



## Helpshopcup 10 KM - Gesamtwertung

Startzeit : 02-06-2024 10:32:43

Die Ergebnisse sind vollständig

Plats	Startnr	Nachname	Vorname	M/F	Kat	Club	Zeit	min/km
1	0351	SIMONS	WOUTER	M1	M35-	ROBA	00:32:20	03:17
2	6084	Scholts	Kylian	M2	M35-	SQM running tea	00:32:43	03:20
3	0321	Boden	Niki	M3	M35+	SQM running tea	00:33:47	03:26
4	0326	Aerts	Andries	M4	M35+	GS Running tear	00:34:20	03:30
5	6027	De Rooy	Andy	M5	M45+	Coyote sports tea	00:34:29	03:31
6	6029	Theys	Kevin	M6	M35+	SQM runningtea	00:34:42	03:32
7	6145	Van Asselbergh	Jorden	M7	M35-	GS running team	00:34:59	03:34
8	0382	Schouppe	Wouter	M8	M45+	neen	00:35:25	03:36
9	6046	Vanden Bempt	Hans	M9	M45+	SQMrunningtaer	00:35:45	03:38
10	0371	Michielsens	Carlo	M10	M45+	VACH	00:35:52	03:39
11	0336	Scholts	Bert	M11	M35+		00:36:39	03:44
12	6081	Wouters	Chriske	M12	M45+	SQM RUNNINGC	00:37:30	03:49
13	6068	Vanrusselt	Nico	M13	M45+	Add	00:37:42	03:50
14	0362	Waterschoot	Eric	M14	M55+	DCLA HALEN	00:38:29	03:55
15	0354	Van Proeyen	Karen	F1	F35+	ROBA	00:38:46	03:57
16	0385	Bogaerts	Sem	M15	M35+	BFC	00:38:51	03:57
17	0367	Willems	Dirk	M16	M55+	Tact st-truiden	00:38:52	03:57
18	0364	Dekens	Danny	M17	M55+	Dcla Halen	00:39:48	04:03
19	0373	Timmermans	Samuel	M18	M55+	VACH	00:40:07	04:05
20	0358	Saenen	Bart	M19	M45+	-	00:40:44	04:09
21	6030	Hendricx	Jeroen	M20	M35+	Burchtlopers	00:40:56	04:10
22	6107	Vanschoonwinkel	Gwen	M21	M35+	Bokkerijderstear	00:41:07	04:11
23	0331	Schoubben	Dries	M22	M35+	Bokkerijderstear	00:41:08	04:11
24	6114	Hiemeleers	Marc	M23	M65+	Ac Alken	00:41:09	04:11
25	6036	Stijnen	David	M24	M45+	Aca Alken	00:41:11	04:12
26	0353	Vandeweyer	Tom	M25	M45+	Vach	00:41:13	04:12
27	0374	Sampermans	Bart	M26	M35+	dcla halen	00:41:16	04:12
28	6047	Buntinx	Johan	M27	M45+		00:41:18	04:12
29	0376	Buntinx	Stefan	M28	M45+		00:41:30	04:14
30	6101	Gelade	Roeland	M29	M35+		00:42:04	04:17
31	6006	Zlocki	Nadja	F2	F35+		00:42:23	04:19
32	0335	Wolfs	Senne	M30	M35-	MACD	00:42:25	04:19
33	0343	Boes	Jochen	M31	M35+		00:42:35	04:20
34	0342	Dillen	Ruben	M32	M35-	McLuvin NV	00:42:37	04:20
35	6144	Requilé	Philippe	M33	M55+	Bokkerijderstear	00:42:51	04:22
36	6137	Wouters	Bart	M34	M45+	BFC	00:42:54	04:22
37	0383	Jans	Bart	M35	M55+	Livia's fanclub	00:42:54	04:22
38	0339	Steegmans	Stefan	M36	M45+	bokkerijderstear	00:42:56	04:22

Plats	Startnr	Nachname	Vorname	M/F	Kat	Club	Zeit	min/km
39	0384	Leroy	Fabienne	F3	F45+		00:42:57	04:22
40	0345	Thys	Ronny	M37	M55+	Vach	00:42:58	04:23
41	6090	Vanherck	Bruno	M38	M45+	Bokkerijderstea	00:43:10	04:24
42	0389	Stevens	Kevin	M39	M35+		00:43:28	04:26
43	0360	Strauven	Sofie	F4	F35+	DCLA Halen	00:43:43	04:27
44	6051	Permentier	Gilbert	M40	M55+		00:44:01	04:29
45	6148	Stas	Katrien	F5	F45+	DCLA Halen	00:44:01	04:29
46	6135	Baus	Carlo	M41	M45+	Bokkerijderstea	00:44:04	04:29
47	0378	Vandormael	Kevin	M42	M35+		00:44:08	04:30
48	6060	slegers	werner	M43	M55+		00:44:49	04:34
49	6094	Mechelmans	Tamara	F6	F35+		00:44:53	04:34
50	0306	Gielen	Brecht	M44	M35-		00:44:55	04:35
51	0370	Hellinx	Wim	M45	M45+	Hoeselt Run	00:45:42	04:39
52	6066	Tomsin	Ronny	M46	M45+	BFC - Hoeselt R	00:45:52	04:40
53	0365	Lenaerts	Linda	F7	F35+	ATLA	00:45:56	04:41
54	6173	Stevens	Christophe	M47	M35+	ADD	00:45:57	04:41
55	0359	Vankrunkelsven	Christel	F8	F55+	VACH	00:46:01	04:41
56	0349	Thoonen	Erik	M48	M65+	Gemsjoggers	00:46:05	04:42
57	0314	Vertommen	Jord	M49	M35-	Hometown bram	00:46:10	04:42
58	6069	Verschueren	Frank	M50	M55+	Sacn	00:46:14	04:43
59	6122	Broos	Bruno	M51	M65+		00:46:16	04:43
60	6096	Pauwels	Jill	F9	F35+	GS Running Tea	00:46:34	04:45
61	0372	Santermans	Jeroen	M52	M45+	Hoeselt Run	00:46:35	04:45
62	6033	Moons	Lydia	F10	F55+	Geen	00:46:47	04:46
63	6113	Schyvens	Griet	F11	F35-		00:46:56	04:47
64	0350	Vanaken	Patrick	M53	M55+	Gemsjoggers Die	00:47:08	04:48
65	0348	Benaets	Johan	M54	M35+		00:47:20	04:49
66	6151	Slegers	Ayrton	M55	M35-		00:47:26	04:50
67	0377	vandermeeren	jurgen	M56	M35+	appelrunners	00:47:28	04:50
68	0363	Vandersmissen	Jo	M57	M45+		00:47:31	04:50
69	6016	Lodders	Glenn	M58	M35+	Hoeselt run	00:47:33	04:51
70	0347	Vandenberg	Peter	M59	M45+	Smartsport-Roba	00:47:35	04:51
71	0329	Huybrechts	Cynthia	F12	F45+		00:47:38	04:51
72	6143	Vankrunkelsven	Leen	F13	F55+	DCLA-Halen	00:47:40	04:51
73	0308	Hoogeboom	Ronald	M60	M45+		00:47:44	04:52
74	6056	Bauduin	Ianthe	F14	F35-	Trenara	00:48:03	04:54
75	0369	Jamaigne	Kervyn	M61	M35+		00:48:12	04:55
76	0392	Dermont	Olivier	M62	M35+		00:48:14	04:55
77	0356	Arckens	Geert	M63	M35+		00:48:19	04:55
78	0368	Lowet	Glenn	M64	M35-		00:49:02	05:00
79	6092	Croughs	An	F15	F35+	Run TMC	00:49:04	05:00
80	0361	Boulet	Ellen	F16	F35+		00:49:08	05:00
81	6106	Stroobants	Herman	M65	M55+		00:49:26	05:02
82	0338	Coenen	Wouter	M66	M35+		00:49:43	05:04
83	0346	Claes	Seppe	M67	M35-		00:49:49	05:05
84	0319	Smeets	Ronald	M68	M55+		00:49:54	05:05
85	0337	Lies	Peeters	F17	F35-		00:49:56	05:05

Plats	Startnr	Nachname	Vorname	M/F	Kat	Club	Zeit	min/km
86	0381	Wijnants	Maarten	M69	M35+		00:50:01	05:06
87	0300	Verboeket	Micha	M70	M35+		00:50:17	05:07
88	6111	Frankenne	Linda	F18	F45+	GS-Running Tea	00:50:27	05:08
89	6059	Coenen	Kris	M71	M35+	bokkerijdersteam	00:50:30	05:09
90	6014	Vanheusden	Wim	M72	M45+		00:50:42	05:10
91	0366	Maessen	Sebbie	M73	M45+	BOLT	00:50:48	05:11
92	0390	Vandoninck	David	M74	M45+		00:50:49	05:11
93	0333	Gilot	Thomas	M75	M35+		00:50:50	05:11
94	0330	Jans	Jo	M76	M45+	Bokkerijdersclub	00:50:52	05:11
95	6008	Polders	Jos	M77	M65+	ACA	00:51:17	05:13
96	0352	Jacobs	Nele	F19	F35-		00:51:25	05:14
97	0379	valley	jo	M78	M35+		00:51:46	05:16
98	0380	lorissen	jo	M79	M35+		00:51:46	05:16
99	6176	Philippaerts	Greta	F20	F55+	ACAlken	00:52:02	05:18
100	0324	Munsters	Sander	M80	M35+		00:52:39	05:22
101	0344	Kauffmann	David	M81	M45+		00:52:52	05:23
102	0386	Spronck	Jonathan	M82	M35+		00:52:52	05:23
103	0323	Peeters	Hannelore	F21	F35+		00:52:55	05:23
104	6022	Coenen	David	M83	M45+		00:53:01	05:24
105	0388	Vanmuysen	Koen	M84	M55+		00:53:04	05:24
106	0357	Lemmens	Jurgen	M85	M45+		00:53:18	05:26
107	6160	loix	johnny	M86	M55+		00:53:34	05:27
108	6038	Van Zand	Maja	F22	F65+	AC Alken	00:54:00	05:30
109	6168	Cabuy	Paula	F23	F55+		00:54:25	05:33
110	0332	Strauven	Rudi	M87	M55+	Bolt.	00:54:50	05:35
111	0328	Schuermans	Guy	M88	M45+	Bokkerijders Tea	00:56:00	05:42
112	0355	Ceux	Kevin	M89	M35+		00:57:38	05:52
113	6005	Vandenbergh	Eddy	M90	M45+		00:57:46	05:53
114	0325	Lybeer	Jonathan	M91	M35-		00:58:08	05:55
115	6115	Hiemeleers	Sharon	F24	F35-	Ac Alken	00:58:12	05:56
116	0334	Vandereyken	Ruben	M92	M35+		00:58:21	05:57
117	0375	wilsens	tom	M93	M45+		00:58:43	05:59
118	0305	Briers	Sofie	F25	F35+		00:58:44	05:59
119	0391	Holtappels	Katrien	F26	F35+		00:59:27	06:03
120	0327	Renette	Jasmine	F27	F35-	Bokkerijdersteam	00:59:29	06:04
121	0320	Hertegonne	Jessica	F28	F35-		01:00:09	06:08
122	6015	Swennen Groffils	Magali	F29	F35+		01:00:35	06:10
123	0309	Nuyts	Elvira	F30	F35-	Kine Elvira	01:01:50	06:18
124	0313	Timmermans	Maud	F31	F35-		01:01:51	06:18
125	0341	Claes	Bert	M94	M35+		01:02:40	06:23
126	0340	Haverbeke	Hanne	F32	F35+		01:02:41	06:23
127	0316	Weenen	Pierre	M95	M55+		01:05:15	06:39
128	0317	Leytens	Sabine	F33	F55+		01:05:16	06:39

## Helpshopcup 10 KM - Männer 35-

Plats	Startnr	Nachname	Vorname	M/F	Kat	Club	Zeit	min/km
1	0351	SIMONS	WOUTER	M1	M35-	ROBA	00:32:20	03:17
2	6084	Scholts	Kylian	M2	M35-	SQM running tea	00:32:43	03:20
3	6145	Van Asselbergh	Jorden	M3	M35-	GS running team	00:34:59	03:34
4	0336	Scholts	Bert	M4	M35+		00:36:39	03:44
5	0335	Wolfs	Senne	M5	M35-	MACD	00:42:25	04:19
6	0342	Dillen	Ruben	M6	M35-	McLuvin NV	00:42:37	04:20
7	0306	Gielen	Brecht	M7	M35-		00:44:55	04:35
8	0314	Vertommen	Jord	M8	M35-	Hometown bram	00:46:10	04:42
9	6151	Slegers	Ayrton	M9	M35-		00:47:26	04:50
10	0368	Lowet	Glenn	M10	M35-		00:49:02	05:00
11	0346	Claes	Seppe	M11	M35-		00:49:49	05:05
12	0379	valley	jo	M12	M35+		00:51:46	05:16
13	0325	Lybeer	Jonathan	M13	M35-		00:58:08	05:55

## Helpshopcup 10 KM - Männer 35+

Plats	Startnr	Nachname	Vorname	M/F	Kat	Club	Zeit	min/km
1	0321	Boden	Niki	M1	M35+	SQM running tea	00:33:47	03:26
2	0326	Aerts	Andries	M2	M35+	GS Running tear	00:34:20	03:30
3	6029	Theys	Kevin	M3	M35+	SQM runningtea	00:34:42	03:32
4	0336	Scholts	Bert	M4	M35+		00:36:39	03:44
5	0385	Bogaerts	Sem	M5	M35+	BFC	00:38:51	03:57
6	6030	Hendricx	Jeroen	M6	M35+	Burchtlopers	00:40:56	04:10
7	6107	Vanschoonwinkel	Gwen	M7	M35+	Bokkerijderstear	00:41:07	04:11
8	0331	Schoubben	Dries	M8	M35+	Bokkerijderstear	00:41:08	04:11
9	0374	Sampermans	Bart	M9	M35+	dcla halen	00:41:16	04:12
10	6101	Gelade	Roeland	M10	M35+		00:42:04	04:17
11	0343	Boes	Jochen	M11	M35+		00:42:35	04:20
12	0389	Stevens	Kevin	M12	M35+		00:43:28	04:26
13	0378	Vandormael	Kevin	M13	M35+		00:44:08	04:30
14	6173	Stevens	Christophe	M14	M35+	ADD	00:45:57	04:41
15	0348	Benaets	Johan	M15	M35+		00:47:20	04:49
16	0377	vandermeeren	jurgen	M16	M35+	appelrunners	00:47:28	04:50
17	6016	Lodders	Glenn	M17	M35+	Hoeselt run	00:47:33	04:51
18	0369	Jamaigne	Kervyn	M18	M35+		00:48:12	04:55
19	0392	Dermont	Olivier	M19	M35+		00:48:14	04:55
20	0356	Arckens	Geert	M20	M35+		00:48:19	04:55
21	0338	Coenen	Wouter	M21	M35+		00:49:43	05:04
22	0381	Wijnants	Maarten	M22	M35+		00:50:01	05:06
23	0300	Verboeket	Micha	M23	M35+		00:50:17	05:07
24	6059	Coenen	Kris	M24	M35+	bokkerijderstear	00:50:30	05:09
25	0333	Gilot	Thomas	M25	M35+		00:50:50	05:11
26	0379	valley	jo	M26	M35+		00:51:46	05:16
27	0380	lorissen	jo	M27	M35+		00:51:46	05:16
28	0324	Munsters	Sander	M28	M35+		00:52:39	05:22
29	0386	Spronck	Jonathan	M29	M35+		00:52:52	05:23
30	0355	Ceux	Kevin	M30	M35+		00:57:38	05:52
31	0334	Vandereyken	Ruben	M31	M35+		00:58:21	05:57
32	0341	Claes	Bert	M32	M35+		01:02:40	06:23

## Helpshopcup 10 KM - Männer 45+

Plats	Startnr	Nachname	Vorname	M/F	Kat	Club	Zeit	min/km
1	6027	De Rooy	Andy	M1	M45+	Coyote sports tea	00:34:29	03:31
2	0382	Schoupe	Wouter	M2	M45+	neen	00:35:25	03:36
3	6046	Vanden Bempt	Hans	M3	M45+	SQMrunningtaer	00:35:45	03:38
4	0371	Michielsen	Carlo	M4	M45+	VACH	00:35:52	03:39
5	6081	Wouters	Chriske	M5	M45+	SQM RUNNINGC	00:37:30	03:49
6	6068	Vanrusselt	Nico	M6	M45+	Add	00:37:42	03:50
7	0358	Saenen	Bart	M7	M45+	-	00:40:44	04:09
8	6036	Stijnen	David	M8	M45+	Aca Alken	00:41:11	04:12
9	0353	Vandeweyer	Tom	M9	M45+	Vach	00:41:13	04:12
10	6047	Buntinx	Johan	M10	M45+		00:41:18	04:12
11	0376	Buntinx	Stefan	M11	M45+		00:41:30	04:14
12	6137	Wouters	Bart	M12	M45+	BFC	00:42:54	04:22
13	0339	Steegmans	Stefan	M13	M45+	bokkerijderstear	00:42:56	04:22
14	6090	Vanherck	Bruno	M14	M45+	Bokkerijderstear	00:43:10	04:24
15	6135	Baus	Carlo	M15	M45+	Bokkerijderstear	00:44:04	04:29
16	0370	Hellinx	Wim	M16	M45+	Hoeselt Run	00:45:42	04:39
17	6066	Tomsin	Ronny	M17	M45+	BFC - Hoeselt R	00:45:52	04:40
18	0372	Santermans	Jeroen	M18	M45+	Hoeselt Run	00:46:35	04:45
19	0363	Vandersmissen	Jo	M19	M45+		00:47:31	04:50
20	0347	Vandenberg	Peter	M20	M45+	Smartsport-Roba	00:47:35	04:51
21	0308	Hoogeboom	Ronald	M21	M45+		00:47:44	04:52
22	6014	Vanheusden	Wim	M22	M45+		00:50:42	05:10
23	0366	Maessen	Sebbie	M23	M45+	BOLT	00:50:48	05:11
24	0390	Vandoninck	David	M24	M45+		00:50:49	05:11
25	0330	Jans	Jo	M25	M45+	Bokkerijdersclub	00:50:52	05:11
26	0344	Kauffmann	David	M26	M45+		00:52:52	05:23
27	6022	Coenen	David	M27	M45+		00:53:01	05:24
28	0357	Lemmens	Jurgen	M28	M45+		00:53:18	05:26
29	0328	Schuermans	Guy	M29	M45+	Bokkerijders Tea	00:56:00	05:42
30	6005	Vandenbergh	Eddy	M30	M45+		00:57:46	05:53
31	0375	wilsens	tom	M31	M45+		00:58:43	05:59

## Helpshopcup 10 KM - Männer 55+

Plats	Startnr	Nachname	Vorname	M/F	Kat	Club	Zeit	min/km
1	0362	Waterschoot	Eric	M1	M55+	DCLA HALEN	00:38:29	03:55
2	0367	Willems	Dirk	M2	M55+	Tact st-truiden	00:38:52	03:57
3	0364	Dekens	Danny	M3	M55+	Dcla Halen	00:39:48	04:03
4	0373	Timmermans	Samuel	M4	M55+	VACH	00:40:07	04:05
5	6144	Requilé	Philippe	M5	M55+	Bokkerijderstear	00:42:51	04:22
6	0383	Jans	Bart	M6	M55+	Livia's fanclub	00:42:54	04:22
7	0345	Thys	Ronny	M7	M55+	Vach	00:42:58	04:23
8	6051	Permentier	Gilbert	M8	M55+		00:44:01	04:29
9	6060	slegers	werner	M9	M55+		00:44:49	04:34
10	6069	Verschueren	Frank	M10	M55+	Sacn	00:46:14	04:43
11	0350	Vanaken	Patrick	M11	M55+	Gemsjoggers Die	00:47:08	04:48
12	6106	Stroobants	Herman	M12	M55+		00:49:26	05:02
13	0319	Smeets	Ronald	M13	M55+		00:49:54	05:05
14	0388	Vanmuysen	Koen	M14	M55+		00:53:04	05:24
15	6160	loix	johnny	M15	M55+		00:53:34	05:27
16	0332	Strauven	Rudi	M16	M55+	Bolt.	00:54:50	05:35
17	0316	Weenen	Pierre	M17	M55+		01:05:15	06:39

## Helpshopcup 10 KM - Männer 65+

Plats	Startnr	Nachname	Vorname	M/F	Kat	Club	Zeit	min/km
1	6114	Hiemeleers	Marc	M1	M65+	Ac Alken	00:41:09	04:11
2	0349	Thoonen	Erik	M2	M65+	Gemsjoggers	00:46:05	04:42
3	6122	Broos	Bruno	M3	M65+		00:46:16	04:43
4	6008	Polders	Jos	M4	M65+	ACA	00:51:17	05:13



## Helpshopcup 10 KM - Frauen 35-

Plats	Startnr	Nachname	Vorname	M/F	Kat	Club	Zeit	min/km
1	6113	Schyvens	Griet	V1	V35-		00:46:56	04:47
2	6056	Bauduin	Ianthe	V2	V35-	Trenara	00:48:03	04:54
3	0337	Lies	Peeters	V3	V35-		00:49:56	05:05
4	0352	Jacobs	Nele	V4	V35-		00:51:25	05:14
5	0323	Peeters	Hannelore	V5	V35+		00:52:55	05:23
6	6115	Hiemeleers	Sharon	V6	V35-	Ac Alken	00:58:12	05:56
7	0327	Renette	Jasmine	V7	V35-	Bokkerijderstear	00:59:29	06:04
8	0320	Hertegonne	Jessica	V8	V35-		01:00:09	06:08
9	0309	Nuyts	Elvira	V9	V35-	Kine Elvira	01:01:50	06:18
10	0313	Timmermans	Maud	V10	V35-		01:01:51	06:18

## Helpshopcup 10 KM - Frauen 35+

Plats	Startnr	Nachname	Vorname	M/F	Kat	Club	Zeit	min/km
1	0354	Van Proeyen	Karen	V1	V35+	ROBA	00:38:46	03:57
2	6006	Zlocki	Nadja	V2	V35+		00:42:23	04:19
3	0360	Strauven	Sofie	V3	V35+	DCLA Halen	00:43:43	04:27
4	6094	Mechelmans	Tamara	V4	V35+		00:44:53	04:34
5	0365	Lenaerts	Linda	V5	V35+	ATLA	00:45:56	04:41
6	6096	Pauwels	Jill	V6	V35+	GS Running Tea	00:46:34	04:45
7	6092	Croughs	An	V7	V35+	Run TMC	00:49:04	05:00
8	0361	Boulet	Ellen	V8	V35+		00:49:08	05:00
9	0323	Peeters	Hannelore	V9	V35+		00:52:55	05:23
10	0305	Briers	Sofie	V10	V35+		00:58:44	05:59
11	0391	Holtappels	Katrien	V11	V35+		00:59:27	06:03
12	6015	Swennen Groffils	Magali	V12	V35+		01:00:35	06:10
13	0340	Haverbeke	Hanne	V13	V35+		01:02:41	06:23

## Helpshopcup 10 KM - Frauen 45+

Plats	Startnr	Nachname	Vorname	M/F	Kat	Club	Zeit	min/km
1	0384	Leroy	Fabienne	V1	V45+		00:42:57	04:22
2	6148	Stas	Katrien	V2	V45+	DCLA Halen	00:44:01	04:29
3	0329	Huybrechts	Cynthia	V3	V45+		00:47:38	04:51
4	6111	Frankenne	Linda	V4	V45+	GS-Running Tea	00:50:27	05:08

## Helpshopcup 10 KM - Frauen 55+

Plats	Startnr	Nachname	Vorname	M/F	Kat	Club	Zeit	min/km
1	0359	Vankrunkelsven	Christel	V1	V55+	VACH	00:46:01	04:41
2	6033	Moons	Lydia	V2	V55+	Geen	00:46:47	04:46
3	6143	Vankrunkelsven	Leen	V3	V55+	DCLA-Halen	00:47:40	04:51
4	6176	Philippaerts	Greta	V4	V55+	ACAiken	00:52:02	05:18
5	6168	Cabuy	Paula	V5	V55+		00:54:25	05:33
6	0317	Leytens	Sabine	V6	V55+		01:05:16	06:39

## Helpshopcup 10 KM - Frauen 65+

Plats	Startnr	Nachname	Vorname	M/F	Kat	Club	Zeit	min/km
1	6038	Van Zand	Maja	V1	V65+	AC Alken	00:54:00	05:30