

## Foca Run 5 km - Algemene rangschikking

Startuur : 27-06-2025 19:45:18

Uitslag is volledig

| Rang | Borstnr | Achternaam      | Voornaam   | M/V | Cat | Club              | Tijd     | min/km |
|------|---------|-----------------|------------|-----|-----|-------------------|----------|--------|
| 1    | 0642    | Vandeputte      | Jonas      | M1  | M27 | Ultron Team       | 00:14:47 | 02:57  |
| 2    | 0820    | Roelandt        | Dieter     | M2  | M33 |                   | 00:15:01 | 03:00  |
| 3    | 0805    | Lauwaert        | Laurens    | M3  | M26 |                   | 00:15:32 | 03:06  |
| 4    | 0317    | De brouwer      | Kristof    | M4  | M38 | TriPerformance    | 00:16:22 | 03:16  |
| 5    | 0183    | Francq          | Timon      | M5  | M16 | Triathlonclub De  | 00:16:31 | 03:18  |
| 6    | 0320    | Caratzicos      | Costis     | M6  | M39 | Cs dyles          | 00:16:51 | 03:22  |
| 7    | 0323    | Poppe           | Jorden     | M7  | M28 |                   | 00:17:13 | 03:26  |
| 8    | 0239    | Neckebroek      | Gus        | M8  | M15 | Vlierzele sportie | 00:17:24 | 03:28  |
| 9    | 0703    | Van Gerven      | Gielen     | M9  | M31 | Aalst             | 00:17:36 | 03:31  |
| 10   | 0187    | De Meuleneire   | Laurenz    | M10 | M33 |                   | 00:17:38 | 03:31  |
| 11   | 0199    | Meert           | Joris      | M11 | M43 |                   | 00:17:41 | 03:32  |
| 12   | 0332    | Vandepontseele  | Alizée     | V1  | V11 | VS                | 00:17:55 | 03:35  |
| 13   | 0826    | De Meerleer     | Davy       | M12 | M29 |                   | 00:18:24 | 03:40  |
| 14   | 0188    | Caluwe          | Arne       | M13 | M26 | -                 | 00:18:30 | 03:42  |
| 15   | 0316    | Goossens        | Michiel    | M14 | M36 | Kapsalon Vera     | 00:18:43 | 03:44  |
| 16   | 0638    | Uyttersprot     | Zoë        | V2  | V24 | Vlierzele Sportie | 00:18:53 | 03:46  |
| 17   | 0190    | Eeckhout        | Elias      | M15 | M41 | Vlierzele Sportie | 00:19:14 | 03:50  |
| 18   | 0663    | Van Herrewege   | Wout       | M16 | M12 | Vlierzele sportie | 00:19:19 | 03:51  |
| 19   | 0200    | Meert           | Maarten    | M17 | M14 |                   | 00:19:20 | 03:52  |
| 20   | 0647    | Stammeleer      | Jules      | M18 | M13 | Vlierzele Sportie | 00:19:24 | 03:52  |
| 21   | 0322    | Lamhouh         | Driss      | M19 | M12 | Vlierzele sportie | 00:19:28 | 03:53  |
| 22   | 0782    | Baetsl          | Olivier    | M20 | M50 |                   | 00:19:30 | 03:54  |
| 23   | 0846    | Fonck           | Tristan    | M21 | M15 | Boxing woest      | 00:19:35 | 03:55  |
| 24   | 0205    | Van Hecke       | Christophe | M22 | M34 | Jims Fitness      | 00:19:37 | 03:55  |
| 25   | 0215    | De Vetter       | Nora       | V3  | V14 | Aces              | 00:19:40 | 03:56  |
| 26   | 0315    | Mallefroy       | Frédéric   | M23 | M36 | Wetteren          | 00:19:45 | 03:57  |
| 27   | 0221    | Osselaer        | Stan       | M24 | M16 | Eendracht Aalst   | 00:19:48 | 03:57  |
| 28   | 0262    | Neckebroek      | Jonas      | M25 | M25 |                   | 00:19:53 | 03:58  |
| 29   | 0208    | Van Waeyenberge | Youri      | M26 | M39 |                   | 00:19:54 | 03:58  |
| 30   | 0828    | Vens            | Quincy     | M27 | M39 |                   | 00:20:05 | 04:01  |
| 31   | 0340    | Schepens        | Raúl       | M28 | M13 |                   | 00:20:15 | 04:03  |
| 32   | 0327    | Schelfhout      | Bent       | M29 | M15 | Luujpers          | 00:20:17 | 04:03  |
| 33   | 0781    | annaert         | peter      | M30 | M63 | neen              | 00:20:18 | 04:03  |
| 34   | 0326    | Schelfhout      | Christoph  | M31 | M49 | Luujpers          | 00:20:20 | 04:04  |
| 35   | 0780    | Verschraegen    | katrien    | V4  | V51 |                   | 00:20:20 | 04:04  |
| 36   | 0295    | Baetens         | Quinten    | M32 | M16 |                   | 00:20:24 | 04:04  |
| 37   | 0253    | Rasschaert      | Johannes   | M33 | M39 | Vlierzele Sportie | 00:20:26 | 04:05  |
| 38   | 0844    | Matthijs        | Thibe      | M34 | M16 |                   | 00:20:39 | 04:07  |

| Rang | Borstnr | Achternaam      | Voornaam  | M/V | Cat | Club              | Tijd     | min/km |
|------|---------|-----------------|-----------|-----|-----|-------------------|----------|--------|
| 39   | 0228    | Persoons        | Arthur    | M35 | M9  | Vlierzele Sportie | 00:20:44 | 04:08  |
| 40   | 0227    | Persoons        | Louis     | M36 | M9  | Vlierzele Sportie | 00:20:46 | 04:09  |
| 41   | 0754    | Pletinckx       | Margot    | V5  | V30 | 3PT               | 00:20:57 | 04:11  |
| 42   | 0314    | D'Haese         | Sara      | V6  | V37 | Kapsalon Vera     | 00:20:59 | 04:11  |
| 43   | 0790    | Van de Cauter   | Edwin     | M37 | M55 |                   | 00:21:00 | 04:12  |
| 44   | 0265    | Meuleman        | Debby     | V7  | V36 | ACES Wichelen     | 00:21:05 | 04:13  |
| 45   | 0674    | Van Campenhoudt | Thibault  | M38 | M12 |                   | 00:21:11 | 04:14  |
| 46   | 0256    | Claus           | Jesse     | M39 | M16 | Vlierzele Sportie | 00:21:12 | 04:14  |
| 47   | 0719    | Sax             | Silke     | V8  | V13 | KVVE Masseme      | 00:21:20 | 04:16  |
| 48   | 0726    | Van Meenen      | Victor    | M40 | M20 | KSV Oudenaard     | 00:21:23 | 04:16  |
| 49   | 0237    | De Raeve        | Maïté     | V9  | V23 | Team 2b           | 00:21:26 | 04:17  |
| 50   | 0213    | Blanckaert      | Ian       | M41 | M14 |                   | 00:21:30 | 04:18  |
| 51   | 0792    | van campenhoudt | Gil       | M42 | M37 | neen              | 00:21:32 | 04:18  |
| 52   | 0214    | Bonnaerens      | Laetitia  | V10 | V45 |                   | 00:21:35 | 04:19  |
| 53   | 0834    | De Smet         | Wout      | M43 | M13 |                   | 00:21:45 | 04:21  |
| 54   | 0259    | Geerts          | Liam      | M44 | M9  | VS                | 00:21:50 | 04:22  |
| 55   | 0701    | Rebry           | Sander    | M45 | M28 |                   | 00:21:51 | 04:22  |
| 56   | 0238    | Neckebroeck     | Elle      | V11 | V13 | Vlierzele sportie | 00:21:52 | 04:22  |
| 57   | 0267    | De Bonte        | Steven    | M46 | M51 | ACES Wichelen     | 00:21:55 | 04:23  |
| 58   | 0240    | Neckebroeck     | Piet      | M47 | M51 |                   | 00:22:00 | 04:24  |
| 59   | 0793    | Govaert         | Jochim    | M48 | M34 |                   | 00:22:02 | 04:24  |
| 60   | 0204    | Claus           | Lene      | V12 | V12 | Vlierzele Sportie | 00:22:09 | 04:25  |
| 61   | 0388    | De Schrijver    | Laura     | V13 | V26 | MDSMJ sportste    | 00:22:11 | 04:26  |
| 62   | 0176    | Nijs            | Lionel    | M49 | M43 | Krav.ale          | 00:22:17 | 04:27  |
| 63   | 0261    | Clinckspoor     | Jules     | M50 | M12 | VS                | 00:22:18 | 04:27  |
| 64   | 0175    | Nijs            | Emiel     | M51 | M13 | Krav.ale          | 00:22:20 | 04:28  |
| 65   | 0220    | Heene           | Bart      | M52 | M31 | Team De Keyser    | 00:22:27 | 04:29  |
| 66   | 0149    | Dierick         | Ryan      | M53 | M12 |                   | 00:22:39 | 04:31  |
| 67   | 0254    | Van de Velde    | Christoph | M54 | M52 |                   | 00:22:41 | 04:32  |
| 68   | 0841    | Van Acker       | Frederik  | M55 | M40 |                   | 00:22:49 | 04:33  |
| 69   | 0159    | Goormachtigh    | Mitch     | M56 | M47 | De Luupmoaten     | 00:22:52 | 04:34  |
| 70   | 0839    | De Smet         | Charles   | M57 | M12 |                   | 00:22:57 | 04:35  |
| 71   | 0226    | Persoons        | Anna      | V14 | V11 | Vlierzele Sportie | 00:23:06 | 04:37  |
| 72   | 0686    | Vanhollebeke    | Aline     | V15 | V12 | Aces              | 00:23:08 | 04:37  |
| 73   | 0285    | Geylens         | Kobe      | M58 | M10 |                   | 00:23:09 | 04:37  |
| 74   | 0640    | Verwilst        | Amandine  | V16 | V12 | Vlierzele Sportie | 00:23:11 | 04:38  |
| 75   | 0310    | Vercamer        | Mathis    | M59 | M11 |                   | 00:23:13 | 04:38  |
| 76   | 0201    | Hendrickx       | Evelien   | V17 | V25 | Resilux loopt     | 00:23:14 | 04:38  |
| 77   | 0506    | De Prez         | Willem    | M60 | M42 |                   | 00:23:15 | 04:39  |
| 78   | 0242    | Van De Weghe    | Thomas    | M61 | M36 |                   | 00:23:18 | 04:39  |
| 79   | 0281    | Van de Casseye  | Hanne     | V18 | V27 | Vlierzele Sportie | 00:23:22 | 04:40  |
| 80   | 0229    | Persoons        | Kristof   | M62 | M49 | Vlierzele Sportie | 00:23:23 | 04:40  |
| 81   | 0287    | Meyfroots       | Arthur    | M63 | M15 |                   | 00:23:24 | 04:40  |
| 82   | 0685    | Vanhollebeke    | Frederik  | M64 | M38 |                   | 00:23:34 | 04:42  |
| 83   | 0246    | Schoof          | Frank     | M65 | M53 | Joggingclub Moe   | 00:23:36 | 04:43  |
| 84   | 0644    | Pluym           | Akina     | V19 | V11 | ACES Wichelen     | 00:23:38 | 04:43  |
| 85   | 0641    | Verwilst        | Maarten   | M66 | M43 | 2Many Bikers      | 00:23:39 | 04:43  |

| Rang | Borstnr | Achternaam     | Voornaam | M/V | Cat | Club              | Tijd     | min/km |
|------|---------|----------------|----------|-----|-----|-------------------|----------|--------|
| 86   | 0193    | Demaret        | Merel    | V20 | V27 | Vlierzele sportie | 00:23:46 | 04:45  |
| 87   | 0192    | Decadr         | Roel     | M67 | M38 |                   | 00:23:47 | 04:45  |
| 88   | 0280    | De Clercq      | Lutgard  | V21 | V26 | Vlierzele Sportie | 00:24:00 | 04:48  |
| 89   | 0181    | Chris          | Troch    | M68 | M56 | Lede              | 00:24:09 | 04:49  |
| 90   | 0646    | De Wolf        | Vicky    | V22 | V39 | ACES Wichelen     | 00:24:12 | 04:50  |
| 91   | 0298    | Wille          | Lore     | V23 | V13 | Vlierzele Sportie | 00:24:19 | 04:51  |
| 92   | 0330    | De Pelsmacker  | Emiel    | M69 | M14 |                   | 00:24:20 | 04:52  |
| 93   | 0540    | De Smet        | Achille  | M70 | M14 |                   | 00:24:39 | 04:55  |
| 94   | 0366    | Van Neyghem    | Jari     | M71 | M25 |                   | 00:24:40 | 04:56  |
| 95   | 0739    | Matthieu       | Peter    | M72 | M55 |                   | 00:24:52 | 04:58  |
| 96   | 0810    | Rijckmans      | Dylan    | M73 | M27 |                   | 00:24:54 | 04:58  |
| 97   | 0656    | Speleers       | Peter    | M74 | M66 |                   | 00:24:57 | 04:59  |
| 98   | 0182    | Kuppens        | Kato     | V24 | V10 | RSC Jumping Or    | 00:25:08 | 05:01  |
| 99   | 0235    | Coppens        | Jarni    | M75 | M24 |                   | 00:25:16 | 05:03  |
| 100  | 0189    | Van de Verre   | Dorien   | V25 | V41 | Vlierzele Sportie | 00:25:18 | 05:03  |
| 101  | 0704    | De Wolf        | Stefanie | V26 | V36 |                   | 00:25:28 | 05:05  |
| 102  | 0825    | Gaeremynck     | Thomas   | M76 | M37 |                   | 00:25:30 | 05:06  |
| 103  | 0165    | De Paepe       | Pieter   | M77 | M38 |                   | 00:25:34 | 05:06  |
| 104  | 0275    | Dobbelaer      | Tamara   | V27 | V37 |                   | 00:25:38 | 05:07  |
| 105  | 0334    | Winne          | Tiebe    | M78 | M15 |                   | 00:25:41 | 05:08  |
| 106  | 0659    | Van Damme      | Tobias   | M79 | M22 | Voorwaarts Gijz   | 00:25:50 | 05:10  |
| 107  | 0290    | Vermassen      | Tom      | M80 | M35 |                   | 00:25:55 | 05:11  |
| 108  | 0288    | De Pauw        | Ella     | V28 | V35 |                   | 00:25:57 | 05:11  |
| 109  | 0803    | Van Den Berghe | Milan    | M81 | M12 | KVVE Masseme      | 00:25:59 | 05:11  |
| 110  | 0752    | Van Wassenhove | Tom      | M82 | M47 |                   | 00:26:01 | 05:12  |
| 111  | 0293    | De Maeyer      | Kate     | V29 | V34 |                   | 00:26:02 | 05:12  |
| 112  | 0309    | Vercamer       | Mauro    | M83 | M13 |                   | 00:26:24 | 05:16  |
| 113  | 0635    | Van den Steen  | William  | M84 | M61 |                   | 00:26:37 | 05:19  |
| 114  | 0231    | De Backer      | Lotte    | V30 | V15 | Vlierzele Sportie | 00:26:37 | 05:19  |
| 115  | 0154    | Temmerman      | Louiza   | V31 | V19 |                   | 00:26:39 | 05:19  |
| 116  | 0198    | Van den Broeck | Willem   | M85 | M26 |                   | 00:26:40 | 05:20  |
| 117  | 0308    | Vercamer       | Robbe    | M86 | M42 |                   | 00:26:45 | 05:21  |
| 118  | 0749    | De Wolf        | Kristof  | M87 | M57 |                   | 00:26:57 | 05:23  |
| 119  | 0152    | Sterck         | Lieve    | V32 | V54 | SVS Aalst         | 00:26:58 | 05:23  |
| 120  | 0715    | De Clercq      | Arno     | M88 | M30 | De Goeie Sloebe   | 00:27:12 | 05:26  |
| 121  | 0257    | De Smet        | Jan      | M89 | M56 | De Goeie Sloebe   | 00:27:13 | 05:26  |
| 122  | 0714    | De Smet        | Cato     | V33 | V27 | De Goeie Sloebe   | 00:27:13 | 05:26  |
| 123  | 0833    | Braeckman      | Marijke  | V34 | V49 |                   | 00:27:15 | 05:27  |
| 124  | 0217    | Nicque         | Shirley  | V35 | V25 |                   | 00:27:16 | 05:27  |
| 125  | 0236    | Strobbe        | Kelly    | V36 | V42 |                   | 00:27:17 | 05:27  |
| 126  | 0218    | Smekens        | Florence | V37 | V25 |                   | 00:27:20 | 05:28  |
| 127  | 0321    | Braeckman      | Nathalie | V38 | V42 |                   | 00:27:21 | 05:28  |
| 128  | 0255    | Vereecken      | Katrin   | V39 | V49 |                   | 00:27:27 | 05:29  |
| 129  | 0161    | De Cooman      | Jeroen   | M90 | M49 | Funrunners Erpe   | 00:27:30 | 05:30  |
| 130  | 0142    | Iliano         | Eva      | V40 | V12 |                   | 00:27:32 | 05:30  |
| 131  | 0500    | De Smet        | Jill     | V41 | V40 |                   | 00:27:32 | 05:30  |
| 132  | 0169    | Boutens        | Jessie   | V42 | V38 |                   | 00:27:33 | 05:30  |

| Rang | Borstnr | Achternaam      | Voornaam   | M/V  | Cat | Club               | Tijd     | min/km |
|------|---------|-----------------|------------|------|-----|--------------------|----------|--------|
| 133  | 0170    | De Windt        | Kristof    | M91  | M38 |                    | 00:27:34 | 05:30  |
| 134  | 0338    | Vanderstricht   | Katrien    | V43  | V49 |                    | 00:27:44 | 05:32  |
| 135  | 0550    | Van Den Hende   | Zita       | V44  | V26 |                    | 00:27:44 | 05:32  |
| 136  | 0532    | De Smaele       | Vanessa    | V45  | V41 |                    | 00:27:46 | 05:33  |
| 137  | 0164    | Blancquaert     | Wouter     | M92  | M39 |                    | 00:27:47 | 05:33  |
| 138  | 0344    | Payne           | Isabel     | V46  | V50 | Funrunners Erpe    | 00:27:56 | 05:35  |
| 139  | 0311    | De Winne        | Flore      | V47  | V30 |                    | 00:27:58 | 05:35  |
| 140  | 0306    | De Winne        | Fien       | V48  | V27 |                    | 00:27:59 | 05:35  |
| 141  | 0232    | Vanhee          | Laura      | V49  | V28 |                    | 00:28:00 | 05:36  |
| 142  | 0252    | Rasschaert      | Sem        | M93  | M11 | Vlierzele Sportie  | 00:28:04 | 05:36  |
| 143  | 0210    | Donners         | Simon      | M94  | M27 |                    | 00:28:12 | 05:38  |
| 144  | 0734    | Van Den Abbeel  | Femke      | V50  | V27 |                    | 00:28:13 | 05:38  |
| 145  | 0264    | Govaert         | Etienne    | M95  | M74 | samen aan de str   | 00:28:16 | 05:39  |
| 146  | 0335    | Winne           | Jitse      | M96  | M12 |                    | 00:28:20 | 05:40  |
| 147  | 0155    | sterck          | annemie    | V51  | V64 | vlierzele sportief | 00:28:22 | 05:40  |
| 148  | 0286    | De Bruycker     | Shary      | V52  | V26 |                    | 00:28:22 | 05:40  |
| 149  | 0697    | Smekens         | Zoë        | V53  | V26 |                    | 00:28:23 | 05:40  |
| 150  | 0299    | Wille           | Elise      | V54  | V11 | Vlierzele Sportie  | 00:28:27 | 05:41  |
| 151  | 0679    | Theunissen      | Lucas      | M97  | M10 | Vlierzele Sportie  | 00:28:32 | 05:42  |
| 152  | 0629    | Rasschaert      | Hugo       | M98  | M64 | VS                 | 00:28:33 | 05:42  |
| 153  | 0297    | Grepdon         | Anneleen   | V55  | V40 |                    | 00:28:43 | 05:44  |
| 154  | 0269    | Van de Velde    | Daan       | M99  | M10 |                    | 00:28:44 | 05:44  |
| 155  | 0270    | Pelsemacker     | Gina       | V56  | V38 |                    | 00:28:47 | 05:45  |
| 156  | 0302    | Van der Haegen  | Daan       | M100 | M21 | Foca               | 00:28:50 | 05:46  |
| 157  | 0303    | Biebaut         | Jordi      | M101 | M23 | Foca               | 00:28:51 | 05:46  |
| 158  | 0852    | De Graeve       | Kyara      | V57  | V22 |                    | 00:28:53 | 05:46  |
| 159  | 0234    | De Coen         | Lise       | V58  | V13 |                    | 00:28:55 | 05:47  |
| 160  | 0313    | Van der Haegen  | Merel      | V59  | V24 |                    | 00:28:56 | 05:47  |
| 161  | 0682    | Govaert         | Koen       | M102 | M48 |                    | 00:29:08 | 05:49  |
| 162  | 0212    | Vervae          | Kelly      | V60  | V39 |                    | 00:29:09 | 05:49  |
| 163  | 0753    | Steyaert        | Leen       | V61  | V43 |                    | 00:29:13 | 05:50  |
| 164  | 0345    | Hoymans         | Marc       | M103 | M65 | Funrunners Erpe    | 00:29:19 | 05:51  |
| 165  | 0216    | De Vetter       | Lena       | V62  | V17 |                    | 00:29:22 | 05:52  |
| 166  | 0191    | Dilien          | Peter      | M104 | M53 |                    | 00:29:25 | 05:53  |
| 167  | 0831    | De Smet         | Daan       | M105 | M13 |                    | 00:29:26 | 05:53  |
| 168  | 0219    | Goeman          | Diede      | V63  | V14 | Aces Wichelen      | 00:29:27 | 05:53  |
| 169  | 0832    | De Smet         | Emma       | V64  | V15 |                    | 00:29:28 | 05:53  |
| 170  | 0840    | Van de Brempt   | Vanessa    | V65  | V44 |                    | 00:29:29 | 05:53  |
| 171  | 0249    | Van De Weghe    | Jeroen     | M106 | M36 |                    | 00:29:34 | 05:54  |
| 172  | 0248    | Rauwoens        | Sarah      | V66  | V40 |                    | 00:29:35 | 05:55  |
| 173  | 0848    | loeman          | leandro    | M107 | M20 |                    | 00:29:36 | 05:55  |
| 174  | 0408    | Degrande        | Jana       | V67  | V29 | Resilux loopt      | 00:29:37 | 05:55  |
| 175  | 0195    | Van Krunkelsven | Tamara     | V68  | V45 | Resilux loopt      | 00:29:39 | 05:55  |
| 176  | 0707    | Meert           | Arne       | M108 | M20 |                    | 00:29:40 | 05:56  |
| 177  | 0186    | Van der Linden  | Jean-Marie | M109 | M67 | BC Lede            | 00:29:41 | 05:56  |
| 178  | 0294    | Vervoenen       | Marie      | V69  | V14 | Geen               | 00:29:44 | 05:56  |
| 179  | 0307    | Maily           | Severine   | V70  | V41 |                    | 00:29:48 | 05:57  |

| Rang | Borstnr | Achternaam         | Voornaam   | M/V  | Cat | Club               | Tijd     | min/km |
|------|---------|--------------------|------------|------|-----|--------------------|----------|--------|
| 180  | 0241    | De Smet            | Kirstin    | V71  | V45 |                    | 00:29:57 | 05:59  |
| 181  | 0163    | Branco             | Leonor     | V72  | V44 |                    | 00:29:58 | 05:59  |
| 182  | 0273    | Van Loo            | Sharon     | V73  | V29 |                    | 00:29:59 | 05:59  |
| 183  | 0304    | Van Leuven         | Gilles     | M110 | M23 |                    | 00:30:00 | 06:00  |
| 184  | 0665    | Jasper La Fontaine | Jasper     | M111 | M17 |                    | 00:30:04 | 06:00  |
| 185  | 0767    | Van den bulcke     | Leon       | M112 | M8  | Vlierzele sportief | 00:30:09 | 06:01  |
| 186  | 0202    | De Moor            | Lisa       | V74  | V27 |                    | 00:30:10 | 06:02  |
| 187  | 0838    | Van Caekenbergh    | Sandra     | V75  | V39 |                    | 00:30:12 | 06:02  |
| 188  | 0669    | De Mets            | Gertjan    | M113 | M38 |                    | 00:30:19 | 06:03  |
| 189  | 0194    | Verstuyven         | Anne       | V76  | V65 | Resilux loopt      | 00:30:25 | 06:05  |
| 190  | 0854    | Goeman             | Marijke    | V77  | V41 |                    | 00:30:26 | 06:05  |
| 191  | 0794    | Dely               | Christophe | M114 | M30 |                    | 00:30:32 | 06:06  |
| 192  | 0312    | Penninck           | Stijn      | M115 | M33 |                    | 00:30:33 | 06:06  |
| 193  | 0274    | Van Damme          | Nele       | V78  | V30 |                    | 00:30:35 | 06:07  |
| 194  | 0403    | Raman              | Audrey     | V79  | V42 |                    | 00:30:36 | 06:07  |
| 195  | 0180    | De Leener          | Kaitlin    | V80  | V17 |                    | 00:30:37 | 06:07  |
| 196  | 0271    | Van de Velde       | Mieke      | V81  | V46 |                    | 00:30:40 | 06:08  |
| 197  | 0272    | De Both            | Nathalie   | V82  | V38 |                    | 00:30:42 | 06:08  |
| 198  | 0197    | Boelaert           | Thibaut    | M116 | M30 | Resilux loopt      | 00:30:43 | 06:08  |
| 199  | 0196    | Braem              | Mario      | M117 | M52 | Resilux loopt      | 00:30:44 | 06:08  |
| 200  | 0279    | Van Hecke          | Evelien    | V83  | V42 | VS                 | 00:31:04 | 06:12  |
| 201  | 0207    | De Doncker         | Deborah    | V84  | V35 |                    | 00:31:20 | 06:16  |
| 202  | 0333    | Winne              | Keana      | V85  | V17 |                    | 00:31:20 | 06:16  |
| 203  | 0211    | Billiet            | Luc        | M118 | M74 | Strepers           | 00:31:25 | 06:17  |
| 204  | 0150    | de Velde           | Geertrui   | V86  | V56 |                    | 00:31:31 | 06:18  |
| 205  | 0331    | Meert              | Vanessa    | V87  | V49 |                    | 00:31:42 | 06:20  |
| 206  | 0289    | Beltran            | Elena      | V88  | V35 |                    | 00:31:48 | 06:21  |
| 207  | 0223    | Vermeulen          | Jelke      | V89  | V26 |                    | 00:31:59 | 06:23  |
| 208  | 0224    | Vermeulen          | Silke      | V90  | V23 |                    | 00:32:00 | 06:24  |
| 209  | 0251    | Ronsse             | Ann        | V91  | V55 | Funrunners         | 00:32:04 | 06:24  |
| 210  | 0796    | staelens           | hanne      | V92  | V30 |                    | 00:32:07 | 06:25  |
| 211  | 0736    | Redant             | Webdy      | V93  | V41 |                    | 00:32:09 | 06:25  |
| 212  | 0694    | Heerman            | Hanne      | V94  | V26 |                    | 00:32:10 | 06:26  |
| 213  | 0671    | Cattoor            | Clio       | M119 | M37 |                    | 00:32:11 | 06:26  |
| 214  | 0775    | Engels             | Karen      | V95  | V38 | ja                 | 00:32:13 | 06:26  |
| 215  | 0225    | Tylleman           | Katrien    | V96  | V45 | Vlierzele Sportief | 00:32:18 | 06:27  |
| 216  | 0258    | Coppens            | Rudy       | M120 | M64 | De Goeie Sloebe    | 00:32:37 | 06:31  |
| 217  | 0336    | De Vuyst           | Marcel     | M121 | M0  |                    | 00:32:41 | 06:32  |
| 218  | 0324    | Van Laere          | emiel      | M122 | M9  | vlierzele sportief | 00:33:21 | 06:40  |
| 219  | 0325    | van laere          | eli        | M123 | M44 |                    | 00:33:23 | 06:40  |
| 220  | 0292    | Neuville           | Louise     | V97  | V29 |                    | 00:33:36 | 06:43  |
| 221  | 0291    | Helderweirdt       | Tom        | M124 | M35 |                    | 00:33:38 | 06:43  |
| 222  | 0185    | Verlinde           | Dieuwke    | V98  | V17 |                    | 00:33:47 | 06:45  |
| 223  | 0222    | Moeyersoon         | Marit      | V99  | V17 |                    | 00:33:48 | 06:45  |
| 224  | 0850    | Van Leuven         | Louize     | V100 | V21 |                    | 00:34:07 | 06:49  |
| 225  | 0278    | Van Impe           | Joris      | M125 | M58 |                    | 00:34:10 | 06:50  |
| 226  | 0276    | De Smet            | Evy        | V101 | V36 |                    | 00:34:12 | 06:50  |

| Rang | Borstnr | Achternaam     | Voornaam  | M/V  | Cat | Club            | Tijd     | min/km |
|------|---------|----------------|-----------|------|-----|-----------------|----------|--------|
| 227  | 0277    | Van Impe       | Celine    | V102 | V26 |                 | 00:34:12 | 06:50  |
| 228  | 0245    | Surge loose    | Lance     | M126 | M29 | MATEXI          | 00:34:20 | 06:52  |
| 229  | 0244    | De Vos         | Jasmijn   | V103 | V29 | MATEXI          | 00:34:30 | 06:54  |
| 230  | 0260    | Piette         | Celine    | V104 | V42 |                 | 00:34:34 | 06:54  |
| 231  | 0284    | Goedgebuer     | Ellen     | V105 | V40 |                 | 00:34:39 | 06:55  |
| 232  | 0178    | Power          | Ilano     | M127 | M11 |                 | 00:34:45 | 06:57  |
| 233  | 0851    | De Craecker    | Chlo      | V106 | V11 |                 | 00:34:46 | 06:57  |
| 234  | 0158    | Vancoille      | Marjorie  | V107 | V14 |                 | 00:34:49 | 06:57  |
| 235  | 0650    | Eeckhout       | Björn     | M128 | M44 | Bareldonklopers | 00:35:07 | 07:01  |
| 236  | 0148    | Mons           | Silke     | V108 | V33 |                 | 00:35:12 | 07:02  |
| 237  | 0151    | Nijs           | Ellen     | V109 | V37 |                 | 00:35:12 | 07:02  |
| 238  | 0243    | Surge loose    | Kaylee    | V110 | V29 | MATEXI          | 00:35:16 | 07:03  |
| 239  | 0283    | Jacobs         | Cato      | V111 | V20 |                 | 00:35:24 | 07:04  |
| 240  | 0203    | De Ville       | Fien      | V112 | V35 | Funrunners      | 00:35:28 | 07:05  |
| 241  | 0763    | Van den bulcke | Jurgen    | M129 | M47 |                 | 00:36:24 | 07:16  |
| 242  | 0233    | Goossens       | Vera      | V113 | V55 |                 | 00:36:29 | 07:17  |
| 243  | 0230    | De Moor        | Nele      | V114 | V49 |                 | 00:36:30 | 07:18  |
| 244  | 0174    | De Moor        | Stefanie  | V115 | V38 |                 | 00:37:03 | 07:24  |
| 245  | 0282    | Van der Veken  | Isabelle  | V116 | V46 | Aces            | 00:37:30 | 07:30  |
| 246  | 0676    | Van hautem     | Dagmar    | V117 | V27 | ACES Wichelen   | 00:37:31 | 07:30  |
| 247  | 0184    | Michiels       | Krista    | V118 | V57 | ACES Wichelen   | 00:38:09 | 07:37  |
| 248  | 0633    | Goedgebuer     | Ruth      | V119 | V42 |                 | 00:38:22 | 07:40  |
| 249  | 0689    | De Maer        | Sandra    | V120 | V38 |                 | 00:40:35 | 08:07  |
| 250  | 0160    | Savat          | Angélique | V121 | V49 | Funrunners      | 00:41:45 | 08:21  |
| 251  | 0250    | Monsaert       | Els       | V122 | V53 | Funrunners      | 00:41:46 | 08:21  |