TIMETORUN.BE
TIJDSREGISTRATIE LOOPWEDSTRIJDEN

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IT & VOIP SOLUTIONS

Het Kookhuis 5.6KM - Overall ranking

Start time : 18-10-2026 13:00:16

Results are complete

Place	Bibnr	Last name	First name	M/F	Cat	Club	Time	min/km
1	0104	Corstjens	Simon	M1	M35-		00:18:00	03:12
2	0253	Helsen	Michel	M2	M35+		00:18:18	03:16
3	0118	Vanderlocht	Bart	M3	M35-	Dplusdinsdag	00:18:27	03:17
4	7025	Slegers	Jonas	M4	M35+	GS Running Tea	00:18:40	03:20
5	0095	Vanden Berk	Hendrik	M5	M35-		00:18:42	03:20
6	7070	Jeuris	Jef	M6	M35+	JJ Happy Run Co	00:18:49	03:21
7	7000	De Rooy	Andy	M7	M45+	Coyote sports tea	00:19:15	03:26
8	0077	Grootaers	Kobe	M8	M35-	ADD	00:19:21	03:27
9	0041	Matteo	GIARDINI	M9	M35-	ADD Diepenbee	00:19:39	03:30
10	7118	Vossius	Peter	M10	M45+	Sqm runningtean	00:19:45	03:31
11	0002	Deprez	Francois	M11	M45+	GS Runners Kort	00:19:52	03:32
12	7075	Gelade	Kobe	M12	M35-		00:19:57	03:33
13	0124	Arckens	Geert	M13	M35+	ADD Tongeren -	00:19:59	03:34
14	0164	Vertessen	Kjelle	M14	M35-	ADD	00:20:18	03:37
15	7152	Decoster	Steven	M15	M55+		00:20:30	03:39
16	7141	Vrancken	Lucas	M16	M35-	Bokkerijderstean	00:20:34	03:40
17	0083	Darding	Lei	M17	M35-		00:20:39	03:41
18	7153	Wouters	Chriske	M18	M55+	SQM RUNNIN(	00:20:44	03:42
19	0230	Beelen	Tillo	M19	M35+	Dcla halen	00:20:46	03:42
20	0121	Jacobs	Jesse	M20	M35-	ZLTC	00:20:50	03:43
21	0116	Paps	Bo	F1	F35-		00:20:52	03:43
22	0119	Haesen	Sander	M21	M35-		00:21:08	03:46
23	7162	Verhemeldonck	Gino	M22	M45+	DCLA Halen	00:21:12	03:47
24	7076	Gelade	Roeland	M23	M45+		00:21:18	03:48
25	0063	Vangeel	Julie	F2	F35-	GS Running Tea	00:21:20	03:48
26	0074	Scholts	Tibe	M24	M35-	ACA	00:21:24	03:49
27	0019	Lybeer	Jonathan	M25	M35-	RCT	00:21:26	03:49
28	7161	Vanschoonwinkel	Noa	F3	F35-	ADD	00:21:32	03:50
29	0217	Royen	Sanny	M26	M35+		00:21:34	03:51
30	0064	Coemans	Dave	M27	M35-		00:21:42	03:52
31	7067	Drion	Daniel	M28	M45+	DCLA Halen	00:21:46	03:53
32	7119	Wolfs	Michel	M29	M55+	Gs running team	00:21:53	03:54
33	7140	Biesmans	Jochen	M30	M45+		00:21:55	03:54
34	0241	Timmermans	Samuel	M31	M55+	VACH	00:22:02	03:56
35	0071	Jacobs	Jan	M32	M35+		00:22:09	03:57
36	7048	Vanschoonwinkel	Gwen	M33	M45+	Bokkerijderstean	00:22:11	03:57
37	7109	Foets	Olivier	M34	M35+		00:22:19	03:59
38	0130	Houbrechts	Tom	M35	M35+	Hoeselt run	00:22:21	03:59

Place	Bibnr	Last name	First name	M/F	Cat	Club	Time	min/km
39	0200	Ramaekers	Tim	M36	M35+	Bokkerijderstean	00:22:27	04:00
40	0117	Kenis	Ruben	M37	M35+	Add	00:22:30	04:01
41	0112	Vansichen	Pieter	M38	M35+		00:22:35	04:01
42	0249	Neven	Robin	M39	M35-		00:22:36	04:02
43	7031	Ruelens	Peter	M40	M55+	JMT	00:22:45	04:03
44	7024	Pirs	Erwin	M41	M45+		00:22:49	04:04
45	7132	Finoulst	Marc	M42	M65+		00:22:53	04:05
46	7138	Vandermaesen	Ivo	M43	M65+	DCLA-Halen	00:22:57	04:05
47	7159	Bollen	Elsje	F4	F45+	Genk	00:22:58	04:06
48	7134	WOOLF	Alain	M44	M65+	EVOLUTION 22	00:23:00	04:06
49	0035	Oyen	Frank	M45	M35+		00:23:06	04:07
50	7049	Vanschoonwinkel	Kyra	F5	F35-	ADD	00:23:11	04:08
51	0029	Rouffa	Peter	M46	M45+		00:23:16	04:09
52	7143	Vandeweyer	Kris	M47	M45+		00:23:17	04:09
53	7040	Royen	Fien	F6	F35-	ADD Tongeren	00:23:23	04:10
54	0040	Cuenen	Sina	F7	F35-	ADD	00:23:24	04:10
55	0252	Custers	Pieter-Jan	M48	M35+	Road Runners Ha	00:23:24	04:10
56	0042	vandeput	kobe	M49	M35-	Pentagoon	00:23:25	04:10
57	0061	Stoffels	Lauren	F8	F35-	Geen	00:23:27	04:11
58	7139	Sluysmans	Isabella	F9	F45+		00:23:39	04:13
59	7036	Scheepers	Luk	M50	M45+	Hoeselt run	00:23:49	04:15
60	7074	Luts	Daniël	M51	M65+	DCLA Halen	00:23:57	04:16
61	7124	Steegen	Kevin	M52	M35-		00:24:03	04:17
62	7122	Dusart	Wesley	M53	M35+		00:24:07	04:18
63	7129	RENAERS	Pieter	M54	M35+		00:24:10	04:18
64	7012	Verschueren	Frank	M55	M65+		00:24:14	04:19
65	0165	Clerinx	Juul	M56	M35-		00:24:23	04:21
66	0057	Philippeth	Rik	M57	M35-	ADD	00:24:30	04:22
67	0196	Somers	Sander	M58	M35-	ADD	00:24:35	04:23
68	0075	Dullaers	Pieter	M59	M35+	FunFit	00:24:38	04:23
69	0207	Schryvers	Jasper	M60	M35-	ADD Hoeselt Kc	00:24:55	04:26
70	0039	Darding	Oscar	M61	M35-		00:25:02	04:28
71	0052	Maes	Stan	M62	M35-	ADD Tongeren	00:25:07	04:29
72	0107	Lenaers	Gert	M63	M55+	Aca	00:25:09	04:29
73	0240	Michiels	Mathieu	M64	M35-	ADD Kortessem	00:25:19	04:31
74	0242	Verhoeven	Veronique	F10	F35-	ADD Kortessem	00:25:21	04:31
75	0043	Vandeput	Kato	F11	F35-		00:25:36	04:34
76	0046	Vanhooymissen	Victor	M65	M35-	ADD Hoeselt	00:25:48	04:36
77	7094	Morhaye	Peter	M66	M55+		00:25:49	04:36
78	7063	Vanneste	Liesbeth	F12	F35+		00:25:51	04:36
79	0054	Biesmans	Mia	F13	F35-	ADD	00:25:55	04:37
80	0059	Oudebrouckx	Mathis	M67	M35-	ADD Tongeren	00:25:56	04:37
81	7072	Slegers	Peter	M68	M55+	JMT Mol	00:26:02	04:38
82	7156	Vanschooren	Kristof	M69	M35+		00:26:14	04:41
83	7091	Van den Rul	Veerle	F14	F35+		00:26:15	04:41
84	7055	Kuenen	Sagia	F15	F35+		00:26:17	04:41
85	0223	Vandebrouck	Robbe	M70	M35-	KSK Tongeren	00:26:31	04:44

Place	Bibnr	Last name	First name	M/F	Cat	Club	Time	min/km
86	0247	Vanderbeuken	Stijn	M71	M45+	MJ-SPORT	00:26:37	04:45
87	0184	Marcus	Tibo	M72	M35-	Add	00:26:45	04:46
88	0183	Marcus	Mirko	M73	M35+		00:26:47	04:46
89	0055	Vaelen	Jessie	F16	F35+		00:26:49	04:47
90	7005	Hasevoets	Hagen	M74	M35+	Champagne Squa	00:26:50	04:47
91	0245	Pomme	Patrick	M75	M45+		00:26:53	04:48
92	0255	Fredrix	Sandra	F17	F35+	road runners	00:26:54	04:48
93	7100	Sterken	Renata	F18	F55+	AVT	00:26:57	04:48
94	0129	Knapen	Tinne	F19	F35-		00:27:11	04:51
95	0195	Sijmus	Willy	M76	M65+		00:27:16	04:52
96	0053	MARTENS	TOM	M77	M35-		00:27:17	04:52
97	0204	Buntinx	August	M78	M35-	ADD Diepenbeel	00:27:27	04:54
98	0206	Buntinx	Peter	M79	M45+		00:27:35	04:55
99	0175	Cools	Edwin	M80	M65+	Looi	00:27:37	04:55
100	7003	Bauduin	Ianthe	F20	F35-	Jls Leup	00:27:41	04:56
101	7014	Scholts	Anneleen	F21	F35+	Champagne squa	00:27:51	04:58
102	0108	Brulmans	Michael	M81	M35+	Bokkerijderstean	00:27:52	04:58
103	0087	WOLFS	Elke	F22	F45+		00:27:53	04:58
104	0231	Houbrechts	Joeri	M82	M45+	funfit	00:27:55	04:59
105	0259	Raskin	Bram	M83	M35-		00:28:00	05:00
106	7111	Rouffa	Hanne	F23	F35-		00:28:02	05:00
107	7080	Coenen	Wouter	M84	M35+		00:28:09	05:01
108	0097	Francart	Lisse	F24	F35-	ADD	00:28:14	05:02
109	0066	Vanden Berghe	Bent	M85	M35-	ADD	00:28:15	05:02
110	0114	Palombo	Verdiana	F25	F35-		00:28:17	05:03
111	0194	Lismont	Bart	M86	M55+		00:28:21	05:03
112	0254	Recko	Nicola	M87	M35+		00:28:29	05:05
113	7062	Polders	Jos	M88	M65+	ACA	00:28:32	05:05
114	0171	Aerts	Thijs	M89	M35-		00:28:32	05:05
115	0045	Vertommen	Elke	F26	F45+	Coyote Sports Te	00:28:40	05:07
116	0098	Eersels	Patrick	M90	M65+	FunFit	00:28:53	05:09
117	7011	Tomsin	Ronny	M91	M45+	BFC Hoeselt Ru	00:28:56	05:10
118	0215	Dello	Jean-Marie	M92	M45+	DCLA Halen	00:28:58	05:10
119	0106	Vandebroeck	stefan	M93	M45+	Ethias	00:29:02	05:11
120	0257	Boes	Mieke	F27	F35+	FunFit	00:29:04	05:11
121	7054	Briers	Gerry	M94	M45+	Bokkerijderstean	00:29:05	05:11
122	0192	Croes	Karel	M95	M65+	TACT	00:29:07	05:11
123	0185	Marcus	Liam	M96	M35-		00:29:08	05:12
124	0102	Vossen	Arnaud	M97	M35-		00:29:09	05:12
125	0125	Castro	Sandy	F28	F35+		00:29:12	05:12
126	0258	raskin	Eva	F29	F35+		00:29:17	05:13
127	0126	STULENS	MELVIN	M98	M35+	Jekkermeisters	00:29:24	05:15
128	0100	Clijmans	Mia	F30	F55+	Loopgroep Beers	00:29:37	05:17
129	0101	Goris	Marc	M99	M55+	Loopgroep Beers	00:29:37	05:17
130	0226	Barka	Galie	M100	M55+	Pt club	00:29:51	05:19
131	0198	champagne	wout	M101	M35-		00:29:52	05:20
132	0169	Wouters	Ken	M102	M35-		00:30:02	05:21

Place	Bibnr	Last name	First name	M/F	Cat	Club	Time	min/km
133	7053	Coenen	Kris	M103	M35+	Bokkerijderstean	00:30:07	05:22
134	7150	Daniels	Robin	M104	M35+		00:30:12	05:23
135	7058	Loosen	Wim	M105	M45+		00:30:13	05:23
136	0186	Henry	Femke	F31	F35-		00:30:15	05:24
137	0220	Devooght	Sabine	F32	F35+		00:30:20	05:25
138	0202	Steegmans	Sander	M106	M35-	ADD Hoeselt	00:30:34	05:27
139	0020	Timmerman	Nadia	F33	F45+	Bilzen beweegt	00:30:35	05:27
140	0166	Peters	Jules	M107	M35-	ADD	00:30:36	05:27
141	0201	Steegmans	Daan	M108	M35-	ADD Hoeselt	00:30:36	05:27
142	0244	van Gerwen	Ward	M109	M35-		00:30:37	05:28
143	0234	Hommers	Andy	M110	M45+		00:30:41	05:28
144	0237	abel	court	M111	M45+		00:30:42	05:28
145	7032	Plevoets	Henriette	F34	F65+	Bokkerijders tean	00:30:43	05:29
146	0113	Biesmans	An-Sofie	F35	F35+	Hoeselt run	00:30:44	05:29
147	0008	Hubens	Björn	M112	M35+		00:30:47	05:29
148	0003	Pipeleers	Emiel	M113	M35-		00:30:48	05:30
149	0068	Deville	Wout	M114	M35-	Ws Schoonbeek-	00:30:52	05:30
150	0069	Maes	Rony	M115	M65+		00:31:16	05:35
151	0216	Meekers	Thieu	M116	M35-	Kvv	00:31:36	05:38
152	0191	Marsé	Jan	M117	M55+	Bokkerijderstean	00:31:38	05:38
153	0233	Lambie	Tessa	F36	F35+		00:31:55	05:41
154	7131	Immerix	Jean Pierre	M118	M65+		00:32:00	05:42
155	0122	Goffin	Lore	F37	F35-	Hoeselt Run	00:32:16	05:45
156	0222	Vandebrouck	Geoffrey	F38	F35+	Triathlon team L	00:32:19	05:46
157	0225	Vandebrouck	Cas	M119	M35-	Triathlon team L	00:32:22	05:46
158	0232	Lambie	John	M120	M55+		00:32:49	05:51
159	0120	Stulens	Alex	M121	M65+		00:32:52	05:52
160	0182	Boes	An	F39	F45+	Funfit	00:32:54	05:52
161	7018	Smet	Anthony	M122	M65+	DCLA HALEN	00:33:05	05:54
162	0010	Van Overmeir	Bert	M123	M35+		00:33:14	05:56
163	0256	Emonds	Henri	M124	M65+	ZLTC	00:33:29	05:58
164	0013	Nelissen	Dominique	M125	M65+	Bilzen beweegt	00:33:57	06:03
165	7043	Massot	Sens	M126	M35-		00:33:59	06:04
166	0056	Neven	Amelie	F40	F35-		00:34:00	06:04
167	0092	Aerts	Laurens	M127	M35-		00:34:09	06:05
168	7033	Vanschoonwinkel	Georges	M128	M65+	Bokkenrijders Te	00:34:14	06:06
169	7001	Smets	Linda	F41	F55+	Jèls Leup - Elst L	00:34:17	06:07
170	0250	Musardo	Julius	M129	M35-	ADD	00:34:35	06:10
171	0251	Musardo	Roberto	M130	M35+	neen	00:34:35	06:10
172	0172	Stulens	Hanne	F42	F35-	ADD Kortessem	00:34:48	06:12
173	0173	Martens	Ellen	F43	F45+	Hoeselt Run	00:34:52	06:13
174	0248	Vanmontfort	Philip	M131	M35+		00:34:55	06:14
175	0235	Sweldens	Veronique	F44	F45+		00:35:20	06:18
176	0123	Poelmans	Noella	F45	F45+	Hoeselt Run	00:35:23	06:19
177	0199	Claesen	Wendy	F46	F45+	Bilzen beweegt	00:36:11	06:27
178	7037	Maes	Nadine	F47	F65+	Bokkerijders We	00:36:32	06:31
179	7068	broos	bruno	M132	M65+		00:37:08	06:37

Place	Bibnr	Last name	First name	M/F	Cat	Club	Time	min/km
180	0016	Mengels	Irene	F48	F65+	Bilzen beweegt	00:37:11	06:38
181	0243	Thiry	Melissa	F49	F35-		00:37:19	06:39
182	0238	Reynaerts	Petra	F50	F55+		00:39:17	07:00
183	0236	Lefevre	Luc	M133	M65+		00:39:18	07:01
184	0058	Pollaert	Marit	F51	F35+		00:41:26	07:23
185	7060	Roosen	Leo	M134	M65+	zac zonhoven	00:44:51	08:00

TIMETORUN.BE
TIJDSREGISTRATIE LOOPWEDSTRIJDEN

Het Kookhuis 5.6KM - Men 35-

Place	Bibnr	Last name	First name	M/F	Cat	Club	Time	min/km
1	0104	Corstjens	Simon	M1	M35-		00:18:00	03:12
2	0118	Vanderlocht	Bart	M2	M35-	Dplusdinsdag	00:18:27	03:17
3	0095	Vanden Berk	Hendrik	M3	M35-		00:18:42	03:20
4	0077	Grootaers	Kobe	M4	M35-	ADD	00:19:21	03:27
5	0041	Matteo	GIARDINI	M5	M35-	ADD Diepenbee	00:19:39	03:30
6	7075	Gelade	Kobe	M6	M35-		00:19:57	03:33
7	0164	Vertessen	Kjelle	M7	M35-	ADD	00:20:18	03:37
8	7141	Vrancken	Lucas	M8	M35-	Bokkerijderstean	00:20:34	03:40
9	0083	Darding	Lei	M9	M35-		00:20:39	03:41
10	0121	Jacobs	Jesse	M10	M35-	ZLTC	00:20:50	03:43
11	0119	Haesen	Sander	M11	M35-		00:21:08	03:46
12	0074	Scholts	Tibe	M12	M35-	ACA	00:21:24	03:49
13	0019	Lybeer	Jonathan	M13	M35-	RCT	00:21:26	03:49
14	0064	Coemans	Dave	M14	M35-		00:21:42	03:52
15	0249	Neven	Robin	M15	M35-		00:22:36	04:02
16	0042	vandeput	kobe	M16	M35-	Pentagoon	00:23:25	04:10
17	7124	Steegen	Kevin	M17	M35-		00:24:03	04:17
18	0165	Clerinx	Juul	M18	M35-		00:24:23	04:21
19	0057	Philippeth	Rik	M19	M35-	ADD	00:24:30	04:22
20	0196	Somers	Sander	M20	M35-	ADD	00:24:35	04:23
21	0207	Schryvers	Jasper	M21	M35-	ADD Hoeselt Ko	00:24:55	04:26
22	0039	Darding	Oscar	M22	M35-		00:25:02	04:28
23	0052	Maes	Stan	M23	M35-	ADD Tongeren	00:25:07	04:29
24	0240	Michiels	Mathieu	M24	M35-	ADD Kortessem	00:25:19	04:31
25	0046	Vanhooymissen	Victor	M25	M35-	ADD Hoeselt	00:25:48	04:36
26	0059	Oudebrouckx	Mathis	M26	M35-	ADD Tongeren	00:25:56	04:37
27	0223	Vandebrouck	Robbe	M27	M35-	KSK Tongeren	00:26:31	04:44
28	0184	Marcus	Tibo	M28	M35-	Add	00:26:45	04:46
29	0053	MARTENS	TOM	M29	M35-		00:27:17	04:52
30	0204	Buntinx	August	M30	M35-	ADD Diepenbee	00:27:27	04:54
31	0259	Raskin	Bram	M31	M35-		00:28:00	05:00
32	0066	Vanden Berghe	Bent	M32	M35-	ADD	00:28:15	05:02
33	0171	Aerts	Thijs	M33	M35-		00:28:32	05:05
34	0185	Marcus	Liam	M34	M35-		00:29:08	05:12
35	0102	Vossen	Arnaud	M35	M35-		00:29:09	05:12
36	0198	champagne	wout	M36	M35-		00:29:52	05:20
37	0169	Wouters	Ken	M37	M35-		00:30:02	05:21
38	0202	Steegmans	Sander	M38	M35-	ADD Hoeselt	00:30:34	05:27

Place	Bibnr	Last name	First name	M/F	Cat	Club	Time	min/km
39	0166	Peters	Jules	M39	M35-	ADD	00:30:36	05:27
40	0201	Steegmans	Daan	M40	M35-	ADD Hoeselt	00:30:36	05:27
41	0244	van Gerwen	Ward	M41	M35-		00:30:37	05:28
42	0003	Pipeleers	Emiel	M42	M35-		00:30:48	05:30
43	0068	Deville	Wout	M43	M35-	Ws Schoonbeek-	00:30:52	05:30
44	0216	Meekers	Thieu	M44	M35-	Kvv	00:31:36	05:38
45	0225	Vandebrouck	Cas	M45	M35-	Triathlon team L	00:32:22	05:46
46	7043	Massot	Sens	M46	M35-		00:33:59	06:04
47	0092	Aerts	Laurens	M47	M35-		00:34:09	06:05
48	0250	Musardo	Julius	M48	M35-	ADD	00:34:35	06:10

TIMETORUN.BE
TIJDSREGISTRATIE LOOPWEDSTRIJDEN

Het Kookhuis 5.6KM - Men 35+

Place	Bibnr	Last name	First name	M/F	Cat	Club	Time	min/km
1	0253	Helsen	Michel	M1	M35+		00:18:18	03:16
2	7025	Slegers	Jonas	M2	M35+	GS Running Tea	00:18:40	03:20
3	7070	Jeuris	Jef	M3	M35+	JJ Happy Run Cc	00:18:49	03:21
4	0124	Arckens	Geert	M4	M35+	ADD Tongeren -	00:19:59	03:34
5	0230	Beelen	Tillo	M5	M35+	Dcla halen	00:20:46	03:42
6	0217	Royen	Sanny	M6	M35+		00:21:34	03:51
7	0071	Jacobs	Jan	M7	M35+		00:22:09	03:57
8	7109	Foets	Olivier	M8	M35+		00:22:19	03:59
9	0130	Houbrechts	Tom	M9	M35+	Hoeselt run	00:22:21	03:59
10	0200	Ramaekers	Tim	M10	M35+	Bokkerijderstean	00:22:27	04:00
11	0117	Kenis	Ruben	M11	M35+	Add	00:22:30	04:01
12	0112	Vansichen	Pieter	M12	M35+		00:22:35	04:01
13	0035	Oyen	Frank	M13	M35+		00:23:06	04:07
14	0252	Custers	Pieter-Jan	M14	M35+	Road Runners Ha	00:23:24	04:10
15	7122	Dusart	Wesley	M15	M35+		00:24:07	04:18
16	7129	RENAERS	Pieter	M16	M35+		00:24:10	04:18
17	0075	Dullaers	Pieter	M17	M35+	FunFit	00:24:38	04:23
18	7156	Vanschooren	Kristof	M18	M35+		00:26:14	04:41
19	0183	Marcus	Mirko	M19	M35+		00:26:47	04:46
20	7005	Hasevoets	Hagen	M20	M35+	Champagne Squa	00:26:50	04:47
21	0108	Brulmans	Michael	M21	M35+	Bokkerijderstean	00:27:52	04:58
22	7080	Coenen	Wouter	M22	M35+		00:28:09	05:01
23	0254	Recko	Nicola	M23	M35+		00:28:29	05:05
24	0126	STULENS	MELVIN	M24	M35+	Jekkermeisters	00:29:24	05:15
25	7053	Coenen	Kris	M25	M35+	Bokkerijderstean	00:30:07	05:22
26	7150	Daniels	Robin	M26	M35+		00:30:12	05:23
27	0008	Hubens	Björn	M27	M35+		00:30:47	05:29
28	0010	Van Overmeir	Bert	M28	M35+		00:33:14	05:56
29	0251	Musardo	Roberto	M29	M35+	neen	00:34:35	06:10
30	0248	Vanmontfort	Philip	M30	M35+		00:34:55	06:14

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TIJDSREGISTRATIE LOOPWEDSTRIJDEN

Het Kookhuis 5.6KM - Men 45+

Place	Bibnr	Last name	First name	M/F	Cat	Club	Time	min/km
1	7000	De Rooy	Andy	M1	M45+	Coyote sports tea	00:19:15	03:26
2	7118	Vossius	Peter	M2	M45+	Sqm runningtean	00:19:45	03:31
3	0002	Deprez	Francois	M3	M45+	GS Runners Kort	00:19:52	03:32
4	7162	Verhemeldonck	Gino	M4	M45+	DCLA Halen	00:21:12	03:47
5	7076	Gelade	Roeland	M5	M45+		00:21:18	03:48
6	7067	Drion	Daniel	M6	M45+	DCLA Halen	00:21:46	03:53
7	7140	Biesmans	Jochen	M7	M45+		00:21:55	03:54
8	7048	Vanschoonwinkel	Gwen	M8	M45+	Bokkerijderstean	00:22:11	03:57
9	7024	Pirs	Erwin	M9	M45+		00:22:49	04:04
10	0029	Rouffa	Peter	M10	M45+		00:23:16	04:09
11	7143	Vandeweyer	Kris	M11	M45+		00:23:17	04:09
12	7036	Scheepers	Luk	M12	M45+	Hoeselt run	00:23:49	04:15
13	0247	Vanderbeuken	Stijn	M13	M45+	MJ-SPORT	00:26:37	04:45
14	0245	Pomme	Patrick	M14	M45+		00:26:53	04:48
15	0206	Buntinx	Peter	M15	M45+		00:27:35	04:55
16	0231	Houbrechts	Joeri	M16	M45+	funfit	00:27:55	04:59
17	7011	Tomsin	Ronny	M17	M45+	BFC Hoeselt Ru	00:28:56	05:10
18	0215	Dello	Jean-Marie	M18	M45+	DCLA Halen	00:28:58	05:10
19	0106	Vandebroeck	stefan	M19	M45+	Ethias	00:29:02	05:11
20	7054	Briers	Gerry	M20	M45+	Bokkerijderstean	00:29:05	05:11
21	7058	Loosen	Wim	M21	M45+		00:30:13	05:23
22	0234	Hommers	Andy	M22	M45+		00:30:41	05:28
23	0237	abel	court	M23	M45+		00:30:42	05:28

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TIJDSREGISTRATIE LOOPWEDSTRIJDEN

Het Kookhuis 5.6KM - Men 55+

Place	Bibnr	Last name	First name	M/F	Cat	Club	Time	min/km
1	7152	Decoster	Steven	M1	M55+		00:20:30	03:39
2	7153	Wouters	Chriske	M2	M55+	SQM RUNNIN(	00:20:44	03:42
3	7119	Wolfs	Michel	M3	M55+	Gs running team	00:21:53	03:54
4	0241	Timmermans	Samuel	M4	M55+	VACH	00:22:02	03:56
5	7031	Ruelens	Peter	M5	M55+	JMT	00:22:45	04:03
6	0107	Lenaers	Gert	M6	M55+	Aca	00:25:09	04:29
7	7094	Morhaye	Peter	M7	M55+		00:25:49	04:36
8	7072	Slegers	Peter	M8	M55+	JMT Mol	00:26:02	04:38
9	0194	Lismont	Bart	M9	M55+		00:28:21	05:03
10	0101	Goris	Marc	M10	M55+	Loopgroep Beers	00:29:37	05:17
11	0226	Barka	Galie	M11	M55+	Pt club	00:29:51	05:19
12	0191	Marsé	Jan	M12	M55+	Bokkerijderstean	00:31:38	05:38
13	0232	Lambie	John	M13	M55+		00:32:49	05:51

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TIJDSREGISTRATIE LOOPWEDSTRIJDEN

Het Kookhuis 5.6KM - Men 65+

Place	Bibnr	Last name	First name	M/F	Cat	Club	Time	min/km
1	7132	Finoulst	Marc	M1	M65+		00:22:53	04:05
2	7138	Vandermaesen	Ivo	M2	M65+	DCLA-Halen	00:22:57	04:05
3	7134	WOOLF	Alain	M3	M65+	EVOLUTION 22	00:23:00	04:06
4	7074	Luts	Daniël	M4	M65+	DCLA Halen	00:23:57	04:16
5	7012	Verschueren	Frank	M5	M65+		00:24:14	04:19
6	0195	Sijmus	Willy	M6	M65+		00:27:16	04:52
7	0175	Cools	Edwin	M7	M65+	Looi	00:27:37	04:55
8	7062	Polders	Jos	M8	M65+	ACA	00:28:32	05:05
9	0098	Eersels	Patrick	M9	M65+	FunFit	00:28:53	05:09
10	0192	Croes	Karel	M10	M65+	TACT	00:29:07	05:11
11	0069	Maes	Rony	M11	M65+		00:31:16	05:35
12	7131	Immerix	Jean Pierre	M12	M65+		00:32:00	05:42
13	0120	Stulens	Alex	M13	M65+		00:32:52	05:52
14	7018	Smet	Anthony	M14	M65+	DCLA HALEN	00:33:05	05:54
15	0256	Emonds	Henri	M15	M65+	ZLTC	00:33:29	05:58
16	0013	Nelissen	Dominique	M16	M65+	Bilzen beweegt	00:33:57	06:03
17	7033	Vanschoonwinkel	Georges	M17	M65+	Bokkenrijders Te	00:34:14	06:06
18	7068	broos	bruno	M18	M65+		00:37:08	06:37
19	0236	Lefevre	Luc	M19	M65+		00:39:18	07:01
20	7060	Roosen	Leo	M20	M65+	zac zonhoven	00:44:51	08:00

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TIJDSREGISTRATIE LOOPWEDSTRIJDEN

Het Kookhuis 5.6KM - Women 35-

Place	Bibnr	Last name	First name	M/F	Cat	Club	Time	min/km
1	0116	Paps	Bo	V1	V35-		00:20:52	03:43
2	0063	Vangeel	Julie	V2	V35-	GS Running Tea	00:21:20	03:48
3	7161	Vanschoonwinkel	Noa	V3	V35-	ADD	00:21:32	03:50
4	7049	Vanschoonwinkel	Kyra	V4	V35-	ADD	00:23:11	04:08
5	7040	Royen	Fien	V5	V35-	ADD Tongeren	00:23:23	04:10
6	0040	Cuenen	Sina	V6	V35-	ADD	00:23:24	04:10
7	0061	Stoffels	Lauren	V7	V35-	Geen	00:23:27	04:11
8	0242	Verhoeven	Veronique	V8	V35-	ADD Kortessem	00:25:21	04:31
9	0043	Vandeput	Kato	V9	V35-		00:25:36	04:34
10	0054	Biesmans	Mia	V10	V35-	ADD	00:25:55	04:37
11	0129	Knapen	Tinne	V11	V35-		00:27:11	04:51
12	7003	Bauduin	Ianthe	V12	V35-	Jls Leup	00:27:41	04:56
13	7111	Rouffa	Hanne	V13	V35-		00:28:02	05:00
14	0097	Francart	Lisse	V14	V35-	ADD	00:28:14	05:02
15	0114	Palombo	Verdiana	V15	V35-		00:28:17	05:03
16	0186	Henry	Femke	V16	V35-		00:30:15	05:24
17	0122	Goffin	Lore	V17	V35-	Hoeselt Run	00:32:16	05:45
18	0056	Neven	Amelie	V18	V35-		00:34:00	06:04
19	0172	Stulens	Hanne	V19	V35-	ADD Kortessem	00:34:48	06:12
20	0243	Thiry	Melissa	V20	V35-		00:37:19	06:39

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TIJDSREGISTRATIE LOOPWEDSTRIJDEN

Het Kookhuis 5.6KM - Women 35+

Place	Bibnr	Last name	First name	M/F	Cat	Club	Time	min/km
1	7063	Vanneste	Liesbeth	V1	V35+		00:25:51	04:36
2	7091	Van den Rul	Veerle	V2	V35+		00:26:15	04:41
3	7055	Kuenen	Sagia	V3	V35+		00:26:17	04:41
4	0055	Vaelen	Jessie	V4	V35+		00:26:49	04:47
5	0255	Fredrix	Sandra	V5	V35+	road runners	00:26:54	04:48
6	7014	Scholts	Anneleen	V6	V35+	Champagne squa	00:27:51	04:58
7	0257	Boes	Mieke	V7	V35+	FunFit	00:29:04	05:11
8	0125	Castro	Sandy	V8	V35+		00:29:12	05:12
9	0258	raskin	Eva	V9	V35+		00:29:17	05:13
10	0220	Devooght	Sabine	V10	V35+		00:30:20	05:25
11	0113	Biesmans	An-Sofie	V11	V35+	Hoeselt run	00:30:44	05:29
12	0233	Lambie	Tessa	V12	V35+		00:31:55	05:41
13	0222	Vandebrouck	Geoffrey	V13	V35+	Triathlon team L	00:32:19	05:46
14	0058	Pollaert	Marit	V14	V35+		00:41:26	07:23

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TIJDSREGISTRATIE LOOPWEDSTRIJDEN

Het Kookhuis 5.6KM - Women 45+

Place	Bibnr	Last name	First name	M/F	Cat	Club	Time	min/km
1	7159	Bollen	Elsje	V1	V45+	Genk	00:22:58	04:06
2	7139	Sluysmans	Isabella	V2	V45+		00:23:39	04:13
3	0087	WOLFS	Elke	V3	V45+		00:27:53	04:58
4	0045	Vertommen	Elke	V4	V45+	Coyote Sports Te	00:28:40	05:07
5	0020	Timmerman	Nadia	V5	V45+	Bilzen beweegt	00:30:35	05:27
6	0182	Boes	An	V6	V45+	Funfit	00:32:54	05:52
7	0173	Martens	Ellen	V7	V45+	Hoeselt Run	00:34:52	06:13
8	0235	Sweldens	Veronique	V8	V45+		00:35:20	06:18
9	0123	Poelmans	Noella	V9	V45+	Hoeselt Run	00:35:23	06:19
10	0199	Claesen	Wendy	V10	V45+	Bilzen beweegt	00:36:11	06:27

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TIJDSREGISTRATIE LOOPWEDSTRIJDEN

Het Kookhuis 5.6KM - Women 55+

Place	Bibnr	Last name	First name	M/F	Cat	Club	Time	min/km
1	7100	Sterken	Renata	V1	V55+	AVT	00:26:57	04:48
2	0100	Clijmans	Mia	V2	V55+	Loopgroep Beers	00:29:37	05:17
3	7001	Smets	Linda	V3	V55+	Jèls Leup - Elst L	00:34:17	06:07
4	0238	Reynaerts	Petra	V4	V55+		00:39:17	07:00

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TIJDSREGISTRATIE LOOPWEDSTRIJDEN

Het Kookhuis 5.6KM - Women 65+

Place	Bibnr	Last name	First name	M/F	Cat	Club	Time	min/km
1	7032	Plevoets	Henriette	V1	V65+	Bokkerijders tea	00:30:43	05:29
2	7037	Maes	Nadine	V2	V65+	Bokkerijders We	00:36:32	06:31
3	0016	Mengels	Irene	V3	V65+	Bilzen beweegt	00:37:11	06:38