



Helpshopcup 13,5KM - Algemene rangschikking

Startuur : 15-10-2023 14:18:01

Uitslag is volledig

Rang	Borstnr	Achternaam	Voornaam	M/V	Cat	Club	Tijd	min/km
1	0406	Nulens	Sam	M1	M35+	Add	00:45:23	03:21
2	0441	Blijkers	Tibo	M2	M35-	Team Fischer	00:48:29	03:35
3	0484	Hammes	Jules	M3	M35-	DCLA Halen	00:49:03	03:38
4	0443	Andries	Aerts	M4	M35+	GS Running team	00:49:08	03:38
5	5084	Vossius	Peter	M5	M45+	MAES SQM Run	00:49:21	03:39
6	0451	Theys	Kevin	M6	M35+	MAES SQM Run	00:49:23	03:39
7	0449	Droumpouras	Dimitri	M7	M35+	Maes sqm-runni	00:49:24	03:39
8	5009	De Rooy	Andy	M8	M45+	Coyote sports tea	00:49:54	03:41
9	5045	Vanden Bempt	Hans	M9	M35+	MaesSQMrunnir	00:51:33	03:49
10	0442	Stevens	Christophe	M10	M35+	ADD Tongeren	00:51:41	03:49
11	0460	Hellemans	Leentje	V1	V35+	ADDHoeselt Ru	00:52:00	03:51
12	0445	Geraerts	Brecht	M11	M35+		00:52:03	03:51
13	0427	Hex	Pieter	M12	M35+		00:52:09	03:51
14	0430	Noelmans	Bram	M13	M35+		00:52:27	03:53
15	5036	Geijsenbergh	Gert	M14	M35+		00:52:37	03:53
16	0507	maris	peter	M15	M55+	vach	00:52:43	03:54
17	5049	Wouters	Chriske	M16	M45+	MAES SQM RU	00:53:19	03:56
18	0487	Willems	Dirk	M17	M55+	Tact st.-Truiden	00:53:48	03:59
19	0491	Slegers	Anne-Sophie	V2	V35-	ADD	00:53:55	03:59
20	0501	Neven	Koen	M18	M45+	ADD	00:53:56	03:59
21	0464	Scholts	Bert	M19	M35-		00:54:25	04:01
22	0431	Raeymakers	Sven	M20	M45+	ADD Kortesse	00:56:11	04:09
23	0465	Put	Adriaan	M21	M35-		00:56:22	04:10
24	0450	Briers	Maarten	M22	M45+	ZLTC	00:56:55	04:12
25	0466	Dekens	Danny	M23	M55+	Dcla Halen	00:56:57	04:13
26	5076	Santermans	Peter	M24	M45+		00:56:58	04:13
27	0425	HOLLANTS	JEAN-PAUL	M25	M45+	VACH	00:57:08	04:13
28	5054	Vangeel	Julie	V3	V35-	GS running team	00:57:12	04:14
29	5043	Baerts	Chris	M26	M45+		00:57:26	04:15
30	5067	Hiemeleers	Marc	M27	M65+	AC Alken	00:57:43	04:16
31	0455	Boghe	Guido	M28	M55+	Btact	00:57:47	04:16
32	0485	Royen	Sanny	M29	M35-		00:58:03	04:18
33	0499	Sampermans	Bart Maurice	M30	M35+	DCLA HALEN	00:58:06	04:18
34	0514	Gelade	Kobe	M31	M35-		00:58:10	04:18
35	0509	Nys	Jana	V4	V35-	DCLA	00:58:11	04:18
36	5062	Slegers	Werner	M32	M55+		00:58:17	04:19
37	0483	Wittevrongel	Ine	V5	V35-	DCLA Halen	00:58:29	04:19
38	0512	Redant	Tom	M33	M35+	ACA Alken	00:58:42	04:20

Rang	Borstnr	Achternaam	Voornaam	M/V	Cat	Club	Tijd	min/km
39	0479	Gelade	Roeland	M34	M35+		00:58:58	04:22
40	0416	Darding	Leonardus	M35	M35-		00:59:23	04:23
41	0474	Billen	Laurien	V6	V35-	Triatlon Team L	00:59:37	04:24
42	0468	Brecht	Hermans	M36	M35+		00:59:44	04:25
43	0420	Paulussen	Kristof	M37	M45+		01:00:01	04:26
44	0421	Jamaer	Pieter	M38	M35+		01:00:03	04:26
45	0517	Janssen	Kristof Dany	M39	M35+		01:00:07	04:27
46	5002	Permentier	Gilbert	M40	M55+		01:00:12	04:27
47	5007	Vanherck	Bruno	M41	M45+	Bokkerijderstean	01:00:19	04:28
48	0515	Hendricx	Jeroen Karel	M42	M35+		01:00:24	04:28
49	0508	Burdzy	Sven Mathieu	M43	M45+	DCLA Halen	01:00:25	04:28
50	0492	Coemans	Dave	M44	M35-		01:00:27	04:28
51	0472	Cartenstadt	Maarten	M45	M35+		01:00:53	04:30
52	0470	Van Laer	Wim	M46	M55+	DCLA Halen	01:01:10	04:31
53	5015	Arnauts	Elle	V7	V35-	Tact	01:01:20	04:32
54	0516	Arnauts	Bert Victor	M47	M35+	bruust	01:01:24	04:32
55	0432	Schevenels	Jarno	M48	M35-		01:01:28	04:33
56	0475	Lieben	Eden	M49	M35-		01:01:42	04:34
57	0454	Jans	Bart	M50	M55+	Livia's fanclub	01:01:48	04:34
58	0415	Tomsin	Ronny	M51	M45+	BFC	01:02:16	04:36
59	0426	LAENEN	ANNOUSCHKA	V8	V45+	VACH	01:02:18	04:36
60	0412	Van den Berge	Laurens	M52	M35-		01:02:58	04:39
61	0486	Wittevrongel	Sien	V9	V35-		01:03:05	04:40
62	0413	Stijnen	Didier	M53	M35-		01:03:36	04:42
63	0493	Stas	Katrien	V10	V45+	DCLA Halen	01:03:39	04:42
64	0462	Vankrunkelsven	Leen	V11	V55+		01:03:42	04:43
65	5035	Luts	Daniël	M54	M65+	DCLA Halen	01:04:06	04:44
66	0513	Knapen	Andy	M55	M35-		01:04:29	04:46
67	0488	Raskin	Robin	M56	M35-		01:04:38	04:47
68	0473	Voncken	Christophe	M57	M45+	AVC	01:04:49	04:48
69	5078	Croughs	An	V12	V35+	Run TMC	01:04:53	04:48
70	5061	Vranckx	Benoit	M58	M65+	Tess Chemie	01:04:58	04:48
71	0457	Thoonen	Erik	M59	M65+	Gemsjoggers	01:05:14	04:49
72	0497	Patrick	Vanaken	M60	M55+	Gemsjoggers Dic	01:05:42	04:52
73	0471	Vandeweyer	Kris	M61	M35+	ADD Tongeren	01:06:42	04:56
74	5023	Baus	Carlo	M62	M45+	Bokkerijderstean	01:06:44	04:56
75	0482	Reul	Wim	M63	M35+		01:06:48	04:56
76	0452	Lowet	Geert	M64	M45+	EarlybirdRunner	01:07:03	04:58
77	0458	Theys	Hermine	V13	V35+	DCLA Halen	01:07:33	05:00
78	0480	Simons	Geert	M65	M45+		01:07:39	05:00
79	5001	Moons	Lydia	V14	V55+	Geen	01:08:03	05:02
80	0440	Domenico	Di Vito	M66	M65+		01:08:04	05:02
81	0463	Camps	Jente	M67	M35-		01:08:52	05:06
82	0477	Steegmans	Nathalie	V15	V35-		01:08:58	05:06
83	0423	baillien	wim	M68	M45+	KOVOK Kortess	01:08:59	05:06
84	0494	Verluyten	Vera	V16	V55+		01:09:03	05:06
85	0408	Bielen	Benjamin	M69	M35+		01:09:11	05:07

Rang	Borstnr	Achternaam	Voornaam	M/V	Cat	Club	Tijd	min/km
86	0409	Cappa	Kurt	M70	M35-		01:09:20	05:08
87	0434	Beunckens	Jolien	V17	V35+		01:09:22	05:08
88	0511	Vandeweyer	Freddy	M71	M55+		01:09:23	05:08
89	0422	Holans	Dirk	M72	M55+		01:09:26	05:08
90	0411	Sansom	Joyce	V18	V35-		01:10:18	05:12
91	0439	Stroobants	Herman	M73	M55+		01:10:25	05:12
92	0418	Vanstraelen	Philip	M74	M35-		01:10:44	05:14
93	0469	Frankenne	Linda	V19	V45+		01:11:02	05:15
94	0446	Esch	Marij	V20	V45+	Earlybirds	01:11:05	05:15
95	5014	Koopmans	Kim	V21	V35+		01:11:25	05:17
96	0404	Fabio	Mercurio	M75	M55+		01:11:36	05:18
97	5037	Govaerts	Kris	M76	M65+	AC Alken	01:11:45	05:18
98	0476	Diriken	Jan	M77	M35+		01:12:13	05:20
99	0504	Mertens	Jim	M78	M45+		01:12:39	05:22
100	0506	Herregods	Jan Freddy	M79	M55+		01:12:55	05:24
101	0436	Stas	Anouk	V22	V35+		01:13:15	05:25
102	5068	coenen	Kris	M80	M35+	Bokkerijderstean	01:13:23	05:26
103	0502	Laenen	Jef	M81	M65+		01:13:44	05:27
104	0414	Jossart	Wim	M82	M45+		01:13:51	05:28
105	0490	Philippaerts	Greta	V23	V55+	ACA	01:14:04	05:29
106	5028	loix	johnny	M83	M55+		01:14:24	05:30
107	0510	MAESSEN	SEBBIE	M84	M45+	Bolt Tongeren	01:14:29	05:31
108	5047	Coenen	David	M85	M45+		01:14:47	05:32
109	0447	Cabuy	Paula	V24	V55+		01:14:50	05:32
110	0505	Henri	Jarrick Ren	M86	M35-		01:14:51	05:32
111	5050	Vanheusden	Wim	M87	M45+		01:15:20	05:34
112	5094	Polders	Jos	M88	M65+	ACA	01:15:56	05:37
113	5038	Van Zand	Maja	V25	V65+	AC Alken	01:16:04	05:38
114	0417	Monard	Luc	M89	M45+		01:16:07	05:38
115	0424	XIROGIANNIS	KOSTAS	M90	M35+		01:16:51	05:41
116	0433	Kinable	Sofie	V26	V35+		01:17:36	05:44
117	0503	Haemhouts	Kristof	M91	M35+	Tongerlopers	01:17:39	05:45
118	0459	zwerts	danny	M92	M55+	aca alken	01:17:49	05:45
119	0419	Brodala	Renee	V27	V35+		01:18:00	05:46
120	0496	DE RAEDEMAEKER	Franz	M93	M65+	Lighthouse Team	01:19:35	05:53
121	0435	Parrinello	Melina	V28	V35+		01:20:11	05:56
122	0467	Vanbergen	Michel	M94	M65+	Tongerlopers	01:20:21	05:57
123	5089	Jeuris	Jeroen	M95	M35+		01:21:31	06:02
124	0498	Voets	Christophe Ren	M96	M45+		01:21:33	06:02
125	0448	Lenaerts	Marc	M97	M55+	Tongerlopers	01:22:50	06:08
126	0478	Eersels	Patrick	M98	M55+	i-Theses Running	01:23:03	06:09
127	5088	Arnauts	Els	V29	V35+		01:24:23	06:15
128	0481	Swennen Groffils	Magali	V30	V35+		01:24:38	06:16
129	0461	Fornaro	Deborah	V31	V35+		01:25:15	06:18
130	0437	Peeters	Domien	M99	M35-	ATV Hasselt	01:27:14	06:27
131	0438	Peeters	Wim	M100	M45+		01:27:15	06:27
132	0489	Swerts	Lennert	M101	M35-	Bokkerijderstean	01:27:46	06:30

Rang	Borstnr	Achternaam	Voornaam	M/V	Cat	Club	Tijd	min/km
133	0456	Suelze	Bart	M102	M35-		01:29:24	06:37
134	0428	Hulsmans	Pierre	M103	M65+		01:32:34	06:51
135	0495	Schreurs	Betty	V32	V65+	Add	01:34:44	07:01
136	0429	roosen	leo	M104	M65+	zac zonhoven	01:52:04	08:18

Helpshopcup 13,5KM - Mannen 35-

Startuur : 15-10-2023 14:18:01

Uitslag is volledig

Rang	Borstnr	Achternaam	Voornaam	M/V	Cat	Club	Tijd	min/km
1	0441	Blijkers	Tibo	M1	M35-	Team Fischer	00:48:29	03:35
2	0484	Hammes	Jules	M2	M35-	DCLA Halen	00:49:03	03:38
3	0464	Scholts	Bert	M3	M35-		00:54:25	04:01
4	0465	Put	Adriaan	M4	M35-		00:56:22	04:10
5	0485	Royen	Sanny	M5	M35-		00:58:03	04:18
6	0514	Gelade	Kobe	M6	M35-		00:58:10	04:18
7	0416	Darding	Leonardus	M7	M35-		00:59:23	04:23
8	0492	Coemans	Dave	M8	M35-		01:00:27	04:28
9	0432	Schevenels	Jarno	M9	M35-		01:01:28	04:33
10	0475	Lieben	Eden	M10	M35-		01:01:42	04:34
11	0412	Van den Berge	Laurens	M11	M35-		01:02:58	04:39
12	0413	Stijnen	Didier	M12	M35-		01:03:36	04:42
13	0513	Knapen	Andy	M13	M35-		01:04:29	04:46
14	0488	Raskin	Robin	M14	M35-		01:04:38	04:47
15	0463	Camps	Jente	M15	M35-		01:08:52	05:06
16	0409	Cappa	Kurt	M16	M35-		01:09:20	05:08
17	0418	Vanstraelen	Philip	M17	M35-		01:10:44	05:14
18	0505	Henri	Jarrick Ren	M18	M35-		01:14:51	05:32
19	0437	Peeters	Domien	M19	M35-	ATV Hasselt	01:27:14	06:27
20	0489	Swerts	Lennert	M20	M35-	Bokkerijderstean	01:27:46	06:30
21	0456	Suelze	Bart	M21	M35-		01:29:24	06:37

Helpshopcup 13,5KM - Mannen 35+

Startuur : Startuur : 15-10-2023 14:18:01

Uitslag is volledig

Rang	Borstnr	Achternaam	Voornaam	M/V	Cat	Club	Tijd	min/km
1	0406	Nulens	Sam	M1	M35+	Add	00:45:23	03:21
2	0443	Andries	Aerts	M2	M35+	GS Running tear	00:49:08	03:38
3	0451	Theys	Kevin	M3	M35+	MAES SQM Ru	00:49:23	03:39
4	0449	Droumpouras	Dimitri	M4	M35+	Maes sqm-runnir	00:49:24	03:39
5	5045	Vanden Bempt	Hans	M5	M35+	MaesSQMrunnir	00:51:33	03:49
6	0442	Stevens	Christophe	M6	M35+	ADD Tongeren	00:51:41	03:49
7	0445	Geraerts	Brecht	M7	M35+		00:52:03	03:51
8	0427	Hex	Pieter	M8	M35+		00:52:09	03:51
9	0430	Noelmans	Bram	M9	M35+		00:52:27	03:53
10	5036	Geijssenbergh	Gert	M10	M35+		00:52:37	03:53
11	0499	Sampermans	Bart Maurice	M11	M35+	DCLA HALEN	00:58:06	04:18
12	0512	Redant	Tom	M12	M35+	ACA Alken	00:58:42	04:20
13	0479	Gelade	Roeland	M13	M35+		00:58:58	04:22
14	0468	Brecht	Hermans	M14	M35+		00:59:44	04:25
15	0421	Jamaer	Pieter	M15	M35+		01:00:03	04:26
16	0517	Janssen	Kristof Dany	M16	M35+		01:00:07	04:27
17	0515	Hendricx	Jeroen Karel	M17	M35+		01:00:24	04:28
18	0472	Cartenstadt	Maarten	M18	M35+		01:00:53	04:30
19	0516	Arnauts	Bert Victor	M19	M35+	bruust	01:01:24	04:32
20	0471	Vandeweyer	Kris	M20	M35+	ADD Tongeren	01:06:42	04:56
21	0482	Reul	Wim	M21	M35+		01:06:48	04:56
22	0408	Bielen	Benjamin	M22	M35+		01:09:11	05:07
23	0476	Diriken	Jan	M23	M35+		01:12:13	05:20
24	5068	coenen	Kris	M24	M35+	Bokkerijderstear	01:13:23	05:26
25	0424	XIROGIANNIS	KOSTAS	M25	M35+		01:16:51	05:41
26	0503	Haemhouts	Kristof	M26	M35+	Tongerlopers	01:17:39	05:45
27	5089	Jeuris	Jeroen	M27	M35+		01:21:31	06:02

Helpshopcup 13,5KM - Mannen 45+

Startuur : Startuur : Startuur : 15-10-2023 14:18:01

Uitslag is volledig

Rang	Borstnr	Achternaam	Voornaam	M/V	Cat	Club	Tijd	min/km
1	5084	Vossius	Peter	M1	M45+	MAES SQM Ru	00:49:21	03:39
2	5009	De Rooy	Andy	M2	M45+	Coyote sports tea	00:49:54	03:41
3	5049	Wouters	Chriske	M3	M45+	MAES SQM RU	00:53:19	03:56
4	0501	Neven	Koen	M4	M45+	ADD	00:53:56	03:59
5	0431	Raeymakers	Sven	M5	M45+	ADD Kortessem	00:56:11	04:09
6	0450	Briers	Maarten	M6	M45+	ZLTC	00:56:55	04:12
7	5076	Santermans	Peter	M7	M45+		00:56:58	04:13
8	0425	HOLLANTS	JEAN-PAUL	M8	M45+	VACH	00:57:08	04:13
9	5043	Baerts	Chris	M9	M45+		00:57:26	04:15
10	0420	Paulussen	Kristof	M10	M45+		01:00:01	04:26
11	5007	Vanherck	Bruno	M11	M45+	Bokkerijderstear	01:00:19	04:28
12	0508	Burdzy	Sven Mathieu	M12	M45+	DCLA Halen	01:00:25	04:28
13	0415	Tomsin	Ronny	M13	M45+	BFC	01:02:16	04:36
14	0473	Voncken	Christophe	M14	M45+	AVC	01:04:49	04:48
15	5023	Baus	Carlo	M15	M45+	Bokkerijderstear	01:06:44	04:56
16	0452	Lowet	Geert	M16	M45+	EarlybirdRunner	01:07:03	04:58
17	0480	Simons	Geert	M17	M45+		01:07:39	05:00
18	0423	baillien	wim	M18	M45+	KOVOK Kortess	01:08:59	05:06
19	0504	Mertens	Jim	M19	M45+		01:12:39	05:22
20	0414	Jossart	Wim	M20	M45+		01:13:51	05:28
21	0510	MAESSEN	SEBBIE	M21	M45+	Bolt Tongeren	01:14:29	05:31
22	5047	Coenen	David	M22	M45+		01:14:47	05:32
23	5050	Vanheusden	Wim	M23	M45+		01:15:20	05:34
24	0417	Monard	Luc	M24	M45+		01:16:07	05:38
25	0498	Voets	Christophe Ren	M25	M45+		01:21:33	06:02
26	0438	Peeters	Wim	M26	M45+		01:27:15	06:27

Helpshopcup 13,5KM - Mannen 55+

Startuur : Startuur : Startuur : Startuur : 15-10-2023 14:18:01

Uitslag is volledig

Rang	Borstnr	Achternaam	Voornaam	M/V	Cat	Club	Tijd	min/km
1	0507	maris	peter	M1	M55+	vach	00:52:43	03:54
2	0487	Willems	Dirk	M2	M55+	Tact st.-Truiden	00:53:48	03:59
3	0466	Dekens	Danny	M3	M55+	Dcla Halen	00:56:57	04:13
4	0455	Boghe	Guido	M4	M55+	Btact	00:57:47	04:16
5	5062	Slegers	Werner	M5	M55+		00:58:17	04:19
6	5002	Permentier	Gilbert	M6	M55+		01:00:12	04:27
7	0470	Van Laer	Wim	M7	M55+	DCLA Halen	01:01:10	04:31
8	0454	Jans	Bart	M8	M55+	Livia's fanclub	01:01:48	04:34
9	0497	Patrick	Vanaken	M9	M55+	Gemsjoggers Die	01:05:42	04:52
10	0511	Vandeweyer	Freddy	M10	M55+		01:09:23	05:08
11	0422	Holans	Dirk	M11	M55+		01:09:26	05:08
12	0439	Stroobants	Herman	M12	M55+		01:10:25	05:12
13	0404	Fabio	Mercurio	M13	M55+		01:11:36	05:18
14	0506	Herregods	Jan Freddy	M14	M55+		01:12:55	05:24
15	5028	loix	johnny	M15	M55+		01:14:24	05:30
16	0459	zwerts	danny	M16	M55+	aca alken	01:17:49	05:45
17	0448	Lenaerts	Marc	M17	M55+	Tongerlopers	01:22:50	06:08
18	0478	Eersels	Patrick	M18	M55+	i-Theses Running	01:23:03	06:09

Helpshopcup 13,5KM - Mannen 65+

Startuur : Startuur : Startuur : Startuur : Startuur : 15-10-2023 14:18:01

Uitslag is volledig

Rang	Borstnr	Achternaam	Voornaam	M/V	Cat	Club	Tijd	min/km
1	5067	Hiemeleers	Marc	M1	M65+	AC Alken	00:57:43	04:16
2	5035	Luts	Daniël	M2	M65+	DCLA Halen	01:04:06	04:44
3	5061	Vranckx	Benoit	M3	M65+	Tess Chemie	01:04:58	04:48
4	0457	Thoonen	Erik	M4	M65+	Gemsjoggers	01:05:14	04:49
5	0440	Domenico	Di Vito	M5	M65+		01:08:04	05:02
6	5037	Govaerts	Kris	M6	M65+	AC Alken	01:11:45	05:18
7	0502	Laenen	Jef	M7	M65+		01:13:44	05:27
8	5094	Polders	Jos	M8	M65+	ACA	01:15:56	05:37
9	0496	DE RAEDEMAEKER	Franz	M9	M65+	Lighthouse Team	01:19:35	05:53
10	0467	Vanbergen	Michel	M10	M65+	Tongerlopers	01:20:21	05:57
11	0428	Hulsmans	Pierre	M11	M65+		01:32:34	06:51
12	0429	roosen	leo	M12	M65+	zac zonhoven	01:52:04	08:18

Helpshopcup 13,5KM - Vrouwen 35-

Startuur : 15-10-2023 14:18:01

Uitslag is volledig

Rang	Borstnr	Achternaam	Voornaam	M/V	Cat	Club	Tijd	min/km
1	0491	Slegers	Anne-Sophie	V1	V35-	ADD	00:53:55	03:59
2	5054	Vangeel	Julie	V2	V35-	GS running team	00:57:12	04:14
3	0509	Nys	Jana	V3	V35-	DCLA	00:58:11	04:18
4	0483	Wittevrongel	Ine	V4	V35-	DCLA Halen	00:58:29	04:19
5	0474	Billen	Laurien	V5	V35-	Triatlon Team Li	00:59:37	04:24
6	5015	Arnauts	Elle	V6	V35-	Tact	01:01:20	04:32
7	0486	Wittevrongel	Sien	V7	V35-		01:03:05	04:40
8	0477	Steegmans	Nathalie	V8	V35-		01:08:58	05:06
9	0411	Sansom	Joyce	V9	V35-		01:10:18	05:12

Helpshopcup 13,5KM - Vrouwen 35+

Startuur : Startuur : 15-10-2023 14:18:01

Uitslag is volledig

Rang	Borstnr	Achternaam	Voornaam	M/V	Cat	Club	Tijd	min/km
1	0460	Hellemans	Leentje	V1	V35+	ADDHoeselt Ru	00:52:00	03:51
2	5078	Croughs	An	V2	V35+	Run TMC	01:04:53	04:48
3	0458	Theys	Hermine	V3	V35+	DCLA Halen	01:07:33	05:00
4	0434	Beunckens	Jolien	V4	V35+		01:09:22	05:08
5	5014	Koopmans	Kim	V5	V35+		01:11:25	05:17
6	0436	Stas	Anouk	V6	V35+		01:13:15	05:25
7	0433	Kinable	Sofie	V7	V35+		01:17:36	05:44
8	0419	Brodala	Renee	V8	V35+		01:18:00	05:46
9	0435	Parrinello	Melina	V9	V35+		01:20:11	05:56
10	5088	Arnauts	Els	V10	V35+		01:24:23	06:15
11	0481	Swennen Groffils	Magali	V11	V35+		01:24:38	06:16
12	0461	Fornaro	Deborah	V12	V35+		01:25:15	06:18

Helpshopcup 13,5KM - Vrouwen 45+

Startuur : Startuur : Startuur : 15-10-2023 14:18:01

Uitslag is volledig

Rang	Borstnr	Achternaam	Voornaam	M/V	Cat	Club	Tijd	min/km
1	0426	LAENEN	ANNOUSCHKA	V1	V45+	VACH	01:02:18	04:36
2	0493	Stas	Katrien	V2	V45+	DCLA Halen	01:03:39	04:42
3	0469	Frankenne	Linda	V3	V45+		01:11:02	05:15
4	0446	Esch	Marij	V4	V45+	Earlybirds	01:11:05	05:15

Helpshopcup 13,5KM - Vrouwen 55+

Startuur : Startuur : Startuur : Startuur : 15-10-2023 14:18:01

Uitslag is volledig

Rang	Borstnr	Achternaam	Voornaam	M/V	Cat	Club	Tijd	min/km
1	0462	Vankrunkelsven	Leen	V1	V55+		01:03:42	04:43
2	5001	Moons	Lydia	V2	V55+	Geen	01:08:03	05:02
3	0494	Verluyten	Vera	V3	V55+		01:09:03	05:06
4	0490	Philippaerts	Greta	V4	V55+	ACA	01:14:04	05:29
5	0447	Cabuy	Paula	V5	V55+		01:14:50	05:32

Helpshopcup 13,5KM - Vrouwen 65+

Startuur : Startuur : Startuur : Startuur : Startuur : 15-10-2023 14:18:01

Uitslag is volledig

Rang	Borstnr	Achternaam	Voornaam	M/V	Cat	Club	Tijd	min/km
1	5038	Van Zand	Maja	V1	V65+	AC Alken	01:16:04	05:38
2	0495	Schreurs	Betty	V2	V65+	Add	01:34:44	07:01



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