



## UPsports 5 km - Overall ranking

Start time : 09-05-2026 14:15:19

Results are complete

Place	Bibnr	Last name	First name	M/F	Cat	Club	Time	min/km
1	0359	Bierinckx	Laurent	M1	M35-	SQM Running T	00:14:31	03:01
2	0254	Berben	Pieter	M2	M35+	SQM runnintear	00:15:06	03:08
3	7070	Jeuris	Jef	M3	M35+	JJ Happy Run Cc	00:16:22	03:24
4	0251	Wouters	Mike	M4	M35-	Meerhoutse Atle	00:16:25	03:25
5	7000	De Rooy	Andy	M5	M45+	Coyote sports tea	00:16:33	03:26
6	0257	Van de Gaer	Wesley	M6	M45+	SQM running tea	00:16:41	03:28
7	7075	Gelade	Kobe	M7	M35-		00:17:04	03:33
8	0321	Corvers	Wim	M8	M45+	Avt	00:17:06	03:33
9	0250	Binnemans	Lukas	M9	M35-	Meerhoutse Atle	00:17:15	03:35
10	0263	mans	steve	M10	M35+	SQM Running te	00:17:16	03:35
11	0297	Clerinx	Raf	M11	M45+	ATLA	00:17:19	03:36
12	0258	Driesen	Jet	F1	F35-	SQM running tea	00:17:22	03:37
13	0249	Veraghtert	Sybe	M12	M35-	Meerhoutse Atle	00:17:23	03:37
14	0233	Vanderleen	An-Katrien	F2	F35-	BPM	00:17:25	03:37
15	7072	Slegers	Peter	M13	M55+	JMT Mol	00:17:28	03:38
16	0231	Arckens	Geert	M14	M35+	ADD Tongeren -	00:17:31	03:38
17	7096	Sonck	Ruth	F3	F35+	Sqm Running tea	00:17:50	03:42
18	7162	Verhemeldonck	Gino	M15	M45+	DCLA Halen	00:18:17	03:48
19	7076	Gelade	Roeland	M16	M45+		00:18:44	03:54
20	7141	Vrancken	Lucas	M17	M35-	Bokkerijderstear	00:18:50	03:55
21	0262	Claesen	Matse	M18	M35+		00:18:55	03:56
22	7119	Wolfs	Michel	M19	M55+	Gs running team	00:18:59	03:57
23	0236	Houbrechts	Tom	M20	M35+	Hoeselt run	00:19:04	03:58
24	7088	Vanbergen	Lieven	M21	M45+	DCLA Halen	00:19:13	04:00
25	7153	Wouters	Chriske	M22	M55+	SQM RUNNIN	00:19:25	04:02
26	7067	Drion	Daniel	M23	M45+	DCLA Halen	00:19:27	04:03
27	7048	Vanschoonwinkel	Gwen	M24	M45+	Bokkerijderstear	00:19:43	04:06
28	7161	Vanschoonwinkel	Noa	F4	F35-	ADD	00:19:52	04:08
29	0281	Tielens	Gino	M25	M45+		00:19:53	04:08
30	7138	Vandermaesen	Ivo	M26	M65+	DCLA-Halen	00:20:01	04:10
31	0227	Neven	Jan	M27	M55+	ADD	00:20:07	04:11
32	7109	Foets	Olivier	M28	M35+		00:20:13	04:12
33	7124	Steege	Kevin	M29	M35-		00:20:20	04:14
34	7134	WOOLF	Alain	M30	M65+	EVOLUTION 22	00:20:21	04:14
35	7024	Pirs	Erwin	M31	M45+		00:20:23	04:14
36	0355	Vanderstukken	Kevin	M32	M35+		00:20:23	04:14
37	7140	Biesmans	Jochen	M33	M45+		00:20:24	04:15
38	0311	Saenen	Laure	F5	F35-	Looise AV	00:20:25	04:15

Place	Bibnr	Last name	First name	M/F	Cat	Club	Time	min/km
39	7040	Royen	Fien	F6	F35-	ADD Tongeren	00:20:32	04:16
40	0244	Rouvrois	Mats	M34	M35-	ZLTC	00:20:33	04:16
41	7022	Wilmaers	Kelly	F7	F35+	Dcla Halen	00:20:35	04:17
42	7078	screurs	sander	M35	M35-	AC Alken	00:20:35	04:17
43	7132	Finoulst	Marc	M36	M65+		00:20:37	04:17
44	0217	Martens	Marie	F8	F35-		00:20:43	04:18
45	7031	Ruelens	Peter	M37	M55+	JMT	00:20:51	04:20
46	0248	Blommé	Fee	F9	F35-	Meerhoutse Atle	00:20:54	04:21
47	7074	Luts	Daniël	M38	M65+	DCLA Halen	00:21:03	04:23
48	7139	Sluysmans	Isabella	F10	F45+		00:21:12	04:25
49	0182	pelgrims	Edouard	M39	M65+	Aca alken	00:21:18	04:26
50	0234	Vaesen	Britt	F11	F35-	ADD	00:21:28	04:28
51	7084	Wiertz	David	M40	M45+	Run TMC	00:21:30	04:28
52	7012	Verschueren	Frank	M41	M65+		00:21:32	04:29
53	0265	Balette	Willem	M42	M35-		00:21:34	04:29
54	0213	Gieraerts	Lyam	M43	M35-		00:21:36	04:30
55	0329	Rouvrois	Esmée	F12	F35-		00:21:37	04:30
56	0216	Martens	Sarah	F13	F35-		00:21:38	04:30
57	0243	Stas	Anouk	F14	F45+		00:21:39	04:30
58	7077	Dello	Toon	M44	M35-	DCLA Halen	00:21:50	04:32
59	0242	Cauberghe	Lander	M45	M35-		00:21:50	04:32
60	0268	Dewarier	Silvio	M46	M45+		00:21:52	04:33
61	0284	Goris	Marc	M47	M55+	Loopgroep Beers	00:21:56	04:34
62	0273	Hiemeleers	Gust	M48	M35-		00:22:00	04:35
63	0286	Welkenhuysen	Sven	M49	M35+		00:22:02	04:35
64	0246	Blijkers	Tibo	M50	M35-	SQM Running te	00:22:06	04:36
65	0271	Boelen	Brenn	F15	F35+		00:22:07	04:36
66	0375	Doms	Stijn	M51	M35+	Hogense loop	00:22:08	04:36
67	7036	Scheepers	Luk	M52	M45+	Hoeselt run	00:22:10	04:37
68	0354	Morren	Philippe	M53	M35+		00:22:12	04:37
69	0341	Balligand	Arthur	M54	M35-		00:22:13	04:37
70	7082	Croughs	An	F16	F45+		00:22:14	04:37
71	7049	Vanschoonwinkel	Kyra	F17	F35-	ADD	00:22:19	04:38
72	7094	Morhayé	Peter	M55	M55+		00:22:20	04:39
73	7071	Swerts	Lennert	M56	M35-	Bokkerijderstean	00:22:24	04:40
74	0357	Celis	Robby	M57	M35+		00:22:26	04:40
75	0210	Vitolo	Hugo	M58	M35-		00:22:29	04:41
76	7005	Hasevoets	Hagen	M59	M35+	Champagne Squa	00:22:43	04:43
77	7068	broos	bruno	M60	M65+		00:22:51	04:45
78	0214	Schoebben	Juul	M61	M35-		00:23:13	04:50
79	7080	Coenen	Wouter	M62	M35+		00:23:14	04:50
80	7054	Briers	Gerry	M63	M45+	Bokkerijderstean	00:23:18	04:51
81	0203	Ponsaerts	Pieter	M64	M35-		00:23:23	04:52
82	0275	Somers	Pieter	M65	M35-		00:23:24	04:52
83	7063	Vanneste	Liesbeth	F18	F35+		00:23:31	04:53
84	0270	Dewarier	Genaux	M66	M35-		00:23:32	04:54
85	7156	Vanschooren	Kristof	M67	M35+		00:23:36	04:55

Place	Bibnr	Last name	First name	M/F	Cat	Club	Time	min/km
86	0371	Sijmus	Willy	M68	M65+		00:23:40	04:55
87	7100	Sterken	Renata	F19	F55+	AVT	00:23:43	04:56
88	0347	Reyskens	Geert	M69	M55+		00:23:55	04:58
89	0335	Morren	Cruz	M70	M35-		00:23:56	04:59
90	0266	Smeyers	Zoë	F20	F35-		00:24:04	05:00
91	0308	Van De Velde	Laurens	M71	M35-		00:24:05	05:01
92	0241	Van Marcke	Jessy	F21	F35-		00:24:08	05:01
93	7006	Beliën	Eline	F22	F35+	Champagne squa	00:24:10	05:02
94	0320	Buntinx	August	M72	M35-		00:24:11	05:02
95	0366	Sannen	Nico	M73	M45+		00:24:23	05:04
96	0313	Simkens	Veerle	F23	F45+		00:24:37	05:07
97	0283	Cartenstadt	Eline	F24	F35+		00:24:42	05:08
98	7013	Cambré	Sandra	F25	F45+	Coyote Sports Te	00:24:43	05:08
99	0368	gebremeskel	berhane	M74	M45+	avt	00:24:53	05:11
100	7011	Tomsin	Ronny	M75	M45+	BFC Hoeselt Ru	00:25:00	05:12
101	7018	Smet	Anthony	M76	M65+	Dcla Halen	00:25:04	05:13
102	7053	Coenen	Kris	M77	M35+	Bokkerijderstea	00:25:05	05:13
103	0299	Cools	Edwin	M78	M65+	Looi	00:25:07	05:13
104	0280	Stulens	Bea	F26	F35-		00:25:19	05:16
105	0319	Buntinx	Peter	M79	M45+		00:25:21	05:16
106	0312	Somers	Gert	M80	M45+		00:25:28	05:18
107	0272	Hiemeleers	Fien	F27	F35-		00:25:34	05:19
108	0327	Theberath	Bart	M81	M35+		00:25:37	05:20
109	0259	van Soest	Axel	M82	M35-		00:25:42	05:21
110	0334	Morren	Bert	M83	M45+		00:25:44	05:21
111	0356	Huyskens	Jana	F28	F35+	Roba	00:25:46	05:22
112	0367	Peeters	Jana	F29	F35+	Haspengouwse R	00:25:48	05:22
113	7062	Polders	Jos	M84	M65+	ACA	00:25:51	05:23
114	0291	Vanstraelen	Nele	F30	F35+		00:25:59	05:24
115	0363	Saitta	Laura	F31	F35-		00:26:04	05:25
116	0261	Vandebeek	Dirk	M85	M45+	Bokkerijders tea	00:26:09	05:26
117	0304	Wildiers	Bart	M86	M35+		00:26:12	05:27
118	0362	Saitta	Alfio	M87	M55+	AC Genk	00:26:13	05:27
119	0225	vertommen	elke	F32	F45+	coyote sports tea	00:26:14	05:27
120	0307	Housen	Tibo	M88	M35-		00:26:21	05:29
121	0166	Verjans	Stijn	M89	M45+	Foederer	00:26:26	05:30
122	0370	Jansen	Dieter	M90	M35-		00:26:27	05:30
123	7143	Vandeweyer	Kris	M91	M45+		00:26:38	05:32
124	0288	Meekers	Juliette	F33	F35-	De Duvel Runne	00:26:46	05:34
125	0235	Geets	Kenny	M92	M35+		00:26:47	05:34
126	0175	Clemens	Kurt	M93	M35+		00:26:48	05:35
127	7148	Housen	Hans	M94	M45+		00:26:49	05:35
128	0292	Goffin	Lore	F34	F35-	Hoeselt Run	00:26:51	05:35
129	0226	Ponet	Frederik	M95	M35+		00:26:55	05:36
130	0340	Balligand	Elie	M96	M35+		00:26:56	05:36
131	0290	Maes	Rony	M97	M65+		00:26:57	05:36
132	0282	Rotsaert	Pieter	M98	M45+	Road Runners H	00:26:58	05:37

Place	Bibnr	Last name	First name	M/F	Cat	Club	Time	min/km
133	0267	Ramaekers	Sam	M99	M35+		00:27:00	05:37
134	0285	Clijmans	Mia	F35	F55+	Loopgroep Beers	00:27:09	05:39
135	0364	Ooms	Nele	F36	F45+		00:27:11	05:39
136	0176	Huijgen	Lisa	F37	F35-		00:27:12	05:40
137	0204	Rijskens	Sven	M100	M45+		00:27:13	05:40
138	0228	Willemse		F38	F65+	VACH	00:27:15	05:40
139	0365	wirix	thomas	M101	M35-		00:27:16	05:40
140	0302	Van Langenhove	Roxan	F39	F35-		00:27:36	05:45
141	0303	Van Langenhove	Dennis	M102	M45+		00:27:37	05:45
142	7046	Bodson	Dominique	F40	F55+	RRH	00:27:51	05:48
143	0245	Meysen	Vic	M103	M35-	Hasselt BT	00:27:53	05:48
144	7008	Remans	Tom	M104	M35+	Bokkerijderstea	00:27:54	05:48
145	7126	Juwé	Lies	F41	F35-	ACA Alken	00:27:59	05:49
146	7032	Plevoets	Henriette	F42	F65+	Bokkerijders tea	00:28:03	05:50
147	0253	Stulens	Alex	M105	M65+		00:28:13	05:52
148	0361	Morato	Dolores	F43	F55+	AC Genk	00:28:15	05:53
149	0316	Van Wetswinkel	Kelly	F44	F35+		00:28:17	05:53
150	7104	Clerx	Heidi	F45	F45+	Bokkerijderstea	00:28:18	05:53
151	7108	Croes	Nico	M106	M55+	Bokkerijderstea	00:28:19	05:53
152	0171	Buntinx	Nele	F46	F35+		00:28:20	05:54
153	0289	Vossius	Kamiel	M107	M35-		00:28:56	06:01
154	0276	Nelissen	Dominique	M108	M65+	Bilzen beweegt	00:29:00	06:02
155	0287	Vanbrabant	Tom	M109	M35-		00:29:02	06:02
156	0167	Cogen	Jonas	M110	M35-	Foederer	00:29:26	06:07
157	0298	Van Espen	Els	F47	F35+		00:29:27	06:08
158	0169	Wouters	Kathleen	F48	F35+	Foederer	00:29:28	06:08
159	0360	Gheysen	Mathilde	F49	F35-	AVT Oudsberge	00:29:30	06:08
160	7028	Lenaers	Isa	F50	F45+		00:29:41	06:11
161	0195	Croonen	Anneleen	F51	F35+		00:29:48	06:12
162	0196	Leinders	Gregory	M111	M35+		00:29:48	06:12
163	0338	Van Laerhoven	Bas	M112	M35-		00:29:49	06:12
164	0163	Coomans	Laura	F52	F35-		00:29:53	06:13
165	7001	Smets	Linda	F53	F55+	Jèls Leup - Elst I	00:29:57	06:14
166	7093	Meekers	Stefan	M113	M55+	Beerrunners	00:30:14	06:17
167	7107	Houben	Wendy	F54	F65+	Atletiek Maastric	00:30:24	06:20
168	0201	Schouterden	Siebrand	M114	M35-		00:30:29	06:21
169	0224	Diliën	Kiana	F55	F35-		00:30:35	06:22
170	0294	Eijckmans	Eric	M115	M55+		00:30:36	06:22
171	7033	Vanschoonwinkel	Georges	M116	M65+	Bokkenrijders Te	00:31:13	06:30
172	0183	Houben	Dieuwke	F56	F35-	Trailife	00:31:14	06:30
173	0178	Carrein	Nele	F57	F35+		00:31:15	06:30
174	0336	Van Laerhoven	Tom	M117	M45+		00:31:17	06:31
175	7037	Maes	Nadine	F58	F65+	Bokkerijders We	00:31:22	06:32
176	0168	Verbeek	Patrick	M118	M55+	Foederer	00:31:32	06:34
177	7146	Vanelderen	Rohnny	M119	M55+	Bokkerijderstea	00:31:39	06:35
178	0165	marcoen	petra	F59	F35+		00:31:51	06:38
179	0209	Cambier	Sarah	F60	F35-		00:31:52	06:38

Place	Bibnr	Last name	First name	M/F	Cat	Club	Time	min/km
180	0208	Dutrieux	Roxanne	F61	F35-		00:31:53	06:38
181	0172	Kudashova	Anastasiia	F62	F35-		00:31:54	06:38
182	0222	Stokmand	Sarah	F63	F35-		00:32:05	06:41
183	0189	Marechal	Kris	M120	M45+	Kinepraktijk Imp	00:32:06	06:41
184	0187	Lanssens	Michiel	M121	M35-	Kinepraktijk Imp	00:32:08	06:41
185	0346	Gallucci	Loris	M122	M35-		00:32:13	06:42
186	0342	Alessandro	Gallucci	M123	M35+		00:32:14	06:42
187	0190	Verheyden	Natasja	F64	F35+	Kinepraktijk Imp	00:32:23	06:44
188	0260	Stevens	Myriam	F65	F35+		00:32:34	06:47
189	0333	Claes	Nyree	F66	F55+		00:32:57	06:51
190	0220	Broux	Carolien	F67	F35+		00:33:00	06:52
191	0238	Beckers	Milan	M124	M35-		00:33:06	06:53
192	0293	Poelmans	Noella	F68	F45+	Hoeselt Run	00:33:09	06:54
193	0339	Hamers	Harrie	M125	M65+		00:33:13	06:55
194	0221	Delarbre	Jayden	M126	M35-		00:33:34	06:59
195	0247	Miermans	Joren	M127	M45+		00:33:44	07:01
196	0197	De Kockere	Geert	M128	M55+		00:33:45	07:01
197	0198	Wouters	Nathalie	F69	F45+		00:33:55	07:03
198	0199	Huybrechts	Leen	F70	F45+		00:33:56	07:04
199	0194	Conincx	Jeroen	M129	M35-	Kinepraktijk Imp	00:33:57	07:04
200	0277	Mengels	Irene	F71	F65+	Bilzen beweegt	00:34:42	07:13
201	0200	De Bruyn	Gitte	F72	F35+		00:34:49	07:15
202	0207	Trappeniers	Mandy	F73	F35+		00:34:51	07:15
203	0353	Peeters	Anja	F74	F45+		00:34:53	07:16
204	0202	Houben	Iris	F75	F35-		00:35:17	07:21
205	0352	Daniels	Reine	F76	F35-	Gezondheidsprakt	00:35:35	07:24
206	0323	Engelen	Roy	M130	M35-		00:35:36	07:25
207	0237	Beckers	Zoë	F77	F35-		00:35:46	07:27
208	0240	Laureys	Zhara	F78	F35-		00:35:47	07:27
209	0295	Hulsmans	Pierre	M131	M65+	Looise onderafd	00:35:50	07:27
210	0269	Vanelderen	Sarina	F79	F35+		00:35:53	07:28
211	0264	Marechal	Jasmine	F80	F35+		00:35:54	07:28
212	7041	Cloosen	Liesbeth	F81	F45+		00:36:05	07:31
213	0296	Pittomvils	Marie-Anne	F82	F65+	Beerrunners	00:36:46	07:39
214	0279	Basteyns	Marvin	M132	M35-		00:36:47	07:39
215	0192	De Ben	Davina	F83	F35+	Kinepraktijk Imp	00:37:20	07:46
216	0215	swinnen	els	F84	F55+	Zonhoven united	00:37:21	07:46
217	7009	Tielen	Wendy	F85	F35+	Bokkerijderstear	00:37:37	07:50
218	0191	Gallo	Dorine	F86	F35+	Kinepraktijk Imp	00:37:43	07:51
219	0188	Maris	Lies	F87	F35-	Kinepraktijk Imp	00:37:44	07:51
220	0193	Haenen	Evi	F88	F35+	Kinepraktijk Imp	00:38:31	08:01
221	7060	Roosen	Leo	M133	M65+	zac zonhoven	00:38:46	08:04
222	7164	Kwanten	Lucas	M134	M65+	geen	00:40:41	08:28
223	7007	Macquoy	Jan	M135	M45+		00:40:44	08:29
224	0278	Bielen	Kaylee	F89	F35-		00:42:58	08:57

## UPsports 5 km - Men 35-

Place	Bibnr	Last name	First name	M/F	Cat	Club	Time	min/km
1	0359	Bierinckx	Laurent	M1	M35-	SQM Running T	00:14:31	03:01
2	0251	Wouters	Mike	M2	M35-	Meerhoutse Atle	00:16:25	03:25
3	7075	Gelade	Kobe	M3	M35-		00:17:04	03:33
4	0250	Binnemans	Lukas	M4	M35-	Meerhoutse Atle	00:17:15	03:35
5	0249	Veraghtert	Sybe	M5	M35-	Meerhoutse Atle	00:17:23	03:37
6	7141	Vrancken	Lucas	M6	M35-	Bokkerijderstear	00:18:50	03:55
7	7124	Steegen	Kevin	M7	M35-		00:20:20	04:14
8	0244	Rouvrois	Mats	M8	M35-	ZLTC	00:20:33	04:16
9	7078	screurs	sander	M9	M35-	AC Alken	00:20:35	04:17
10	0265	Balette	Willem	M10	M35-		00:21:34	04:29
11	0213	Gieraerts	Lyam	M11	M35-		00:21:36	04:30
12	7077	Dello	Toon	M12	M35-	DCLA Halen	00:21:50	04:32
13	0242	Cauberghe	Lander	M13	M35-		00:21:50	04:32
14	0273	Hiemeleers	Gust	M14	M35-		00:22:00	04:35
15	0246	Blijkers	Tibo	M15	M35-	SQM Running te	00:22:06	04:36
16	0341	Balligand	Arthur	M16	M35-		00:22:13	04:37
17	7071	Swerts	Lennert	M17	M35-	Bokkerijderstear	00:22:24	04:40
18	0210	Vitolo	Hugo	M18	M35-		00:22:29	04:41
19	0214	Schoebben	Juul	M19	M35-		00:23:13	04:50
20	0203	Ponsaerts	Pieter	M20	M35-		00:23:23	04:52
21	0275	Somers	Pieter	M21	M35-		00:23:24	04:52
22	0270	Dewarier	Genaux	M22	M35-		00:23:32	04:54
23	0335	Morren	Cruz	M23	M35-		00:23:56	04:59
24	0308	Van De Velde	Laurens	M24	M35-		00:24:05	05:01
25	0320	Buntinx	August	M25	M35-		00:24:11	05:02
26	0259	van Soest	Axel	M26	M35-		00:25:42	05:21
27	0307	Housen	Tibo	M27	M35-		00:26:21	05:29
28	0370	Jansen	Dieter	M28	M35-		00:26:27	05:30
29	0365	wirix	thomas	M29	M35-		00:27:16	05:40
30	0245	Meyssen	Vic	M30	M35-	Hasselt BT	00:27:53	05:48
31	0289	Vossius	Kamiel	M31	M35-		00:28:56	06:01
32	0287	Vanbrabant	Tom	M32	M35-		00:29:02	06:02
33	0167	Cogen	Jonas	M33	M35-	Foederer	00:29:26	06:07
34	0338	Van Laerhoven	Bas	M34	M35-		00:29:49	06:12
35	0201	Schouterden	Siebrand	M35	M35-		00:30:29	06:21
36	0187	Lanssens	Michiel	M36	M35-	Kinepraktijk Imp	00:32:08	06:41
37	0346	Gallucci	Loris	M37	M35-		00:32:13	06:42
38	0238	Beckers	Milan	M38	M35-		00:33:06	06:53

Place	Bibnr	Last name	First name	M/F	Cat	Club	Time	min/km
39	0221	Delarbre	Jayden	M39	M35-		00:33:34	06:59
40	0194	Conincx	Jeroen	M40	M35-	Kinepraktijk Imp	00:33:57	07:04
41	0323	Engelen	Roy	M41	M35-		00:35:36	07:25
42	0279	Basteyns	Marvin	M42	M35-		00:36:47	07:39

## UPsports 5 km - Men 35+

Place	Bibnr	Last name	First name	M/F	Cat	Club	Time	min/km
1	0254	Berben	Pieter	M1	M35+	SQM runnintear	00:15:06	03:08
2	7070	Jeuris	Jef	M2	M35+	JJ Happy Run Cc	00:16:22	03:24
3	0263	mans	steve	M3	M35+	SQM Running te	00:17:16	03:35
4	0231	Arckens	Geert	M4	M35+	ADD Tongeren -	00:17:31	03:38
5	0262	Claesen	Matse	M5	M35+		00:18:55	03:56
6	0236	Houbrechts	Tom	M6	M35+	Hoeselt run	00:19:04	03:58
7	7109	Foets	Olivier	M7	M35+		00:20:13	04:12
8	0355	Vanderstukken	Kevin	M8	M35+		00:20:23	04:14
9	0286	Welkenhuysen	Sven	M9	M35+		00:22:02	04:35
10	0375	Doms	Stijn	M10	M35+	Hogense loop	00:22:08	04:36
11	0354	Morren	Philippe	M11	M35+		00:22:12	04:37
12	0357	Celis	Robby	M12	M35+		00:22:26	04:40
13	7005	Hasevoets	Hagen	M13	M35+	Champagne Squa	00:22:43	04:43
14	7080	Coenen	Wouter	M14	M35+		00:23:14	04:50
15	7156	Vanschooren	Kristof	M15	M35+		00:23:36	04:55
16	7053	Coenen	Kris	M16	M35+	Bokkerijderstear	00:25:05	05:13
17	0327	Theberath	Bart	M17	M35+		00:25:37	05:20
18	0304	Wildiers	Bart	M18	M35+		00:26:12	05:27
19	0235	Geets	Kenny	M19	M35+		00:26:47	05:34
20	0175	Clemens	Kurt	M20	M35+		00:26:48	05:35
21	0226	Ponet	Frederik	M21	M35+		00:26:55	05:36
22	0340	Balligand	Elie	M22	M35+		00:26:56	05:36
23	0267	Ramaekers	Sam	M23	M35+		00:27:00	05:37
24	7008	Remans	Tom	M24	M35+	Bokkerijderstear	00:27:54	05:48
25	0196	Leinders	Gregory	M25	M35+		00:29:48	06:12
26	0342	Alessandro	Gallucci	M26	M35+		00:32:14	06:42

## UPsports 5 km - Men 45+

Place	Bibnr	Last name	First name	M/F	Cat	Club	Time	min/km
1	7000	De Rooy	Andy	M1	M45+	Coyote sports tea	00:16:33	03:26
2	0257	Van de Gaer	Wesley	M2	M45+	SQM running tea	00:16:41	03:28
3	0321	Corvers	Wim	M3	M45+	Avt	00:17:06	03:33
4	0297	Clerinx	Raf	M4	M45+	ATLA	00:17:19	03:36
5	7162	Verhemeldonck	Gino	M5	M45+	DCLA Halen	00:18:17	03:48
6	7076	Gelade	Roeland	M6	M45+		00:18:44	03:54
7	7088	Vanbergen	Lieven	M7	M45+	DCLA Halen	00:19:13	04:00
8	7067	Drion	Daniel	M8	M45+	DCLA Halen	00:19:27	04:03
9	7048	Vanschoonwinkel	Gwen	M9	M45+	Bokkerijderstea	00:19:43	04:06
10	0281	Tielens	Gino	M10	M45+		00:19:53	04:08
11	7024	Pirs	Erwin	M11	M45+		00:20:23	04:14
12	7140	Biesmans	Jochen	M12	M45+		00:20:24	04:15
13	7084	Wiertz	David	M13	M45+	Run TMC	00:21:30	04:28
14	0268	Dewarier	Silvio	M14	M45+		00:21:52	04:33
15	7036	Scheepers	Luk	M15	M45+	Hoeselt run	00:22:10	04:37
16	7054	Briers	Gerry	M16	M45+	Bokkerijderstea	00:23:18	04:51
17	0366	Sannen	Nico	M17	M45+		00:24:23	05:04
18	0368	gebremeskel	berhane	M18	M45+	avt	00:24:53	05:11
19	7011	Tomsin	Ronny	M19	M45+	BFC Hoeselt Ru	00:25:00	05:12
20	0319	Buntinx	Peter	M20	M45+		00:25:21	05:16
21	0312	Somers	Gert	M21	M45+		00:25:28	05:18
22	0334	Morren	Bert	M22	M45+		00:25:44	05:21
23	0261	Vandebeek	Dirk	M23	M45+	Bokkerijders tea	00:26:09	05:26
24	0166	Verjans	Stijn	M24	M45+	Foederer	00:26:26	05:30
25	7143	Vandeweyer	Kris	M25	M45+		00:26:38	05:32
26	7148	Housen	Hans	M26	M45+		00:26:49	05:35
27	0282	Rotsaert	Pieter	M27	M45+	Road Runners H	00:26:58	05:37
28	0204	Rijskens	Sven	M28	M45+		00:27:13	05:40
29	0303	Van Langenhove	Dennis	M29	M45+		00:27:37	05:45
30	0336	Van Laerhoven	Tom	M30	M45+		00:31:17	06:31
31	0189	Marechal	Kris	M31	M45+	Kinepraktijk Imp	00:32:06	06:41
32	0247	Miermans	Joren	M32	M45+		00:33:44	07:01
33	7007	Macquoy	Jan	M33	M45+		00:40:44	08:29

## UPsports 5 km - Men 55+

Place	Bibnr	Last name	First name	M/F	Cat	Club	Time	min/km
1	7072	Slegers	Peter	M1	M55+	JMT Mol	00:17:28	03:38
2	7119	Wolfs	Michel	M2	M55+	Gs running team	00:18:59	03:57
3	7153	Wouters	Chriske	M3	M55+	SQM RUNNIN	00:19:25	04:02
4	0227	Neven	Jan	M4	M55+	ADD	00:20:07	04:11
5	7031	Ruelens	Peter	M5	M55+	JMT	00:20:51	04:20
6	0284	Goris	Marc	M6	M55+	Loopgroep Beers	00:21:56	04:34
7	7094	Morhaye	Peter	M7	M55+		00:22:20	04:39
8	0347	Reyskens	Geert	M8	M55+		00:23:55	04:58
9	0362	Saitta	Alfio	M9	M55+	AC Genk	00:26:13	05:27
10	7108	Croes	Nico	M10	M55+	Bokkerijderstear	00:28:19	05:53
11	7093	Meekers	Stefan	M11	M55+	Beerrunners	00:30:14	06:17
12	0294	Eijckmans	Eric	M12	M55+		00:30:36	06:22
13	0168	Verbeek	Patrick	M13	M55+	Foederer	00:31:32	06:34
14	7146	Vanelderen	Rohnny	M14	M55+	Bokkerijderstear	00:31:39	06:35
15	0197	De Kockere	Geert	M15	M55+		00:33:45	07:01

## UPsports 5 km - Men 65+

Place	Bibnr	Last name	First name	M/F	Cat	Club	Time	min/km
1	7138	Vandermaesen	Ivo	M1	M65+	DCLA-Halen	00:20:01	04:10
2	7134	WOOLF	Alain	M2	M65+	EVOLUTION 22	00:20:21	04:14
3	7132	Finoulst	Marc	M3	M65+		00:20:37	04:17
4	7074	Luts	Daniël	M4	M65+	DCLA Halen	00:21:03	04:23
5	0182	pelgrims	Edouard	M5	M65+	Aca alken	00:21:18	04:26
6	7012	Verschueren	Frank	M6	M65+		00:21:32	04:29
7	7068	broos	bruno	M7	M65+		00:22:51	04:45
8	0371	Sijmus	Willy	M8	M65+		00:23:40	04:55
9	7018	Smet	Anthony	M9	M65+	Dcla Halen	00:25:04	05:13
10	0299	Cools	Edwin	M10	M65+	Looi	00:25:07	05:13
11	7062	Polders	Jos	M11	M65+	ACA	00:25:51	05:23
12	0290	Maes	Rony	M12	M65+		00:26:57	05:36
13	0253	Stulens	Alex	M13	M65+		00:28:13	05:52
14	0276	Nelissen	Dominique	M14	M65+	Bilzen beweegt	00:29:00	06:02
15	7033	Vanschoonwinkel	Georges	M15	M65+	Bokkenrijders Te	00:31:13	06:30
16	0339	Hamers	Harrie	M16	M65+		00:33:13	06:55
17	0295	Hulsmans	Pierre	M17	M65+	Looise onderafd	00:35:50	07:27
18	7060	Roosen	Leo	M18	M65+	zac zonhoven	00:38:46	08:04
19	7164	Kwanten	Lucas	M19	M65+	geen	00:40:41	08:28

## UPsports 5 km - Women 35-

Place	Bibnr	Last name	First name	M/F	Cat	Club	Time	min/km
1	0258	Driesen	Jet	V1	V35-	SQM running tea	00:17:22	03:37
2	0233	Vanderleen	An-Katrien	V2	V35-	BPM	00:17:25	03:37
3	7161	Vanschoonwinkel	Noa	V3	V35-	ADD	00:19:52	04:08
4	0311	Saenen	Laure	V4	V35-	Looise AV	00:20:25	04:15
5	7040	Royen	Fien	V5	V35-	ADD Tongeren	00:20:32	04:16
6	0217	Martens	Marie	V6	V35-		00:20:43	04:18
7	0248	Blommé	Fee	V7	V35-	Meerhoutse Atle	00:20:54	04:21
8	0234	Vaesen	Britt	V8	V35-	ADD	00:21:28	04:28
9	0329	Rouvrois	Esmée	V9	V35-		00:21:37	04:30
10	0216	Martens	Sarah	V10	V35-		00:21:38	04:30
11	7049	Vanschoonwinkel	Kyra	V11	V35-	ADD	00:22:19	04:38
12	0266	Smeyers	Zoë	V12	V35-		00:24:04	05:00
13	0241	Van Marcke	Jessy	V13	V35-		00:24:08	05:01
14	0280	Stulens	Bea	V14	V35-		00:25:19	05:16
15	0272	Hiemeleers	Fien	V15	V35-		00:25:34	05:19
16	0363	Saitta	Laura	V16	V35-		00:26:04	05:25
17	0288	Meekers	Juliette	V17	V35-	De Duvel Runne	00:26:46	05:34
18	0292	Goffin	Lore	V18	V35-	Hoeselt Run	00:26:51	05:35
19	0176	Huijgen	Lisa	V19	V35-		00:27:12	05:40
20	0302	Van Langenhove	Roxan	V20	V35-		00:27:36	05:45
21	7126	Juwé	Lies	V21	V35-	ACA Alken	00:27:59	05:49
22	0360	Gheysen	Mathilde	V22	V35-	AVT Oudsberget	00:29:30	06:08
23	0163	Coomans	Laura	V23	V35-		00:29:53	06:13
24	0224	Diliën	Kiana	V24	V35-		00:30:35	06:22
25	0183	Houben	Dieuwke	V25	V35-	Trailife	00:31:14	06:30
26	0209	Cambier	Sarah	V26	V35-		00:31:52	06:38
27	0208	Dutrieux	Roxanne	V27	V35-		00:31:53	06:38
28	0172	Kudashova	Anastasiia	V28	V35-		00:31:54	06:38
29	0222	Stokmand	Sarah	V29	V35-		00:32:05	06:41
30	0202	Houben	Iris	V30	V35-		00:35:17	07:21
31	0352	Daniels	Reine	V31	V35-	Gezondheisprakt	00:35:35	07:24
32	0237	Beckers	Zoë	V32	V35-		00:35:46	07:27
33	0240	Laureys	Zhara	V33	V35-		00:35:47	07:27
34	0188	Maris	Lies	V34	V35-	Kinepraktijk Imp	00:37:44	07:51
35	0278	Bielen	Kaylee	V35	V35-		00:42:58	08:57

## UPsports 5 km - Women 35+

Place	Bibnr	Last name	First name	M/F	Cat	Club	Time	min/km
1	7096	Sonck	Ruth	V1	V35+	Sqm Running tea	00:17:50	03:42
2	7022	Wilmaers	Kelly	V2	V35+	Dcla Halen	00:20:35	04:17
3	0271	Boelen	Brenn	V3	V35+		00:22:07	04:36
4	7063	Vanneste	Liesbeth	V4	V35+		00:23:31	04:53
5	7006	Beliën	Eline	V5	V35+	Champagne squa	00:24:10	05:02
6	0283	Cartenstadt	Eline	V6	V35+		00:24:42	05:08
7	0356	Huyskens	Jana	V7	V35+	Roba	00:25:46	05:22
8	0367	Peeters	Jana	V8	V35+	Haspengouwse R	00:25:48	05:22
9	0291	Vanstraelen	Nele	V9	V35+		00:25:59	05:24
10	0316	Van Wetswinkel	Kelly	V10	V35+		00:28:17	05:53
11	0171	Buntinx	Nele	V11	V35+		00:28:20	05:54
12	0298	Van Espen	Els	V12	V35+		00:29:27	06:08
13	0169	Wouters	Kathleen	V13	V35+	Foederer	00:29:28	06:08
14	0195	Croonen	Anneleen	V14	V35+		00:29:48	06:12
15	0178	Carrein	Nele	V15	V35+		00:31:15	06:30
16	0165	marcoen	petra	V16	V35+		00:31:51	06:38
17	0190	Verheyden	Natasja	V17	V35+	Kinepraktijk Imp	00:32:23	06:44
18	0260	Stevens	Myriam	V18	V35+		00:32:34	06:47
19	0220	Broux	Carolien	V19	V35+		00:33:00	06:52
20	0200	De Bruyn	Gitte	V20	V35+		00:34:49	07:15
21	0207	Trappeniers	Mandy	V21	V35+		00:34:51	07:15
22	0269	Vanelderen	Sarina	V22	V35+		00:35:53	07:28
23	0264	Marechal	Jasmine	V23	V35+		00:35:54	07:28
24	0192	De Ben	Davina	V24	V35+	Kinepraktijk Imp	00:37:20	07:46
25	7009	Tielen	Wendy	V25	V35+	Bokkerijderstean	00:37:37	07:50
26	0191	Gallo	Dorine	V26	V35+	Kinepraktijk Imp	00:37:43	07:51
27	0193	Haenen	Evi	V27	V35+	Kinepraktijk Imp	00:38:31	08:01

## UPsports 5 km - Women 45+

Place	Bibnr	Last name	First name	M/F	Cat	Club	Time	min/km
1	7139	Sluysmans	Isabella	V1	V45+		00:21:12	04:25
2	0243	Stas	Anouk	V2	V45+		00:21:39	04:30
3	7082	Croughs	An	V3	V45+		00:22:14	04:37
4	0313	Simkens	Veerle	V4	V45+		00:24:37	05:07
5	7013	Cambré	Sandra	V5	V45+	Coyote Sports Te	00:24:43	05:08
6	0225	vertommen	elke	V6	V45+	coyote sports tea	00:26:14	05:27
7	0364	Ooms	Nele	V7	V45+		00:27:11	05:39
8	7104	Clerx	Heidi	V8	V45+	Bokkerijderstean	00:28:18	05:53
9	7028	Lenaers	Isa	V9	V45+		00:29:41	06:11
10	0293	Poelmans	Noella	V10	V45+	Hoeselt Run	00:33:09	06:54
11	0198	Wouters	Nathalie	V11	V45+		00:33:55	07:03
12	0199	Huybrechts	Leen	V12	V45+		00:33:56	07:04
13	0353	Peeters	Anja	V13	V45+		00:34:53	07:16
14	7041	Cloosen	Liesbeth	V14	V45+		00:36:05	07:31

## UPsports 5 km - Women 55+

Place	Bibnr	Last name	First name	M/F	Cat	Club	Time	min/km
1	7100	Sterken	Renata	V1	V55+	AVT	00:23:43	04:56
2	0285	Clijmans	Mia	V2	V55+	Loopgroep Beers	00:27:09	05:39
3	7046	Bodson	Dominique	V3	V55+	RRH	00:27:51	05:48
4	0361	Morato	Dolores	V4	V55+	AC Genk	00:28:15	05:53
5	7001	Smets	Linda	V5	V55+	Jèls Leup - Elst I	00:29:57	06:14
6	0333	Claes	Nyree	V6	V55+		00:32:57	06:51
7	0215	swinnen	els	V7	V55+	Zonhoven united	00:37:21	07:46

## UPsports 5 km - Women 65+

Place	Bibnr	Last name	First name	M/F	Cat	Club	Time	min/km
1	0228	Willemse		V1	V65+	VACH	00:27:15	05:40
2	7032	Plevoets	Henriette	V2	V65+	Bokkerijders team	00:28:03	05:50
3	7107	Houben	Wendy	V3	V65+	Atletiek Maastricht	00:30:24	06:20
4	7037	Maes	Nadine	V4	V65+	Bokkerijders Weert	00:31:22	06:32
5	0277	Mengels	Irene	V5	V65+	Bilzen beweegt	00:34:42	07:13
6	0296	Pittomvils	Marie-Anne	V6	V65+	Beerrunners	00:36:46	07:39