuel   | M88  | M35+ |                      | 00:49:43 | 05:04  |
| 100  | 0020    | Houben       | Geert    | M89  | M35+ | Foederer             | 00:49:46 | 05:04  |
| 101  | 0331    | Hawinkel     | Sarah    | V12  | V35+ |                      | 00:49:50 | 05:05  |
| 102  | 0091    | Cosemans     | Kirsten  | V13  | V45+ | VACH                 | 00:49:52 | 05:05  |
| 103  | 0373    | De Bus       | Martien  | V14  | V45+ | VACH                 | 00:49:52 | 05:05  |
| 104  | 0057    | Bormans      | Kasper   | M90  | M35+ |                      | 00:49:56 | 05:05  |
| 105  | 0120    | Calders      | Rudy     | M91  | M55+ |                      | 00:50:03 | 05:06  |
| 106  | 0052    | Rijskens     | Sven     | M92  | M45+ |                      | 00:50:04 | 05:06  |
| 107  | 7082    | Croughs      | An       | V15  | V45+ |                      | 00:50:07 | 05:06  |
| 108  | 0153    | Moors        | Katleen  | V16  | V45+ | Hoeselt Run          | 00:50:19 | 05:08  |
| 109  | 0159    | Wijnen       | Guido    | M93  | M55+ | Hoeselt Run          | 00:50:20 | 05:08  |
| 110  | 0100    | SCHUT        | Johnny   | M94  | M55+ | VACH                 | 00:50:21 | 05:08  |
| 111  | 0062    | Geelen       | Maarten  | M95  | M35+ |                      | 00:50:25 | 05:08  |
| 112  | 7099    | Govaerts     | Kris     | M96  | M65+ | AC Alken             | 00:50:58 | 05:12  |
| 113  | 0386    | Cools        | Guy      | M97  | M45+ |                      | 00:51:00 | 05:12  |
| 114  | 0099    | GIELKENS     | Marc     | M98  | M55+ | VACH                 | 00:51:02 | 05:12  |
| 115  | 0038    | Wilks        | Helen    | V17  | V35+ |                      | 00:51:04 | 05:12  |
| 116  | 0021    | Vanrusselt   | Stijn    | M99  | M35+ | Foederer             | 00:51:05 | 05:12  |
| 117  | 0082    | Meykens      | Michiel  | M100 | M35+ | OptiRun              | 00:51:05 | 05:12  |
| 118  | 0018    | Wouters      | Benne    | M101 | M35- | Foederer             | 00:51:07 | 05:12  |
| 119  | 0114    | Buekers      | Marc     | M102 | M65+ | Z.A.C.               | 00:51:08 | 05:13  |
| 120  | 7163    | Lelièvre     | Pieter   | M103 | M35- |                      | 00:51:13 | 05:13  |
| 121  | 0045    | Bollen       | Axel     | M104 | M35- |                      | 00:51:19 | 05:14  |
| 122  | 0093    | SCHOLS       | Carmen   | V18  | V45+ | VACH                 | 00:51:20 | 05:14  |
| 123  | 0305    | Engelen      | Roy      | M105 | M35- |                      | 00:51:20 | 05:14  |
| 124  | 0123    | Vanstraelen  | Victor   | M106 | M35- | RC Hasselt           | 00:51:25 | 05:14  |
| 125  | 0150    | Aerts        | Lucinda  | V19  | V35+ |                      | 00:51:30 | 05:15  |
| 126  | 0075    | Minnart      | Gert     | M107 | M35+ | OptiRun              | 00:51:51 | 05:17  |
| 127  | 7056    | Philippaerts | Greta    | V20  | V55+ | ACAAlken             | 00:51:55 | 05:17  |
| 128  | 0140    | Plevoets     | Kenny    | M108 | M45+ | Road Runners Hasselt | 00:52:12 | 05:19  |
| 129  | 0147    | Hiemeleers   | Mark     | M109 | M55+ |                      | 00:52:35 | 05:21  |
| 130  | 0073    | Vangeel      | Koen     | M110 | M35+ | OptiRun              | 00:52:59 | 05:24  |
| 131  | 0077    | Doupagne     | Dennis   | M111 | M35- | OptiRun              | 00:53:01 | 05:24  |
| 132  | 0358    | Henderix     | Jeroen   | M112 | M45+ |                      | 00:53:19 | 05:26  |

| Rang | Borstnr | Achternaam     | Voornaam | M/V  | Cat  | Club              | Tijd     | min/km |
|------|---------|----------------|----------|------|------|-------------------|----------|--------|
| 133  | 0155    | Van Marcke     | Sara     | V21  | V35- |                   | 00:53:25 | 05:27  |
| 134  | 0022    | Pacione        | Fabio    | M113 | M35- | Foederer          | 00:53:49 | 05:29  |
| 135  | 0390    | Vandooren      | Drea     | V22  | V35- | ATLA              | 00:53:51 | 05:29  |
| 136  | 0389    | Vandooren      | Emma     | V23  | V35- |                   | 00:53:52 | 05:29  |
| 137  | 7121    | Hiemeleers     | Queeny   | V24  | V35- |                   | 00:53:53 | 05:29  |
| 138  | 0107    | vanaenrode     | ronny    | M114 | M55+ |                   | 00:53:59 | 05:30  |
| 139  | 0343    | Minten         | Niels    | M115 | M35+ | Gezondheidsprakt  | 00:54:02 | 05:30  |
| 140  | 0127    | Bruggen        | Lien     | V25  | V35- |                   | 00:54:10 | 05:31  |
| 141  | 7038    | Cammaerts      | Bart     | M116 | M45+ | Jogger Jo Schoor  | 00:54:16 | 05:32  |
| 142  | 7098    | Van Zand       | Maja     | V26  | V65+ | AC Alken          | 00:54:18 | 05:32  |
| 143  | 7017    | Schunselaar    | Maaïke   | V27  | V45+ | Aca Alken         | 00:54:19 | 05:32  |
| 144  | 0348    | Heleven        | Senne    | M117 | M35+ | Gezondheidsprakt  | 00:54:36 | 05:34  |
| 145  | 0151    | Eersels        | Patrick  | M118 | M65+ |                   | 00:54:52 | 05:35  |
| 146  | 0388    | nico           | mullens  | M119 | M45+ | nee               | 00:54:58 | 05:36  |
| 147  | 0024    | Jordens        | Tim      | M120 | M45+ | Foederer - Reyno  | 00:55:21 | 05:38  |
| 148  | 0337    | Luys           | Stijn    | M121 | M35+ | Wroetende Pony    | 00:55:22 | 05:38  |
| 149  | 0072    | Van Hellemont  | Sander   | X1   | X35+ | OptiRun           | 00:55:24 | 05:39  |
| 150  | 0068    | Vanneste       | Thibaut  | M122 | M35+ |                   | 00:55:26 | 05:39  |
| 151  | 7050    | Coenen         | David    | M123 | M45+ |                   | 00:55:28 | 05:39  |
| 152  | 0138    | Van Bogaert    | Jutta    | V28  | V35- |                   | 00:55:33 | 05:40  |
| 153  | 0083    | Sfirtsis       | Nathalie | V29  | V35+ | OptiRun           | 00:55:35 | 05:40  |
| 154  | 0043    | Vanreppelen    | Hanne    | V30  | V35- |                   | 00:55:39 | 05:40  |
| 155  | 0044    | Abrahams       | Tom      | M124 | M35- |                   | 00:55:40 | 05:40  |
| 156  | 0377    | Winters        | Hanne    | V31  | V35- |                   | 00:55:41 | 05:40  |
| 157  | 0047    | Matthys        | Sofie    | V32  | V35- | KBC Sint-Truide   | 00:55:47 | 05:41  |
| 158  | 0048    | Thys           | Stan     | M125 | M35- |                   | 00:55:48 | 05:41  |
| 159  | 0023    | Swerts         | Simon    | M126 | M35- | Foederer - Reyno  | 00:55:53 | 05:42  |
| 160  | 0306    | Vandersmissen  | Mathy    | M127 | M35+ |                   | 00:56:02 | 05:43  |
| 161  | 0041    | Van Gaever     | Aagje    | V33  | V35- |                   | 00:56:05 | 05:43  |
| 162  | 0028    | Peijffers      | Jelle    | M128 | M35- |                   | 00:56:36 | 05:46  |
| 163  | 7112    | Vandenbergh    | Eddy     | M129 | M55+ | Alleen luk t ouch | 00:56:47 | 05:47  |
| 164  | 0314    | Vranken        | Rune     | M130 | M35- |                   | 00:57:13 | 05:50  |
| 165  | 0315    | Heulsen        | Dries    | M131 | M35- |                   | 00:57:14 | 05:50  |
| 166  | 0015    | Peeters        | Jente    | M132 | M35- | Foederer          | 00:57:15 | 05:50  |
| 167  | 0129    | Gorinsek       | Daan     | M133 | M35- |                   | 00:57:16 | 05:50  |
| 168  | 0325    | Biesmans       | Filip    | M134 | M45+ |                   | 00:57:20 | 05:51  |
| 169  | 0326    | nulens         | nicolas  | M135 | M45+ |                   | 00:57:20 | 05:51  |
| 170  | 0152    | Matsch         | Wiebke   | V34  | V45+ |                   | 00:57:24 | 05:51  |
| 171  | 0061    | Kuylen         | Sabine   | V35  | V45+ |                   | 00:57:26 | 05:51  |
| 172  | 0125    | Oversteyns     | Jens     | M136 | M35- | Rugbyclub Hasselt | 00:57:44 | 05:53  |
| 173  | 0046    | DHONDT         | CORINNE  | V36  | V55+ | SVH KURINGE       | 00:57:50 | 05:54  |
| 174  | 0050    | Goossens       | Laurens  | M137 | M35- |                   | 00:58:03 | 05:55  |
| 175  | 0369    | Jans           | Mark     | M138 | M45+ |                   | 00:59:10 | 06:02  |
| 176  | 0378    | Coenen         | Robby    | M139 | M45+ |                   | 00:59:38 | 06:05  |
| 177  | 7157    | Beirinckx      | Peter    | M140 | M55+ | Beerrunners       | 00:59:39 | 06:05  |
| 178  | 0014    | Vanderhoydonks | Nele     | V37  | V35- | Foederer          | 00:59:51 | 06:06  |
| 179  | 0086    | Vanderhoydonks | Ine      | V38  | V35- |                   | 00:59:52 | 06:06  |

| Rang | Borstnr | Achternaam       | Voornaam   | M/V  | Cat  | Club              | Tijd     | min/km |
|------|---------|------------------|------------|------|------|-------------------|----------|--------|
| 180  | 0010    |                  | Katrien    | V39  | V35- | Foederer          | 00:59:54 | 06:06  |
| 181  | 7092    | Hiemeleers       | Sharon     | V40  | V35+ | AC Alken          | 01:00:07 | 06:08  |
| 182  | 0008    | Simkens          | Kiara      | V41  | V35- |                   | 01:00:20 | 06:09  |
| 183  | 0135    | Goeman           | Ilse       | V42  | V45+ |                   | 01:00:22 | 06:09  |
| 184  | 0134    | Deckers          | Danny      | M141 | M45+ |                   | 01:00:23 | 06:09  |
| 185  | 0145    | Brebels          | Ilse       | V43  | V35+ |                   | 01:00:28 | 06:10  |
| 186  | 0004    | Van De Sompel    | Marjolein  | V44  | V35+ |                   | 01:00:43 | 06:11  |
| 187  | 0009    | De Mol           | Dorien     | V45  | V35+ |                   | 01:00:43 | 06:11  |
| 188  | 0131    | Graulus          | Lobke      | V46  | V35- |                   | 01:00:44 | 06:11  |
| 189  | 0130    | Graulus          | Elke       | V47  | V35- |                   | 01:00:59 | 06:13  |
| 190  | 0034    | Dedroog          | Birne      | V48  | V35- |                   | 01:01:19 | 06:15  |
| 191  | 0035    | Put              | Giel       | M142 | M35- |                   | 01:01:20 | 06:15  |
| 192  | 0025    | De Broyer        | Björn      | M143 | M35+ | Foederer - Reyno  | 01:01:41 | 06:17  |
| 193  | 0071    | Renaud           | Lizzy      | V49  | V35+ | OptiRun           | 01:02:07 | 06:20  |
| 194  | 0106    | Myny             | Danny      | M144 | M55+ |                   | 01:02:20 | 06:21  |
| 195  | 0049    | Grommen          | Emelie     | V50  | V35- |                   | 01:03:08 | 06:26  |
| 196  | 0158    | Marchal          | Bieke      | V51  | V35- |                   | 01:03:14 | 06:27  |
| 197  | 0157    | Abrams           | Astrid     | V52  | V35- |                   | 01:03:15 | 06:27  |
| 198  | 0328    | Segers           | Reile      | V53  | V35- |                   | 01:04:00 | 06:31  |
| 199  | 0351    | Robben           | Thibaut    | M145 | M35- | Gezondheidsprakt  | 01:04:01 | 06:31  |
| 200  | 0393    | SALIMI NADEM     | Pejman     | M146 | M35+ |                   | 01:04:26 | 06:34  |
| 201  | 0070    | Machiels         | Shari      | V54  | V35- |                   | 01:05:18 | 06:39  |
| 202  | 0309    | Oome             | Hanne      | V55  | V35- | Rugbyclub Hasselt | 01:05:23 | 06:40  |
| 203  | 0026    | Hubin            | Elouise    | V56  | V35+ | Foederer - Reyno  | 01:06:11 | 06:45  |
| 204  | 0059    | Jongen           | Emma       | V57  | V35- |                   | 01:06:36 | 06:47  |
| 205  | 0104    | Verwimp          | Jana Freya | V58  | V35- |                   | 01:06:37 | 06:47  |
| 206  | 0111    | vermeesch        | lieselotte | V59  | V35- |                   | 01:07:16 | 06:51  |
| 207  | 0002    | marcoen          | petra      | V60  | V35+ |                   | 01:08:05 | 06:56  |
| 208  | 0036    | Bogaers          | Danielle   | V61  | V35+ |                   | 01:08:09 | 06:57  |
| 209  | 0112    | Christiaans      | Maika      | V62  | V35- |                   | 01:08:20 | 06:58  |
| 210  | 0060    | Bosmans          | Elke       | V63  | V45+ |                   | 01:08:32 | 06:59  |
| 211  | 0117    | Vandebroek       | Geike      | V64  | V35- |                   | 01:08:44 | 07:00  |
| 212  | 0103    | Vandereyken      | Roos       | V65  | V35- |                   | 01:09:23 | 07:04  |
| 213  | 0063    | De Wispelaere    | Ottelien   | V66  | V35- |                   | 01:09:24 | 07:04  |
| 214  | 0056    | Michiels         | Lotte      | V67  | V35- |                   | 01:11:12 | 07:15  |
| 215  | 0040    | Sempels Gaethofs | Els        | V68  | V35- |                   | 01:11:13 | 07:16  |
| 216  | 0055    | Deswert          | Nick       | M147 | M35+ |                   | 01:11:14 | 07:16  |
| 217  | 0019    | Vanden Eynde     | Katja      | V69  | V45+ | Foederer          | 01:12:32 | 07:24  |
| 218  | 0392    | HAMTAEI          | Sarallah   | M148 | M35+ |                   | 01:12:35 | 07:24  |

## Vitaal gezondheidspraktijk 10 km - Mannen 35-

| Rang | Borstnr | Achternaam      | Voornaam | M/V | Cat  | Club             | Tijd     | min/km |
|------|---------|-----------------|----------|-----|------|------------------|----------|--------|
| 1    | 0119    | Vanherck        | Jorne    | M1  | M35- | Meerhoutse Atle  | 00:32:07 | 03:16  |
| 2    | 7133    | Van Asselbergh  | Jorden   | M2  | M35- | GS Running tear  | 00:33:41 | 03:26  |
| 3    | 0141    | Vanvelthoven    | Rune     | M3  | M35- |                  | 00:34:11 | 03:29  |
| 4    | 7155    | Vroonen         | Brecht   | M4  | M35- | Atletiekclub Alk | 00:35:10 | 03:35  |
| 5    | 0382    | Hulsmans        | Micha    | M5  | M35- |                  | 00:36:44 | 03:44  |
| 6    | 0064    | Jutten          | Ward     | M6  | M35- | Looise           | 00:36:50 | 03:45  |
| 7    | 0372    | Janssens        | Glenn    | M7  | M35- |                  | 00:37:29 | 03:49  |
| 8    | 0310    | Van den Bussche | Ruben    | M8  | M35- |                  | 00:37:59 | 03:52  |
| 9    | 0092    | KUNNEN          | Gijs     | M9  | M35- | VACH             | 00:38:27 | 03:55  |
| 10   | 0345    | Vanhengel       | Maarten  | M10 | M35- | Gezondheidsprakt | 00:38:30 | 03:55  |
| 11   | 0067    | Gyseman         | Jordy    | M11 | M35- |                  | 00:38:43 | 03:57  |
| 12   | 7106    | morhaye         | adger    | M12 | M35- | adger.morhayegr  | 00:39:26 | 04:01  |
| 13   | 7083    | Van Schelvergem | Gertjan  | M13 | M35- | Triathlon Vlaand | 00:40:20 | 04:06  |
| 14   | 0066    | Ngaikpu         | Reimond  | M14 | M35- |                  | 00:41:08 | 04:11  |
| 15   | 7120    | Schevenels      | Jarno    | M15 | M35- | TACT             | 00:41:14 | 04:12  |
| 16   | 7002    | Slegers         | Ayrton   | M16 | M35- |                  | 00:41:24 | 04:13  |
| 17   | 0383    | Pauly           | Ruben    | M17 | M35- |                  | 00:41:32 | 04:14  |
| 18   | 0089    | Wiame           | Niels    | M18 | M35- |                  | 00:41:38 | 04:14  |
| 19   | 0113    | tummillo        | daan     | M19 | M35- | UCLL Start To M  | 00:42:07 | 04:17  |
| 20   | 0017    | Dewijngaert     | Nick     | M20 | M35- | Foederer         | 00:42:14 | 04:18  |
| 21   | 7145    | Jacobs          | Stephen  | M21 | M35- | Hoeselt Run      | 00:44:08 | 04:30  |
| 22   | 0027    | Ramaekers       | Yorben   | M22 | M35- | Foederer - Reyno | 00:45:36 | 04:39  |
| 23   | 0016    | Jansen          | Dieter   | M23 | M35- | Foederer         | 00:46:08 | 04:42  |
| 24   | 0132    | Govaerts        | Siebe    | M24 | M35- |                  | 00:46:21 | 04:43  |
| 25   | 0012    | Jacobs          | Bram     | M25 | M35- | Foederer         | 00:46:49 | 04:46  |
| 26   | 0156    | Elia            | Tijmen   | M26 | M35- |                  | 00:47:01 | 04:47  |
| 27   | 0088    | Schouteden      | Stef     | M27 | M35- |                  | 00:47:39 | 04:51  |
| 28   | 0079    | Samoey          | Jeroen   | M28 | M35- | OptiRun          | 00:48:20 | 04:55  |
| 29   | 0013    | Ackermann       | Oscar    | M29 | M35- | Foederer         | 00:48:36 | 04:57  |
| 30   | 0018    | Wouters         | Benne    | M30 | M35- | Foederer         | 00:51:07 | 05:12  |
| 31   | 7163    | Lelièvre        | Pieter   | M31 | M35- |                  | 00:51:13 | 05:13  |
| 32   | 0045    | Bollen          | Axel     | M32 | M35- |                  | 00:51:19 | 05:14  |
| 33   | 0305    | Engelen         | Roy      | M33 | M35- |                  | 00:51:20 | 05:14  |
| 34   | 0123    | Vanstraelen     | Victor   | M34 | M35- | RC Hasselt       | 00:51:25 | 05:14  |
| 35   | 0077    | Doupagne        | Dennis   | M35 | M35- | OptiRun          | 00:53:01 | 05:24  |
| 36   | 0022    | Pacione         | Fabio    | M36 | M35- | Foederer         | 00:53:49 | 05:29  |
| 37   | 0044    | Abrahams        | Tom      | M37 | M35- |                  | 00:55:40 | 05:40  |
| 38   | 0048    | Thys            | Stan     | M38 | M35- |                  | 00:55:48 | 05:41  |

| Rang | Borstnr | Achternaam | Voornaam | M/V | Cat  | Club             | Tijd     | min/km |
|------|---------|------------|----------|-----|------|------------------|----------|--------|
| 39   | 0023    | Swerts     | Simon    | M39 | M35- | Foederer - Reyno | 00:55:53 | 05:42  |
| 40   | 0028    | Peijffers  | Jelle    | M40 | M35- |                  | 00:56:36 | 05:46  |
| 41   | 0314    | Vranken    | Rune     | M41 | M35- |                  | 00:57:13 | 05:50  |
| 42   | 0315    | Heulsen    | Dries    | M42 | M35- |                  | 00:57:14 | 05:50  |
| 43   | 0015    | Peeters    | Jente    | M43 | M35- | Foederer         | 00:57:15 | 05:50  |
| 44   | 0129    | Gorinsek   | Daan     | M44 | M35- |                  | 00:57:16 | 05:50  |
| 45   | 0125    | Oversteyns | Jens     | M45 | M35- | Rugbyclub Hassel | 00:57:44 | 05:53  |
| 46   | 0050    | Goossens   | Laurens  | M46 | M35- |                  | 00:58:03 | 05:55  |
| 47   | 0035    | Put        | Giel     | M47 | M35- |                  | 01:01:20 | 06:15  |
| 48   | 0351    | Robben     | Thibaut  | M48 | M35- | Gezondheidsprakt | 01:04:01 | 06:31  |

## Vitaal gezondheidspraktijk 10 km - Mannen 35+

| Rang | Borstnr | Achternaam    | Voornaam   | M/V | Cat  | Club             | Tijd     | min/km |
|------|---------|---------------|------------|-----|------|------------------|----------|--------|
| 1    | 0142    | Boden         | Niki       | M1  | M35+ | SQM Running te   | 00:32:54 | 03:21  |
| 2    | 7069    | Warnant       | Leander    | M2  | M35+ |                  | 00:33:39 | 03:26  |
| 3    | 7070    | Jeuris        | Jef        | M3  | M35+ | JJ Happy Run Cd  | 00:34:58 | 03:34  |
| 4    | 7087    | Nguyen        | Tien-Thanh | M4  | M35+ | AmsRunners       | 00:37:16 | 03:48  |
| 5    | 7047    | Leunen        | Jo         | M5  | M35+ | Bokkerijderstear | 00:37:24 | 03:48  |
| 6    | 0096    | VANDERSTRICHT | Jean-Marc  | M6  | M35+ | VACH             | 00:39:45 | 04:03  |
| 7    | 0330    | Max           | Tom        | M7  | M35+ |                  | 00:40:01 | 04:04  |
| 8    | 0149    | Jouck         | Yannick    | M8  | M35+ |                  | 00:40:25 | 04:07  |
| 9    | 0387    | Luys          | Maarten    | M9  | M35+ |                  | 00:40:28 | 04:07  |
| 10   | 0322    | Jans          | Bert       | M10 | M35+ | ACA              | 00:40:55 | 04:10  |
| 11   | 0161    | Bart          | Sampermans | M11 | M35+ | Dcla halen       | 00:41:01 | 04:11  |
| 12   | 0069    | Meesters      | Sven       | M12 | M35+ |                  | 00:43:30 | 04:26  |
| 13   | 0095    | CAROLAN       | Phil       | M13 | M35+ | VACH             | 00:44:02 | 04:29  |
| 14   | 0162    | Geurts        | Joris      | M14 | M35+ |                  | 00:45:06 | 04:36  |
| 15   | 0121    | Michiels      | Domien     | M15 | M35+ |                  | 00:46:26 | 04:44  |
| 16   | 0087    | Mondelaers    | Sam        | M16 | M35+ |                  | 00:47:12 | 04:48  |
| 17   | 0380    | Thijs         | Koen       | M17 | M35+ |                  | 00:47:22 | 04:50  |
| 18   | 0058    | Langers       | Kevin      | M18 | M35+ |                  | 00:48:14 | 04:55  |
| 19   | 0074    | Vanparijs     | Steven     | M19 | M35+ | OptiRun          | 00:48:33 | 04:57  |
| 20   | 0154    | Dumbrill      | Samuel     | M20 | M35+ |                  | 00:49:43 | 05:04  |
| 21   | 0020    | Houben        | Geert      | M21 | M35+ | Foederer         | 00:49:46 | 05:04  |
| 22   | 0057    | Bormans       | Kasper     | M22 | M35+ |                  | 00:49:56 | 05:05  |
| 23   | 0062    | Geelen        | Maarten    | M23 | M35+ |                  | 00:50:25 | 05:08  |
| 24   | 0021    | Vanrusselt    | Stijn      | M24 | M35+ | Foederer         | 00:51:05 | 05:12  |
| 25   | 0082    | Meykens       | Michiel    | M25 | M35+ | OptiRun          | 00:51:05 | 05:12  |
| 26   | 0075    | Minnart       | Gert       | M26 | M35+ | OptiRun          | 00:51:51 | 05:17  |
| 27   | 0073    | Vangeel       | Koen       | M27 | M35+ | OptiRun          | 00:52:59 | 05:24  |
| 28   | 0343    | Minten        | Niels      | M28 | M35+ | Gezondheidsprakt | 00:54:02 | 05:30  |
| 29   | 0348    | Heleven       | Senne      | M29 | M35+ | Gezondheidsprakt | 00:54:36 | 05:34  |
| 30   | 0337    | Luys          | Stijn      | M30 | M35+ | Wroetende Pony   | 00:55:22 | 05:38  |
| 31   | 0068    | Vanneste      | Thibaut    | M31 | M35+ |                  | 00:55:26 | 05:39  |
| 32   | 0306    | Vandersmissen | Mathy      | M32 | M35+ |                  | 00:56:02 | 05:43  |
| 33   | 0025    | De Broyer     | Björn      | M33 | M35+ | Foederer - Reyno | 01:01:41 | 06:17  |
| 34   | 0393    | SALIMI NADEM  | Pejman     | M34 | M35+ |                  | 01:04:26 | 06:34  |
| 35   | 0055    | Deswert       | Nick       | M35 | M35+ |                  | 01:11:14 | 07:16  |
| 36   | 0392    | HAMTAEI       | Sarallah   | M36 | M35+ |                  | 01:12:35 | 07:24  |

## Vitaal gezondheidspraktijk 10 km - Mannen 45+

| Rang | Borstnr | Achternaam   | Voornaam | M/V | Cat  | Club               | Tijd     | min/km |
|------|---------|--------------|----------|-----|------|--------------------|----------|--------|
| 1    | 7086    | Theys        | Kevin    | M1  | M45+ | SQM runningtea     | 00:34:26 | 03:30  |
| 2    | 0126    | Van de Gaer  | Wesley   | M2  | M45+ | SQM running tea    | 00:34:39 | 03:32  |
| 3    | 7118    | Vossius      | Peter    | M3  | M45+ | Sqm runningtea     | 00:35:15 | 03:35  |
| 4    | 0317    | Trappeniers  | Philip   | M4  | M45+ |                    | 00:35:44 | 03:38  |
| 5    | 0324    | Sneyers      | Jimmy    | M5  | M45+ |                    | 00:36:58 | 03:46  |
| 6    | 7105    | Vanden Bempt | Hans     | M6  | M45+ | SQMrunningtea      | 00:37:44 | 03:51  |
| 7    | 7027    | Stijnen      | David    | M7  | M45+ | Ac Alken           | 00:39:54 | 04:04  |
| 8    | 0144    | De Prins     | Bruno    | M8  | M45+ |                    | 00:40:48 | 04:09  |
| 9    | 0139    | Neven        | John     | M9  | M45+ |                    | 00:41:34 | 04:14  |
| 10   | 0384    | Hengst       | Marco    | M10 | M45+ |                    | 00:41:36 | 04:14  |
| 11   | 0137    | Olefs        | Kris     | M11 | M45+ |                    | 00:42:09 | 04:18  |
| 12   | 0105    | Deprez       | Marco    | M12 | M45+ | Geen               | 00:42:33 | 04:20  |
| 13   | 0374    | Verboven     | Juan     | M13 | M45+ |                    | 00:42:58 | 04:23  |
| 14   | 0005    | Declercq     | Pedro    | M14 | M45+ |                    | 00:43:55 | 04:28  |
| 15   | 0381    | Kinnaer      | Thijs    | M15 | M45+ |                    | 00:43:59 | 04:29  |
| 16   | 0090    | millen       | jurgen   | M16 | M45+ | fighters against c | 00:44:20 | 04:31  |
| 17   | 7021    | De Rouck     | Dave     | M17 | M45+ | LC De Rouckies     | 00:45:23 | 04:37  |
| 18   | 0122    | Bossens      | Jimmy    | M18 | M45+ |                    | 00:46:00 | 04:41  |
| 19   | 0094    | ARDUI        | Johan    | M19 | M45+ | VACH               | 00:46:43 | 04:46  |
| 20   | 7016    | Polders      | Kevin    | M20 | M45+ | Road Runners H     | 00:47:02 | 04:47  |
| 21   | 7143    | Vandeweyer   | Kris     | M21 | M45+ |                    | 00:47:08 | 04:48  |
| 22   | 0332    | Van de Velde | Anthony  | M22 | M45+ |                    | 00:47:43 | 04:52  |
| 23   | 0124    | Smets        | Tom      | M23 | M45+ | Rugbyclub Hassel   | 00:47:47 | 04:52  |
| 24   | 0052    | Rijskens     | Sven     | M24 | M45+ |                    | 00:50:04 | 05:06  |
| 25   | 0386    | Cools        | Guy      | M25 | M45+ |                    | 00:51:00 | 05:12  |
| 26   | 0140    | Plevoets     | Kenny    | M26 | M45+ | Road Runners H     | 00:52:12 | 05:19  |
| 27   | 0358    | Henderix     | Jeroen   | M27 | M45+ |                    | 00:53:19 | 05:26  |
| 28   | 7038    | Cammaerts    | Bart     | M28 | M45+ | Jogger Jo Schoor   | 00:54:16 | 05:32  |
| 29   | 0388    | nico         | mullens  | M29 | M45+ | nee                | 00:54:58 | 05:36  |
| 30   | 0024    | Jordens      | Tim      | M30 | M45+ | Foederer - Reyno   | 00:55:21 | 05:38  |
| 31   | 7050    | Coenen       | David    | M31 | M45+ |                    | 00:55:28 | 05:39  |
| 32   | 0325    | Biesmans     | Filip    | M32 | M45+ |                    | 00:57:20 | 05:51  |
| 33   | 0326    | nulens       | nicolas  | M33 | M45+ |                    | 00:57:20 | 05:51  |
| 34   | 0369    | Jans         | Mark     | M34 | M45+ |                    | 00:59:10 | 06:02  |
| 35   | 0378    | Coenen       | Robby    | M35 | M45+ |                    | 00:59:38 | 06:05  |
| 36   | 0134    | Deckers      | Danny    | M36 | M45+ |                    | 01:00:23 | 06:09  |

## Vitaal gezondheidspraktijk 10 km - Mannen 55+

| Rang | Borstnr | Achternaam  | Voornaam | M/V | Cat  | Club              | Tijd     | min/km |
|------|---------|-------------|----------|-----|------|-------------------|----------|--------|
| 1    | 7090    | Philippe    | Patrick  | M1  | M55+ | JiA               | 00:35:11 | 03:35  |
| 2    | 0128    | Verlinden   | Herwig   | M2  | M55+ | rsca              | 00:36:56 | 03:46  |
| 3    | 0116    | Maris       | Peter    | M3  | M55+ | VACH              | 00:37:09 | 03:47  |
| 4    | 0110    | Waterschoot | Eric     | M4  | M55+ | DCLA HALEN        | 00:39:12 | 03:59  |
| 5    | 0115    | D'AVELINO   | MICHAEL  | M5  | M55+ | MICHAEL D'AV      | 00:39:31 | 04:01  |
| 6    | 7153    | Wouters     | Chriske  | M6  | M55+ | SQM RUNNING       | 00:39:53 | 04:04  |
| 7    | 0385    | Piet        | Vangeel  | M7  | M55+ | Hoeselt Run       | 00:40:47 | 04:09  |
| 8    | 7039    | Requilé     | Philippe | M8  | M55+ | Bokkerijderstean  | 00:42:11 | 04:18  |
| 9    | 7154    | Slegers     | Werner   | M9  | M55+ | GeTC              | 00:43:28 | 04:26  |
| 10   | 7137    | Deneuker    | Tony     | M10 | M55+ | Hoeselt run       | 00:46:11 | 04:42  |
| 11   | 0101    | BIJLOOS     | Erik     | M11 | M55+ | VACH              | 00:46:39 | 04:45  |
| 12   | 0053    | Luykx       | Johny    | M12 | M55+ |                   | 00:48:31 | 04:57  |
| 13   | 0120    | Calders     | Rudy     | M13 | M55+ |                   | 00:50:03 | 05:06  |
| 14   | 0159    | Wijnen      | Guido    | M14 | M55+ | Hoeselt Run       | 00:50:20 | 05:08  |
| 15   | 0100    | SCHUT       | Johnny   | M15 | M55+ | VACH              | 00:50:21 | 05:08  |
| 16   | 0099    | GIELKENS    | Marc     | M16 | M55+ | VACH              | 00:51:02 | 05:12  |
| 17   | 0147    | Hiemeleers  | Mark     | M17 | M55+ |                   | 00:52:35 | 05:21  |
| 18   | 0107    | vanaenrode  | ronny    | M18 | M55+ |                   | 00:53:59 | 05:30  |
| 19   | 7112    | Vandenbergh | Eddy     | M19 | M55+ | Allein luk t ouch | 00:56:47 | 05:47  |
| 20   | 7157    | Beirinckx   | Peter    | M20 | M55+ | Beerrunners       | 00:59:39 | 06:05  |
| 21   | 0106    | Myny        | Danny    | M21 | M55+ |                   | 01:02:20 | 06:21  |

## Vitaal gezondheidspraktijk 10 km - Mannen 65+

| Rang | Borstnr | Achternaam  | Voornaam | M/V | Cat  | Club       | Tijd     | min/km |
|------|---------|-------------|----------|-----|------|------------|----------|--------|
| 1    | 7030    | Werckx      | Ludo     | M1  | M65+ | ACA        | 00:40:34 | 04:08  |
| 2    | 7125    | Hiemeleers  | Marc     | M2  | M65+ | AC Alken   | 00:41:18 | 04:12  |
| 3    | 0160    | Dekens      | Danny    | M3  | M65+ | Dcla Halen | 00:42:18 | 04:18  |
| 4    | 7012    | Verschueren | Frank    | M4  | M65+ |            | 00:46:04 | 04:42  |
| 5    | 7099    | Govaerts    | Kris     | M5  | M65+ | AC Alken   | 00:50:58 | 05:12  |
| 6    | 0114    | Buekers     | Marc     | M6  | M65+ | Z.A.C.     | 00:51:08 | 05:13  |
| 7    | 0151    | Eersels     | Patrick  | M7  | M65+ |            | 00:54:52 | 05:35  |

## Vitaal gezondheidspraktijk 10 km - Vrouwen 35-

| Rang | Borstnr | Achternaam       | Voornaam   | M/V | Cat  | Club                | Tijd     | min/km |
|------|---------|------------------|------------|-----|------|---------------------|----------|--------|
| 1    | 0344    | Moons            | Nele       | V1  | V35- | Gezondheidspraktijk | 00:43:58 | 04:29  |
| 2    | 0155    | Van Marcke       | Sara       | V2  | V35- |                     | 00:53:25 | 05:27  |
| 3    | 0390    | Vandooren        | Drea       | V3  | V35- | ATLA                | 00:53:51 | 05:29  |
| 4    | 0389    | Vandooren        | Emma       | V4  | V35- |                     | 00:53:52 | 05:29  |
| 5    | 7121    | Hiemeleers       | Queeny     | V5  | V35- |                     | 00:53:53 | 05:29  |
| 6    | 0127    | Bruggen          | Lien       | V6  | V35- |                     | 00:54:10 | 05:31  |
| 7    | 0138    | Van Bogaert      | Jutta      | V7  | V35- |                     | 00:55:33 | 05:40  |
| 8    | 0043    | Vanreppelen      | Hanne      | V8  | V35- |                     | 00:55:39 | 05:40  |
| 9    | 0377    | Winters          | Hanne      | V9  | V35- |                     | 00:55:41 | 05:40  |
| 10   | 0047    | Matthys          | Sofie      | V10 | V35- | KBC Sint-Truiden    | 00:55:47 | 05:41  |
| 11   | 0041    | Van Gaever       | Aagje      | V11 | V35- |                     | 00:56:05 | 05:43  |
| 12   | 0014    | Vanderhoydonks   | Nele       | V12 | V35- | Foederer            | 00:59:51 | 06:06  |
| 13   | 0086    | Vanderhoydonks   | Ine        | V13 | V35- |                     | 00:59:52 | 06:06  |
| 14   | 0010    |                  | Katrien    | V14 | V35- | Foederer            | 00:59:54 | 06:06  |
| 15   | 0008    | Simkens          | Kiara      | V15 | V35- |                     | 01:00:20 | 06:09  |
| 16   | 0131    | Graulius         | Lobke      | V16 | V35- |                     | 01:00:44 | 06:11  |
| 17   | 0130    | Graulius         | Elke       | V17 | V35- |                     | 01:00:59 | 06:13  |
| 18   | 0034    | Dedroog          | Birne      | V18 | V35- |                     | 01:01:19 | 06:15  |
| 19   | 0049    | Grommen          | Emelie     | V19 | V35- |                     | 01:03:08 | 06:26  |
| 20   | 0158    | Marchal          | Bieke      | V20 | V35- |                     | 01:03:14 | 06:27  |
| 21   | 0157    | Abrams           | Astrid     | V21 | V35- |                     | 01:03:15 | 06:27  |
| 22   | 0328    | Segers           | Reile      | V22 | V35- |                     | 01:04:00 | 06:31  |
| 23   | 0070    | Machiels         | Shari      | V23 | V35- |                     | 01:05:18 | 06:39  |
| 24   | 0309    | Oome             | Hanne      | V24 | V35- | Rugbyclub Hasselt   | 01:05:23 | 06:40  |
| 25   | 0059    | Jongen           | Emma       | V25 | V35- |                     | 01:06:36 | 06:47  |
| 26   | 0104    | Verwimp          | Jana Freya | V26 | V35- |                     | 01:06:37 | 06:47  |
| 27   | 0111    | vermeesch        | lieselotte | V27 | V35- |                     | 01:07:16 | 06:51  |
| 28   | 0112    | Christiaans      | Maika      | V28 | V35- |                     | 01:08:20 | 06:58  |
| 29   | 0117    | Vandebroek       | Geike      | V29 | V35- |                     | 01:08:44 | 07:00  |
| 30   | 0103    | Vandereyken      | Roos       | V30 | V35- |                     | 01:09:23 | 07:04  |
| 31   | 0063    | De Wispelaere    | Ottelien   | V31 | V35- |                     | 01:09:24 | 07:04  |
| 32   | 0056    | Michiels         | Lotte      | V32 | V35- |                     | 01:11:12 | 07:15  |
| 33   | 0040    | Sempels Gaethofs | Els        | V33 | V35- |                     | 01:11:13 | 07:16  |

## Vitaal gezondheidspraktijk 10 km - Vrouwen 35+

| Rang | Borstnr | Achternaam        | Voornaam  | M/V | Cat  | Club             | Tijd     | min/km |
|------|---------|-------------------|-----------|-----|------|------------------|----------|--------|
| 1    | 7089    | Philippe-Stoumont | Laure     | V1  | V35+ | JiA              | 00:42:00 | 04:17  |
| 2    | 0146    | Bodocka           | Zuzana    | V2  | V35+ |                  | 00:43:56 | 04:28  |
| 3    | 0376    | Van Kaert         | Inge      | V3  | V35+ | team hart        | 00:44:45 | 04:33  |
| 4    | 0331    | Hawinkel          | Sarah     | V4  | V35+ |                  | 00:49:50 | 05:05  |
| 5    | 0038    | Wilks             | Helen     | V5  | V35+ |                  | 00:51:04 | 05:12  |
| 6    | 0150    | Aerts             | Lucinda   | V6  | V35+ |                  | 00:51:30 | 05:15  |
| 7    | 0083    | Sfirtsis          | Nathalie  | V7  | V35+ | OptiRun          | 00:55:35 | 05:40  |
| 8    | 7092    | Hiemeleers        | Sharon    | V8  | V35+ | AC Alken         | 01:00:07 | 06:08  |
| 9    | 0145    | Brebels           | Ilse      | V9  | V35+ |                  | 01:00:28 | 06:10  |
| 10   | 0004    | Van De Sompel     | Marjolein | V10 | V35+ |                  | 01:00:43 | 06:11  |
| 11   | 0009    | De Mol            | Dorien    | V11 | V35+ |                  | 01:00:43 | 06:11  |
| 12   | 0071    | Renaud            | Lizzy     | V12 | V35+ | OptiRun          | 01:02:07 | 06:20  |
| 13   | 0026    | Hubin             | Elouise   | V13 | V35+ | Foederer - Reyno | 01:06:11 | 06:45  |
| 14   | 0002    | marcoen           | petra     | V14 | V35+ |                  | 01:08:05 | 06:56  |
| 15   | 0036    | Bogaers           | Danielle  | V15 | V35+ |                  | 01:08:09 | 06:57  |

## Vitaal gezondheidspraktijk 10 km - Vrouwen 45+

| Rang | Borstnr | Achternaam   | Voornaam | M/V | Cat  | Club            | Tijd     | min/km |
|------|---------|--------------|----------|-----|------|-----------------|----------|--------|
| 1    | 7095    | Shaham       | Sarah    | V1  | V45+ |                 | 00:42:55 | 04:22  |
| 2    | 7057    | Schroven     | Hilde    | V2  | V45+ | GS Running team | 00:43:34 | 04:26  |
| 3    | 7065    | Knapen       | Griet    | V3  | V45+ | VACH            | 00:44:10 | 04:30  |
| 4    | 0091    | Cosemans     | Kirsten  | V4  | V45+ | VACH            | 00:49:52 | 05:05  |
| 5    | 0373    | De Bus       | Martien  | V5  | V45+ | VACH            | 00:49:52 | 05:05  |
| 6    | 7082    | Croughs      | An       | V6  | V45+ |                 | 00:50:07 | 05:06  |
| 7    | 0153    | Moors        | Katleen  | V7  | V45+ | Hoeselt Run     | 00:50:19 | 05:08  |
| 8    | 0093    | SCHOLS       | Carmen   | V8  | V45+ | VACH            | 00:51:20 | 05:14  |
| 9    | 7017    | Schunselaar  | Maaike   | V9  | V45+ | Aca Alken       | 00:54:19 | 05:32  |
| 10   | 0152    | Matsch       | Wiebke   | V10 | V45+ |                 | 00:57:24 | 05:51  |
| 11   | 0061    | Kuylen       | Sabine   | V11 | V45+ |                 | 00:57:26 | 05:51  |
| 12   | 0135    | Goeman       | Ilse     | V12 | V45+ |                 | 01:00:22 | 06:09  |
| 13   | 0060    | Bosmans      | Elke     | V13 | V45+ |                 | 01:08:32 | 06:59  |
| 14   | 0019    | Vanden Eynde | Katja    | V14 | V45+ | Foederer        | 01:12:32 | 07:24  |



## Vitaal gezondheidspraktijk 10 km - Vrouwen 55+

| Rang | Borstnr | Achternaam     | Voornaam | M/V | Cat  | Club                | Tijd     | min/km |
|------|---------|----------------|----------|-----|------|---------------------|----------|--------|
| 1    | 0102    | Vankrunkelsven | Leen     | V1  | V55+ | VACH                | 00:42:32 | 04:20  |
| 2    | 0098    | VANKRUNKELSVEN | Christel | V2  | V55+ | VACH                | 00:45:57 | 04:41  |
| 3    | 7081    | Moons          | Lydia    | V3  | V55+ |                     | 00:47:45 | 04:52  |
| 4    | 0379    | Duchateau      | Clemie   | V4  | V55+ | Atletiek Maastricht | 00:49:23 | 05:02  |
| 5    | 7056    | Philippaerts   | Greta    | V5  | V55+ | ACAAlken            | 00:51:55 | 05:17  |
| 6    | 0046    | DHONDT         | CORINNE  | V6  | V55+ | SVH KURINGE         | 00:57:50 | 05:54  |

## Vitaal gezondheidspraktijk 10 km - Vrouwen 65+

| Rang | Borstnr | Achternaam | Voornaam | M/V | Cat  | Club     | Tijd     | min/km |
|------|---------|------------|----------|-----|------|----------|----------|--------|
| 1    | 7098    | Van Zand   | Maja     | V1  | V65+ | AC Alken | 00:54:18 | 05:32  |