



Helpshopcup - 10KM - Algemene rangschikking

Startuur : 12-02-2023 11:16:10

Uitslag is volledig

Rang	Borstnr	Achternaam	Voornaam	M/V	Cat	Club	Tijd	min/km
1	0786	Nulens	Sam	M1	M35+	Add	00:31:23	03:08
2	0830	Calmels	Cyprien	M2	M35-		00:32:23	03:14
3	0703	Witters	Stijn	M3	M35-	Go Dare	00:34:01	03:24
4	0710	Verluyten	Frankie	M4	M35+	JMT Mol	00:34:16	03:25
5	0619	Bongers	Dimitri	M5	M35-	AVT	00:34:19	03:25
6	0665	Michielsen	Carlo	M6	M45+	Vach	00:34:24	03:26
7	0758	Hermans	Stephane	M7	M35+		00:34:26	03:26
8	0741	Swennen	Pieter	M8	M35-	ADD	00:34:30	03:27
9	5041	Van Marcke	Pascal	M9	M55+	MAES SQM Ru	00:34:40	03:28
10	0818	Wouters	Bert	M10	M35+		00:34:51	03:29
11	0611	Aerts	Andries	M11	M35+	GS Running tear	00:35:02	03:30
12	0649	Tavernier	Joris	M12	M35-	AVLL	00:35:03	03:30
13	0677	Schoofs	Jan	M13	M35+	GoDare Animo T	00:35:05	03:30
14	0562	Minnart	Glenn	M14	M35-	Team Fischer	00:35:09	03:30
15	0615	Vanwersch	Bert	M15	M55+	SCOTT Running	00:35:10	03:31
16	0824	Verschoren	Senne	M16	M35-	HEISTE BERGL	00:35:12	03:31
17	0822	Wouters	Bart	M17	M35+	AV Lyra-Lierse	00:35:30	03:33
18	0654	Droumpouras	Dimitri	M18	M35+	Vach	00:35:33	03:33
19	0645	Metten	Davy	M19	M35+	Ironteam Hasselt	00:35:38	03:33
20	0526	Rouvrois	Niels	M20	M35+		00:35:42	03:34
21	0613	Rijken	Wim	M21	M45+		00:35:43	03:34
22	0825	Paulissen	Maarten Dries	M22	M35+	Looise	00:35:48	03:34
23	0568	Guerrini	Fabrice	M23	M35+	DD team Seraing	00:35:51	03:35
24	5048	De Man	Robbe	M24	M35-		00:35:55	03:35
25	0678	Roevens	Brent	M25	M35-		00:36:01	03:36
26	0844	Tips	Gunther	M26	M35+	JMT Mol	00:36:08	03:36
27	0778	Meesterds	Nils	M27	M35+	Achilles-Top Ke	00:36:12	03:37
28	0823	Lunders	Nico Irne Max	M28	M35+	AV Lyra-Lierse	00:36:33	03:39
29	5086	Van Asselbergh	Jorden	M29	M35-	ADD VACH	00:36:44	03:40
30	0685	Claes	Nico	M30	M35-	AVT	00:36:46	03:40
31	0855	Vanholst	Michiel	M31	M35-	DCLA Halen	00:36:59	03:41
32	0845	Roggen	Steven Claire	M32	M45+		00:37:05	03:42
33	0508	Bruyneel	Sven	M33	M35-	Team Fischer	00:37:10	03:43
34	0807	Willems	Jeroen	M34	M35+		00:37:16	03:43
35	0832	Moreau	Christophe	M35	M55+		00:37:23	03:44
36	0577	De Roover	Willem	M36	M35+	GS Running Tea	00:37:26	03:44
37	0588	Bokken	Mathijs	M37	M35+		00:37:40	03:46
38	5091	arnauts	bert	M38	M35+	tact	00:37:48	03:46

Rang	Borstnr	Achternaam	Voornaam	M/V	Cat	Club	Tijd	min/km
39	0791	Haesen	Jasper	M39	M35-		00:37:50	03:47
40	0729	Pauls	Kevin	M40	M35-		00:37:51	03:47
41	0737	Haesen	Sander	M41	M35-		00:37:54	03:47
42	0651	Bernaers	Ingmar	M42	M35+	VACH	00:37:57	03:47
43	0795	Trappeniers	Philip	M43	M35+	Triathlonclub Lu	00:38:01	03:48
44	0640	Moens	Niels	M44	M35-		00:38:06	03:48
45	0838	Vita	Gaetano	M45	M45+	Road Runner	00:38:08	03:48
46	5021	Claes	Jasper	M46	M35-	ADD Diepenbee	00:38:11	03:49
47	5009	De Rooy	Andy	M47	M45+	Coyote sports tea	00:38:14	03:49
48	0506	Bouckaert	Stéphane	M48	M35+		00:38:16	03:49
49	0557	Gerits	Erik	M49	M55+		00:38:21	03:50
50	0636	Vanhove	Chris	M50	M45+		00:38:22	03:50
51	0793	Wiams	Ruben	M51	M35+		00:38:32	03:51
52	0612	Moyersoën	Bernard	M52	M55+	RFCL	00:38:34	03:51
53	0842	Lodewijckx	Siebe	M53	M35-	Ironteam Hasselt	00:38:36	03:51
54	0669	Timmermans	Sammy	M54	M55+	Vach	00:38:37	03:51
55	0527	nizet	luc	M55	M45+		00:38:41	03:52
56	0686	Mathijs	David	M56	M35+	Maaseik	00:38:44	03:52
57	0628	Schouppe	Kenny	M57	M35+		00:38:44	03:52
58	0515	Beelen	Tillo	M58	M35+		00:39:05	03:54
59	0515	Beelen	Tillo	M59	M35+		00:39:05	03:54
60	5076	Santermans	Peter	M60	M45+		00:39:12	03:55
61	0661	Leesen	Erwin	M61	M45+	Vach	00:39:19	03:55
62	0658	Hollants	Jean-Paul	M62	M45+	Vach	00:39:20	03:56
63	0721	schouten	aria	V1	V35-	AVT	00:39:25	03:56
64	0705	Wauters	Jonas	M63	M35-	AVT	00:39:27	03:56
65	0743	Booms	Nico	M64	M35+		00:39:32	03:57
66	0666	Oud	Carlo	M65	M45+	Vach	00:39:34	03:57
67	0828	Liekens	Vicky	V2	V35+	RaceRaise	00:39:39	03:57
68	0730	Van Genechten	Benny	M66	M45+	JMT Mol	00:39:40	03:58
69	0673	Wouters	Stein	M67	M45+	Vach	00:39:44	03:58
70	0593	Van den Eynden	Jimmy	M68	M45+	ITM	00:39:48	03:58
71	5026	Boonen	Joris	M69	M35+		00:39:48	03:58
72	0608	Vince Fraeyman	Vince	M70	M35+	Mijn Hond Genk	00:39:51	03:59
73	0601	PARENT	PASCAL	M71	M45+	RFCL ROADRU	00:39:54	03:59
74	0867	Hoskens	Benny Frans	M72	M55+		00:39:59	03:59
75	0777	Martens	Roel	M73	M45+		00:40:00	04:00
76	0856	van poucke	christophe	M74	M35+	acalken	00:40:14	04:01
77	0768	Tupuschies	Zaki	M75	M35+		00:40:21	04:02
78	0726	Leten	Tony	M76	M45+	AVT	00:40:22	04:02
79	0718	Saenen	Bart	M77	M45+		00:40:30	04:03
80	0644	Huygen	Jorn	M78	M35-		00:40:43	04:04
81	0671	Verachttert	Herman	M79	M45+	Vach	00:40:45	04:04
82	5034	Vandersmissen	Jolien	V3	V35-	Dcla halen - sqm	00:40:55	04:05
83	0687	Hendrickx	Jens	M80	M35-		00:40:56	04:05
84	0546	florkin-dans	gilles	M81	M35+	Seraing Athltism	00:41:03	04:06
85	0650	Colemont	Kris	M82	M45+	3VL	00:41:05	04:06

Rang	Borstnr	Achternaam	Voornaam	M/V	Cat	Club	Tijd	min/km
86	0858	Fabrij	Andy	M83	M35-		00:41:13	04:07
87	5006	Buntinx	Johan	M84	M45+		00:41:16	04:07
88	0715	philis	Lambriny	V4	V45+	RFCL Roadrunn	00:41:18	04:07
89	5043	Baerts	Chris	M85	M45+		00:41:21	04:08
90	0607	Vandenberk	Wesley	M86	M35+		00:41:24	04:08
91	0775	Alen	Lars	M87	M35-	Trainer AVT Ho	00:41:36	04:09
92	0723	Vangrieken	Mark	M88	M45+	Avt Houthalen	00:41:37	04:09
93	0843	Bosmans	Eric Lucien	M89	M45+		00:41:52	04:11
94	5005	Mesotten	Dirk	M90	M45+		00:41:55	04:11
95	0501	Macours	Dominique	M91	M35+		00:41:56	04:11
96	0798	Gelade	Roeland	M92	M35+		00:42:10	04:13
97	0848	Neven	John	M93	M45+		00:42:19	04:13
98	0681	Vangeel	Julie	V5	V35-	GS running team	00:42:27	04:14
99	0770	Bleeser	Raf	M94	M35-		00:42:27	04:14
100	5067	Hiemeleers	Marc	M95	M65+	AC Alken	00:42:30	04:15
101	0712	Paulo	Luis	M96	M55+	Bahia	00:42:50	04:17
102	0713	Blomme	Raf	M97	M35+	The Extra Mile	00:42:56	04:17
103	0503	Leemans	Robbe	M98	M35-		00:43:00	04:18
104	0688	Wouters	Bart	M99	M45+	Hoeselt Run	00:43:04	04:18
105	0637	Bertels	Dominique	V6	V35+		00:43:05	04:18
106	0785	Hoofs	Yves	M100	M35+		00:43:06	04:18
107	0583	Simons	Nick	M101	M35-		00:43:07	04:18
108	0594	Van den Eynden	Jonas	M102	M35-	ROBA	00:43:08	04:18
109	0745	Ceyssens	Linde	V7	V35-		00:43:10	04:19
110	0545	Schuermans	Matty	M103	M35-	Trisport MNK	00:43:10	04:19
111	0767	Ennekens	Sybren	M104	M35-		00:43:15	04:19
112	0735	Peeters	Kris	M105	M45+	Ironteam Hasselt	00:43:15	04:19
113	5015	Arnauts	Elle	V8	V35-	Tact	00:43:17	04:19
114	0618	Schroven	Hilde	V9	V45+	GS Running team	00:43:18	04:19
115	0754	Angel	Adel	M106	M35-		00:43:21	04:20
116	0754	Angel	Adel	M107	M35-		00:43:21	04:20
117	0804	Lepers	Robin	M108	M35-		00:43:36	04:21
118	5002	Permentier	Gilbert	M109	M55+		00:43:38	04:21
119	0598	Meijsen	Esther	V10	V45+		00:43:47	04:22
120	5007	Vanherck	Bruno	M110	M45+	Bokkerijderstean	00:44:00	04:24
121	0574	deprez	marco	M111	M45+		00:44:03	04:24
122	0797	Royen	Sanny	M112	M35-		00:44:04	04:24
123	5040	Drion	Daniel	M113	M45+	ADD Kortesse	00:44:06	04:24
124	0840	Dufour	Bart Paul	M114	M45+		00:44:07	04:24
125	0760	Stakenborg	Frank	M115	M35-		00:44:09	04:24
126	0504	Michiels	Kris	M116	M35+	Road Runners H	00:44:11	04:25
127	0821	Strauven	Sofie	V11	V35+	Dcla halen	00:44:14	04:25
128	5062	Slegers	Werner	M117	M55+		00:44:14	04:25
129	0580	BOUCHE	Fabio	M118	M35-	RFCL Road Run	00:44:17	04:25
130	0667	Ria	David	M119	M45+	Vach	00:44:18	04:25
131	0833	Gerits	Serge	M120	M45+		00:44:19	04:25
132	0698	Keunen	Tamara	V12	V35+	AVT Oudsberge	00:44:21	04:26

Rang	Borstnr	Achternaam	Voornaam	M/V	Cat	Club	Tijd	min/km
133	0866	Vanhamel	Thomas	M121	M35+		00:44:22	04:26
134	0624	Collen	Lorenz	M122	M35-	IronTeam Hassel	00:44:28	04:26
135	0561	Gielen	Brecht	M123	M35-		00:44:32	04:27
136	0696	Van Den Broeck	Raphael	M124	M65+	ACA	00:44:36	04:27
137	0518	Knapen	Griet	V13	V45+	VACH	00:44:37	04:27
138	0722	Dupé	Bertrand	M125	M35+	RFCL Roadrunn	00:44:43	04:28
139	0626	Ceusters	Patrick	M126	M55+	TDL	00:44:48	04:28
140	0757	Cayir	Ali	M127	M45+		00:44:50	04:29
141	0740	Van Laer	Wim	M128	M55+	DCLA Halen	00:44:52	04:29
142	0679	Verhestraeten	Karen	V14	V35-		00:44:54	04:29
143	0617	Tomsin	Ronny	M129	M45+	Hoeselt Run	00:45:10	04:31
144	0755	Stas	Katrien	V15	V45+	DCLA Halen	00:45:13	04:31
145	5069	van der Wel	Kurt	M130	M45+	VACH	00:45:18	04:31
146	0694	Vankrunkelsven	Leen	V16	V55+		00:45:28	04:32
147	0708	Jonas Wellens	Jonas	M131	M35-	Animo	00:45:38	04:33
148	0788	Galasso	Geraldina	V17	V35+		00:45:43	04:34
149	0706	Lodders	Glenn	M132	M35+	Hoeselt run	00:45:54	04:35
150	0660	Laenen	Annouschka	V18	V45+	Vach	00:45:56	04:35
151	0841	Florescu	Dan Alexandre	M133	M35-	AVT	00:45:59	04:35
152	0857	Vranckx	Benoit Roland	M134	M65+	TessChemie	00:45:59	04:35
153	0839	Punie	Davy Renata	M135	M35+	Hoeselt Run	00:46:01	04:36
154	0643	Hurkmans	Benny	M136	M35+		00:46:03	04:36
155	0516	Konix	Werner	M137	M55+		00:46:07	04:36
156	0790	van Opzeeland	Theo	M138	M45+		00:46:13	04:37
157	5023	Baus	Carlo	M139	M45+	Bokkerijderstear	00:46:28	04:38
158	0756	Franssens	Koen	M140	M45+		00:46:37	04:39
159	0502	Mareels	Maarten	M141	M35-	-	00:46:40	04:40
160	0573	Barbier	Guido	M142	M65+	FLAC	00:46:42	04:40
161	0779	Swennen	Wim	M143	M35+	Atla	00:46:46	04:40
162	0609	Dillen	Annelies	V19	V35+	AVT	00:46:49	04:40
163	0551	Van Coppenolle	Ine	V20	V35+		00:46:51	04:41
164	0614	Verschueren	Frank	M144	M55+	SACN	00:46:53	04:41
165	0784	Leekens	Jolien	V21	V35-	Avt Houthalen	00:46:55	04:41
166	0752	Schoofs	Natascha	V22	V45+	AVT Houtalen	00:46:57	04:41
167	0646	bailly	luc	M145	M55+	RFCL	00:47:01	04:42
168	0591	broux	tom	M146	M35+		00:47:05	04:42
169	0505	Hoogeboom	Ronald	M147	M45+	STB	00:47:13	04:43
170	0803	Barbier	Wim	M148	M35+		00:47:17	04:43
171	0603	Paps	Cécile	V23	V45+	RFCL	00:47:20	04:44
172	0674	Schevenels	Jarno	M149	M35-		00:47:24	04:44
173	0827	Vanuytrecht	Nico	M150	M35+	Ironteam Hasselt	00:47:26	04:44
174	0620	Vangeel	Frank	M151	M45+	Roadrunners Has	00:47:28	04:44
175	0699	Koppers	Steven	M152	M45+		00:47:42	04:46
176	0560	Valkeneers	Prisca	V24	V45+	ik ren dus ik ben	00:47:44	04:46
177	0578	van der Aart	Harry	M153	M65+	Atletiek Maastric	00:47:46	04:46
178	0751	Theys	Hermine	V25	V35+	DCLA Halen	00:47:48	04:46
179	0719	Bosmans	Bart	M154	M45+	Kannemie	00:47:51	04:47

Rang	Borstnr	Achternaam	Voornaam	M/V	Cat	Club	Tijd	min/km
180	0863	boutsen	bart	M155	M35-		00:47:56	04:47
181	0862	Dullers	Jan	M156	M35-		00:47:57	04:47
182	0733	Derison	Bart	M157	M45+		00:47:59	04:47
183	0774	Meuwissen	Wesley	M158	M35+		00:48:00	04:48
184	0772	Peeters	Timothy	M159	M35+		00:48:02	04:48
185	0670	Vanderspikken	Marietje	V26	V35+	Vach	00:48:03	04:48
186	0606	Duchateau	Clemie	V27	V55+	Atletiek Maastricht	00:48:05	04:48
187	0851	Zellenrath	Bart	M160	M45+		00:48:08	04:48
188	0558	Willems	Jolien	V28	V35-		00:48:10	04:49
189	0861	Willems	Niels	M161	M35-	Nee	00:48:11	04:49
190	0762	Vangerven	Ben	M162	M35-		00:48:12	04:49
191	0761	Doms	Stijn	M163	M35+		00:48:25	04:50
192	0692	Quanjard	Serge	M164	M35+		00:48:29	04:50
193	0731	Baeten	Karel	M165	M55+	Roadrunners Has	00:48:31	04:51
194	0571	Gregoire	Silke	V29	V35-		00:48:32	04:51
195	0656	Gielkens	Marc	M166	M55+	Vach	00:48:33	04:51
196	0552	Katoen	Erna	V30	V55+	Atletiek Maastricht	00:48:37	04:51
197	5020	Hermans	Martine	V31	V55+		00:48:46	04:52
198	0629	Mertens	Pieter	M167	M35+	Ironteam Hasselt	00:48:51	04:53
199	0806	Boons	Pieter	M168	M35+		00:48:56	04:53
200	0771	Volders	Astrid	V32	V35-		00:48:58	04:53
201	0621	Nix	Raymond	M169	M45+	Atletiek Maastricht	00:48:58	04:53
202	0794	Smets	Frank	M170	M35+		00:49:00	04:54
203	0837	Frankenne	Linda Marcelle	V33	V45+	Gs-Running Team	00:49:01	04:54
204	0846	Sidhoumi	Yasmine	V34	V35-		00:49:02	04:54
205	0627	Gielen	Wim	M171	M35+		00:49:04	04:54
206	0717	Thomas	Pieter	M172	M35-		00:49:11	04:55
207	0805	Carovillano	Alkia	V35	V35+		00:49:12	04:55
208	0652	De Bus	Evert	M173	M45+	Vach	00:49:15	04:55
209	0716	Schiffers	patrick	M174	M55+	RFCL Athltisme	00:49:16	04:55
210	0556	lemkens	jan	M175	M65+		00:49:18	04:55
211	0512	Smeets	Ronald	M176	M55+		00:49:23	04:56
212	0642	Loyens	Steven	M177	M35+		00:49:27	04:56
213	0510	Van Mieghem	Isabelle	V36	V45+		00:49:32	04:57
214	0850	Meijers	Marc	M178	M55+	AM Maastricht	00:49:38	04:57
215	5092	Salmon	Peter	M179	M55+		00:49:48	04:58
216	0579	BOUCHE	Marc	M180	M55+	RFCL Road Run	00:49:53	04:59
217	0872	Vanneste	Liesbeth	V37	V35+	Gs running team	00:50:04	05:00
218	0860	Debart	Michael	M181	M35+	BOLT	00:50:20	05:02
219	0563	Motten	James	M182	M35+	BOLT	00:50:21	05:02
220	0539	Vanherck	An	V38	V45+		00:50:22	05:02
221	0847	thijssen	luc	M183	M55+		00:50:26	05:02
222	0744	Hens	Toon	M184	M35+		00:50:38	05:03
223	0543	KESTENS	Sylvia	V39	V55+		00:50:43	05:04
224	0720	Vrys	Rudi	M185	M55+	DCLA	00:50:50	05:05
225	0549	Van der Auwera	Charlotte	V40	V35-		00:50:54	05:05
226	0517	Holans	Dirk	M186	M55+	Bolt	00:50:56	05:05

Rang	Borstnr	Achternaam	Voornaam	M/V	Cat	Club	Tijd	min/km
227	0522	Cosemans	Fiel	M187	M45+	AVT Maaseik	00:51:01	05:06
228	0854	Jacobs	Sonja	V41	V45+		00:51:06	05:06
229	0765	Sage	Andrew	M188	M55+	Sportiva gelrode	00:51:09	05:06
230	0647	Geusens	Carine	V42	V45+		00:51:16	05:07
231	0736	Vanwelkenhuyzen	Joris	M189	M55+		00:51:20	05:08
232	5068	coenen	Kris	M190	M35+	Bokkerijderstea	00:51:22	05:08
233	0586	VERBIEST	NICO	M191	M45+		00:51:27	05:08
234	0746	palumbo	giuseppe	M192	M45+	Rfcl road runners	00:51:29	05:08
235	0555	Roelandt	Michel	M193	M55+		00:51:33	05:09
236	0865	Vanbrabant	Thomas Joseph	M194	M35-		00:51:40	05:10
237	0550	rosella	castelluccio	V43	V35-		00:51:43	05:10
238	0759	Tiren	Hülya	V44	V45+		00:51:45	05:10
239	0528	Fransen	Jochem	M195	M45+		00:52:06	05:12
240	0596	Miévis	Kevin	M196	M35-	RFCL Roadrunn	00:52:07	05:12
241	0599	Bertrand	Antoine	M197	M35-	RFCL Roadrunn	00:52:09	05:12
242	5050	Vanheusden	Wim	M198	M45+		00:52:19	05:13
243	0834	Timmers	Tessa	V45	V35-		00:52:22	05:14
244	0819	Rayen	Bert	M199	M35+		00:52:24	05:14
245	0641	Snellinx	Kevin	M200	M35+	Hoeselt run	00:52:25	05:14
246	0787	Claes	Mieke	V46	V35+		00:52:27	05:14
247	0668	Thijssen	Xavier	M201	M55+	Vach	00:52:29	05:14
248	0590	Vanhove	Ellen	V47	V35+	Road Runners H	00:52:37	05:15
249	0535	Sterckx	Kristof	M202	M35+		00:52:46	05:16
250	0633	Philippaerts	Greta	V48	V55+	ACA	00:52:53	05:17
251	0836	Thoelen	Joseph Mathieu	M203	M55+	bokrijklopers	00:52:57	05:17
252	0852	Hebbrecht	Maaike Nolle	V49	V35+		00:53:04	05:18
253	0585	Vanherle	Mats	M204	M35-		00:53:16	05:19
254	5028	loix	johnny	M205	M55+		00:53:20	05:20
255	0864	Peeters	Jana	V50	V35-	AVT	00:53:23	05:20
256	0584	Vanherle	Ronny	M206	M55+		00:53:26	05:20
257	0725	Ooms	Karel	M207	M65+		00:53:28	05:20
258	0742	Lens	Joris	M208	M35+		00:53:30	05:21
259	0538	Gijbels	Frieda	V51	V45+	AVT Oudsberge	00:53:31	05:21
260	0766	screurs	sander	M209	M35-	aca alken	00:53:42	05:22
261	0676	Deuss	Steven	M210	M35-	Ironteam Hasselt	00:53:59	05:23
262	0529	Frederix	Marianne	V52	V55+	Kimbria maastric	00:54:00	05:24
263	0835	Loenders	Rik	M211	M35+		00:54:03	05:24
264	0547	Hager	Leni	V53	V55+	Atletiek Maastr	00:54:05	05:24
265	0697	zwerts	danny	M212	M55+	aca alken	00:54:19	05:25
266	0605	François	Cindy	V54	V45+	Bolt Tongeren	00:54:23	05:26
267	0808	JOOKEN	GUY	M213	M55+		00:54:28	05:26
268	0853	Roumans	Nol Joseph	M214	M65+	Maalandjoggers	00:54:30	05:27
269	5014	Koopmans	Kim	V55	V35+		00:54:33	05:27
270	0763	Wijnants	Els	V56	V35+		00:54:36	05:27
271	0800	Zawierucha	Hanna	V57	V35+		00:54:38	05:27
272	0812	Mertens	Kathleen	V58	V35+		00:54:39	05:27
273	0631	Peeters	Jurgen	M215	M45+	Hoeselt Run	00:54:40	05:28

Rang	Borstnr	Achternaam	Voornaam	M/V	Cat	Club	Tijd	min/km
274	0801	Deprez	Ilse	V59	V35+		00:54:41	05:28
275	0796	Vandervoort	Liesbeth	V60	V35-		00:54:43	05:28
276	0544	Reynaerts	Marleen	V61	V55+		00:54:44	05:28
277	0700	Robbens	Rudy	M216	M45+	Hoeselt Run	00:54:45	05:28
278	0683	Strauven	Rudi	M217	M55+	Bolt Tongeren	00:54:47	05:28
279	0704	Coenen	Wouter	M218	M35+		00:54:50	05:29
280	0672	Willemse	Agnes	V62	V65+	Vach	00:54:55	05:29
281	0748	Stakenborg	Anke	V63	V35+		00:54:59	05:29
282	0749	François	Peter	M219	M55+		00:55:07	05:30
283	5039	Grouwels	jos	M220	M65+		00:55:14	05:31
284	0625	Weijzen	Richard	M221	M55+	Atletiek Maastric	00:55:16	05:31
285	0662	Lodewijckx	Luc	M222	M55+	Vach	00:55:20	05:32
286	0663	Marchesini	Nadia	V64	V45+	Vach	00:55:21	05:32
287	0769	formesyn	jan	M223	M55+		00:55:21	05:32
288	0675	DE PAUW	ERIK	M224	M55+		00:55:34	05:33
289	5053	Luyten	Björn	M225	M35+	Lions against car	00:55:36	05:33
290	0581	MICHOZOUNOU	Allégresse	V65	V35-	RFCL Road Run	00:55:37	05:33
291	0602	CORNET	CARINE	V66	V45+	RFCL ROADRU	00:55:39	05:33
292	0604	Maessen	Sebastian	M226	M45+	Bolt Tongeren	00:55:54	05:35
293	0870	Eersels	Patrick	M227	M55+		00:55:55	05:35
294	0638	Van Marcke	Jessy	V67	V35-		00:55:56	05:35
295	5047	Coenen	David	M228	M45+		00:56:00	05:36
296	5072	Timmerman	Leentje	V68	V55+	VACH	00:56:03	05:36
297	0548	Feijs	Jos	M229	M55+		00:56:09	05:36
298	5059	Meekers	Stefan	M230	M55+	Speelhofrunners	00:56:19	05:37
299	0773	Wygaerts	Catherine	V69	V35+		00:56:34	05:39
300	0724	Wilderjans	Edith	V70	V35+		00:56:35	05:39
301	0711	Simons	Peter	M231	M35+		00:56:46	05:40
302	0802	HIEMELEERS	Judy	V71	V35+		00:56:51	05:41
303	0576	Peeters	Lucien	M232	M65+		00:56:59	05:41
304	0575	van berkel	martine	V72	V55+		00:57:00	05:42
305	0616	Jans	Ingrid	V73	V45+	Hoeselt Run	00:57:04	05:42
306	0750	van der Linden	Maartje	V74	V35-		00:57:08	05:42
307	0792	Vanherck	Lien	V75	V35+		00:57:11	05:43
308	0523	stouten	wendy	V76	V35+	Hoeselt Run	00:57:19	05:43
309	0776	GENOE	MARK	M233	M45+		00:57:20	05:44
310	0809	Fancello	Kelly	V77	V35+		00:57:21	05:44
311	5083	Custers	Bram	M234	M35-		00:57:23	05:44
312	0820	Van Rompaey	Frederik	M235	M35+	Geen	00:57:27	05:44
313	0732	Billen	Annick	V78	V55+	Roadrunners Has	00:57:31	05:45
314	0622	Polders	Jos	M236	M65+	ACA	00:57:44	05:46
315	0534	Boskamp	Guyonne	V79	V45+	Atletiek Maastric	00:58:06	05:48
316	0680	Cultori	Tina	V80	V45+		00:58:12	05:49
317	0707	Heuts	Tamara	V81	V35+	Hoeselt Run	00:58:17	05:49
318	5082	Saro	Tanya	V82	V35+		00:58:24	05:50
319	5032	Hiemeleers	Sharon	V83	V35-	AC Alken	00:58:30	05:51
320	0693	Maris	Evert	M237	M35+		00:58:38	05:51

Rang	Borstnr	Achternaam	Voornaam	M/V	Cat	Club	Tijd	min/km
321	0695	Verpoorten	Joris	M238	M45+		00:58:41	05:52
322	0849	thijs	irene	V84	V65+	maaslandjoggers	00:58:43	05:52
323	0815	Bodson	Dominique Elvire	V85	V45+	roadrunners hasp	00:58:51	05:53
324	0623	Van den Eeckhoudt	David	M239	M45+		00:58:55	05:53
325	0635	Ooms	Annelies	V86	V35+		00:59:24	05:56
326	0566	Eijckmans	Eric	M240	M55+		00:59:35	05:57
327	0634	Coenegrachts	Kirsten	V87	V35+		00:59:39	05:57
328	0511	Brauns	Peter	M241	M55+		00:59:42	05:58
329	0782	van Doorn	Freija	V88	V35+		00:59:46	05:58
330	0816	Jans	Harmen	M242	M35+	Ironteam Hasselt	00:59:48	05:58
331	0632	Desmet	Sofie	V89	V35-		00:59:50	05:59
332	0630	Smout	Céline	V90	V35-		00:59:51	05:59
333	0553	Mignolet	Kevin	M243	M35-		00:59:52	05:59
334	0507	Claes	Peter	M244	M55+		01:00:09	06:00
335	0653	Creemers	Jos	M245	M65+		01:00:25	06:02
336	5089	Jeuris	Jeroen	M246	M35+		01:00:37	06:03
337	0564	Boskamp	Erik	M247	M55+	Geen	01:00:42	06:04
338	0789	Swennen Groffils	Magali	V91	V35+		01:00:46	06:04
339	0783	Geyskens	Jella	V92	V35+		01:00:51	06:05
340	0739	Marieke	Froyen	V93	V35+		01:01:08	06:06
341	0829	coninx	leon	M248	M65+		01:01:31	06:09
342	0709	Thoelen	Mila	V94	V35-	AVT Kiewit	01:01:32	06:09
343	0859	machiels	carmen	V95	V45+	hoeselt run	01:01:33	06:09
344	0689	Thiry	Jeanne	V96	V35-	AVT	01:01:34	06:09
345	0657	Guedens	Ilse	V97	V35+	Vach	01:02:18	06:13
346	0814	Janssen	Willem Paul	M249	M65+		01:02:22	06:14
347	0831	Pet	Vanham	M250	M55+	nee	01:02:32	06:15
348	0531	Goudelis	Tasso	M251	M65+		01:02:38	06:15
349	0639	Grosemans	Stefanie	V98	V35+		01:02:44	06:16
350	0702	Gigliotti	Pascal	M252	M45+	Hoeselt run	01:02:51	06:17
351	0600	Fosse	Ann	V99	V45+		01:02:53	06:17
352	0655	Peeters	Domien	M253	M35-	AVT Hasselt	01:02:55	06:17
353	0659	Peeters	Wim	M254	M45+	TTV Hasselt Uni	01:02:56	06:17
354	0727	Frederickx	Kirsten	V100	V35+		01:02:59	06:17
355	0728	Huygens	Glen	M255	M35+		01:03:01	06:18
356	5080	Vandenbergh	Eddy	M256	M45+		01:03:04	06:18
357	0682	Vrijens	Angelique	V101	V35-	Hoeselt run	01:03:07	06:18
358	0734	Dendas	Marie Lou	V102	V35-	AVT Hasselt	01:03:31	06:21
359	0690	Bussels	Luc	M257	M55+		01:03:46	06:22
360	0691	Bussels	Ine	V103	V35+		01:03:46	06:22
361	0524	Claessens	Sofie	V104	V35+		01:03:55	06:23
362	0525	Craenen	Ruth	V105	V35-		01:03:55	06:23
363	0747	Moons	Huguette	V106	V55+		01:04:12	06:25
364	0530	Reniers	Inne	V107	V35+		01:04:29	06:26
365	0532	Caenberghs	Kristel	V108	V35+		01:04:30	06:27
366	0648	Gijbels	Emmely	V109	V35-		01:05:17	06:31
367	0868	Nulens	Andr	M258	M65+		01:05:18	06:31

Rang	Borstnr	Achternaam	Voornaam	M/V	Cat	Club	Tijd	min/km
368	0540	De Vos	Lien	V110	V35+		01:05:52	06:35
369	0565	Sturing	Patrick	M259	M45+		01:06:00	06:36
370	0537	Geuns	Dita	V111	V35-		01:06:21	06:38
371	0764	Kumas	Omer	M260	M45+		01:06:39	06:39
372	0509	Bormans	Demi	V112	V35-		01:06:41	06:40
373	0817	Harry	Hamers	M261	M65+		01:06:43	06:40
374	0536	Geuns	Bjorn	M262	M35+		01:07:12	06:43
375	0684	Grosemans	Mariane	V113	V55+	BOLT TONGER	01:07:39	06:45
376	0595	Verlooy	Meredith	V114	V45+		01:07:44	06:46
377	0610	Massignani	Annick	V115	V45+		01:08:08	06:48
378	0587	Van de Weerd	Marijke	V116	V45+		01:08:11	06:49
379	0533	Janssens	joris	M263	M45+		01:10:00	07:00
380	0554	Roelandt	Isabeau	V117	V35-		01:12:43	07:16
381	0781	Vanderheyden	Warre	M264	M35-	AC Duffel	01:12:48	07:16
382	0780	Vanherwegen	Paul	M265	M65+	gems joggers Die	01:12:50	07:17
383	0567	roosen	leo	M266	M65+	zac zonhoven	01:13:06	07:18
384	0701	Kwanten	Luc	M267	M55+	StartToRun	01:17:16	07:43

	0826	Ramakers	Kim Danil	M	M35+		00:00:00	00:00
	0871	Bllamo	Jan	M	M35-	AVT	00:00:00	00:00

Helpshopcup - 10KM - Mannen 35-

Startuur : 12-02-2023 11:16:10

Uitslag is volledig

Rang	Borstnr	Achternaam	Voornaam	M/V	Cat	Club	Tijd	min/km
1	0830	Calmels	Cyprien	M1	M35-		00:32:23	03:14
2	0703	Witters	Stijn	M2	M35-	Go Dare	00:34:01	03:24
3	0619	Bongers	Dimitri	M3	M35-	AVT	00:34:19	03:25
4	0741	Swennen	Pieter	M4	M35-	ADD	00:34:30	03:27
5	0649	Tavernier	Joris	M5	M35-	AVLL	00:35:03	03:30
6	0562	Minnart	Glenn	M6	M35-	Team Fischer	00:35:09	03:30
7	0824	Verschoren	Senne	M7	M35-	HEISTE BERGL	00:35:12	03:31
8	5048	De Man	Robbe	M8	M35-		00:35:55	03:35
9	0678	Roevens	Brent	M9	M35-		00:36:01	03:36
10	5086	Van Asselbergh	Jorden	M10	M35-	ADD VACH	00:36:44	03:40
11	0685	Claes	Nico	M11	M35-	AVT	00:36:46	03:40
12	0855	Vanholst	Michiel	M12	M35-	DCLA Halen	00:36:59	03:41
13	0508	Bruyneel	Sven	M13	M35-	Team Fischer	00:37:10	03:43
14	0791	Haesen	Jasper	M14	M35-		00:37:50	03:47
15	0729	Pauls	Kevin	M15	M35-		00:37:51	03:47
16	0737	Haesen	Sander	M16	M35-		00:37:54	03:47
17	0640	Moens	Niels	M17	M35-		00:38:06	03:48
18	5021	Claes	Jasper	M18	M35-	ADD Diepenbee	00:38:11	03:49
19	0842	Lodewijckx	Siebe	M19	M35-	Ironteam Hasselt	00:38:36	03:51
20	0705	Wauters	Jonas	M20	M35-	AVT	00:39:27	03:56
21	0644	Huygen	Jorn	M21	M35-		00:40:43	04:04
22	0687	Hendrickx	Jens	M22	M35-		00:40:56	04:05
23	0858	Fabrij	Andy	M23	M35-		00:41:13	04:07
24	0775	Alen	Lars	M24	M35-	Trainer AVT Ho	00:41:36	04:09
25	0770	Bleeser	Raf	M25	M35-		00:42:27	04:14
26	0503	Leemans	Robbe	M26	M35-		00:43:00	04:18
27	0583	Simons	Nick	M27	M35-		00:43:07	04:18
28	0594	Van den Eynden	Jonas	M28	M35-	ROBA	00:43:08	04:18
29	0545	Schuermans	Matty	M29	M35-	Trisport MNK	00:43:10	04:19
30	0767	Ennekens	Sybren	M30	M35-		00:43:15	04:19
31	0754	Angel	Adel	M31	M35-		00:43:21	04:20
32	0754	Angel	Adel	M32	M35-		00:43:21	04:20
33	0804	Lepers	Robin	M33	M35-		00:43:36	04:21
34	0797	Royen	Sanny	M34	M35-		00:44:04	04:24
35	0760	Stakenborg	Frank	M35	M35-		00:44:09	04:24
36	0580	BOUCHE	Fabio	M36	M35-	RFCL Road Run	00:44:17	04:25
37	0624	Collen	Lorenz	M37	M35-	IronTeam Hassel	00:44:28	04:26
38	0561	Gielen	Brecht	M38	M35-		00:44:32	04:27

Rang	Borstnr	Achternaam	Voornaam	M/V	Cat	Club	Tijd	min/km
39	0708	Jonas Wellens	Jonas	M39	M35-	Animo	00:45:38	04:33
40	0841	Florescu	Dan Alexandre	M40	M35-	AVT	00:45:59	04:35
41	0502	Mareels	Maarten	M41	M35-	-	00:46:40	04:40
42	0674	Schevenels	Jarno	M42	M35-		00:47:24	04:44
43	0863	boutsen	bart	M43	M35-		00:47:56	04:47
44	0862	Dullers	Jan	M44	M35-		00:47:57	04:47
45	0861	Willems	Niels	M45	M35-	Nee	00:48:11	04:49
46	0762	Vangerven	Ben	M46	M35-		00:48:12	04:49
47	0717	Thomas	Pieter	M47	M35-		00:49:11	04:55
48	0865	Vanbrabant	Thomas Joseph	M48	M35-		00:51:40	05:10
49	0596	Miévis	Kevin	M49	M35-	RFCL Roadrunn	00:52:07	05:12
50	0599	Bertrand	Antoine	M50	M35-	RFCL Roadrunn	00:52:09	05:12
51	0585	Vanherle	Mats	M51	M35-		00:53:16	05:19
52	0766	screurs	sander	M52	M35-	aca alken	00:53:42	05:22
53	0676	Deuss	Steven	M53	M35-	Ironteam Hasselt	00:53:59	05:23
54	5083	Custers	Bram	M54	M35-		00:57:23	05:44
55	0553	Mignolet	Kevin	M55	M35-		00:59:52	05:59
56	0655	Peeters	Domien	M56	M35-	AVT Hasselt	01:02:55	06:17
57	0781	Vanderheyden	Warre	M57	M35-	AC Duffel	01:12:48	07:16



Helpshopcup - 10KM - Mannen 35+

Startuur : Startuur : 12-02-2023 11:16:10

Uitslag is volledig

Rang	Borstnr	Achternaam	Voornaam	M/V	Cat	Club	Tijd	min/km
1	0786	Nulens	Sam	M1	M35+	Add	00:31:23	03:08
2	0710	Verluyten	Frankie	M2	M35+	JMT Mol	00:34:16	03:25
3	0758	Hermans	Stephane	M3	M35+		00:34:26	03:26
4	0818	Wouters	Bert	M4	M35+		00:34:51	03:29
5	0611	Aerts	Andries	M5	M35+	GS Running tear	00:35:02	03:30
6	0677	Schoofs	Jan	M6	M35+	GoDare Animo T	00:35:05	03:30
7	0822	Wouters	Bart	M7	M35+	AV Lyra-Lierse	00:35:30	03:33
8	0654	Droumpouras	Dimitri	M8	M35+	Vach	00:35:33	03:33
9	0645	Metten	Davy	M9	M35+	Ironteam Hasselt	00:35:38	03:33
10	0526	Rouvrois	Niels	M10	M35+		00:35:42	03:34
11	0825	Paulissen	Maarten Dries	M11	M35+	Looise	00:35:48	03:34
12	0568	Guerrini	Fabrice	M12	M35+	DD team Seraing	00:35:51	03:35
13	0844	Tips	Gunther	M13	M35+	JMT Mol	00:36:08	03:36
14	0778	Meesterds	Nils	M14	M35+	Achilles-Top Ke	00:36:12	03:37
15	0823	Lunders	Nico Irne Max	M15	M35+	AV Lyra-Lierse	00:36:33	03:39
16	0807	Willems	Jeroen	M16	M35+		00:37:16	03:43
17	0577	De Roover	Willem	M17	M35+	GS Running Tea	00:37:26	03:44
18	0588	Bokken	Mathijs	M18	M35+		00:37:40	03:46
19	5091	arnauts	bert	M19	M35+	tact	00:37:48	03:46
20	0651	Bernaers	Ingmar	M20	M35+	VACH	00:37:57	03:47
21	0795	Trappeniers	Philip	M21	M35+	Triathlonclub Lu	00:38:01	03:48
22	0506	Bouckaert	Stéphane	M22	M35+		00:38:16	03:49
23	0793	Wiams	Ruben	M23	M35+		00:38:32	03:51
24	0686	Mathijs	David	M24	M35+	Maaseik	00:38:44	03:52
25	0628	Schouppe	Kenny	M25	M35+		00:38:44	03:52
26	0515	Beelen	Tillo	M26	M35+		00:39:05	03:54
27	0515	Beelen	Tillo	M27	M35+		00:39:05	03:54
28	0743	Booms	Nico	M28	M35+		00:39:32	03:57
29	5026	Boonen	Joris	M29	M35+		00:39:48	03:58
30	0608	Vince Fraeyman	Vince	M30	M35+	Mijn Hond Genk	00:39:51	03:59
31	0856	van poucke	christophe	M31	M35+	acalken	00:40:14	04:01
32	0768	Tupuschies	Zaki	M32	M35+		00:40:21	04:02
33	0546	florkin-dans	gilles	M33	M35+	Seraing Athltism	00:41:03	04:06
34	0607	Vandenberk	Wesley	M34	M35+		00:41:24	04:08
35	0501	Macours	Dominique	M35	M35+		00:41:56	04:11
36	0798	Gelade	Roeland	M36	M35+		00:42:10	04:13
37	0713	Blomme	Raf	M37	M35+	The Extra Mile	00:42:56	04:17
38	0785	Hoofs	Yves	M38	M35+		00:43:06	04:18

Rang	Borstnr	Achternaam	Voornaam	M/V	Cat	Club	Tijd	min/km
39	0504	Michiels	Kris	M39	M35+	Road Runners H	00:44:11	04:25
40	0866	Vanhamel	Thomas	M40	M35+		00:44:22	04:26
41	0722	Dupé	Bertrand	M41	M35+	RFCL Roadrunn	00:44:43	04:28
42	0706	Lodders	Glenn	M42	M35+	Hoeselt run	00:45:54	04:35
43	0839	Punie	Davy Renata	M43	M35+	Hoeselt Run	00:46:01	04:36
44	0643	Hurkmans	Benny	M44	M35+		00:46:03	04:36
45	0779	Swennen	Wim	M45	M35+	Atla	00:46:46	04:40
46	0591	broux	tom	M46	M35+		00:47:05	04:42
47	0803	Barbier	Wim	M47	M35+		00:47:17	04:43
48	0827	Vanuytrecht	Nico	M48	M35+	Ironteam Hasselt	00:47:26	04:44
49	0774	Meuwissen	Wesley	M49	M35+		00:48:00	04:48
50	0772	Peeters	Timothy	M50	M35+		00:48:02	04:48
51	0761	Doms	Stijn	M51	M35+		00:48:25	04:50
52	0692	Quanjard	Serge	M52	M35+		00:48:29	04:50
53	0629	Mertens	Pieter	M53	M35+	Ironteam Hasselt	00:48:51	04:53
54	0806	Boons	Pieter	M54	M35+		00:48:56	04:53
55	0794	Smets	Frank	M55	M35+		00:49:00	04:54
56	0627	Gielen	Wim	M56	M35+		00:49:04	04:54
57	0642	Loyens	Steven	M57	M35+		00:49:27	04:56
58	0860	Debart	Michael	M58	M35+	BOLT	00:50:20	05:02
59	0563	Motten	James	M59	M35+	BOLT	00:50:21	05:02
60	0744	Hens	Toon	M60	M35+		00:50:38	05:03
61	5068	coenen	Kris	M61	M35+	Bokkerijderstean	00:51:22	05:08
62	0819	Rayen	Bert	M62	M35+		00:52:24	05:14
63	0641	Snellinx	Kevin	M63	M35+	Hoeselt run	00:52:25	05:14
64	0535	Sterckx	Kristof	M64	M35+		00:52:46	05:16
65	0742	Lens	Joris	M65	M35+		00:53:30	05:21
66	0835	Loenders	Rik	M66	M35+		00:54:03	05:24
67	0704	Coenen	Wouter	M67	M35+		00:54:50	05:29
68	5053	Luyten	Björn	M68	M35+	Lions against car	00:55:36	05:33
69	0711	Simons	Peter	M69	M35+		00:56:46	05:40
70	0820	Van Rompaey	Frederik	M70	M35+	Geen	00:57:27	05:44
71	0693	Maris	Evert	M71	M35+		00:58:38	05:51
72	0816	Jans	Harmen	M72	M35+	Ironteam Hasselt	00:59:48	05:58
73	5089	Jeuris	Jeroen	M73	M35+		01:00:37	06:03
74	0728	Huygens	Glen	M74	M35+		01:03:01	06:18
75	0536	Geuns	Bjorn	M75	M35+		01:07:12	06:43



Helpshopcup - 10KM - Mannen 45+

Startuur : Startuur : Startuur : 12-02-2023 11:16:10

Uitslag is volledig

Rang	Borstnr	Achternaam	Voornaam	M/V	Cat	Club	Tijd	min/km
1	0665	Michielsens	Carlo	M1	M35+	Vach	00:34:24	03:26
2	0613	Rijken	Wim	M2	M35+		00:35:43	03:34
3	0845	Roggen	Steven Claire	M3	M35+		00:37:05	03:42
4	0838	Vita	Gaetano	M4	M35+	Road Runner	00:38:08	03:48
5	5009	De Rooy	Andy	M5	M35+	Coyote sports tea	00:38:14	03:49
6	0636	Vanhove	Chris	M6	M35+		00:38:22	03:50
7	0527	nizet	luc	M7	M35+		00:38:41	03:52
8	5076	Santermans	Peter	M8	M35+		00:39:12	03:55
9	0661	Leesen	Erwin	M9	M35+	Vach	00:39:19	03:55
10	0658	Hollants	Jean-Paul	M10	M35+	Vach	00:39:20	03:56
11	0666	Oud	Carlo	M11	M35+	Vach	00:39:34	03:57
12	0730	Van Genechten	Benny	M12	M35+	JMT Mol	00:39:40	03:58
13	0673	Wouters	Stein	M13	M35+	Vach	00:39:44	03:58
14	0593	Van den Eynden	Jimmy	M14	M35+	ITM	00:39:48	03:58
15	0601	PARENT	PASCAL	M15	M35+	RFCL ROADRU	00:39:54	03:59
16	0777	Martens	Roel	M16	M35+		00:40:00	04:00
17	0726	Leten	Tony	M17	M35+	AVT	00:40:22	04:02
18	0718	Saenen	Bart	M18	M35+		00:40:30	04:03
19	0671	Verachttert	Herman	M19	M35+	Vach	00:40:45	04:04
20	0650	Colemont	Kris	M20	M35+	3VL	00:41:05	04:06
21	5006	Buntinx	Johan	M21	M35+		00:41:16	04:07
22	5043	Baerts	Chris	M22	M35+		00:41:21	04:08
23	0723	Vangrieken	Mark	M23	M35+	Avt Houthalen	00:41:37	04:09
24	0843	Bosmans	Eric Lucien	M24	M35+		00:41:52	04:11
25	5005	Mesotten	Dirk	M25	M35+		00:41:55	04:11
26	0848	Neven	John	M26	M35+		00:42:19	04:13
27	0688	Wouters	Bart	M27	M35+	Hoeselt Run	00:43:04	04:18
28	0735	Peeters	Kris	M28	M35+	Ironteam Hasselt	00:43:15	04:19
29	5007	Vanherck	Bruno	M29	M35+	Bokkerijderstea	00:44:00	04:24
30	0574	deprez	marco	M30	M35+		00:44:03	04:24
31	5040	Drion	Daniel	M31	M35+	ADD Kortesse	00:44:06	04:24
32	0840	Dufour	Bart Paul	M32	M35+		00:44:07	04:24
33	0667	Ria	David	M33	M35+	Vach	00:44:18	04:25
34	0833	Gerits	Serge	M34	M35+		00:44:19	04:25
35	0757	Cayir	Ali	M35	M35+		00:44:50	04:29
36	0617	Tomsin	Ronny	M36	M35+	Hoeselt Run	00:45:10	04:31
37	5069	van der Wel	Kurt	M37	M35+	VACH	00:45:18	04:31
38	0790	van Opzeeland	Theo	M38	M35+		00:46:13	04:37

Rang	Borstnr	Achternaam	Voornaam	M/V	Cat	Club	Tijd	min/km
39	5023	Baus	Carlo	M39	M35+	Bokkerijderstear	00:46:28	04:38
40	0756	Franssens	Koen	M40	M35+		00:46:37	04:39
41	0505	Hoogeboom	Ronald	M41	M35+	STB	00:47:13	04:43
42	0620	Vangeel	Frank	M42	M35+	Roadrunners Has	00:47:28	04:44
43	0699	Koppers	Steven	M43	M35+		00:47:42	04:46
44	0719	Bosmans	Bart	M44	M35+	Kannemie	00:47:51	04:47
45	0733	Derison	Bart	M45	M35+		00:47:59	04:47
46	0851	Zellenrath	Bart	M46	M35+		00:48:08	04:48
47	0621	Nix	Raymond	M47	M35+	Atletiek Maastric	00:48:58	04:53
48	0652	De Bus	Evert	M48	M35+	Vach	00:49:15	04:55
49	0522	Cosemans	Fiel	M49	M35+	AVT Maaseik	00:51:01	05:06
50	0586	VERBIEST	NICO	M50	M35+		00:51:27	05:08
51	0746	palumbo	giuseppe	M51	M35+	Rfcl road runners	00:51:29	05:08
52	0528	Fransen	Jochem	M52	M35+		00:52:06	05:12
53	5050	Vanheusden	Wim	M53	M35+		00:52:19	05:13
54	0631	Peeters	Jurgen	M54	M35+	Hoeselt Run	00:54:40	05:28
55	0700	Robbens	Rudy	M55	M35+	Hoeselt Run	00:54:45	05:28
56	0604	Maessen	Sebastian	M56	M35+	Bolt Tongeren	00:55:54	05:35
57	5047	Coenen	David	M57	M35+		00:56:00	05:36
58	0776	GENOE	MARK	M58	M35+		00:57:20	05:44
59	0695	Verpoorten	Joris	M59	M35+		00:58:41	05:52
60	0623	Van den Eeckhoudt	David	M60	M35+		00:58:55	05:53
61	0702	Gigliotti	Pascal	M61	M35+	Hoeselt run	01:02:51	06:17
62	0659	Peeters	Wim	M62	M35+	TTV Hasselt Uni	01:02:56	06:17
63	5080	Vandenbergh	Eddy	M63	M35+		01:03:04	06:18
64	0565	Sturing	Patrick	M64	M35+		01:06:00	06:36
65	0764	Kumas	Omer	M65	M35+		01:06:39	06:39
66	0533	Janssens	joris	M66	M35+		01:10:00	07:00

Helpshopcup - 10KM - Mannen 55+

Startuur : Startuur : Startuur : Startuur : 12-02-2023 11:16:10

Uitslag is volledig

Rang	Borstnr	Achternaam	Voornaam	M/V	Cat	Club	Tijd	min/km
1	5041	Van Marcke	Pascal	M1	M55+	MAES SQM Ru	00:34:40	03:28
2	0615	Vanwersch	Bert	M2	M55+	SCOTT Running	00:35:10	03:31
3	0832	Moreau	Christophe	M3	M55+		00:37:23	03:44
4	0557	Gerits	Erik	M4	M55+		00:38:21	03:50
5	0612	Moyersoan	Bernard	M5	M55+	RFCL	00:38:34	03:51
6	0669	Timmermans	Sammy	M6	M55+	Vach	00:38:37	03:51
7	0867	Hoskens	Benny Frans	M7	M55+		00:39:59	03:59
8	0712	Paulo	Luis	M8	M55+	Bahia	00:42:50	04:17
9	5002	Permentier	Gilbert	M9	M55+		00:43:38	04:21
10	5062	Slegers	Werner	M10	M55+		00:44:14	04:25
11	0626	Ceusters	Patrick	M11	M55+	TDL	00:44:48	04:28
12	0740	Van Laer	Wim	M12	M55+	DCLA Halen	00:44:52	04:29
13	0516	Konix	Werner	M13	M55+		00:46:07	04:36
14	0614	Verschueren	Frank	M14	M55+	SACN	00:46:53	04:41
15	0646	bailly	luc	M15	M55+	RFCL	00:47:01	04:42
16	0731	Baeten	Karel	M16	M55+	Roadrunners Has	00:48:31	04:51
17	0656	Gielkens	Marc	M17	M55+	Vach	00:48:33	04:51
18	0716	Schiffiers	patrick	M18	M55+	RFCL Athltisme	00:49:16	04:55
19	0512	Smeets	Ronald	M19	M55+		00:49:23	04:56
20	0850	Meijers	Marc	M20	M55+	AM Maastricht	00:49:38	04:57
21	5092	Salmon	Peter	M21	M55+		00:49:48	04:58
22	0579	BOUCHE	Marc	M22	M55+	RFCL Road Run	00:49:53	04:59
23	0847	thijssen	luc	M23	M55+		00:50:26	05:02
24	0720	Vryss	Rudi	M24	M55+	DCLA	00:50:50	05:05
25	0517	Holans	Dirk	M25	M55+	Bolt	00:50:56	05:05
26	0765	Sage	Andrew	M26	M55+	Sportiva gelrode	00:51:09	05:06
27	0736	Vanwelkenhuyzen	Joris	M27	M55+		00:51:20	05:08
28	0555	Roelandt	Michel	M28	M55+		00:51:33	05:09
29	0668	Thijssen	Xavier	M29	M55+	Vach	00:52:29	05:14
30	0836	Thoelen	Joseph Mathieu	M30	M55+	bokrijklopers	00:52:57	05:17
31	5028	loix	johnny	M31	M55+		00:53:20	05:20
32	0584	Vanherle	Ronny	M32	M55+		00:53:26	05:20
33	0697	zwerts	danny	M33	M55+	aca alken	00:54:19	05:25
34	0808	JOOKEN	GUY	M34	M55+		00:54:28	05:26
35	0683	Strauven	Rudi	M35	M55+	Bolt Tongeren	00:54:47	05:28
36	0749	François	Peter	M36	M55+		00:55:07	05:30
37	0625	Weijzen	Richard	M37	M55+	Athletiek Maastric	00:55:16	05:31
38	0662	Lodewijckx	Luc	M38	M55+	Vach	00:55:20	05:32

Rang	Borstnr	Achternaam	Voornaam	M/V	Cat	Club	Tijd	min/km
39	0769	formesyn	jan	M39	M55+		00:55:21	05:32
40	0675	DE PAUW	ERIK	M40	M55+		00:55:34	05:33
41	0870	Eersels	Patrick	M41	M55+		00:55:55	05:35
42	0548	Feijs	Jos	M42	M55+		00:56:09	05:36
43	5059	Meekers	Stefan	M43	M55+	Speelhofrunners	00:56:19	05:37
44	0566	Eijckmans	Eric	M44	M55+		00:59:35	05:57
45	0511	Brauns	Peter	M45	M55+		00:59:42	05:58
46	0507	Claes	Peter	M46	M55+		01:00:09	06:00
47	0564	Boskamp	Erik	M47	M55+	Geen	01:00:42	06:04
48	0831	Pet	Vanham	M48	M55+	nee	01:02:32	06:15
49	0690	Bussels	Luc	M49	M55+		01:03:46	06:22
50	0701	Kwanten	Luc	M50	M55+	StartToRun	01:17:16	07:43

Helpshopcup - 10KM - Mannen 65+

Startuur : Startuur : Startuur : Startuur : Startuur : 12-02-2023 11:16:10

Uitslag is volledig

Rang	Borstnr	Achternaam	Voornaam	M/V	Cat	Club	Tijd	min/km
1	5067	Hiemeleers	Marc	M1	M55+	AC Alken	00:42:30	04:15
2	0696	Van Den Broeck	Raphael	M2	M55+	ACA	00:44:36	04:27
3	0857	Vranckx	Benoit Roland	M3	M55+	TessChemie	00:45:59	04:35
4	0573	Barbier	Guido	M4	M55+	FLAC	00:46:42	04:40
5	0578	van der Aart	Harry	M5	M55+	Atletiek Maastric	00:47:46	04:46
6	0556	lemkens	jan	M6	M55+		00:49:18	04:55
7	0725	Ooms	Karel	M7	M55+		00:53:28	05:20
8	0853	Roumans	Nol Joseph	M8	M55+	Maalandjoggers	00:54:30	05:27
9	5039	Grouwels	jos	M9	M55+		00:55:14	05:31
10	0576	Peeters	Lucien	M10	M55+		00:56:59	05:41
11	0622	Polders	Jos	M11	M55+	ACA	00:57:44	05:46
12	0653	Creemers	Jos	M12	M55+		01:00:25	06:02
13	0829	coninx	leon	M13	M55+		01:01:31	06:09
14	0814	Janssen	Willem Paul	M14	M55+		01:02:22	06:14
15	0531	Goudelis	Tasso	M15	M55+		01:02:38	06:15
16	0868	Nulens	Andr	M16	M55+		01:05:18	06:31
17	0817	Harry	Hamers	M17	M55+		01:06:43	06:40
18	0780	Vanherwegen	Paul	M18	M55+	gems joggers Die	01:12:50	07:17
19	0567	roosen	leo	M19	M55+	zac zonhoven	01:13:06	07:18

Helpshopcup - 10KM - Vrouwen 35-

Startuur : 12-02-2023 11:16:10

Uitslag is volledig

Rang	Borstnr	Achternaam	Voornaam	M/V	Cat	Club	Tijd	min/km
1	0721	schouten	aria	V1	V35-	AVT	00:39:25	03:56
2	5034	Vandersmissen	Jolien	V2	V35-	Dcla halen - sqm	00:40:55	04:05
3	0681	Vangeel	Julie	V3	V35-	GS running team	00:42:27	04:14
4	0745	Ceysens	Linde	V4	V35-		00:43:10	04:19
5	5015	Arnauts	Elle	V5	V35-	Tact	00:43:17	04:19
6	0679	Verhestraeten	Karen	V6	V35-		00:44:54	04:29
7	0784	Leekens	Jolien	V7	V35-	Avt Houthalen	00:46:55	04:41
8	0558	Willems	Jolien	V8	V35-		00:48:10	04:49
9	0571	Gregoire	Silke	V9	V35-		00:48:32	04:51
10	0771	Volders	Astrid	V10	V35-		00:48:58	04:53
11	0846	Sidhoumi	Yasmine	V11	V35-		00:49:02	04:54
12	0549	Van der Auwera	Charlotte	V12	V35-		00:50:54	05:05
13	0550	rosella	castelluccio	V13	V35-		00:51:43	05:10
14	0834	Timmers	Tessa	V14	V35-		00:52:22	05:14
15	0864	Peeters	Jana	V15	V35-	AVT	00:53:23	05:20
16	0796	Vandervoort	Liesbeth	V16	V35-		00:54:43	05:28
17	0581	MICHOZOUNOU	Allégresse	V17	V35-	RFCL Road Run	00:55:37	05:33
18	0638	Van Marcke	Jessy	V18	V35-		00:55:56	05:35
19	0750	van der Linden	Maartje	V19	V35-		00:57:08	05:42
20	5032	Hiemeleers	Sharon	V20	V35-	AC Alken	00:58:30	05:51
21	0632	Desmet	Sofie	V21	V35-		00:59:50	05:59
22	0630	Smout	Céline	V22	V35-		00:59:51	05:59
23	0709	Thoelen	Mila	V23	V35-	AVT Kiewit	01:01:32	06:09
24	0689	Thiry	Jeanne	V24	V35-	AVT	01:01:34	06:09
25	0682	Vrijens	Angelique	V25	V35-	Hoeselt run	01:03:07	06:18
26	0734	Dendas	Marie Lou	V26	V35-	AVT Hasselt	01:03:31	06:21
27	0525	Craenen	Ruth	V27	V35-		01:03:55	06:23
28	0648	Gijbels	Emmely	V28	V35-		01:05:17	06:31
29	0537	Geuns	Dita	V29	V35-		01:06:21	06:38
30	0509	Bormans	Demi	V30	V35-		01:06:41	06:40
31	0554	Roelandt	Isabeau	V31	V35-		01:12:43	07:16

Helpshopcup - 10KM - Vrouwen 35+

Startuur : Startuur : 12-02-2023 11:16:10

Uitslag is volledig

Rang	Borstnr	Achternaam	Voornaam	M/V	Cat	Club	Tijd	min/km
1	0828	Liekens	Vicky	V1	V35+	RaceRaise	00:39:39	03:57
2	0637	Bertels	Dominique	V2	V35+		00:43:05	04:18
3	0821	Strauven	Sofie	V3	V35+	Dcla halen	00:44:14	04:25
4	0698	Keunen	Tamara	V4	V35+	AVT Oudsberge	00:44:21	04:26
5	0788	Galasso	Geraldina	V5	V35+		00:45:43	04:34
6	0609	Dillen	Annelies	V6	V35+	AVT	00:46:49	04:40
7	0551	Van Coppenolle	Ine	V7	V35+		00:46:51	04:41
8	0751	Theys	Hermine	V8	V35+	DCLA Halen	00:47:48	04:46
9	0670	Vanderspikken	Marietje	V9	V35+	Vach	00:48:03	04:48
10	0805	Carovillano	Alkia	V10	V35+		00:49:12	04:55
11	0872	Vanneste	Liesbeth	V11	V35+	Gs running team	00:50:04	05:00
12	0787	Claes	Mieke	V12	V35+		00:52:27	05:14
13	0590	Vanhove	Ellen	V13	V35+	Road Runners H	00:52:37	05:15
14	0852	Hebbrecht	Maaïke Nolle	V14	V35+		00:53:04	05:18
15	5014	Koopmans	Kim	V15	V35+		00:54:33	05:27
16	0763	Wijnants	Els	V16	V35+		00:54:36	05:27
17	0800	Zawierucha	Hanna	V17	V35+		00:54:38	05:27
18	0812	Mertens	Kathleen	V18	V35+		00:54:39	05:27
19	0801	Deprez	Ilse	V19	V35+		00:54:41	05:28
20	0748	Stakenborg	Anke	V20	V35+		00:54:59	05:29
21	0773	Wygaerts	Catherine	V21	V35+		00:56:34	05:39
22	0724	Wilderjans	Edith	V22	V35+		00:56:35	05:39
23	0802	HIEMELEERS	Judy	V23	V35+		00:56:51	05:41
24	0792	Vanherck	Lien	V24	V35+		00:57:11	05:43
25	0523	stouten	wendy	V25	V35+	Hoeselt Run	00:57:19	05:43
26	0809	Fancello	Kelly	V26	V35+		00:57:21	05:44
27	0707	Heuts	Tamara	V27	V35+	Hoeselt Run	00:58:17	05:49
28	5082	Saro	Tanya	V28	V35+		00:58:24	05:50
29	0635	Ooms	Annelies	V29	V35+		00:59:24	05:56
30	0634	Coenegrachts	Kirsten	V30	V35+		00:59:39	05:57
31	0782	van Doorn	Freija	V31	V35+		00:59:46	05:58
32	0789	Swennen Groffils	Magali	V32	V35+		01:00:46	06:04
33	0783	Geyskens	Jella	V33	V35+		01:00:51	06:05
34	0739	Marieke	Froyen	V34	V35+		01:01:08	06:06
35	0657	Guedens	Ilse	V35	V35+	Vach	01:02:18	06:13
36	0639	Grosemans	Stefanie	V36	V35+		01:02:44	06:16
37	0727	Frederickx	Kirsten	V37	V35+		01:02:59	06:17
38	0691	Bussels	Ine	V38	V35+		01:03:46	06:22

Rang	Borstnr	Achternaam	Voornaam	M/V	Cat	Club	Tijd	min/km
39	0524	Claessens	Sofie	V39	V35+		01:03:55	06:23
40	0530	Reniers	Inne	V40	V35+		01:04:29	06:26
41	0532	Caenberghs	Kristel	V41	V35+		01:04:30	06:27
42	0540	De Vos	Lien	V42	V35+		01:05:52	06:35

Helpshopcup - 10KM - Vrouwen 45+

Startuur : Startuur : Startuur : 12-02-2023 11:16:10

Uitslag is volledig

Rang	Borstnr	Achternaam	Voornaam	M/V	Cat	Club	Tijd	min/km
1	0715	philis	Lambriny	V1	V35+	RFCL Roadrunn	00:41:18	04:07
2	0618	Schroven	Hilde	V2	V35+	GS Running tear	00:43:18	04:19
3	0598	Meijssen	Esther	V3	V35+		00:43:47	04:22
4	0518	Knapen	Griet	V4	V35+	VACH	00:44:37	04:27
5	0755	Stas	Katrien	V5	V35+	DCLA Halen	00:45:13	04:31
6	0660	Laenen	Annouschka	V6	V35+	Vach	00:45:56	04:35
7	0752	Schoofs	Natascha	V7	V35+	AVT Houtalen	00:46:57	04:41
8	0603	Paps	Cécile	V8	V35+	RFCL	00:47:20	04:44
9	0560	Valkeneers	Prisca	V9	V35+	ik ren dus ik ben	00:47:44	04:46
10	0837	Frankenne	Linda Marcelle	V10	V35+	Gs-Running Tea	00:49:01	04:54
11	0510	Van Mieghem	Isabelle	V11	V35+		00:49:32	04:57
12	0539	Vanherck	An	V12	V35+		00:50:22	05:02
13	0854	Jacobs	Sonja	V13	V35+		00:51:06	05:06
14	0647	Geusens	Carine	V14	V35+		00:51:16	05:07
15	0759	Tiren	Hülya	V15	V35+		00:51:45	05:10
16	0538	Gijbels	Frieda	V16	V35+	AVT Oudsberge	00:53:31	05:21
17	0605	François	Cindy	V17	V35+	Bolt Tongeren	00:54:23	05:26
18	0663	Marchesini	Nadia	V18	V35+	Vach	00:55:21	05:32
19	0602	CORNET	CARINE	V19	V35+	RFCL ROADRU	00:55:39	05:33
20	0616	Jans	Ingrid	V20	V35+	Hoeselt Run	00:57:04	05:42
21	0534	Boskamp	Guyonne	V21	V35+	Atletiek Maastric	00:58:06	05:48
22	0680	Cultori	Tina	V22	V35+		00:58:12	05:49
23	0815	Bodson	Dominique Elvire	V23	V35+	roadrunners hasp	00:58:51	05:53
24	0859	machiels	carmen	V24	V35+	hoeselt run	01:01:33	06:09
25	0600	Fosse	Ann	V25	V35+		01:02:53	06:17
26	0595	Verlooy	Meredith	V26	V35+		01:07:44	06:46
27	0610	Massignani	Annick	V27	V35+		01:08:08	06:48
28	0587	Van de Weerd	Marijke	V28	V35+		01:08:11	06:49



Helpshopcup - 10KM - Vrouwen 55+

Startuur : Startuur : Startuur : Startuur : 12-02-2023 11:16:10

Uitslag is volledig

Rang	Borstnr	Achternaam	Voornaam	M/V	Cat	Club	Tijd	min/km
1	0694	Vankrunkelsven	Leen	V1	V55+		00:45:28	04:32
2	0606	Duchateau	Clemie	V2	V55+	Atletiek Maastric	00:48:05	04:48
3	0552	Katoen	Erna	V3	V55+	Atletiek Maastric	00:48:37	04:51
4	5020	Hermans	Martine	V4	V55+		00:48:46	04:52
5	0543	KESTENS	Sylvia	V5	V55+		00:50:43	05:04
6	0633	Philippaerts	Greta	V6	V55+	ACA	00:52:53	05:17
7	0529	Frederix	Marianne	V7	V55+	Kimbria maastric	00:54:00	05:24
8	0547	Hager	Leni	V8	V55+	Atletiek Maastr	00:54:05	05:24
9	0544	Reynaerts	Marleen	V9	V55+		00:54:44	05:28
10	5072	Timmerman	Leentje	V10	V55+	VACH	00:56:03	05:36
11	0575	van berkel	martine	V11	V55+		00:57:00	05:42
12	0732	Billen	Annick	V12	V55+	Roadrunners Has	00:57:31	05:45
13	0747	Moons	Huguette	V13	V55+		01:04:12	06:25
14	0684	Grosemans	Mariane	V14	V55+	BOLT TONGER	01:07:39	06:45

Helpshopcup - 10KM - Vrouwen 65+

Startuur : Startuur : Startuur : Startuur : Startuur : 12-02-2023 11:16:10

Uitslag is volledig

Rang	Borstnr	Achternaam	Voornaam	M/V	Cat	Club	Tijd	min/km
1	0672	Willemse	Agnes	V1	V55+	Vach	00:54:55	05:29
2	0849	thijs	irene	V2	V55+	maaslandjoggers	00:58:43	05:52



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