



## Helpshopcup - 10 KM - Algemene rangschikking

Startuur : 03-06-2023 19:45:04

Uitslag is volledig

Rang	Borstnr	Achternaam	Voornaam	M/V	Cat	Club	Tijd	min/km
1	0385	Ptry	Cdric Joseph	M1	M35+	SQM Maes runn	00:35:36	03:33
2	0232	Scholts	Kylian	M2	M35-		00:36:13	03:37
3	5045	Vanden Bempt	Hans	M3	M35+	MaesSQMrunnir	00:36:29	03:38
4	5084	Vossius	Peter	M4	M45+	MAES SQM Ru	00:36:40	03:40
5	0358	Ruymen	Wouter	M5	M35-	AC Alken	00:36:58	03:41
6	5048	De Man	Robbe	M6	M35-		00:37:03	03:42
7	0383	Boden	Niki Ida	M7	M35+		00:37:10	03:43
8	5041	Van Marcke	Pascal	M8	M55+	MAES SQM Ru	00:37:18	03:43
9	5049	Wouters	Chriske	M9	M45+	MAES SQM RU	00:37:31	03:45
10	5036	Geijssenbergh	Gert	M10	M35+		00:37:50	03:47
11	5086	Van Asselbergh	Jorden	M11	M35-	ADD VACH	00:37:55	03:47
12	0348	Aerts	Sam	M12	M45+	ACA Alken	00:37:59	03:47
13	5009	De Rooy	Andy	M13	M45+	Coyote sports tea	00:39:01	03:54
14	5021	Claes	Jasper	M14	M35-	ADD Diepenbee	00:39:17	03:55
15	0352	Smyk	Ian	M15	M35-		00:39:32	03:57
16	0372	Protas	Igor	M16	M35+		00:39:35	03:57
17	0365	Vanstraelen	Dries	M17	M35-		00:40:02	04:00
18	0334	Noelmans	Bram	M18	M35+		00:40:09	04:00
19	0376	Willems	Dirk	M19	M55+	Tact	00:40:21	04:02
20	0329	Beelen	Tillo	M20	M35+		00:40:26	04:02
21	0312	Vandenborre	Julien	M21	M35+	Challenge la Me	00:41:25	04:08
22	0326	Vanmechelen	Simon	M22	M35+		00:41:39	04:09
23	5034	Vandersmissen	Jolien	V1	V35-	Dcla halen - sqm	00:41:52	04:11
24	0332	Hollants	Jean-Paul	M23	M45+	vach	00:41:56	04:11
25	5043	Baerts	Chris	M24	M45+		00:42:13	04:13
26	0386	Lodewijckx	Luc	M25	M55+	Roadrunners Has	00:42:29	04:14
27	0324	Dirickx	Nico	M26	M35+	Burchtlopers	00:44:02	04:24
28	0311	Donnay	Xavier	M27	M35-		00:44:10	04:25
29	0303	Van Nerum	Davy	M28	M35+		00:44:13	04:25
30	5067	Hiemeleers	Marc	M29	M65+	AC Alken	00:44:24	04:26
31	0389	sampermans	bart	M30	M35+	dcla halen	00:44:47	04:28
32	0355	Wintmolders	Jeroen	M31	M35+	VCST - Trudoru	00:44:50	04:29
33	0323	Motten	James	M32	M35+	BOLT	00:44:52	04:29
34	5015	Arnauts	Elle	V2	V35-	Tact	00:45:09	04:30
35	5002	Permentier	Gilbert	M33	M55+		00:45:34	04:33
36	0320	Rassary	Gary	M34	M35-		00:45:41	04:34
37	0345	Schoovaerts	Stijn	M35	M35+		00:45:46	04:34
38	0387	Truyens	Jeroen	M36	M35+		00:46:19	04:37

Rang	Borstnr	Achternaam	Voornaam	M/V	Cat	Club	Tijd	min/km
39	0364	Geysenbergh	Vic	M37	M35-		00:46:57	04:41
40	0203	Tomsin	Ronny	M38	M45+	Hoeselt Run	00:47:03	04:42
41	0337	Thijssen	Bram	M39	M35+		00:47:04	04:42
42	0250	Vankrunkelsven	Leen	V3	V55+		00:47:14	04:43
43	0367	Stas	Katrien	V4	V45+	Dcla	00:47:39	04:45
44	0319	Billen	Sara	V5	V35-		00:47:53	04:47
45	5062	Slegers	Werner	M40	M55+		00:48:19	04:49
46	0382	Vranckx	Benoit Roland	M41	M65+	TessChemie	00:48:31	04:51
47	5078	Crougths	An	V6	V35+	Run TMC	00:49:00	04:54
48	5001	Moons	Lydia	V7	V55+	Geen	00:49:17	04:55
49	0390	Martens	Roel Paul	M42	M35+		00:49:52	04:59
50	0213	Schevenels	Jarno	M43	M35-		00:50:08	05:00
51	0301	Leenen	Raf	M44	M45+		00:50:12	05:01
52	0380	Knapen	Andy	M45	M35-		00:50:19	05:01
53	0368	Theys	Hermine	V8	V35+	DCLA Halen	00:50:24	05:02
54	0349	Frankenne	Linda	V9	V45+	Gs runing team	00:50:30	05:03
55	0354	Geusens	Carine	V10	V45+		00:50:54	05:05
56	0353	Gielen	Brecht	M46	M35-		00:51:08	05:06
57	5023	Baus	Carlo	M47	M45+	Bokkerijderstear	00:51:10	05:07
58	0340	Bergen	Marc	M48	M35+		00:51:27	05:08
59	5056	Bauduin	Ianthe	V11	V35-	Trenara	00:51:41	05:10
60	0339	Vandermeeren	Erwin	M49	M55+		00:51:46	05:10
61	0343	Ryzhankova	Alesia	V12	V35+	obasi	00:51:49	05:10
62	5020	Hermans	Martine	V13	V55+		00:52:44	05:16
63	0360	Lambrechts	Jeroen	M50	M35-		00:52:48	05:16
64	5037	Govaerts	Kris	M51	M65+	AC Alken	00:52:48	05:16
65	0313	Lybeer	Jonathan	M52	M35-		00:52:58	05:17
66	5014	Koopmans	Kim	V14	V35+		00:53:26	05:20
67	0336	Vansweevelt	Luc	M53	M45+	Burchtloper	00:53:29	05:20
68	0359	Ryzhankou	Bogdan	M54	M35-	obasi	00:53:38	05:21
69	0356	Bedert	Maximiliaan	M55	M35-		00:53:49	05:22
70	5088	Arnauts	Els	V15	V35+		00:54:04	05:24
71	0369	Bortels	Joachim	M56	M35-		00:54:37	05:27
72	5038	Van Zand	Maja	V16	V65+	AC Alken	00:54:40	05:28
73	5094	Polders	Jos	M57	M65+	ACA	00:54:42	05:28
74	5050	Vanheusden	Wim	M58	M45+		00:54:48	05:28
75	5060	Smolders	Mario	M59	M45+	Speelhofrunners	00:54:52	05:29
76	0306	Kempeneers	Brecht	M60	M35+		00:54:57	05:29
77	0366	Hendrickx	Shana	V17	V35-		00:54:59	05:29
78	5047	Coenen	David	M61	M45+		00:55:23	05:32
79	5068	coenen	Kris	M62	M35+	Bokkerijderstear	00:55:31	05:33
80	0373	Vandervelpen	Koen	M63	M35+		00:55:33	05:33
81	5028	loix	johnny	M64	M55+		00:55:36	05:33
82	0346	Coenen	Wouter	M65	M35+		00:55:38	05:33
83	0370	Mignolet	Glenn	M66	M35-		00:56:24	05:38
84	0371	Knuts	Geert	M67	M45+		00:57:25	05:44
85	0391	Ketelslegers	Frank Marie	M68	M45+		00:58:41	05:52

Rang	Borstnr	Achternaam	Voornaam	M/V	Cat	Club	Tijd	min/km
86	0347	Maessen	Sebbie	M69	M45+		00:58:48	05:52
87	0384	Beirinckx	Sofie	V18	V35-		00:58:48	05:52
88	0388	Marchesini	Nadia	V19	V45+	Roadrunners Has	01:00:15	06:01
89	0379	Schoofs	Hilde Louisa	V20	V55+		01:00:37	06:03
90	5080	Vandenbergh	Eddy	M70	M45+		01:00:54	06:05
91	0374	Hendricx	Margit	V21	V45+		01:01:59	06:11
92	0377	Grommen	Marie Nella	V22	V45+	nee	01:01:59	06:11
93	0363	Swennen Groffils	Magali	V23	V35+		01:02:20	06:14
94	0381	Beirinckx	Peter	M71	M55+		01:02:49	06:16
95	0308	Champagne	Lisa	V24	V35-		01:02:56	06:17
96	0307	Lenaerts	Jolien	V25	V35-		01:02:58	06:17
97	0335	Pollenus	Cedric	M72	M35+		01:02:58	06:17
98	0341	loosen	wim	M73	M45+		01:03:00	06:18
99	0361	Geladé	Erica	V26	V35-		01:03:02	06:18
100	0362	Geladé	Femke	V27	V35-		01:03:03	06:18
101	0325	Stippelmans	Annemie	V28	V45+		01:03:06	06:18
102	5082	Saro	Tanya	V29	V35+		01:03:39	06:21
103	0206	paulien vaes	paulien	V30	V35-		01:04:06	06:24
104	0317	Das	Femke	V31	V35-		01:04:07	06:24
105	0333	Benaets	Patricia	V32	V55+		01:05:13	06:31
106	0304	Degros	Lindsay	V33	V35+		01:05:49	06:34
107	0314	Kerckhofs	Jaak	M74	M65+		01:06:47	06:40
108	0375	vandersmissen	tina	V34	V35+		01:09:07	06:54
109	0357	Hulsmans	Pierre	M75	M65+		01:11:05	07:06
110	0331	De Winter	An	V35	V45+		01:18:33	07:51
111	0350	Vaes	Wendy	V36	V35+		01:19:28	07:56
112	0351	Vaes	Kelly	V37	V35+		01:19:29	07:56
113	0342	Erkens	Kristof	M76	M35+	Reshape Studio	01:19:31	07:57
114	0328	Vanmechelen	Jutta	V38	V35-	Tact	01:20:11	08:01
115	0315	roosen	leo	M77	M65+	zac zonhoven	01:21:36	08:09

	0378	Goffings	Jef	M	M35-		00:00:00	00:00
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## Helpshopcup - 10 KM - Mannen 35-

Startuur : 03-06-2023 19:45:04

Uitslag is volledig

Rang	Borstnr	Achternaam	Voornaam	M/V	Cat	Club	Tijd	min/km
1	0232	Scholts	Kylian	M1	M35-		00:36:13	03:37
2	0358	Ruymen	Wouter	M2	M35-	AC Alken	00:36:58	03:41
3	5048	De Man	Robbe	M3	M35-		00:37:03	03:42
4	5086	Van Asselbergh	Jorden	M4	M35-	ADD VACH	00:37:55	03:47
5	5021	Claes	Jasper	M5	M35-	ADD Diepenbee	00:39:17	03:55
6	0352	Smyk	Ian	M6	M35-		00:39:32	03:57
7	0365	Vanstraelen	Dries	M7	M35-		00:40:02	04:00
8	0311	Donnay	Xavier	M8	M35-		00:44:10	04:25
9	0320	Rassary	Gary	M9	M35-		00:45:41	04:34
10	0364	Geysenbergh	Vic	M10	M35-		00:46:57	04:41
11	0213	Schevenels	Jarno	M11	M35-		00:50:08	05:00
12	0380	Knapen	Andy	M12	M35-		00:50:19	05:01
13	0353	Gielen	Brecht	M13	M35-		00:51:08	05:06
14	0360	Lambrechts	Jeroen	M14	M35-		00:52:48	05:16
15	0313	Lybeer	Jonathan	M15	M35-		00:52:58	05:17
16	0359	Ryzhankou	Bogdan	M16	M35-	obasi	00:53:38	05:21
17	0356	Bedert	Maximiliaan	M17	M35-		00:53:49	05:22
18	0369	Bortels	Joachim	M18	M35-		00:54:37	05:27
19	0370	Mignolet	Glenn	M19	M35-		00:56:24	05:38

## Helpshopcup - 10 KM - Mannen 35+

Startuur : Startuur : 03-06-2023 19:45:04

Uitslag is volledig

Rang	Borstnr	Achternaam	Voornaam	M/V	Cat	Club	Tijd	min/km
1	0385	Ptry	Cdric Joseph	M1	M35+	SQM Maes runn	00:35:36	03:33
2	5045	Vanden Bempt	Hans	M2	M35+	MaesSQMrunnir	00:36:29	03:38
3	0383	Boden	Niki Ida	M3	M35+		00:37:10	03:43
4	5036	Geijsenbergh	Gert	M4	M35+		00:37:50	03:47
5	0372	Protas	Igor	M5	M35+		00:39:35	03:57
6	0334	Noelmans	Bram	M6	M35+		00:40:09	04:00
7	0329	Beelen	Tillo	M7	M35+		00:40:26	04:02
8	0312	Vandenborre	Julien	M8	M35+	Challenge la Me	00:41:25	04:08
9	0326	Vanmechelen	Simon	M9	M35+		00:41:39	04:09
10	0324	Dirickx	Nico	M10	M35+	Burchtlopers	00:44:02	04:24
11	0303	Van Nerum	Davy	M11	M35+		00:44:13	04:25
12	0389	sampermans	bart	M12	M35+	dcla halen	00:44:47	04:28
13	0355	Wintmolders	Jeroen	M13	M35+	VCST - Trudoru	00:44:50	04:29
14	0323	Motten	James	M14	M35+	BOLT	00:44:52	04:29
15	0345	Schoovaerts	Stijn	M15	M35+		00:45:46	04:34
16	0387	Truyens	Jeroen	M16	M35+		00:46:19	04:37
17	0337	Thijssen	Bram	M17	M35+		00:47:04	04:42
18	0390	Martens	Roel Paul	M18	M35+		00:49:52	04:59
19	0340	Bergen	Marc	M19	M35+		00:51:27	05:08
20	0306	Kempeneers	Brecht	M20	M35+		00:54:57	05:29
21	5068	coenen	Kris	M21	M35+	Bokkerijderstear	00:55:31	05:33
22	0373	Vandervelpen	Koen	M22	M35+		00:55:33	05:33
23	0346	Coenen	Wouter	M23	M35+		00:55:38	05:33
24	0335	Pollenus	Cedric	M24	M35+		01:02:58	06:17
25	0342	Erkens	Kristof	M25	M35+	Reshape Studio	01:19:31	07:57

## Helpshopcup - 10 KM - Mannen 45+

Startuur : Startuur : Startuur : 03-06-2023 19:45:04

Uitslag is volledig

Rang	Borstnr	Achternaam	Voornaam	M/V	Cat	Club	Tijd	min/km
1	5084	Vossius	Peter	M1	M45+	MAES SQM Ru	00:36:40	03:40
2	5049	Wouters	Chriske	M2	M45+	MAES SQM RU	00:37:31	03:45
3	0348	Aerts	Sam	M3	M45+	ACA Alken	00:37:59	03:47
4	5009	De Rooy	Andy	M4	M45+	Coyote sports tea	00:39:01	03:54
5	0332	Hollants	Jean-Paul	M5	M45+	vach	00:41:56	04:11
6	5043	Baerts	Chris	M6	M45+		00:42:13	04:13
7	0203	Tomsin	Ronny	M7	M45+	Hoeselt Run	00:47:03	04:42
8	0301	Leenen	Raf	M8	M45+		00:50:12	05:01
9	5023	Baus	Carlo	M9	M45+	Bokkerijderstea	00:51:10	05:07
10	0336	Vansweevelt	Luc	M10	M45+	Burchtloper	00:53:29	05:20
11	5050	Vanheusden	Wim	M11	M45+		00:54:48	05:28
12	5060	Smolders	Mario	M12	M45+	Speelhofrunners	00:54:52	05:29
13	5047	Coenen	David	M13	M45+		00:55:23	05:32
14	0371	Knuts	Geert	M14	M45+		00:57:25	05:44
15	0391	Ketelslegers	Frank Marie	M15	M45+		00:58:41	05:52
16	0347	Maessen	Sebbie	M16	M45+		00:58:48	05:52
17	5080	Vandenbergh	Eddy	M17	M45+		01:00:54	06:05
18	0341	loosen	wim	M18	M45+		01:03:00	06:18

## Helpshopcup - 10 KM - Mannen 55+

Startuur : Startuur : Startuur : Startuur : 03-06-2023 19:45:04

Uitslag is volledig

Rang	Borstnr	Achternaam	Voornaam	M/V	Cat	Club	Tijd	min/km
1	5041	Van Marcke	Pascal	M1	M55+	MAES SQM Ru	00:37:18	03:43
2	0376	Willems	Dirk	M2	M55+	Tact	00:40:21	04:02
3	0386	Lodewijckx	Luc	M3	M55+	Roadrunners Has	00:42:29	04:14
4	5002	Permentier	Gilbert	M4	M55+		00:45:34	04:33
5	5062	Slegers	Werner	M5	M55+		00:48:19	04:49
6	0339	Vandermeeren	Erwin	M6	M55+		00:51:46	05:10
7	5028	loix	johnny	M7	M55+		00:55:36	05:33
8	0381	Beirinckx	Peter	M8	M55+		01:02:49	06:16

## Helpshopcup - 10 KM - Mannen 65+

Startuur : Startuur : Startuur : Startuur : Startuur : 03-06-2023 19:45:04

Uitslag is volledig

Rang	Borstnr	Achternaam	Voornaam	M/V	Cat	Club	Tijd	min/km
1	5067	Hiemeleers	Marc	M1	M65+	AC Alken	00:44:24	04:26
2	0382	Vranckx	Benoit Roland	M2	M65+	TessChemie	00:48:31	04:51
3	5037	Govaerts	Kris	M3	M65+	AC Alken	00:52:48	05:16
4	5094	Polders	Jos	M4	M65+	ACA	00:54:42	05:28
5	0314	Kerckhofs	Jaak	M5	M65+		01:06:47	06:40
6	0357	Hulsmans	Pierre	M6	M65+		01:11:05	07:06
7	0315	roosen	leo	M7	M65+	zac zonhoven	01:21:36	08:09



## Helpshopcup - 10 KM - Vrouwen 35-

Startuur : 03-06-2023 19:45:04

Uitslag is volledig

Rang	Borstnr	Achternaam	Voornaam	M/V	Cat	Club	Tijd	min/km
1	5034	Vandersmissen	Jolien	V1	V35-	Dcla halen - sqm	00:41:52	04:11
2	5015	Arnauts	Elle	V2	V35-	Tact	00:45:09	04:30
3	0319	Billen	Sara	V3	V35-		00:47:53	04:47
4	5056	Bauduin	Ianthe	V4	V35-	Trenara	00:51:41	05:10
5	0366	Hendrickx	Shana	V5	V35-		00:54:59	05:29
6	0384	Beirinckx	Sofie	V6	V35-		00:58:48	05:52
7	0308	Champagne	Lisa	V7	V35-		01:02:56	06:17
8	0307	Lenaerts	Jolien	V8	V35-		01:02:58	06:17
9	0361	Geladé	Erica	V9	V35-		01:03:02	06:18
10	0362	Geladé	Femke	V10	V35-		01:03:03	06:18
11	0206	paulien vaes	paulien	V11	V35-		01:04:06	06:24
12	0317	Das	Femke	V12	V35-		01:04:07	06:24
13	0328	Vanmechelen	Jutta	V13	V35-	Tact	01:20:11	08:01

## Helpshopcup - 10 KM - Vrouwen 35+

Startuur : Startuur : 03-06-2023 19:45:04

Uitslag is volledig

Rang	Borstnr	Achternaam	Voornaam	M/V	Cat	Club	Tijd	min/km
1	5078	Croughs	An	V1	V35+	Run TMC	00:49:00	04:54
2	0368	Theys	Hermine	V2	V35+	DCLA Halen	00:50:24	05:02
3	0343	Ryzhankova	Alesia	V3	V35+	obasi	00:51:49	05:10
4	5014	Koopmans	Kim	V4	V35+		00:53:26	05:20
5	5088	Arnauts	Els	V5	V35+		00:54:04	05:24
6	0363	Swennen Groffils	Magali	V6	V35+		01:02:20	06:14
7	5082	Saro	Tanya	V7	V35+		01:03:39	06:21
8	0304	Degros	Lindsay	V8	V35+		01:05:49	06:34
9	0375	vandersmissen	tina	V9	V35+		01:09:07	06:54
10	0350	Vaes	Wendy	V10	V35+		01:19:28	07:56
11	0351	Vaes	Kelly	V11	V35+		01:19:29	07:56

## Helpshopcup - 10 KM - Vrouwen 45+

Startuur : Startuur : Startuur : 03-06-2023 19:45:04

Uitslag is volledig

Rang	Borstnr	Achternaam	Voornaam	M/V	Cat	Club	Tijd	min/km
1	0367	Stas	Katrien	V1	V45+	Dcla	00:47:39	04:45
2	0349	Frankenne	Linda	V2	V45+	Gs runing team	00:50:30	05:03
3	0354	Geusens	Carine	V3	V45+		00:50:54	05:05
4	0388	Marchesini	Nadia	V4	V45+	Roadrunners Has	01:00:15	06:01
5	0374	Hendricx	Margit	V5	V45+		01:01:59	06:11
6	0377	Grommen	Marie Nella	V6	V45+	nee	01:01:59	06:11
7	0325	Stippelmans	Annemie	V7	V45+		01:03:06	06:18
8	0331	De Winter	An	V8	V45+		01:18:33	07:51

## Helpshopcup - 10 KM - Vrouwen 55+

Startuur : Startuur : Startuur : Startuur : 03-06-2023 19:45:04

Uitslag is volledig

Rang	Borstnr	Achternaam	Voornaam	M/V	Cat	Club	Tijd	min/km
1	0250	Vankrunkelsven	Leen	V1	V55+		00:47:14	04:43
2	5001	Moons	Lydia	V2	V55+	Geen	00:49:17	04:55
3	5020	Hermans	Martine	V3	V55+		00:52:44	05:16
4	0379	Schoofs	Hilde Louisa	V4	V55+		01:00:37	06:03
5	0333	Benaets	Patricia	V5	V55+		01:05:13	06:31

## Helpshopcup - 10 KM - Vrouwen 65+

Startuur : Startuur : Startuur : Startuur : Startuur : 03-06-2023 19:45:04

Uitslag is volledig

Rang	Borstnr	Achternaam	Voornaam	M/V	Cat	Club	Tijd	min/km
1	5038	Van Zand	Maja	V1	V65+	AC Alken	00:54:40	05:28



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