

Helpshopcup 10km - Overall ranking

Start time : 30-06-2025 20:36:36

Results are complete

Place	Bibnr	Last name	First name	M/F	Cat	Club	Time	min/km
1	0035	Poncelet	Quentin	M1	M35+	Absolute Run Jo	00:33:44	03:22
2	0108	Guillick	Antoine	M2	M35-		00:34:05	03:24
3	0043	Boden	Niki	M3	M35+	SQM Running te	00:34:56	03:29
4	5177	Ruymen	Wouter	M4	M35+	Ac Alken	00:35:55	03:35
5	5172	Wouters	Chriske	M5	M45+	SQM RUNNING	00:36:01	03:36
6	5075	Philippe	Patrick	M6	M55+	JiA	00:36:04	03:36
7	5103	Vossius	Peter	M7	M45+	SQM RUNNING	00:36:09	03:36
8	5009	De Rooy	Andy	M8	M45+	Coyote sports tea	00:37:03	03:42
9	0076	Sneyers	Jimmy	M9	M45+		00:37:20	03:44
10	0107	maris	peter	M10	M55+	vach	00:37:21	03:44
11	0110	Roos	Rudi	M11	M45+	Hoeselt Run	00:37:35	03:45
12	0040	Martens	Jonas	M12	M35-		00:37:43	03:46
13	5102	Vanden Bempt	Hans	M13	M45+	SQMrunningtear	00:38:04	03:48
14	0104	Santino	Nicolas	M14	M35+		00:38:14	03:49
15	0042	Dehertoghe	Olivier	M15	M45+	RCT Atletiek	00:38:25	03:50
16	0028	Lauwereins	Bart	M16	M35+	Dplusdinsdag.Li	00:38:33	03:51
17	0041	Leunen	Jo	M17	M35+		00:39:38	03:57
18	5041	Nguyen	Tien-Thanh	M18	M35+	Amsrunners	00:39:49	03:58
19	0112	Moorkens	Jan	M19	M45+		00:39:55	03:59
20	0102	Leesen	Erwin	M20	M55+	VACH	00:40:14	04:01
21	0029	D'AVELINO	MICHAEL	M21	M45+	SER ATHL	00:40:44	04:04
22	5053	Stijnen	David	M22	M45+	AC Alken	00:41:21	04:08
23	5074	Stoumont	Laure	F1	F35+	JiA	00:41:43	04:10
24	0039	Denekens	Yassine	M23	M35-		00:41:58	04:11
25	0093	Winnen	Jonas	M24	M35+		00:42:07	04:12
26	0065	Bart	Sampermans	M25	M35+	Dcla halen	00:42:17	04:13
27	0044	Dekens	Danny	M26	M65+	Dcla halen	00:42:29	04:14
28	5014	Slegers	Werner	M27	M55+	GeTC	00:42:35	04:15
29	0052	Finoulst	Marc	M28	M55+		00:42:45	04:16
30	0115	Louwet	Dimitri	M29	M45+	-	00:42:59	04:17
31	5028	Werckx	Ludo	M30	M65+	ACA	00:43:09	04:18
32	0031	Daniëls	Nick	M31	M35+		00:43:25	04:20
33	0070	Ambroise	Gary	M32	M35+		00:43:26	04:20
34	5107	Vankrunkelsven	Leen	F2	F55+	VACH	00:43:46	04:22
35	0037	Hollants	JP	M33	M45+	VACH	00:44:00	04:24
36	0032	Vissers	Sven	M34	M35-	Looise AV	00:44:16	04:25
37	5104	Rubens	Glenn	M35	M35-		00:44:30	04:27
38	0111	Boogaerts	Jens	M36	M35-		00:44:31	04:27

Place	Bibnr	Last name	First name	M/F	Cat	Club	Time	min/km
39	0048	Vanluydt	Jeroen	M37	M35+		00:44:33	04:27
40	0051	Finoulst	Emilie	F3	F35-	RCT Team Joeri	00:44:42	04:28
41	0080	Vervloesem	Michaël	M38	M35-		00:44:53	04:29
42	5160	Schevenels	Jarno	M39	M35-	TACT	00:45:34	04:33
43	0059	Heeren	Egon	M40	M35+		00:45:36	04:33
44	5180	Screurs	Sander	M41	M35-	ACA	00:45:38	04:33
45	5153	Raskin	Lode	M42	M55+	GS Running Tea	00:45:45	04:34
46	0030	Bleux	Björn	M43	M45+	Road Runners H	00:45:56	04:35
47	5056	Verschueren	Frank	M44	M65+	SACN	00:46:00	04:36
48	0038	Foerier	Jan	M45	M35+		00:46:34	04:39
49	0109	Colemont	Wim	M46	M35+	neen	00:46:46	04:40
50	0036	Simons	Anne-Sophie	F4	F35+		00:46:54	04:41
51	0079	Knapen	Griet	F5	F45+	VACH	00:46:59	04:41
52	0026	Pirs	Erwin	M47	M45+		00:47:18	04:43
53	5010	Slegers	Ayrton	M48	M35-		00:48:02	04:48
54	0075	Deneuker	Tony	M49	M55+	Hoeselt run	00:48:22	04:50
55	0113	vanderlinden	loes	F6	F35-		00:48:29	04:50
56	0103	Deferm	Dries	M50	M45+		00:48:44	04:52
57	5007	Bauduin	Ianthe	F7	F35-	Trenara	00:49:12	04:55
58	5166	Diels	Lenny	M51	M35-		00:49:27	04:56
59	0114	Maris	Evert	M52	M35+	Road Runners H	00:49:33	04:57
60	0106	Vranckx	Benoit	M53	M65+		00:49:51	04:59
61	5052	Moons	Lydia	F8	F55+		00:50:08	05:00
62	5125	Dasque	Roos	F9	F35+	Dcla Halen	00:50:52	05:05
63	0090	Claes	Jo	M54	M35+		00:52:32	05:15
64	5043	Govaerts	Kris	M55	M65+	AC Alken	00:52:49	05:16
65	5088	Philippaerts	Greta	F10	F55+	ACAlken	00:53:48	05:22
66	0082	Dethier	Yves	M56	M45+		00:54:11	05:25
67	5051	Coenen	Wouter	M57	M35+		00:56:19	05:37
68	5044	Van Zand	Maja	F11	F65+	AC Alken	00:56:33	05:39
69	0105	Salamone	Calogero	M58	M55+		00:56:49	05:40
70	0034	Vangeel	Steffi	F12	F35-		00:57:41	05:46
71	5037	Cammaerts	Bart	M59	M45+	Loopcoach Bart	00:58:53	05:53
72	5022	Coenen	David	M60	M45+		01:00:57	06:05
73	5013	Coenen	Kris	M61	M35+	bokkerijdersteam	01:01:16	06:07
74	0049	Boesmans	Kirsten	F13	F35-		01:01:38	06:09
75	0050	Ramaekers	Robbe	M62	M35-		01:01:40	06:10

Helpshopcup 10km - Men 35-

Place	Bibnr	Last name	First name	M/F	Cat	Club	Time	min/km
1	0108	Guillick	Antoine	M1	M35-		00:34:05	03:24
2	0040	Martens	Jonas	M2	M35-		00:37:43	03:46
3	0039	Denekens	Yassine	M3	M35-		00:41:58	04:11
4	0032	Visser	Sven	M4	M35-	Looise AV	00:44:16	04:25
5	5104	Rubens	Glenn	M5	M35-		00:44:30	04:27
6	0111	Boogaerts	Jens	M6	M35-		00:44:31	04:27
7	0080	Vervloesem	Michaël	M7	M35-		00:44:53	04:29
8	5160	Schevenels	Jarno	M8	M35-	TACT	00:45:34	04:33
9	5180	Screurs	Sander	M9	M35-	ACA	00:45:38	04:33
10	5010	Slegers	Ayrton	M10	M35-		00:48:02	04:48
11	5166	Diels	Lenny	M11	M35-		00:49:27	04:56
12	0050	Ramaekers	Robbe	M12	M35-		01:01:40	06:10

Helpshopcup 10km - Men 35+

Place	Bibnr	Last name	First name	M/F	Cat	Club	Time	min/km
1	0035	Poncelet	Quentin	M1	M35+	Absolute Run Jo	00:33:44	03:22
2	0043	Boden	Niki	M2	M35+	SQM Running te	00:34:56	03:29
3	5177	Ruymen	Wouter	M3	M35+	Ac Alken	00:35:55	03:35
4	0104	Santino	Nicolas	M4	M35+		00:38:14	03:49
5	0028	Lauwereins	Bart	M5	M35+	Dplusdinsdag.Li	00:38:33	03:51
6	0041	Leunen	Jo	M6	M35+		00:39:38	03:57
7	5041	Nguyen	Tien-Thanh	M7	M35+	Amsrunners	00:39:49	03:58
8	0093	Winnen	Jonas	M8	M35+		00:42:07	04:12
9	0065	Bart	Sampermans	M9	M35+	Dcla halen	00:42:17	04:13
10	0031	Daniëls	Nick	M10	M35+		00:43:25	04:20
11	0070	Ambroise	Gary	M11	M35+		00:43:26	04:20
12	0048	Vanluydt	Jeroen	M12	M35+		00:44:33	04:27
13	0059	Heeren	Egon	M13	M35+		00:45:36	04:33
14	0038	Foerier	Jan	M14	M35+		00:46:34	04:39
15	0109	Colemont	Wim	M15	M35+	neen	00:46:46	04:40
16	0114	Maris	Evert	M16	M35+	Road Runners H	00:49:33	04:57
17	0090	Claes	Jo	M17	M35+		00:52:32	05:15
18	5051	Coenen	Wouter	M18	M35+		00:56:19	05:37
19	5013	Coenen	Kris	M19	M35+	bokkerijderstea	01:01:16	06:07

Helpshopcup 10km - Men 45+

Place	Bibnr	Last name	First name	M/F	Cat	Club	Time	min/km
1	5172	Wouters	Chriske	M1	M45+	SQM RUNNING	00:36:01	03:36
2	5103	Vossius	Peter	M2	M45+	SQM RUNNING	00:36:09	03:36
3	5009	De Rooy	Andy	M3	M45+	Coyote sports tea	00:37:03	03:42
4	0076	Sneyers	Jimmy	M4	M45+		00:37:20	03:44
5	0110	Roos	Rudi	M5	M45+	Hoeselt Run	00:37:35	03:45
6	5102	Vanden Bempt	Hans	M6	M45+	SQMrunningtear	00:38:04	03:48
7	0042	Dehertoghe	Olivier	M7	M45+	RCT Atletiek	00:38:25	03:50
8	0112	Moorkens	Jan	M8	M45+		00:39:55	03:59
9	0029	D'AVELINO	MICHAEL	M9	M45+	SER ATHL	00:40:44	04:04
10	5053	Stijnen	David	M10	M45+	AC Alken	00:41:21	04:08
11	0115	Louwet	Dimitri	M11	M45+	-	00:42:59	04:17
12	0037	Hollants	JP	M12	M45+	VACH	00:44:00	04:24
13	0030	Bleux	Björn	M13	M45+	Road Runners H	00:45:56	04:35
14	0026	Pirs	Erwin	M14	M45+		00:47:18	04:43
15	0103	Deferm	Dries	M15	M45+		00:48:44	04:52
16	0082	Dethier	Yves	M16	M45+		00:54:11	05:25
17	5037	Cammaerts	Bart	M17	M45+	Loopcoach Bart	00:58:53	05:53
18	5022	Coenen	David	M18	M45+		01:00:57	06:05

Helpshopcup 10km - Men 55+

Place	Bibnr	Last name	First name	M/F	Cat	Club	Time	min/km
1	5075	Philippe	Patrick	M1	M55+	JiA	00:36:04	03:36
2	0107	maris	peter	M2	M55+	vach	00:37:21	03:44
3	0102	Leesen	Erwin	M3	M55+	VACH	00:40:14	04:01
4	5014	Slegers	Werner	M4	M55+	GeTC	00:42:35	04:15
5	0052	Finoulst	Marc	M5	M55+		00:42:45	04:16
6	5153	Raskin	Lode	M6	M55+	GS Running Tea	00:45:45	04:34
7	0075	Deneuker	Tony	M7	M55+	Hoeselt run	00:48:22	04:50
8	0105	Salamone	Calogero	M8	M55+		00:56:49	05:40

Helpshopcup 10km - Men 65+

Place	Bibnr	Last name	First name	M/F	Cat	Club	Time	min/km
1	0044	Dekens	Danny	M1	M65+	Dcla halen	00:42:29	04:14
2	5028	Werckx	Ludo	M2	M65+	ACA	00:43:09	04:18
3	5056	Verschueren	Frank	M3	M65+	SACN	00:46:00	04:36
4	0106	Vranckx	Benoit	M4	M65+		00:49:51	04:59
5	5043	Govaerts	Kris	M5	M65+	AC Alken	00:52:49	05:16

Helpshopcup 10km - Women 35-

Place	Bibnr	Last name	First name	M/F	Cat	Club	Time	min/km
1	0051	Finoulst	Emilie	V1	V35-	RCT Team Joeri	00:44:42	04:28
2	0113	vanderlinden	loes	V2	V35-		00:48:29	04:50
3	5007	Bauduin	Ianthe	V3	V35-	Trenara	00:49:12	04:55
4	0034	Vangeel	Steffi	V4	V35-		00:57:41	05:46
5	0049	Boesmans	Kirsten	V5	V35-		01:01:38	06:09

Helpshopcup 10km - Women 35+

Place	Bibnr	Last name	First name	M/F	Cat	Club	Time	min/km
1	5074	Stoumont	Laure	V1	V35+	JiA	00:41:43	04:10
2	0036	Simons	Anne-Sophie	V2	V35+		00:46:54	04:41
3	5125	Dasque	Roos	V3	V35+	Dcla Halen	00:50:52	05:05

Helpshopcup 10km - Women 45+

Place	Bibnr	Last name	First name	M/F	Cat	Club	Time	min/km
1	0079	Knapen	Griet	V1	V45+	VACH	00:46:59	04:41

Helpshopcup 10km - Women 55+

Place	Bibnr	Last name	First name	M/F	Cat	Club	Time	min/km
1	5107	Vankrunkelsven	Leen	V1	V55+	VACH	00:43:46	04:22
2	5052	Moons	Lydia	V2	V55+		00:50:08	05:00
3	5088	Philippaerts	Greta	V3	V55+	ACAAlken	00:53:48	05:22

Helpshopcup 10km - Women 65+

Place	Bibnr	Last name	First name	M/F	Cat	Club	Time	min/km
1	5044	Van Zand	Maja	V1	V65+	AC Alken	00:56:33	05:39