

10KM Helpshopcup - Overall ranking

Start time : 30-05-2026 19:15:19

Results are complete

Place	Bibnr	Last name	First name	M/F	Cat	Club	Time	min/km
1	0346	Boden	Niki	M1	M35+	SQM Running te	00:34:16	03:25
2	7133	Van Asselbergh	Jorden	M2	M35-	GS Running tear	00:34:58	03:29
3	7069	Warnant	Leander	M3	M35+		00:35:27	03:32
4	7086	Theys	Kevin	M4	M45+	SQM runningtea	00:36:16	03:37
5	7070	Jeuris	Jef	M5	M35+	JJ Happy Run C	00:36:22	03:38
6	0337	cooreman	johan	M6	M45+	fedasil	00:36:34	03:39
7	7090	Philippe	Patrick	M7	M55+	JiA	00:36:38	03:39
8	7155	Vroonen	Brecht	M8	M35-	Atletiekclub Alk	00:36:45	03:40
9	7118	Vossius	Peter	M9	M45+	Sqm runningtear	00:36:49	03:40
10	7023	Verheyen	Geert	M10	M45+		00:37:10	03:43
11	0377	Theys	Daan	M11	M35-		00:37:14	03:43
12	7047	Leunen	Jo	M12	M35+	Bokkerijderstea	00:38:29	03:50
13	0325	Chirvani	Keyvan	M13	M35-		00:38:44	03:52
14	0351	Verlinden	Herwig	M14	M55+	rsca	00:38:51	03:53
15	0344	Vanmechelen	Simon	M15	M45+	Animo falcons	00:39:13	03:55
16	7087	Nguyen	Tien-Thanh	M16	M35+	AmsRunners	00:39:38	03:57
17	0338	De Prins	Bruno	M17	M45+		00:39:42	03:58
18	7153	Wouters	Chriske	M18	M55+	SQM RUNNING	00:40:02	04:00
19	7147	De Schutter	Tom	M19	M35+		00:40:08	04:00
20	7106	morhaye	adger	M20	M35-	adger.morhayegr	00:41:16	04:07
21	7061	Vandavelde	Katrien	F1	F35+	SQM Running T	00:41:26	04:08
22	7083	Van Schelvergem	Gertjan	M21	M35-	Triathlon Vlaand	00:41:43	04:10
23	7027	Stijnen	David	M22	M45+	Ac Alken	00:42:04	04:12
24	0340	Geysenbergh	Vic	M23	M35-		00:42:12	04:13
25	0413	Brhane Tesfalase	Andon	M24	M35-		00:42:21	04:14
26	0408	James	Motten	M25	M35+	BOLT	00:42:24	04:14
27	7089	Philippe-Stoumont	Laure	F2	F35+	JiA	00:42:34	04:15
28	7125	Hiemeleers	Marc	M26	M65+	AC Alken	00:42:43	04:16
29	0353	Dekens	Danny	M27	M65+	Dcla Halen	00:43:09	04:18
30	0384	Finoulst	Emilie	F3	F35-	RCT TeamJoeri	00:43:12	04:19
31	7120	Schevenels	Jarno	M28	M35-	TACT	00:43:18	04:19
32	7154	Slegers	Werner	M29	M55+	GeTC	00:43:47	04:22
33	0354	Bodocka	Zuzana	F4	F35+		00:43:58	04:23
34	7002	Slegers	Ayrton	M30	M35-		00:44:07	04:24
35	0324	Leenen	Raf	M31	M45+		00:44:11	04:25
36	0410	Van Laer	Willem	M32	M55+	dccla halen	00:44:17	04:25
37	0379	Saive	Yannick	M33	M35-		00:44:23	04:26
38	0411	Wolters	Fr	M34	M65+	Swalmen LG	00:45:16	04:31

Place	Bibnr	Last name	First name	M/F	Cat	Club	Time	min/km
39	0415	Hagos Weldu	Samuel	M35	M35-		00:45:55	04:35
40	7095	Shaham	Sarah	F5	F45+		00:46:03	04:36
41	0348	Vanderlocht	Bart	M36	M35-	Dplusdinsdag	00:46:05	04:36
42	0342	Dirickx	Nico	M37	M35+	Burchtlopers	00:46:06	04:36
43	0406	Kinnaer	Thijs	M38	M45+	nee	00:46:17	04:37
44	0360	De Schutter	Wim	M39	M35+		00:46:35	04:39
45	7065	Knapen	Griet	F6	F45+	VACH	00:46:49	04:40
46	0414	Machang	Gattang	M40	M35-		00:48:01	04:48
47	0412	Kahsay Weldeabzgi	Amanuel	M41	M35-		00:48:02	04:48
48	7137	Deneuker	Tony	M42	M55+	Hoeselt run	00:48:14	04:49
49	7012	Verschueren	Frank	M43	M65+		00:48:15	04:49
50	0359	Jouck	Toon	M44	M35+		00:48:45	04:52
51	0326	Hoste	Emilia	F7	F35-		00:48:49	04:52
52	7016	Polders	Kevin	M45	M45+	Road Runners H	00:48:54	04:53
53	7081	Moons	Lydia	F8	F55+		00:49:04	04:54
54	0343	Hallaert	Lindeke	F9	F35+		00:49:36	04:57
55	0374	Smolders	Ghune	M46	M35-	Beerrunners Sint	00:49:52	04:59
56	0369	Geysenbergh	Emiel	M47	M35-		00:50:11	05:01
57	7163	Lelièvre	Pieter	M48	M35-		00:50:26	05:02
58	0347	Ambroise	Gary	M49	M35+	RDK Gravelo	00:50:27	05:02
59	0416	Amanuel Negash	Daniel	M50	M35-		00:51:04	05:06
60	0339	Smeets	Ronald	M51	M55+		00:51:07	05:06
61	0397	Swinnen	Evelien	F10	F35+		00:52:36	05:15
62	0358	Alua	Christine	F11	F35-	ACA	00:52:55	05:17
63	0357	Scholts	Bert	M52	M35+	ACA sqm	00:52:56	05:17
64	7056	Philippaerts	Greta	F12	F55+	ACA Alken	00:53:32	05:21
65	0409	Tack	Jeroen	M53	M35+	bolt	00:53:52	05:23
66	7038	Cammaerts	Bart	M54	M45+	Jogger Jo Schoor	00:54:33	05:27
67	7017	Schunselaar	Maaike	F13	F45+	Aca Alken	00:55:27	05:32
68	0331	Kindermans	Sofie	F14	F35+		00:55:45	05:34
69	0330	Peijls	Kelly	F15	F35+		00:55:46	05:34
70	7085	Logtman	Astrid	F16	F35-		00:56:07	05:36
71	0345	Vanmechelen	Hanna	F17	F35-	TACT	00:56:10	05:37
72	0341	Feucht	Georges	M55	M65+		00:56:32	05:39
73	7050	Coenen	David	M56	M45+		00:58:00	05:48
74	7092	Hiemeleers	Sharon	F18	F35+	AC Alken	00:59:11	05:55
75	7112	Vandenberghe	Eddy	M57	M55+	Alleen luk t ouch	01:00:27	06:02
76	0383	Vandevoordt	Natascha	F19	F35+		01:02:24	06:14
77	0327	Vangrieken	Dimitri	M58	M35+		01:02:27	06:14
78	7157	Beirinckx	Peter	M59	M55+	Beerrunners	01:02:55	06:17
79	0335	Filtjens	Guy	M60	M35+		01:03:14	06:19
80	0336	Trippaers	Jade	F20	F35-		01:03:25	06:20
81	0334	Kerckhofs	Jaak	M61	M65+		01:15:03	07:30

10KM Helpshopcup - Men 35-

Place	Bibnr	Last name	First name	M/F	Cat	Club	Time	min/km
1	7133	Van Asselbergh	Jorden	M1	M35-	GS Running tear	00:34:58	03:29
2	7155	Vroonen	Brecht	M2	M35-	Atletiekclub Alk	00:36:45	03:40
3	0377	Theys	Daan	M3	M35-		00:37:14	03:43
4	0325	Chirvani	Keyvan	M4	M35-		00:38:44	03:52
5	7106	morhaye	adger	M5	M35-	adger.morhayegr	00:41:16	04:07
6	7083	Van Schelvergem	Gertjan	M6	M35-	Triathlon Vlaand	00:41:43	04:10
7	0340	Geysenbergh	Vic	M7	M35-		00:42:12	04:13
8	0413	Brhane Tesfalase	Andon	M8	M35-		00:42:21	04:14
9	7120	Schevenels	Jarno	M9	M35-	TACT	00:43:18	04:19
10	7002	Slegers	Ayrton	M10	M35-		00:44:07	04:24
11	0379	Saive	Yannick	M11	M35-		00:44:23	04:26
12	0415	Hagos Weldu	Samuel	M12	M35-		00:45:55	04:35
13	0348	Vanderlocht	Bart	M13	M35-	Dplusdinsdag	00:46:05	04:36
14	0414	Machang	Gattang	M14	M35-		00:48:01	04:48
15	0412	Kahsay Weldeabzgi	Amanuel	M15	M35-		00:48:02	04:48
16	0374	Smolders	Ghune	M16	M35-	Beerrunners Sint	00:49:52	04:59
17	0369	Geysenbergh	Emiel	M17	M35-		00:50:11	05:01
18	7163	Lelièvre	Pieter	M18	M35-		00:50:26	05:02
19	0416	Amanuel Negash	Daniel	M19	M35-		00:51:04	05:06

10KM Helpshopcup - Men 35+

Place	Bibnr	Last name	First name	M/F	Cat	Club	Time	min/km
1	0346	Boden	Niki	M1	M35+	SQM Running te	00:34:16	03:25
2	7069	Warnant	Leander	M2	M35+		00:35:27	03:32
3	7070	Jeuris	Jef	M3	M35+	JJ Happy Run Cc	00:36:22	03:38
4	7047	Leunen	Jo	M4	M35+	Bokkerijderstear	00:38:29	03:50
5	7087	Nguyen	Tien-Thanh	M5	M35+	AmsRunners	00:39:38	03:57
6	7147	De Schutter	Tom	M6	M35+		00:40:08	04:00
7	0408	James	Motten	M7	M35+	BOLT	00:42:24	04:14
8	0342	Dirickx	Nico	M8	M35+	Burchtlopers	00:46:06	04:36
9	0360	De Schutter	Wim	M9	M35+		00:46:35	04:39
10	0359	Jouck	Toon	M10	M35+		00:48:45	04:52
11	0347	Ambroise	Gary	M11	M35+	RDK Gravelo	00:50:27	05:02
12	0357	Scholts	Bert	M12	M35+	ACA sqm	00:52:56	05:17
13	0409	Tack	Jeroen	M13	M35+	bolt	00:53:52	05:23
14	0327	Vangrieken	Dimitri	M14	M35+		01:02:27	06:14
15	0335	Filtjens	Guy	M15	M35+		01:03:14	06:19

10KM Helpshopcup - Men 45+

Place	Bibnr	Last name	First name	M/F	Cat	Club	Time	min/km
1	7086	Theys	Kevin	M1	M45+	SQM runningtea	00:36:16	03:37
2	0337	cooreman	johan	M2	M45+	fedasil	00:36:34	03:39
3	7118	Vossius	Peter	M3	M45+	Sqm runningtea	00:36:49	03:40
4	7023	Verheyen	Geert	M4	M45+		00:37:10	03:43
5	0344	Vanmechelen	Simon	M5	M45+	Animo falcons	00:39:13	03:55
6	0338	De Prins	Bruno	M6	M45+		00:39:42	03:58
7	7027	Stijnen	David	M7	M45+	Ac Alken	00:42:04	04:12
8	0324	Leenen	Raf	M8	M45+		00:44:11	04:25
9	0406	Kinnaer	Thijs	M9	M45+	nee	00:46:17	04:37
10	7016	Polders	Kevin	M10	M45+	Road Runners H	00:48:54	04:53
11	7038	Cammaerts	Bart	M11	M45+	Jogger Jo School	00:54:33	05:27
12	7050	Coenen	David	M12	M45+		00:58:00	05:48

10KM Helpshopcup - Men 55+

Place	Bibnr	Last name	First name	M/F	Cat	Club	Time	min/km
1	7090	Philippe	Patrick	M1	M55+	JiA	00:36:38	03:39
2	0351	Verlinden	Herwig	M2	M55+	rsca	00:38:51	03:53
3	7153	Wouters	Chriske	M3	M55+	SQM RUNNING	00:40:02	04:00
4	7154	Slegers	Werner	M4	M55+	GeTC	00:43:47	04:22
5	0410	Van Laer	Willem	M5	M55+	dccla halen	00:44:17	04:25
6	7137	Deneuker	Tony	M6	M55+	Hoeselt run	00:48:14	04:49
7	0339	Smeets	Ronald	M7	M55+		00:51:07	05:06
8	7112	Vandenberghe	Eddy	M8	M55+	Allein luk t ouch	01:00:27	06:02
9	7157	Beirinckx	Peter	M9	M55+	Beerrunners	01:02:55	06:17

10KM Helpshopcup - Men 65+

Place	Bibnr	Last name	First name	M/F	Cat	Club	Time	min/km
1	7125	Hiemeleers	Marc	M1	M65+	AC Alken	00:42:43	04:16
2	0353	Dekens	Danny	M2	M65+	Dcla Halen	00:43:09	04:18
3	0411	Wolters	Fr	M3	M65+	Swalmen LG	00:45:16	04:31
4	7012	Verschueren	Frank	M4	M65+		00:48:15	04:49
5	0341	Feucht	Georges	M5	M65+		00:56:32	05:39
6	0334	Kerckhofs	Jaak	M6	M65+		01:15:03	07:30

10KM Helpshopcup - Women 35-

Place	Bibnr	Last name	First name	M/F	Cat	Club	Time	min/km
1	0384	Finoulst	Emilie	V1	V35-	RCT TeamJoeri	00:43:12	04:19
2	0326	Hoste	Emilia	V2	V35-		00:48:49	04:52
3	0358	Alua	Christine	V3	V35-	ACA	00:52:55	05:17
4	7085	Logtman	Astrid	V4	V35-		00:56:07	05:36
5	0345	Vanmechelen	Hanna	V5	V35-	TACT	00:56:10	05:37
6	0336	Trippaers	Jade	V6	V35-		01:03:25	06:20

10KM Helpshopcup - Women 35+

Place	Bibnr	Last name	First name	M/F	Cat	Club	Time	min/km
1	7061	Vandavelde	Katrien	V1	V35+	SQM Running T	00:41:26	04:08
2	7089	Philippe-Stoumont	Laure	V2	V35+	JiA	00:42:34	04:15
3	0354	Bodocka	Zuzana	V3	V35+		00:43:58	04:23
4	0343	Hallaert	Lindeke	V4	V35+		00:49:36	04:57
5	0397	Swinnen	Evelien	V5	V35+		00:52:36	05:15
6	0331	Kindermans	Sofie	V6	V35+		00:55:45	05:34
7	0330	Peijls	Kelly	V7	V35+		00:55:46	05:34
8	7092	Hiemeleers	Sharon	V8	V35+	AC Alken	00:59:11	05:55
9	0383	Vandevoordt	Natascha	V9	V35+		01:02:24	06:14

10KM Helpshopcup - Women 45+

Place	Bibnr	Last name	First name	M/F	Cat	Club	Time	min/km
1	7095	Shaham	Sarah	V1	V45+		00:46:03	04:36
2	7065	Knapen	Griet	V2	V45+	VACH	00:46:49	04:40
3	7017	Schunselaar	Maaike	V3	V45+	Aca Alken	00:55:27	05:32

10KM Helpshopcup - Women 55+

Place	Bibnr	Last name	First name	M/F	Cat	Club	Time	min/km
1	7081	Moons	Lydia	V1	V55+		00:49:04	04:54
2	7056	Philippaerts	Greta	V2	V55+	ACAAlken	00:53:32	05:21



10KM Helpshopcup - Women 65+

Place	Bibnr	Last name	First name	M/F	Cat	Club	Time	min/km
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